

Mobility

“1. The ability to move or be moved freely and easily:
e.g. *this exercise helps retain mobility in the damaged joints*

1.1. The ability to move between different levels in society or employment:
e.g. *industrialization would open up increasing chances of social mobility*”

Oxford Dictionaries. *mobility*. [online] Available at:
<<http://www.oxforddictionaries.com/definition/english/mobility>>
[Accessed 15 September 2014].