

BMI Dataset

Description

This data was collected in 2020 via a survey conducted at a popular University in Lagos State, Nigeria. Respondents consist of 150 staff and students. All Participants duly consented to the exercise. They were asked various questions pertaining to their daily lifestyle as follows.

Data Format

S/N	Variable	Code
1.	Level	1= Year 1 Student 2= Year 2 Student 3= Year 3 Student 4= Year 4 Student 5= Pre-University 6= Staff
2.	Gender	1 = Male 2 =Female
3.	Faculty	1 = Science 2 = Social Studies 3 = Humanities
4.	Income in Naira	1 = 0 - 9,999 2 = 10, 000 - 30,999 3 = 31, 000 - 60, 999 4 = 61,000 and above
5.	BMI	Weight/Height ²
6.	Height(ft)	Continuous
7.	Daily Eating Habit	1 = Once Daily 2 = Twice Daily 3 = Thrice Daily 4 = Above
8.	Weight (kg)	Continuous
9.	Age	Discrete
10.	Family Size	Discrete
11.	BMI-Cat	1 = Normal 2 = Overweight 3 = Obese

12.	BMI- Awareness	1= Not Aware 2= Slightly Aware 3= Aware 4=Highly Aware
13.	Do you need help maintaining a healthy lifestyle?	1 = Yes 2 = No
14.	Sleep Hours(Daily)	Discrete
15.	Exercise Hours (Weekly)	Discrete
16.	Fruit Intake(Weekly)	Discrete
17.	Do you need a BMI App?	1=Yes 2=No
18.	A normal BMI is a function of a healthy lifestyle?	1 = Strongly Agree 2 = Agree 3 = Undecided 4 = Disagree 5 = Strong Disagree

Source: <https://github.com/Olawaleawe>