

Development Squad, Januarys Newsletter

Welcome to Januarys newsletter and welcome to 2013! January has been another good month of training with attendances up and effort from all swimmers being of a very high standard. This month we welcome some new swimmers to Bronze squad. All swimmers look well equipped for the move up into Development Squad.

North Midlands Championships 2013

The first weekend of the North Mids took place over the 12th & 13th of January. It was the first chance of 2013 to race against some of the best swimmers in the NM. The competition was stacked out with swimmers in a very hot environment. Winsford Swimmers swam fantastically well, all swimmers performed with great drive and determination. For many swimmers this was their first taste of swimming at a Championship Meet. I thought everyone rose to the occasion and came away with many PB's, technically sound racing and many Medals and top 8 finishes. It was so pleasing to see so many 9-11 year olds in the top 3 placings. This shows that Winsford SC are nurturing some very good talent, so well done to participants and well done to all teachers and coaches who have had an input into the swimmers development over the years and thank you to all parents who are supporting their children in their swimming career. Parental support plays a big part in their success.

Unfortunately due to bad weather the second weekend at the NM was postponed. As I understand it this will be rearranged for early April, please keep an eye out for the date.

Meets coming up:

10th Feb, Cannock Phoenix Open Meet, Open to all Dev Squad swimmers who have Qualifying Times. Good meet for race practice before Counties and/or the spring meets. **Entries Closed** We have 30 swimmers from Winsford taking part, Well Done, this is a very large team. See you all in Wolverhampton!

2nd, 3rd, 8th, 16th & 17th March, Cheshire Championships, Macclesfield. **Entries closed.**

13th April Wirral Metro L3 Meet, Birkenhead. This meet is aimed at club swimmers aged between 9 to 14 year olds. There are only upper entry times which are based on the regional qualifying times for NW, there are no lower qualifying times. The objective of this meet is to give swimmers the opportunity to obtain ranking times in a range of strokes at various distances and for the younger swimmers to obtain race / meet experience. **"Swimmer's who have not obtained ranking times are eligible for this Meet". So this is your best opportunity to gain ranking times for the ASA database, this will then allow you to enter future galas. So please take this opportunity to swim any races not done before or improve on existing times. These meets are very rare !** Closing date TBC. Every swimmer in the age 9-14 age category should be entering.

27th & 28th April Satellites Open Meet L2, Macclesfield. Ideal for swimmers wanting to race at a high level and update PB's and to swim in Heats and Finals. Closing date TBC.

Team Galas

Crusader 2nd Feb, Winsford. Good Luck to all swimmers.

Other Meets suitable for Development Squad: **May:** Wrexham & Swim Conway, **June:** Cath Ankers & Liverpool sprint, **July:** Winsford & Manchester. Time Trials will be taking place in late February, please watch this space!

It has been a very successful month for the club, unfortunately the NM had to be postponed which was not ideal. However we move on and look forward to the next meet and many weeks and months of training. Please keep attendances as high as possible and give your child the best chance to reach their potential. Swimming is a very technical sport and more practice will develop better skills and hopefully in the future faster swimming. Good luck for the month of February.

Thanks for your support, Dan Goodwin.