

Oksana Tatsyak

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Qualifications Summary

- Vast experience of teaching diverse groups of students and working as a faculty member in an academic environment for 12 years.
- 15 years of experience of teaching yoga workshops.
- Excellent ability to connect with students on a personal level to help them learn and take care of their needs.

RELEVANT SKILLS

Teaching Skills:

- Volunteered as a classroom assistant at Kindergarten and First Grade for three years at Millard Elementary School, FUSD.
- Supervised and streamlined my children's academic and extracurricular activities during the remote learning school year 2020-2021.
- Successfully taught small interactive classes as well as large lecture courses to groups of University students and delivered public presentations.
- Taught English as a Second Language to school children and college students in Ukraine.
- Developed educational curriculum for different courses as well as testing materials to assess students knowledge and skills.
- Supported students academic progress and psychological well-being with personal guidance and counseling.
- Conducted yoga and mediation workshops.
- Empowered youth with practical tools and life skills to manage stress and emotions and to develop healthy lifestyle habits as a facilitator for the SKY Youth Programs offered by The International Association for Human Values.

Interpersonal and Communication Skills:

- Acquired strong interpersonal as well as public speaking and presentation skills, while working in an academic environment with diverse groups of students, faculty & staff for over 12 years.

- Developed effective communication skills, while conveying educational material as well as university policies & procedures to students, while handling large volume of inquiries via phone, email and in-person.
- Learned to connect on a deep human level and serve the needs of diverse customers, while teaching yoga workshops.

Administrative Skills:

- Prepared business correspondence and maintained mailing lists; disseminated information via email, phone as well as social media groups, created promotional content & maintained a website.
- Scheduled meetings, managed office mail and courier services, ordered catering & office supplies, operated audio visual equipment.
- Established and maintained electronic records, managed data and created spreadsheets, maintained complex filing.

Employment history

- Substitute Teacher at Fremont Unified School District, just started November 2021
- The Art of Living Foundation, USA - 15 years
- International Association for Human Values, USA – 11 years
- University of Toronto, Canada – 7 years
- The Pennsylvania State University, USA – 2 years
- Ivan Franko National University of Lviv, Ukraine – 2 years

Education

- Yoga and Meditation Instructor, The Art of Living Foundation and Sri Sri School of Yoga, 2005
- SKY Instructor, International Association for Human Values, USA, 2009
- PhDc Slavic Languages and Literature, University of Toronto, Canada, 2007
- MA, Comparative Literature, The Pennsylvania State University, USA, 2002
- BA, Teaching English as a Second Language, Translation, Ivan Franko National University of Lviv, Ukraine, 1997