Regularization

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Einführung Machine Learning

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- 1. When Linear Models Are Too Flexible
- 2. Ridge Regression and the Lasso
- 3. Regularization Examples



When Linear Models Are Too Flexible

In the old days

Typically n > p (much more data than predictors)

For example: predict blood pressure based on age, gender and body mass index (BMI) (e.g. n = 200 patients, p = 3).



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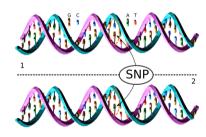
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Nowadays: Big Data

Often $n \approx p$ or n < p

For example: predict blood pressure based on 500 000 single nucleotide polymorphisms (SNP) (n = 200, p = 500 000).

⇒ Linear Model perfectly fits the training data.





Idea 1: Fix some parameters at zero

$$\hat{y} = f(x) = f(x_1, x_2, \dots, x_p) = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \beta_3 x_3 + \dots + \beta_{p-1} x_{p-1} + \beta_p x_p$$



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This is equivalent to replacing the original loss $L(\beta)$ by

$$L_{L2}(\beta) = L(\beta) + \lambda \|\beta\|_2^2$$



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$$L_{L2}(\theta) = L(\theta) + \lambda \|\theta\|_2^2$$

with **regularization constant** λ and (squared) **L2 norm** $\|\theta\|_2^2 = \sum_{i=1}^p \theta_i^2$.

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- The larger λ , the stronger the impact of the penalty on the result.
- With increasing λ the model becomes less flexible.
- With increasing λ all parameters tend to zero; it happens rarely that one is exactly zero.



Lasso (L1 Regularization)

$$L_{\mathsf{L}1}(\theta) = L(\theta) + \lambda \|\theta\|_1$$

with regularization constant λ and L1 norm $\|\theta\|_1 = \sum_{i=1}^{p} |\theta_i|$.

Points 1-5 from ridge regression are also valid for the Lasso. However:

6. With large λ some parameters are exactly zero (in contrast to ridge regression).



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S is a (complicated) function of λ and the original loss $L(\theta)$. With increasing *S* the model becomes more flexible.



Analytical Solutions for Simple Linear Regression

Notation:
$$\langle x \rangle = \frac{1}{n} \sum_{i=1}^{n} x_i$$

Ridge Regression

$$L(\theta, \lambda) = \langle (y - \theta_{0} - \theta_{1}x)^{2} \rangle + \lambda \theta_{1}^{2}$$

$$\theta_1 = \frac{\langle xy \rangle - \langle x \rangle \langle y \rangle}{\langle x \rangle^2 - \langle x^2 \rangle + \lambda}, \qquad \theta_0 = \langle y \rangle - \theta_1 \langle x \rangle$$

Lasso

$$L(\theta, \lambda) = \frac{1}{2} \langle (y - \theta_0 - \theta_1 x)^2 \rangle + \lambda |\theta_1|$$

$$\theta_1 = \frac{\langle xy \rangle - \langle x \rangle \langle y \rangle - \mathsf{sign}(\theta_1) \lambda}{\langle x \rangle^2 - \langle x^2 \rangle}$$
 or 0 if $|\langle xy \rangle - \langle x \rangle \langle y \rangle| < \lambda$



Problem

Assume we find in multiple linear regression on the weather data the following parameters

$$X_1$$
 LUZ_pressure [hPa] $\theta_1 = -1$ [km/h/hPa] X_2 LUZ_temperature [°C] $\theta_2 = 0.5$ [km/h/°C]



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Solution

Standardize all predictors, such that they have variance 1:

$$\tilde{X}_i = X_i / \sqrt{\text{Var}(X_i)}$$



Scaling of the Regularization Constant with n

With loss $L(\theta) = \sum_{i=1}^{n} \ell(y_i, f(x_i)) + \lambda \|\theta\|_2^2$ the effective regularization depends on the size of the data set.

One can use instead an average loss
$$L(\theta) = \frac{1}{n} \sum_{i=1}^{n} \ell(y_i, f(x_i)) + \lambda \|\theta\|_2^2$$
 or (equivalently) scale the regularization term $L(\theta) = \sum_{i=1}^{n} \ell(y_i, f(x_i)) + n \cdot \lambda \|\theta\|_2^2$

Quiz

- ► L1 Regularisierung führt zu grösserer Varianz und kleinerem Bias verglichen mit unregularisierter Regression.
- ▶ Was stimmt: Der Trainingsfehler als Funktion von S in L2 regularisierter Regression
 - 1. hat umgekehrte U-Form
 - 2. hat U-Form
 - 3. nimmt kontinuierlich zu
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Was stimmt: Der Testfehler als Funktion von S in L2 regularisierter Regression

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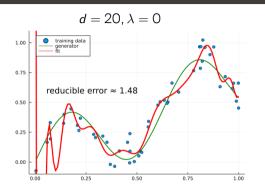


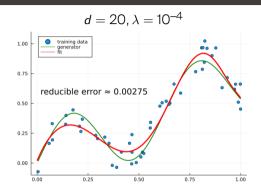
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Polynomial Ridge Regression





With a little bit of L2 regularization ($\lambda = 10^{-4}$) one can prevent overfitting of polynomials with high degrees.

Multiple Logistic Ridge Regression on the Spam Data

n = 2000 emails, p = 801 features (size of the lexicon)

Without regularization

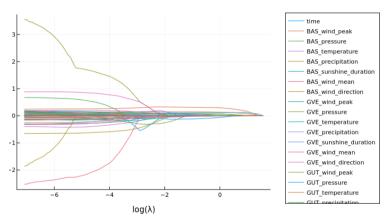
training misclassification rate: 0.0015 test misclassification rate: 0.048

With L2 regularization

training misclassification rate: 0.013 test misclassification rate: 0.041



The Lasso Path for the Weather Data



As we lower λ , BER_wind_peak is the first non-zero factor, BAS_wind_peak the second and LUZ_wind_mean the third.



Summary

- ▶ Regularization allows to lower the flexibility of a model by restricting the parameters to certain areas of the parameter space.
- ► L1 regularization leads to sparse models with some parameters exactly zero ⇒ great for interpretability.

