

**Athletic Trainer/Therapist Note**

**Player's Name:** Ericsson, Jonathan  
**Date:** 2006-10-03  
**Created By:** Baumann, Russ  
**Finalized:** Yes  
**Finalized Date:** 2008-07-24  
**Progress:** No

**Related Events/PPME/Exit Examinations:**  
2006-09-28 EST Non-specific low back pain /  
mechanical pain  
PPME 2007-09-13 Craig Brewer

**ICE**

20 min  
CP post exercise.

**Thermotherapy**

MHP x 15 min

**Subjective:**

Feeling better today and would like to skate as well.

**Objective:**

Mod as above, hip flex stretches, PT's, TA x 10, RS ex's, 4 pt opposite arm/leg. Bike for 20 min. Skated for 15 min today.

**Assessment:**

Results of X ray and MRI revealed some facet joint inflammation in his lumbar spine. With skating today he began to experience low back pain again and was removed from the ice.

**Plan:**

re-eval tomorrow.

**Attached Files:**