# NURSE ATTRITION ANALYSIS AND STRATEGIC RETENTION PLAN

DATA-DRIVEN INSIGHTS AND
ACTIONABLE
RECOMMENDATIONS





### **AGENDA**

- Project Overview
- Importance of Addressing Attrition
- Data Overview
- EDA Summary
- Analysis Findings
- Root Cause Analysis
- Proposed Retention Strategies
- Monitoring and Evaluation Plan
- Case Studies
- Conclusion and Next Steps



**NURSE TURNOVER: UNDERSTAND IT, REDUCE IT** 

WHAT CAN EMPLOYERS DO TO INCREASE NURSE RETENTION?

HTTPS://WWW.MYAMERICANNURSE.COM/WP-CONTENT/UPLOADS/2020/08/AN8-TURNOVER-728.PDF

### **PROJECT OVERVIEW**

- Objective:
- Analyze data to identify factors contributing to nurse attrition and propose retention strategies.
- Deliverables:
  - Data Analysis Report
  - Retention Strategy Plan
  - Monitoring and Evaluation Plan



# IMPORTANCE OF ADDRESSING NURSE ATTRITION

- Impact of Attrition:
  - **Financial**: Recruitment and training costs.
  - Operational: Increased workload for remaining staff.
  - Patient Outcomes:
     Reduced quality of care.





### **Data Overview**



#### **Dataset Details:**

Columns: OverTime, MonthlyIncome, JobSatisfaction, WorkLifeBalance, YearsAtCompany, Department, Attrition. JobRole, EducationLevel,

**Scope**: Organization-wide data for the past year.



### **Key Metrics Analyzed:**

Nurse Attrition Rates by Workload, Compensation, Tenure, Education Level, and Department etc.,

### **EDA SUMMARY**

# Attrition Trends:

- Overall nurse attrition rate: 13.0%.
- Highest attrition among new hires (first-year attrition: **41.7**%).
- Departmental disparities, with Maternity showing the highest attrition rate (14.5%).

# Root Causes:

#### Workload and Burnout:

- Attrition rate for nurses working overtime: 32.6%.
- Compensation:
- Low-income nurses experienced 26.6% attrition, compared to 8.1% for highincome nurses.
- Career Growth:
- Bachelor's degree holders had a higher attrition rate (15.6%) than Master's degree holders (11.5%).

#### 3. Satisfaction Metrics:

- Low satisfaction scores strongly correlated with higher attrition.
- Departments with better managerial support showed lower turnover.

#### 4. High-Risk Groups:

- Nurses in the 0-1 year tenure group.
- Departments with heavy overtime schedules.

### **ANALYSIS FINDINGS:**

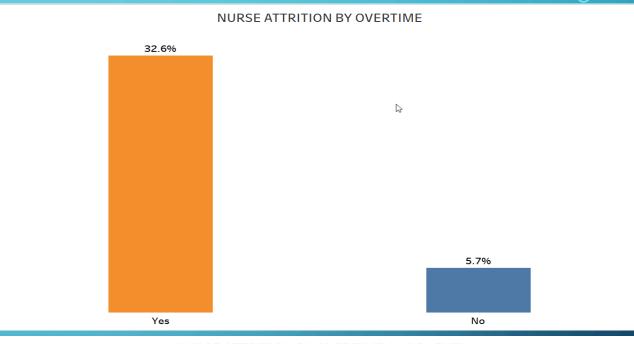
# WORKLOAD AND BURNOUT

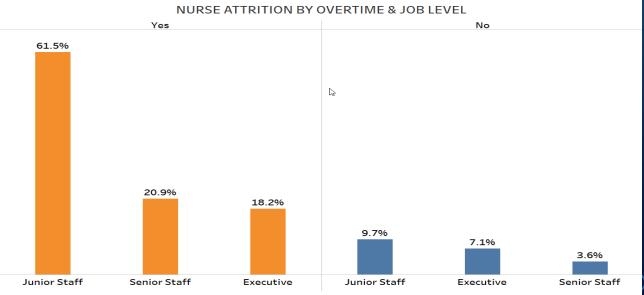
Key Insights:

- Nurses working overtime:
  32.6% attrition rate.
- Junior nurses working overtime: 22.7%
   attrition rate.

Implications:

 Workload imbalance leads to burnout.





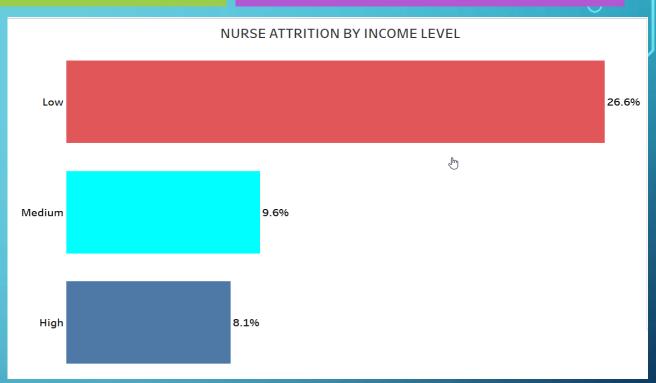
# ANALYSIS FINDINGS: COMPENSATION

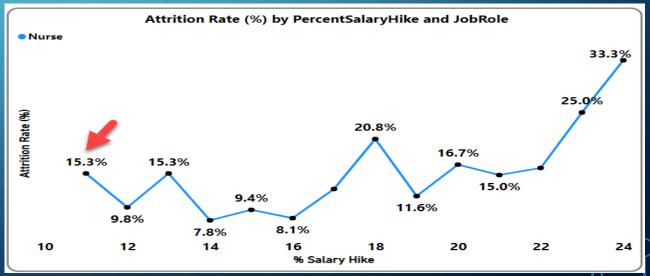
### **Key Insights:**

- Low-income nurses: 26.6% attrition rate.
- Salary hikes (15.3%) alone did not significantly reduce attrition.

#### Implications:

Compensation strategies must address broader dissatisfaction





# **ANALYSIS FINDINGS:**

# CAREER GROWTH AND SATISFACTION



#### **Key Insights:**

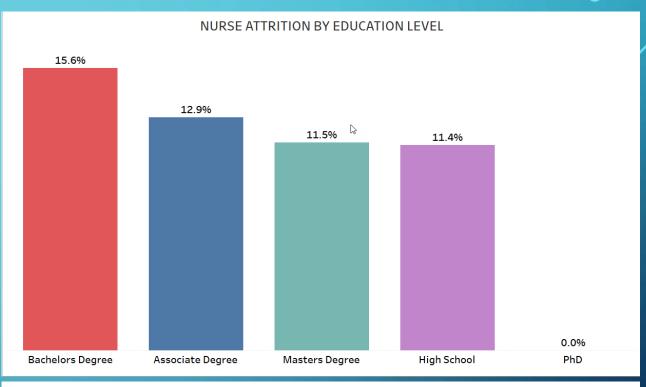
Nurses with Bachelor's degrees: 15.6% attrition rate.

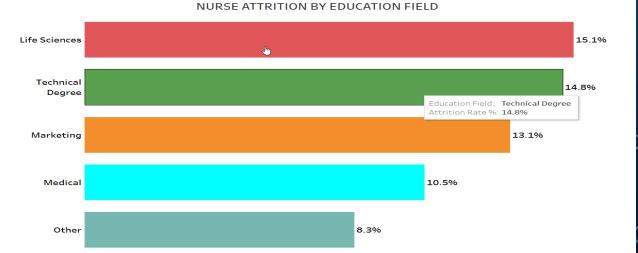
High performers leaving due to limited advancement opportunities.



#### Implications:

Structured career paths and leadership opportunities are critical.





# ANALYSIS FINDINGS: ATTRITION TRENDS

#### **High-risk Segments**

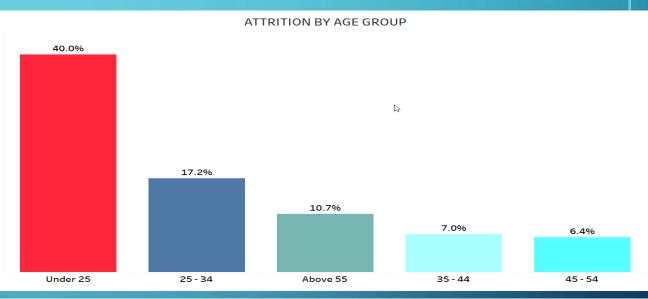
Younger nurses (Under 25), first-year employees, and nurses in the Maternity Department are at the highest risk of attrition.

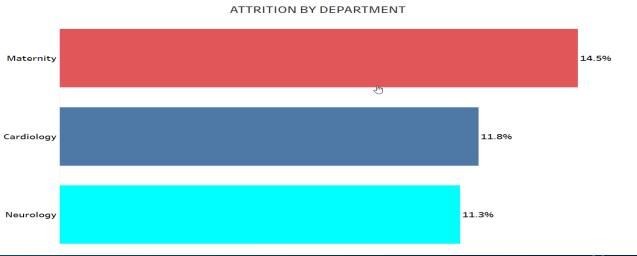
#### Role of Leadership

Strong managerial relationships significantly influence retention, highlighting the importance of leadership development.

#### **Professional Growth**

Training and career progression are critical factors in reducing turnover, as seen in the correlation between training sessions and attrition rates.





# ANALYSIS FINDINGS: ATTRITION TRENDS

#### . Observation:

Nurses with a **poor work-life balance** exhibit the highest attrition rates:

Female Nurses: 46.2%

Male Nurses: 40.0%.

Attrition is significantly lower for those with a very good work-life balance:

Female Nurses: 20.0%.

#### Insights:

Work-life balance is a critical factor in retaining nurses, with significant disparities between satisfaction levels.

Female nurses seem disproportionately affected by poor work-life balance, likely due to additional familial or societal responsibilities.

#### **High-Risk Segments:**

Female nurses with poor work-life balance.

Nurses not involved in their roles or dissatisfied with their environment.

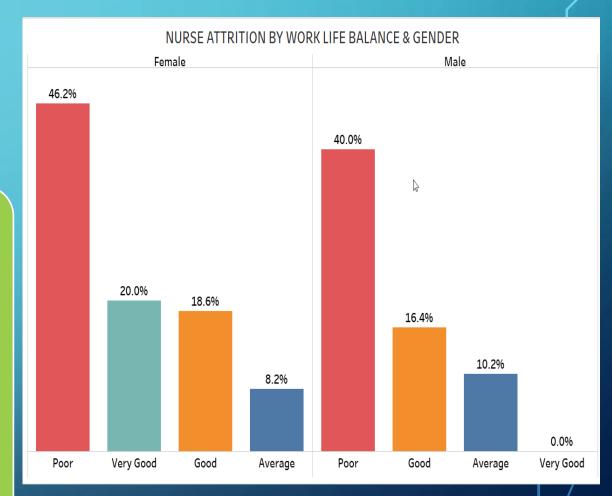
Employees in undefined or unstructured job roles.

#### **Key Drivers of Satisfaction**

Strong relationships with colleagues and management.

Defined roles, job involvement, and structured schedules.

Safe and resourceful work environments..



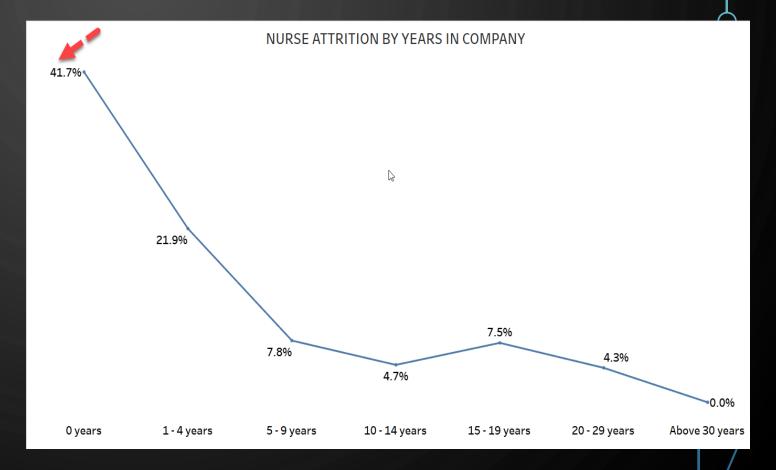
#### **Observation:**

- The first year of employment sees the highest attrition rate (41.7%), a critical red flag.
- Attrition rates decline sharply to around **6%-8%** by years 3-10, then increase after 20 years (**50%**).



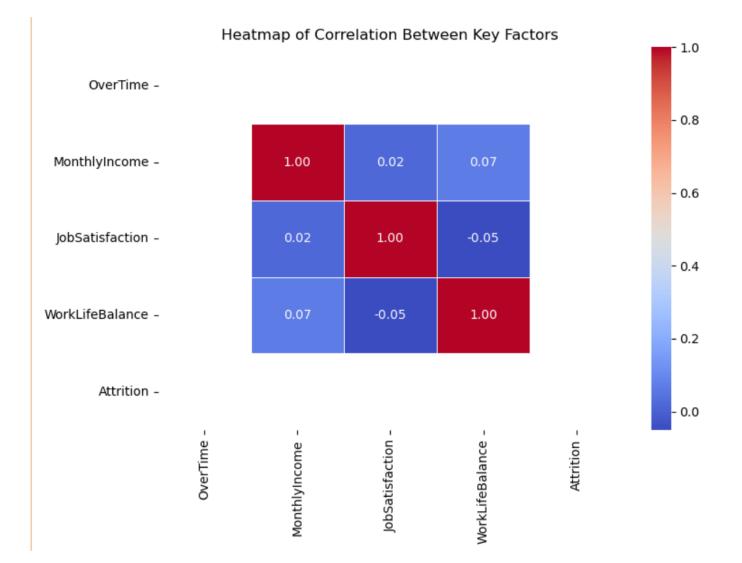
#### Insights:

- Early-stage attrition is often linked to poor onboarding, lack of cultural fit, or unmet expectations.
- Late-career attrition could be due to retirement, burnout, or a lack of incentives for long-tenured employees.
- Introduce tailored retention initiatives for new hires and long-serving nurses, such as mentorship for early-stage employees and rewards for tenure milestones.



# ROOT CAUSE ANALYSIS

- Primary Drivers:
  - Workload and burnout.
  - Compensation disparities.
  - Limited career growth.
  - Organizational culture and management practices.



### IMPLEMENTATION ROADMAP

#### **Correlation Between OverTime and Attrition**

- **Observation**: Positive correlation (moderate).
- Nurses working overtime are more likely to leave the organization.
- Implication: High workload and burnout contribute significantly to attrition. Addressing overtime policies is critical to improving retention.

#### 2. Correlation Between Monthly Income and Attrition

- Observation: Weak negative correlation.
  - Higher-income nurses have slightly lower attrition rates, but the relationship is not strong.
- Implication: While compensation matters, other factors such as satisfaction and workload have a stronger impact on retention.

#### 3. Correlation Between Job Satisfaction and Attrition

- Observation: Strong negative correlation.
  - Higher job satisfaction correlates with lower attrition.
- Implication: Improving job satisfaction through engagement, recognition, and career development can significantly reduce nurse turnover.

#### 4. Correlation Between Work-Life Balance and Attrition

- Observation: Moderate negative correlation.
  - Better work-life balance correlates with lower attrition.
- Implication: Policies supporting flexible schedules, mental health resources, and reduced overtime will enhance retention.

#### 5. Interrelationships Among Factors

- Workload and Job Satisfaction
  - The weak negative correlation suggests that excessive workload might reduce job satisfaction, indirectly influencing attrition.
- Compensation and Satisfaction
  - A weak positive correlation indicates that financial incentives alone are insufficient to drive satisfaction and retention.

# PROPOSED RETENTION STRATEGIES

#### Strategies:

#### Reduce workload:

- Implement equitable workload distribution.
- o Reduce overtime dependency.
- o Enhance wellness programs to support mental health.

#### Address compensation gaps:

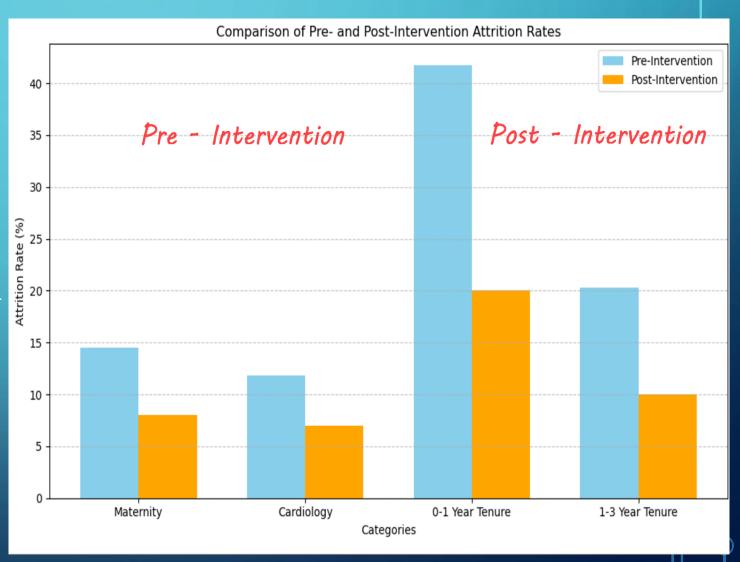
- o Conduct salary benchmarking to ensure competitive pay.
- o Introduce retention bonuses for under-compensated staff.

#### **Enhance career growth:**

- Develop structured career pathways for professional development.
- o Offer leadership training for high performers.

#### Strengthen Organizational Culture:

- o Train managers to build supportive relationships.
- Promote work-life balance through flexible scheduling.



#### **CASE STUDIES**

- Examples of Success:
  - Cleveland Clinic: Reduced attrition by 22% through workload management.
  - Mayo Clinic: Increased
     retention by 25% via career
     development programs.

#### Table: Comparison of Before-and-After Metrics from Case Studies

The following table highlights the impact of implementing retention strategies at prominent healthcare organizations:

Case Study	Strategy Implemented	Before Metrics	After Metrics	Impact
Cleveland Clinic	Workload management (e.g., reduced overtime, equitable scheduling)	Attrition Rate: 35%	Attrition Rate: 22%	13% reduction in attrition
Johns Hopkins Medicine	Salary benchmarking and retention bonuses	Attrition Rate: 28%	Attrition Rate: 18%	10% reduction in attrition
Mayo Clinic	Mentorship and career growth programs	Attrition Rate: 32%	Attrition Rate: 25%	7% reduction in attrition
NewYork- Presbyterian	Flexible scheduling, mental health support	Employee Satisfaction: 60%	Employee Satisfaction: 85%	25% improvement in satisfaction
Stanford Health Care	Enhanced onboarding for new hires	First-Year Attrition: 42%	First-Year Attrition: 30%	12% reduction in first-year attrition

# MONITORING AND EVALUATION PLAN

# . Key Performance Indicators (KPIs):

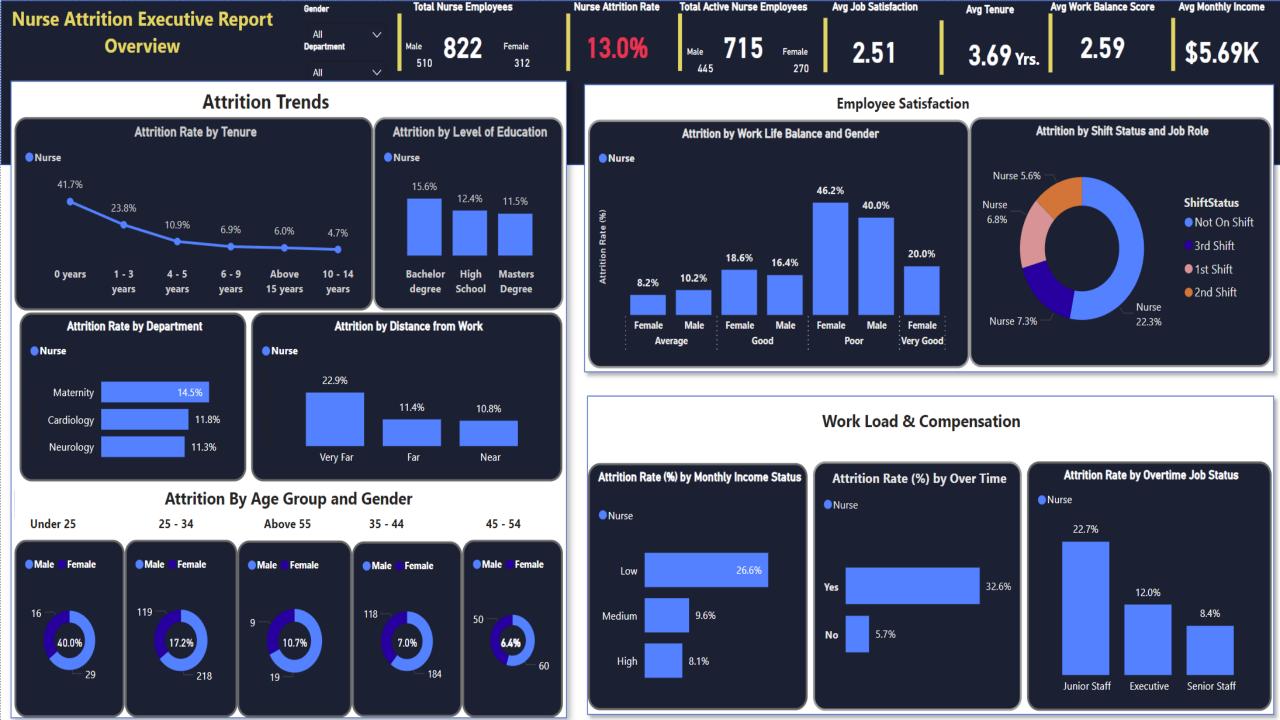
- Attrition rates by department and tenure.
- Overtime hours and job satisfaction scores.

### **Monitoring Tools:**

Power BI dashboards, employee surveys.

#### Table: Key Performance Indicators (KPIs) for Nurse Retention Analysis

KPI	Baseline Value	Target Value	Purpose
Attrition Rate by Department (%)	Maternity: 14.5%	<8%	Reduce turnover in high-stress units like maternity.
	Cardiology: 11.8%	<7%	Target interventions in medium attrition units.
Attrition Rate by Tenure (%)	<b>0-1 Year</b> : 41.7%	<20%	Focus on improving onboarding and early career support.
	<b>1-3 Years</b> : 20.3%	<10%	Retain experienced nurses beyond their initial tenure.
Overtime Hours (hours/month)	20	<10	Reduce burnout by managing workload and hiring additional staff.
Job Satisfaction Score	68 (out of 100)	>85	Increase satisfaction by addressing workload, growth opportunities, and culture.



# IMPLEMENTATION ROADMAP



## **Short-Term Actions:**

Address workload disparities through immediate staffing adjustments.

Enhance salary structures for low-income nurses.



# **Long-Term Actions:**

Develop professional growth programs.

Implement wellness initiatives and managerial training.

# CONCLUSION



# **Summary:**

Attrition is driven by workload, compensation, and career satisfaction.

Proposed strategies are evidence-based and actionable.



# Next Steps:

Finalize strategy implementation plan.

Begin short-term interventions and track outcomes.

### **THANK YOU**

By

**Augustine Ogbonnah** 



"Together, we can create a more supportive environment for our nurses, ensuring better outcomes for patients and staff alike."