



THEME 3:

# FUTURE - READY WORKFORCE

Rishika Mehta, Krystal Pek,  
Bernard Iskandar, Kriti Raja

# TABLE OF *Contents*

- 01 Dataset Selection
- 02 ML models used
- 03 Our Solution





**How do working conditions  
affect employees' stress  
levels?**





| Work_Location | Hours_Worked_Per_Week | Number_of_Virtual_Meetings | Work_Life_Balance_Rating | Stress_Level | Physical_Activity | Sleep_Quality |
|---------------|-----------------------|----------------------------|--------------------------|--------------|-------------------|---------------|
| Hybrid        | 47                    | 7                          | 2                        | Medium       | Weekly            | Good          |
| Remote        | 52                    | 4                          | 1                        | Medium       | Weekly            | Good          |
| Hybrid        | 46                    | 11                         | 5                        | Medium       | NaN               | Poor          |
| Onsite        | 32                    | 8                          | 4                        | High         | NaN               | Poor          |
| Onsite        | 35                    | 12                         | 2                        | High         | Weekly            | Average       |

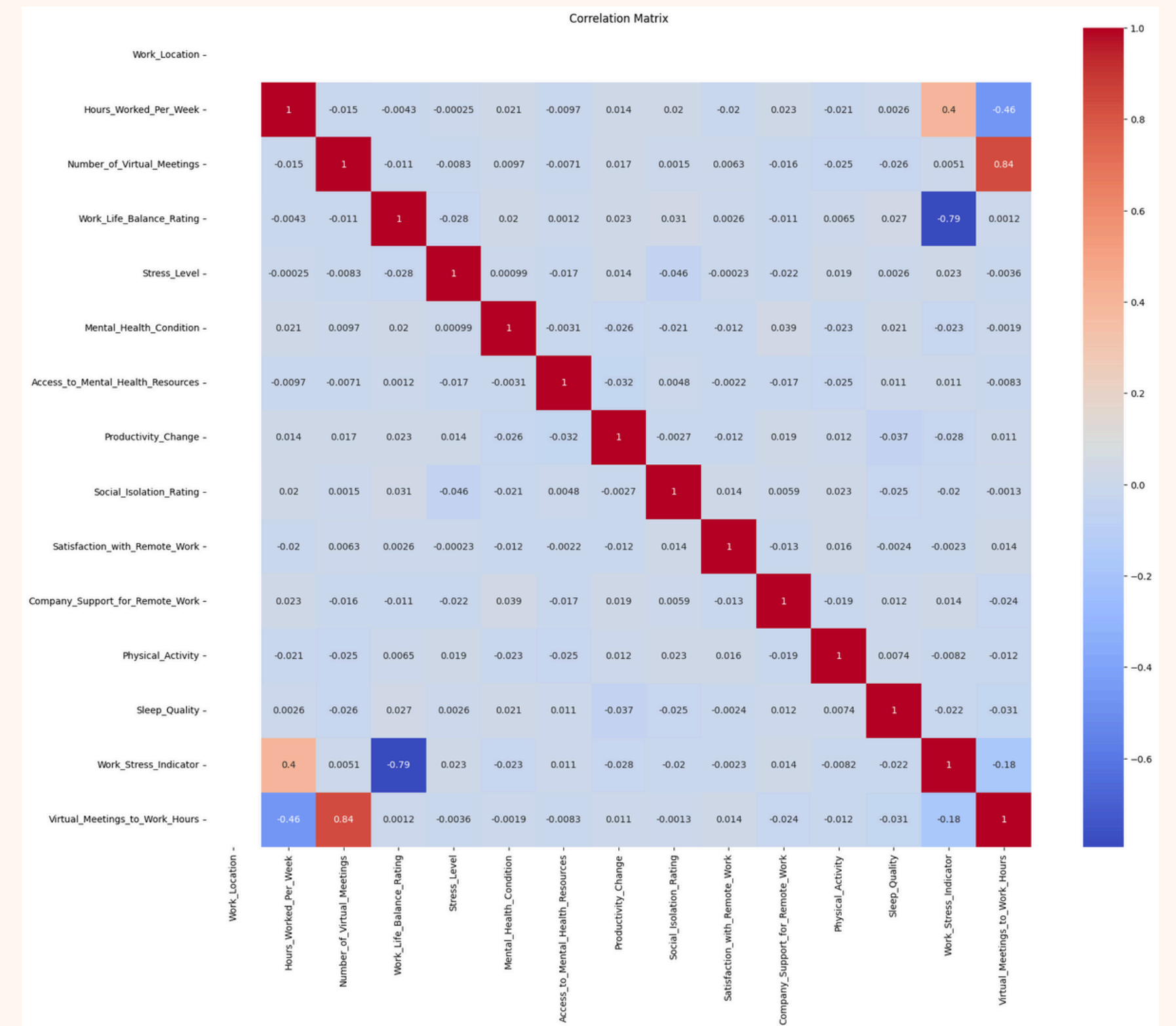
# Understanding and identifying the important variables needed to build the model

▶ `data.info()`

```
>>> df
<class 'pandas.core.frame.DataFrame'>
RangeIndex: 5000 entries, 0 to 4999
Data columns (total 15 columns):
```

| #  | Column                            | Non-Null | Count    | Dtype   |
|----|-----------------------------------|----------|----------|---------|
| 0  | Work_Location                     | 5000     | non-null | int64   |
| 1  | Hours_Worked_Per_Week             | 5000     | non-null | int64   |
| 2  | Number_of_Virtual_Meetings        | 5000     | non-null | int64   |
| 3  | Work_Life_Balance_Rating          | 5000     | non-null | int64   |
| 4  | Stress_Level                      | 5000     | non-null | int64   |
| 5  | Mental_Health_Condition           | 5000     | non-null | int64   |
| 6  | Access_to_Mental_Health_Resources | 5000     | non-null | int64   |
| 7  | Productivity_Change               | 5000     | non-null | int64   |
| 8  | Social_Isolation_Rating           | 5000     | non-null | int64   |
| 9  | Satisfaction_with_Remote_Work     | 5000     | non-null | int64   |
| 10 | Company_Support_for_Remote_Work   | 5000     | non-null | int64   |
| 11 | Physical_Activity                 | 5000     | non-null | int64   |
| 12 | Sleep_Quality                     | 5000     | non-null | int64   |
| 13 | Work_Stress_Indicator             | 5000     | non-null | float64 |
| 14 | Virtual_Meetings_to_Work_Hours    | 5000     | non-null | float64 |

dtypes: float64(2), int64(13)



# ML models / data analysis

## Random Forest to determine feature importance

|   | Feature                           | Importance |
|---|-----------------------------------|------------|
| 1 | Hours_Worked_Per_Week             | 0.341580   |
| 5 | Social_Isolation_Rating           | 0.127975   |
| 2 | Work_Life_Balance_Rating          | 0.112315   |
| 0 | Work_Location                     | 0.085844   |
| 8 | Sleep_Quality                     | 0.081028   |
| 6 | Satisfaction_with_Remote_Work     | 0.077960   |
| 3 | Mental_Health_Condition           | 0.076690   |
| 4 | Access_to_Mental_Health_Resources | 0.050987   |
| 7 | Physical_Activity                 | 0.045621   |

## Neural Network Model

```
Epoch 1/20
125/125 ————— 3s 4ms/step - accuracy: 0.3326 - loss: 0.2853 - val_accuracy: 0.3260 - val_loss: -0.3737
Epoch 2/20
125/125 ————— 1s 3ms/step - accuracy: 0.3274 - loss: 0.3841 - val_accuracy: 0.3260 - val_loss: -0.3849
Epoch 3/20
125/125 ————— 1s 3ms/step - accuracy: 0.3259 - loss: -0.1950 - val_accuracy: 0.3260 - val_loss: -0.3970
Epoch 4/20
125/125 ————— 1s 3ms/step - accuracy: 0.3344 - loss: -0.3647 - val_accuracy: 0.3260 - val_loss: -0.5128
Epoch 5/20
125/125 ————— 1s 3ms/step - accuracy: 0.3229 - loss: -0.5454 - val_accuracy: 0.3260 - val_loss: -0.6320
```

### CHOSEN VARIABLES

- Physical\_Activity
- Sleep\_Quality
- Mental\_Health\_Condition





# Neural Network Model

## Why we chose this model

**The problem involves predicting categorical outcomes (different levels of stress) based on several input features (mental health condition, physical activity, sleep quality). Therefore, it is a multiclass classification problem.**

**The chosen architecture (dense layers with ReLU activation) can effectively capture relationships in the input features.**

**The input features are categorical, and the code includes preprocessing steps such as Label Encoding and Standard Scaling. This is necessary to convert categorical variables into a numerical format that the neural network can understand.**



# OUR SOLUTION

## Employee Data Collection

Name:

r

Email:

r@gmail.com

### Well-Being Data

Mental Health Condition:

None

Physical Activity:

Daily

Sleep Quality:

Average

Submit

### Predicted Well-Being Class

Class ID: 0

Label: Low

## Employee Data Collection

Name:

r

Email:

r@gmail.com

### Well-Being Data

Mental Health Condition:

Anxiety

Physical Activity:

Daily

Sleep Quality:

Average

Submit

### Predicted Well-Being Class

Class ID: 1

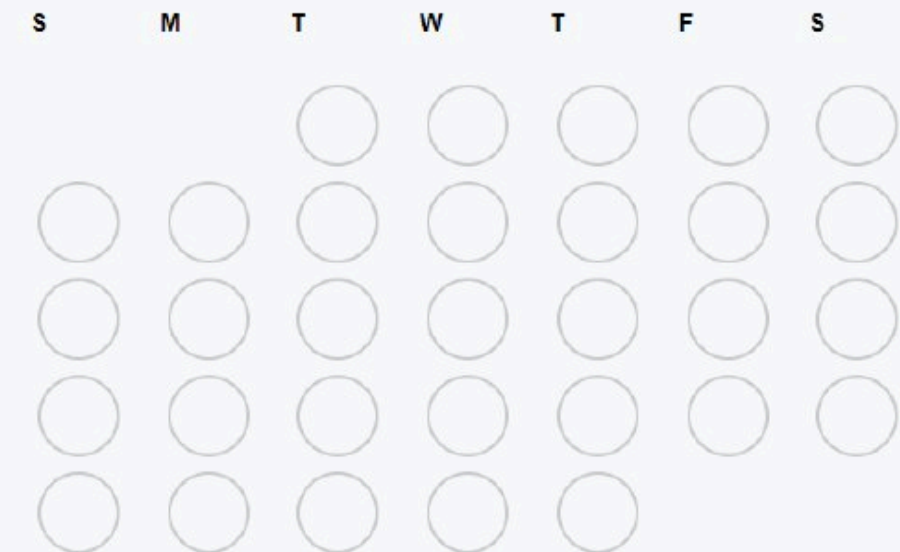
Label: Medium

 Home




 Dashboard

## Monthly Stress Dashboard

< October 2024 >



### Stress Level Legend

-  Low Stress (1-2)
-  Moderate Stress (3-5)
-  High Stress (6+)



THANK  
*You*

