

TABLE OF CONTENTS

WEEK 9 – MOBILITY AND LIVABILITY..... 1

 Mobility 1

 The World Happiness Report 1

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Mobility

1. “ The ability to move or be moved freely and easily: e.g. this exercise helps retain mobility in the damaged joints.
2. The ability to move between different levels in society or employment: e.g. industrialization would open up increasing chances of social mobility” (Oxford Dictionaries).

Mobility has many meanings, but in the context of this MOOC we refer to it as the capacity of citizens to freely move between their living place, their working place, their education place and any other location by any mode of transportation, using the infrastructure of the urban system or the territory surrounding it. Mobility is essential for human life. It gives us the opportunity to move from one position to another in the physical, intellectual, economic, personal or academic space. We are used to be mobile in all of these aspects. These aspects make societies move, make cities thrive, make people think and advance (G. Schmitt, 2015).

Oxford Dictionaries. *Mobility*. [online]

<<http://www.oxforddictionaries.com/definition/english/mobility>> [Accessed 25 March 2014]

The World Happiness Report

The World Happiness Report is a measure of happiness published by the United Nations Sustainable Development Solutions Network. In July 2011, the UN General Assembly passed a resolution inviting member countries to measure the happiness of their people and to use this to help guide their public policies. On April 2, 2012 this was followed by the first UN High Level Meeting on "Happiness and Well-Being: Defining a New Economic Paradigm," which was chaired by Prime Minister Jigme Thinley of Bhutan, the first and so far only country to have officially adopted gross national happiness instead of the gross domestic product as the main development indicator.

In the reports, leading experts in several fields – economics, psychology, survey analysis, national statistics, and more – describe how measurements of well-being can be used effectively to assess the progress of nations. The second Report delved deeper into issues relating to happiness, including mental illness, the objective benefits of happiness, the importance of ethics, policy implications, and links with the OECD's approach to measuring subjective well-being as well as the Human Development Report.

Wikipedia. *World Happiness Report*. [online]

<https://en.wikipedia.org/wiki/World_Happiness_Report> [accessed at 2 July 2015]