## Week 1: Day 1 Learning Styles

### Overview:

This lesson is the first in-class activity related to Learning Styles. Prior to the start of the course, students completed an introduction to learning through experience and the Learning Style Inventory through a series of short videos, articles, assessments and reflective question prompts. Students will have a base knowledge of these concepts, so this in-class sessions is dedicated to briefly reviewing the key concepts and reinforcing knowledge through in-person exercises.

### Goal:

Demonstrate an understanding of how Kolb's Learning Styles can be useful in the classroom.

## Objectives:

By participating in this lesson, students will:

- Understand Kolb's Learning from Experience Cycle
- Define the 4 Learning Styles
- Identify their preferred learning style
- Explain ways to approach learning based on their prefered style

## **Anchor Vocabulary:**

- Learning from Experience
- Learning Style

#### Materials and Media:

• Learning Styles Slide Deck

Lesson Outline	Lesson Description
Part 1: Agenda and	Learning Through Experience
Review of	Agenda
Learning	Quick Review: Kolb's Learning through Experience
Through	David Kolb
Experience	Kolb's Learning Cycle and 4 stages
	<ul> <li>Concrete Experience</li> </ul>
	<ul> <li>Reflective Observation</li> </ul>
	<ul> <li>Abstract Conceptualization</li> </ul>
	<ul> <li>Active Experimentation</li> </ul>
	<ul> <li>Why it's relevant to programming</li> </ul>

Part 2: Learning Styles Activity	Activity: Four Corners
	<ol> <li>Directions:         <ol> <li>Show a an image of a piece of Ikea furniture.</li> <li>Ask the class - How would you go about building this furniture?</li> <li>Give 4 options and assign each option to a corner of the room. (1 – picked up pieces and started putting them together; 2 – read instructions through and then started building; 3 – started by looking at list of contents and counting them out to make sure they were all there before starting, 4 – read instructions, looked at pieces, and thought through how I would go about it before starting.</li> </ol> </li> <li>Tell students to go to the corner that most accurately describes how they would go about putting together the furniture.</li> </ol>
	Discussion: Q: What did this activity illustrate? A: (Hint: 1 = Accommodating, 2 = Diverging, 3=Assimilating, 4=Converging learning styles)
	Q: How might this relate to learning styles?
	Q: How does this relate to your work in the classroom, or your profession?
Part 3: Review Kolb's Learning Styles & Written Reflection	Kolb's Learning Styles The activity above related to Learning Styles. It shows that there are different ways to approach solving problem. Review 4 types of learning styles
	Written Reflection Take 5 minutes for students to write about their learning style.  • What is your learning style according to the assessment?  • What specific study tools will be most useful to me?  • What might I feel frustrating when learning software?
	<ul> <li>Group Discussion:</li> <li>Raise of hands - who belongs to each group?</li> <li>Anyone like to share how knowing their learning style might help them take ownership over their learning?</li> </ul>
Part 4: Wrap up and Questions	Review Topics Covered Answer any lingering questions

# Additional Resources:

Foundations Learning Styles Introduction
Online Article: Learning Styles Context