

Task 2: Adaptive Stepsizes – Solution

June 10, 2025

1 Task 2: Adaptive Stepsizes

1.1 Solution for Improving the Analysis for a Convex Quadratic Function

Task: Improve the convergence analysis of the methods presented in the paper for the specific case of a convex quadratic function of the form $f(x) = \frac{1}{2} \langle Ax, x \rangle - \langle b, x \rangle$.

1.1.1 Key Properties of Quadratic Functions

For a convex quadratic function $f(x) = \frac{1}{2}x^T Ax - b^T x$, where $A \in \mathbb{R}^{n \times n}$ is a symmetric positive definite (SPD) matrix, we have the following crucial properties:

- The gradient is linear: $\nabla f(x) = Ax - b$.
- The Hessian (second derivative) is constant: $\nabla^2 f(x) = A$.
- The function is strongly convex. If μ and L are the smallest and largest eigenvalues of A respectively, then $f(x)$ is μ -strongly convex and its gradient is L -Lipschitz.
- The unique minimizer x^* satisfies $Ax^* = b$.

1.1.2 Simplification of Adaptive Step Size Rule

The adaptive step size λ_k in Algorithm 1 of the paper is defined as:

$$\lambda_k = \min \left\{ \sqrt{1 + \theta_{k-1}} \lambda_{k-1}, \frac{\|x_k - x_{k-1}\|}{2\|\nabla f(x_k) - \nabla f(x_{k-1})\|} \right\}$$

For a quadratic function, we can simplify the second term. Let $e_k = x_k - x^*$ be the error at iteration k . Then $\nabla f(x_k) = Ax_k - b = A(x_k - x^*) = Ae_k$. The difference in gradients can be expressed as:

$$\nabla f(x_k) - \nabla f(x_{k-1}) = (Ax_k - b) - (Ax_{k-1} - b) = A(x_k - x_{k-1})$$

Substituting this into the second term for λ_k :

$$\frac{\|x_k - x_{k-1}\|}{2\|\nabla f(x_k) - \nabla f(x_{k-1})\|} = \frac{\|x_k - x_{k-1}\|}{2\|A(x_k - x_{k-1})\|}$$

Let $v = x_k - x_{k-1}$. Then this term becomes $\frac{\|v\|}{2\|Av\|}$. Since A is SPD, we know that for any non-zero vector v :

$$\lambda_{\min}(A)\|v\|^2 \leq \langle Av, v \rangle \leq \lambda_{\max}(A)\|v\|^2$$

and also

$$\lambda_{\min}(A)\|v\| \leq \|Av\| \leq \lambda_{\max}(A)\|v\|$$

Therefore, the term $\frac{\|v\|}{2\|Av\|}$ is bounded:

$$\frac{1}{2\lambda_{\max}(A)} \leq \frac{\|v\|}{2\|Av\|} \leq \frac{1}{2\lambda_{\min}(A)}$$

This provides an explicit range for the second part of the step size choice, depending directly on the eigenvalues of A .

1.2 Solution for Applying New Stepsizes in Solving Linear Systems

Task: Use these new (improved) rules for step size selection in the context of solving linear systems $Ax = b$.

1.2.1 Algorithm Integration

The problem of solving a linear system $Ax = b$ is equivalent to minimizing the quadratic function $f(x) = \frac{1}{2}x^T Ax - b^T x$. Therefore, the adaptive gradient descent algorithm from the paper can be directly applied. The iterative scheme becomes:

$$\begin{aligned} x_{k+1} &= x_k - \lambda_k(Ax_k - b) \\ \lambda_k &= \min \left\{ \sqrt{1 + \theta_{k-1}\lambda_{k-1}}, \frac{\|x_k - x_{k-1}\|}{2\|A(x_k - x_{k-1})\|} \right\} \\ \theta_k &= \frac{\lambda_k}{\lambda_{k-1}} \end{aligned}$$

with $x_0 \in \mathbb{R}^d$, $\lambda_0 > 0$, $\theta_0 = +\infty$.