

IDUH GRACE

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PERSONAL STATEMENT

Grace is a caring and resourceful professional in health care support. I am a purpose driven individual with an inquisitive and fast learning mind, am able to manage patients' grooming, serve meals, help people move around, make patients feel comfortable and monitor residents' conditions. I have a passion for helping people which earned me an amassed invaluable experience while working in that capacity, as I am an excellent communicator and enjoy spending time talking to patients and their relations in the home, making them feel welcome and enjoy their time with us.

AREA OF EXPERTISE

Elderly Patient care, Residential care, Mental health support, movement and handling of sick Patience's.

SKILLS

Medication Administration, meal plan and preparation, good listening, domestic help, I eadership skill organizational skill, communication skills and effective time management skills. Cared and Nursed my Older Sister 2016-2018

My late older sister of blessed memory was diagnosed of cancer in 2016, at that time every member of my family took turns to nurse and stay with her in the hospital until she was discharged. Afterwards, I was asked to stay with her back home to nurse and care for her until the time before she died in 2018. I ran my business from home then, so that gave me enough time to cater to her needs like:

- Administering her medication.
- Preparing healthy mealsmedication
- I supervised her personal hygiene as well.
- I provided emotional support times she needed a listening well
- Also took her to the hospital for all her chemo-sessions

WORK EXPERIENCE

CARER

Global Wave Limited, United Kingdom (October 2023)

- Provided comprehensive assistance to an elderly client, addressing daily living needs such as bathing, dressing, and medication management.
- Coordinated and accompanied the client to medical appointments, ensuring adherence to prescribed treatments.
- Fostered emotional well-being through attentive listening, engaging in preferred activities, and maintaining a positive atmosphere.
- Maintained the client's living space, emphasizing cleanliness and environmental health to create a safe and comfortable environment.

CLIENT SERVICE OFFICER

Sorooted Nigeria Limited, Lagos, Nigeria (September 2021 – September 2023)

- Managed client orders and preferences, resolving product/service issues and addressing customer complaints.
- Proactively sought and acted on customer feedback, contributing to continuous improvement.
- Oversaw social media engagements, enhancing the company's online presence and customer relations.
- Ensured the timely delivery of products and services, monitoring and responding to brand mentions.

CARER/NANNY

Sorooted Nigeria Limited, Lagos, Nigeria (July 2017 – September 2021)

- Attended to the physical and emotional needs of children, creating a safe and secure environment.
- Supported learning and education, offering leadership and guidance.
- Prepared nutritious meals and maintained a schedule for healthy eating habits.
- Cared for the children's physical and emotional needs

- Supported their learning and education
- Provided leadership and guidance
- Attended to their diet by preparing their meals and ensured they ate the right things and at the right time too

VOLUNTEER EXPERIENCE

NAFDAC NYSC CDS group Lagos, Lagos State 2021-2022

- Giving assistance to the president of the group on administrative decisions.
- Giving talks to the public on drug abuse.
- Food batch number expiration date campaign awareness.
- Spreading awareness of NAFDAC laws through the Radio FM.
- Engaging in charity arm of the group.
- Sensitization about substance abuse to public park motorists and giving advice.
- Health talks on proper medical channels to school children in the local communities.

EDUCATION

- MSC, International Business Management Sunderland University United Kingdom October 2023
(ongoing)
- B.E.D, Educational Management Tai Solarin University

CERTIFICATIONS

- Certificate of membership OHSE level 1& 2 Nigeria 2013
- United Kingdom Care Certificate October 2023
- Care Certificate
- Fire and safety lite
- First Aid lite

- Food Hygiene lite
- Infection control lite
- Medication practice lite
- Moving and handling
- Safeguarding and protection of Adult lite
- Health and safety

REFERENCES

Available upon request