

ALKBOAI

The Old Schoolhouse Community Project St. John's Road Huyton L36 0UX

Issue 3 Summer 2017



"The first week of August hangs at the very top of summer, the top of the live-long year, like the highest seat of a Ferris wheel when it pauses in its turning. The weeks that come before are only a climb from balmy spring, and those that follow a drop to the chill of autumn, but the first week of August is motionless, and hot. It is curiously silent, too, with blank white dawns and glaring noons, and sunsets smeared with too much coloru."

Natalie Babbitt, Tuck Everlasting

Wellbeing



"The body benefits from movement, and the mind benefits from stillness." ~Sakyong Mipham ~

Developments in the Old Schoolhouse continue, with our latest 'new' room to be completed in July. The wellbeing room is a calm, tranquil space, designed as a space for yoga, mindfulness, contemplation and meditation. There are currently several yoga and mindfulness classes that happen in the Old Schoolhouse,

but having a purposeful space for these sessions to happen, will hopefully enhance the experience for all involved.

We look forward to announcing meditation sessions, Capacitar, alternative yoga sessions and more in the coming months. Please keep a look out on Facebook and in the Schoolhouse for updates on

Feeling Hungry?

Our resident chef, Dave has branched into lunches this summer season and is now providing the building with a choice of wraps, baguettes, jacket potatoes and even hot chips on Fridays!!! £2 and an order before 10:30am guarantees you a fresh lunch without the fuss of having to make it yourself! Having sampled the sandwiches and chips, we can personally recommend the fayre. Not only are lunches available, but we have also opened our 'Snack Shack'. There are plans afoot for this area of the Schoolhouse, but at the moment it is a

nice place to come and eat lunch away from the computer, for those who work in the building, or for those passing by, why not pop in with a friend and enjoy a cup of coffee/ tea and a chat. Let's hope the cakes make it to the menu very soon!



Coming Up...

We are hoping to raise funds for a Defibrillator for The Old Schoolhouse. These are invaluable pieces of equipment. As such we will be having a Fun Night on 30TH September 2017. Please keep an eye out on Facebook and in house for more information.

We are also excited to announce that we will be hosting a craft fair on Saturday 25th November

2017.

A great opportunity to buy unique Christmas presents and have a fun day out at the same time. If you are interested in having a stall at the craft fair, please contact us via email:

reception@oscp.co.uk or pop in to reception to pick up an application form.



Give as You Live

Don't forget, you can raise free funds for us every time you shop

Simply shop via Give as you Live and each purchase you make will raise money!

https://www.giveasyoulive.com/join /theoldschoolhouse



Catch up on all our news as it happens on:







An Evening of Fashion and Fun

Fashion, shopping, friends and food is always a winning combination. It's even better when you can have all those things under one roof. The Parish of St. Agnes and St. Aidan held their first fashion show fundraiser here and the evening was a great success. Organised by the company, Shop2Drop, parishioners, friends and member s of the local community were able to buy discounted high street clothing

while raising money for the WCMAD (We Can Make A Difference) fund run by members of the parish. The Hall is perfect for occasions like this. The space, light and freshly painted walls lend themselves to creating a flexible venue. We look forward to many other events, utilising the great space!



Christmas Came Early for the Gardening Group (GOSH)



Dobbies arrived on Friday 23 June 2017 with a car load of plants, trowels, seeds, seed trays, a small green house, spades, paint, secateurs, so much more and our very own scarecrow, named Spud by our youngest gardener. The group of volunteer gardeners set to work immediately with the newly acquired green treasure!

Transformation of the garden happens weekly as our loyal gardeners arrive, rain or shine, to weed, plant, tidy and harvest the now abundant fruits of their labour. So far we have enjoyed chips from the garden's potatoes, lettuce on the

sandwiches and Dave has stored up some strawberry sorbet for one of these hot days were hoping will arrive soon. The most recent harvest has promised deep fried marrow and some culinary delight with courgette!

A little reminder to continue shopping at the COOP and using your COOP card to collect points for us. These will be redeemed in October and we're hoping will go some way to providing outdoor furniture and other garden essentials.







Groups in The Old Schoolhouse: Toddler Group

Every Tuesday, the hall becomes a playground of fun to toddlers. From 9:30am- 12pm the hall is open to youngsters and their mums, dads or guardians. There are no planned activities, but there are loads of toys – Thomas the Tank Engine, a doll's house, cars, prams, toys for babies, dressing up clothes etc... something for everyone. It is a nice opportunity for children to play with other children their age and learn those all important social skills from a young age and for parents to have a chance to chat. There is a small cost of £1 per child which covers the cost of the snacks that they serve near the

end of the session. This is often the favourite part of the morning for the children as they feast on fruit, crackers, toast, sausages and the occasional cupcake if a birthday crops up. While they aren't running during August, you and your little one are more than welcome to come and see what's happening from September.

Tuesday Mornings 9:30am – 12pm

