SC Meters-Female

9 & U	25	Free	16.77	16-Apr-05		Jessica Gallimore	Market Drayton
•	50	Free	36.19	8-Jul-05		Jessica Gallimore	Hollywell
	100	Free	1:24.28	24-May-14	WINN	Poppy Maskill at Swir	n Conwy Whitsun Meet
	200	Free	2:47.90	14-Jul-12	WINN	Abbey O. Brown at B	iddulph ASC L3 Open 2012
•	25	Back	21.04	26-Nov-11	WINN	Abbey O. Brown at 10	th. Junior Sprint Meet 2011
	50	Back	40.29	8-Jul-05		Jessica Gallimore	Holywell
-	100	Back	1:31.05	2-Jul-05		Jessica Gallimore	Winsford
	200	Back	3:06.04	14-Jul-12	WINN	Abbey O. Brown at Bi	iddulph ASC L3 Open 2012
	25	Breast	21.07	12-Dec-98		Alex Holderness	Winsford
	50	Breast	46.70	19-Dec-98		Alex Holferness	Winsford
	100	Breast	1:51.36	14-Sep-13	WINN	Olivia Morley at Club	Champ 13
-	200	Breast	3:39.99	4-Jul-98		Alex Holderness	Winsford
	25	Fly	18.56	12-Dec-92		Emma Sharkey	Winsford
•	50	Fly	41.27	8-Jul-05		Jessica Gallimore	Holywell
•	100	Fly	1:40.44	12-Dec-92		Emma Sharkey	Winsford
•	100	IM	1:33.60	5-Jul-14	WINN	Izzy Kay at Dev Meet	2014
•	200	IM	3:21.69	19-Dec-98		Alex Holderness	Winsford
			•				
10 & U	25	Free	15.50	13-Sep-97		Laura Astbury	Mold
•	50	Free	33.41	3-Mar-12		Alisha Hawkins	Cheshire Championships 2012
	100	Free	1:11.02	13-Sep-14	WINN	Lottie Howman at Clu	b Champs 14
-	200	Free	2:30.96	4-Mar-12		Alisha Hawkins	Cheshire Championships 2012
	400	Free	5:18.29	3-Mar-12		Alisha Hawkins	Cheshire Champs
	800	Free	11:25.86	14-Sep-13	WINN	Abbey O. Brown at Cl	lub Champ 13
	25	Back	17.71	17-Nov-07		Molly James	Wrexham
	50	Back	38.48	13-Sep-14	WINN	Lottie Howman at Clu	b Champs 14
-	100	Back	1:24.03	19-Oct-13	WINN	Abbey O. Brown at Sv	wim Conwy Autumn Meet 2013
	200	Back	2:55.98	19-Oct-13	WINN	Abbey O. Brown at Sv	wim Conwy Autumn Meet 2013
	25	Breast	19.84	20-Nov-99		Alex Holderness	Sandbach
•	50	Breast	43.10	19-Sep-99		Alex Holderness	Sutton Coldfield
	100	Breast	1:36.03	13-Sep-14	WINN	Olivia Morley at Club	Champs 14
	200	Breast	3:32.65	13-Sep-14	WINN	Lottie Howman at Clu	b Champs 14
	25	Fly	17.48	28-Nov-93		Emma Sharkey	Biddulph
	50	Fly	38.56	13-Sep-14	WINN	Lottie Howman at Clu	b Champs 14
•	100	Fly	1:30.74	14-Jan-12	WINN	Alisha Hawkins at No	rth Midlands Championships 2012
	200	Fly	3:23.98	13-Sep-14	WINN	Lottie Howman at Clu	b Champs 14
	100	IM	1:25.53	19-Sep-99		Alex Holderness	Sutton Coldfield
	200	IM	3:00.36	13-Sep-14	WINN	Lottie Howman at Clu	b Champs 14
	400	IM	6:16.72	13-Sep-14	WINN	Lottie Howman at Clu	b Champs 14
		_					
11 & U		Free	31.07	5-May-07		Jessica Gallimore	Wrexham
		Free	1:08.06	10-Feb-13	WINN		rventio
		Free	2:24.72	2-Mar-13	WINN	Alisha Hawkins at Ch	
		Free	5:02.84	19-Mar-06		Joanna Waterman	Macclesfield
		Free	10:18.45	19-Mar-06		Joanna Waterman	Macclesfield
-		Free	21:53.22	6-Dec-08		Molly James	Winsford
		Back	35.07	5-May-07		Jessica Gallimore	Wrexham
		Back	1:12.85	26-May-07		Jessica Gallimore	Blackpool
-	200	Back	2:42.01	9-Nov-08		Lillie Tew-Weaver	Winsford

	RECORDS Club Records SC							
11 & U	50	Breast	38.83	1-Apr-06		Joanna Waterman Biddulph		
•	100	Breast	1:21.71	19-Mar-06		Joanna Waterman Macclesfield		
	200	Breast	2:53.92	19-Mar-06		Joanna Waterman Macclesfield		
-	50	Fly	34.30	9-Feb-13	WINN	Alisha Hawkins Derventio		
•		Fly	1:17.13	2-Mar-13	WINN	Alisha Hawkins Cheshire Champs 2013		
	200	-	2:56.98	19-Mar-06		Joanna Waterman Macclesfield		
-	100	-	1:16.54	17-Mar-07		Jessica Gallimore Macclesfield		
	200		2:44.42	19-Mar-06		Joanna Waterman Macclesfield		
	400		5:46.48	14-Jan-06		Joanna Waterman Macclesfield		
12 & U	50	Free	28.85	11-Jan-14	WINN	olivia Capper at North Midlands		
-	100	Free	1:02.05	11-Jan-14	WINN	olivia Capper at North Midlands		
	200	Free	2:14.80	8-Feb-14	WINN	Alisha Hawkins Derventio		
-	400	Free	4:41.41	30-Nov-13	WINN	Alisha Hawkins at Inter Association		
	800	Free	9:38.20	11-Jan-14	WINN	Alisha Hawkins at North Midlands		
•	1500	Free	20:20.15	8-Nov-08	WINN	Lillie Tew-Weaver Club Championships 2008		
•	50	Back	32.88	11-Jan-14	WINN	olivia Capper at North Midlands		
•	100	Back	1:10.26	11-Jan-14	WINN	olivia Capper at North Midlands		
Ē	200	Back	2:31.94	11-Jan-14	WINN	olivia Capper at North Midlands		
•	50	Breast	38.20	13-Jan-07		Joanna Waterman Biddulph		
•	100	Breast	1:20.23	17-Mar-07		Joanna Waterman Macclesfield		
•	200	Breast	2:50.08	17-Mar-07		Joanna Waterman Macclesfield		
•	50	Fly	31.29	19-Mar-06		Lydia Woodward Macclesfield		
-	100	Fly	1:11.42	30-Nov-14	WINN	Alisha Hawkins Inter Association 2014		
	200	Fly	2:41.08	14-Jan-06		Lydia Woodward Biddulph		
•	100	IM	1:12.57	1-Feb-14		Alisha Hawkins Winsford		
•	200	IM	2:34.22	17-Mar-07	WINN	Joanna Waterman Macclesfield		
	400	IM	5:23.33	17-Mar-07		Joanna Waterman Macclesfield		
13 & U	50	Free	28.67	21-Sep-14	WINN	Alisha Hawkins Teaspoons		
•	100	Free	1:01.09	19-Mar-06		Abbie Henderson Macclesfield		
•	200	Free	2:08.92	19-Mar-06		Abbie Henderson Macclesfield		
	400	Free	4:26.39	19-Mar-06		Abbie Henderson Macclesfield		
•	800	Free	9:24.60	1-Aug-14	WINN	Alisha Hawkins NW Age Nationals		
	1500	Free	17:08.89	19-Mar-06		Abbie Henderson Macclesfield		
•	50	Back	32.18	17-Jan-09	WINN	Jessica Gallimore Crusader 2009 Round 1		
•	100	Back	1:07.50	21-Mar-09	WINN	Jessica Gallimore Macclesfield		
	200	Back	2:27.36	2-May-09	WINN	Jessica GALLIMORE 6th Spring Meet		
	50	Breast	36.50	16-Nov-02		Lucie Tetley Winsford		
	100	Breast	1:19.92	10-Nov-07		Joanna Waterman Winsford		
	200	Breast	2:48.67	10-Nov-07		Joanna Waterman Winsford		
	50	Fly	31.04	21-Sep-14		Alisha Hawkins Teaspoons		
	100	Fly	1:08.50	17-Mar-07		Lydia Woodward Macclesfield		
	200	Fly	2:27.30	17-Mar-07		Lydia Woodward Macclesfield		
	100		1:10.98	13-Jan-07		Lydia Woodward Biddulph		
-	200	IM	2:28.77	19-Mar-06		Abbie Henderson Macclesfield		
	400	IM	5:02.05	19-Mar-06		Abbie Henderson Macclesfield		
14 & U	50	Free	28.30	10-Jan-09	WINN	Victoria CUNNINGHAM North Midlands Championships		
		Free	58.91	21-Mar-10	WINN	Jessica GALLIMORE at Cheshire County Championships 2010 (S)		
	200	Free	2:08.82	24-Apr-10	WINN	Jessica GALLIMORE at Satellite Open Meet 2010		
	400	Free	4:26.39	19-Mar-06		Abbie Henderson Macclesfield		

	RECORDS Club Records SC								
14 & U	800	Free	9:24.60	1-Aug-14	WINN	Alisha Hawkins NW Age Nationals			
	1500	Free	17:08.89	19-Mar-06		Abbie Henderson Macclesfield			
	50	Back	30.59	23-Jan-10	WINN	Jessica GALLIMORE at North Midlands 2010 Day 2			
=	100	Back	1:04.83	27-Mar-10	WINN	Jessica GALLIMORE at Cheshire County Championships 2010 (S)			
	200	Back	2:22.48	21-Mar-10	WINN	Jessica GALLIMORE at Cheshire County Championships 2010 (S)			
	50	Breast	35.71	6-Mar-04		Lucie Tetley Macclesfield			
-	100	Breast	1:15.03	20-Mar-04		Lucie Tetley Macclesfield			
	200	Breast	2:43.60	14-Mar-04		Lucie Tetley Macclesfield			
•	50	Fly	31.29	19-Mar-06		Lydia Woodward Macclesfield			
	100	Fly	1:08.47	26-May-07		Lydia Woodward Blackpool			
	200	Fly	2:27.30	17-Mar-07		Lydia Woodward Macclesfield			
	100	IM	1:09.30	6-Feb-10	WINN	Jessica GALLIMORE at Crusader Round 2 - Alsager 2010			
_	200	IM	2:28.07	23-Jan-10	WINN	Jessica GALLIMORE at North Midlands 2010 Day 2			
	400	IM	5:02.05	19-Mar-06		Abbie Henderson Macclesfield			
15 & U	50	Free	27.72	6-Nov-10	WINN	Jessica GALLIMORE at North West Region Championships			
	100	Free	58.91	21-Mar-10	WINN	Jessica GALLIMORE at Cheshire County Championships 2010 (S)			
-		Free	2:07.33	20-Mar-11	WINN	Jessica GALLIMORE at Cheshire County Age Group Championships			
		Free	4:26.39	19-Mar-06		Abbie Henderson Macclesfield			
		Free	9:19.61	10-Nov-07		Abbie Henderson Winsford			
-		Free	17:08.89	19-Mar-06		Abbie Henderson Macclesfield			
		Back	30.55	6-Nov-10	WINN	Jessica GALLIMORE at North West Region Championships			
		Back	1:04.82	27-Nov-10	WINN	Jessica GALLIMORE at Stockport Metro Open Meet 2010			
		Back	2:19.93	27-Nov-10	WINN	Jessica GALLIMORE at Stockport Metro Open Meet 2010			
		Breast	34.49	5-Mar-05		Lucie Tetley Macclesfield			
-		Breast	1:13.69	13-Mar-04		Lucie Tetley Europa			
		Breast	2:38.91	13-Mar-05		Lucie Tetley Macclesfield			
-		Fly	30.37	21-Apr-02		Abi Tetley Stocksbridge			
		Fly	1:08.47	26-May-07		Lydia Woodward Blackpool			
		Fly	2:27.30 1:09.30	17-Mar-07		Lydia Woodward Macclesfield Jessica GALLIMORE at Crusader Round 2 - Alsager 2010			
-	100		2:25.00	6-Feb-10 12-Mar-05		Lucie Tetley Macclesfield			
	200 400		5:02.05	12-Mar-05 19-Mar-06		Abbie Henderson Macclesfield			
	400	IIVI	3.02.03	19-14141-00		About Heliacison Waccesheid			
16 & U	50	Free	27.02	20-Mar-04		Abi Tetley Macclesfield			
	100	Free	58.91	21-Mar-10		Jessica GALLIMORE at Cheshire County Championships 2010 (S)			
	200	Free	2:07.33	20-Mar-11		Jessica GALLIMORE at Cheshire County Age Group Championships			
-	400	Free	4:26.39	19-Mar-06		Abbie Henderson Macclesfield			
	800	Free	9:06.00	8-Nov-08	WINN	Abbie HENDERSON at Club Championships 2008			
	1500	Free	17:08.89	19-Mar-06		Abbie Henderson Macclesfield			
	50	Back	30.59	23-Jan-10		Jessca GALLIMORE at North Midlands 2010 Day 2			
		Back	1:04.32	28-Apr-12	WINN	Jessica GALLIMORE at Satellite Open Meet 2012			
-	200	Back	2:19.93	27-Nov-10		Jessica GALLIMORE at Stockport Metro Open Meet 2010			
	100	Breast	1:13.69	13-Mar-04		Lucie Tetley Europa			
		Breast	2:38.91	13-Mar-05		Lucie Tetley Macclesfield			
		Fly	29.67	13-Mar-04		Abi Tetley Macclesfield			
		Fly	1:00.67	20-Mar-11	WINN	Charlotte CARTER at Cheshire County Age Group Championships			
-		Fly	2:27.30	17-Mar-07		Lydia Woodward Macclesfield			
		IM	1:09.30	6-Feb-10		Jessica GALLIMORE at Crusader Round 2 - Alsager 2010			
		IM	2:25.00	12-Mar-05		Lucie tetley Macclesfield			
-	400	IM	5:02.05	19-Mar-06		Abbie Henderson Macclesfield			

50	Free	26.85	20-Nov-05	WINN	Abigail TETLEY at B	British Universities Short Course 2005
100	Free	57.68	20-Nov-05	WINN	Abigail TETLEY at B	British Universities Short Course 2005
200	Free	2:06.48	13-Jan-06	WINN	Abigail TETLEY at S	cottish Nationals 2006
400	Free	4:26.01	21-Mar-09	WINN	Abbie HENDERSON	at Cheshire Championships Days 1-2
800	Free	9:06.00	8-Nov-08	WINN	Abbie HENDERSON	at Club Championships 2008
1500	Free	17:08.89	19-Mar-06		Abbie Henderson	Macclesfield
50	Back	30.55	6-Nov-10	WINN	Jessica GALLIMORE	at North West Region Championships
100	Back	1:04.32	28-Apr-12	WINN	Jessica GALLIMORE	E at Satellite Open Meet 2012
200	Back	2:19.93	27-Nov-10	WINN	Jessica GALLIMORE	at Stockport Metro Open Meet 2010
50	Breast	34.49	5-Mar-05		Lucie Tetley	Macclesfield
100	Breast	1:13.69	13-Mar-04		Lucie Tetley	Europa
200	Breast	2:38.91	13-Mar-05		Lucie Tetley	Macclesfield
50	Fly	29.52	12-Mar-05		Abi Tetley	Macclesfield
100	Fly	1:00.67	20-Mar-11	WINN	Charlotte CARTER at	t Cheshire County Age Group Championships
200	Fly	2:22.95	6-Feb-05		Abi Tetley	Macclesfield
100	IM	1:09.26	13-Nov-04		Abi Tetley	
200	IM	2:24.45	14-Jan-12	WINN	Victoria CUNNINGH	AM at North Midlands Championships 2012
400	IM	5:02.05	19-Mar-06		Abbie Henderson	Macclesfield

SC Meters-Male

9 & U		Free	16.34	17-Nov-12	WINN	Ethan Wright at 11th. Junior Sprint Meet 2011
		Free	33.57	25-May-13	WINN	Jay Cushen at Swim Conwy Whitsun Meet
-	100		1:21.30	21-Jun-14	*****	Oscar Jolliffe Liverpool Sprints
-	200		2:47.98	19-May-13	WINN	Jay Cushen at Wigan start meet
	400		5:48.66	29-Jan-06	WINN	James Mitchell North Mids Age
		Back	19.10	17-Nov-12	WINN	Ethan Wright at 11th. Junior Sprint Meet 2011
		Back	38.85	25-May-13	WINN	Jay Cushen at Swim Conwy Whitsun Meet
		Back	1:33.82	9-Jul-11	WINN	Ethan Jones at Wirral Metro
		Back	3:01.18	19-May-13	WINN	Jay Cushen at Wigan start meet
		Breast	21.41	24-Nov-90		James Tyrrell Winsford
		Breast	46.09	21-Sep-14	WINN	Kyle Hawkins Teaspoons
		Breast	1:42.93	24-May-14	WINN	Kyle Hawkins at Swim Conwy Whitsun Meet
		Breast	3:34.66	26-Jul-14	WINN	Kyle Hawkins at Salford summer spectacular
-	25	•	18.44	17-Nov-12	WINN	Ethan Wright at 11th. Junior Sprint Meet 2011
	50	-	38.19	25-May-13	WINN	Jay Cushen at Swim Conwy Whitsun Meet
-	100	-	1:50.75	5-Jul-14	WINN	Kyle Hawkins Holywell
	200	-	3:37.39	22-Jan-12	WINN	Ethan Jones Wigan Best
	100		1:28.99	25-May-13	WINN	Jay Cushen at Swim Conwy Whitsun Meet
-	200	IM	3:06.34	19-May-13	WINN	Jay Cushen at Wigan start meet
	400	IM	6:54.20	13-Sep-14	WINN	Kyle Hawkins at Club Champs 14
10 & U	25	Free	15.30	18-Nov-00		Ashley walton Winsford
	50	Free	31.53	15-Mar-14	WINN	Jay Cushen at Cheshire Championships 2014
•	100	Free	1:09.13	26-Apr-14	WINN	Jay Cushen at Satellites Open Meet
	200	Free	2:24.89	3-May-14	WINN	Jay Cushen at 11th Spring Meet 2014
	400	Free	5:03.95	3-May-14	WINN	Jay Cushen at 11th Spring Meet 2014
	25	Back	18.17	24-Mar-90		Richard Tyrrell Winsford
	50	Back	36.04	15-Mar-14	WINN	Jay Cushen at Cheshire Championships 2014
•	100	Back	1:18.62	26-Apr-14	WINN	Jay Cushen at Satellites Open Meet
	200	Back	2:41.77	16-Mar-14	WINN	Jay Cushen at Cheshire Championships 2014
	25	Breast	20.30	9-Sep-00		Ashley Walton Ormskirk
-	50	Breast	42.02	29-Mar-14	WINN	Jay Cushen at Cheshire Championships 2014
	100	Breast	1:31.30	24-May-14	WINN	Jay Cushen at Swim Conwy Whitsun Meet
•	200	Breast	3:12.39	26-Apr-14	WINN	Jay Cushen at Satellites Open Meet
	25	Fly	17.10	9-Apr-00		Ashley Walton Wrexham
	50	Fly	36.17	15-Mar-14	WINN	Jay Cushen at Cheshire Championships 2014
•	100	Fly	1:23.17	24-May-14	WINN	Jay Cushen at Swim Conwy Whitsun Meet
•	200	Fly	3:03.62	24-May-14	WINN	Jay Cushen at Swim Conwy Whitsun Meet
•	100	IM	1:20.19	29-Mar-14	WINN	Jay Cushen at Cheshire Championships 2014
	200	IM	2:46.26	26-Apr-14	WINN	Jay Cushen at Satellites Open Meet
	400	IM	5:48.97	16-Mar-14	WINN	Jay Cushen at Cheshire Championships 2014
11 & U	50	Free	30.71	29-May-10	WINN	Samuel JAMES at Inter Association Age Group Champs 2010
•	100		1:08.05	29-Mar-14	WINN	Ethan Wright at Cheshire Championships 2014
-	200		2:19.91	1-Mar-04		Michael Almond Macclesfield
	400		5:01.30	13-Sep-14	WINN	Ethan Wright at Club Champs 14
-	1500		19:24.00	13-Sep-14	WINN	Ethan Wright at Club Champs 14
		Back	35.64	11-Jan-14	WINN	Ethan Jones at North Midlands
•		Back	1:15.08	11-Jan-14	WINN	Ethan Jones at North Midlands
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	RECORDS Club Records SC										
11 & U	200	Back	2:41.05	30-Nov-13	WINN	Ethan Jones at Inter Association					
	50		39.41	29-May-10	WINN	Ashley Hogg at Inter Association Age Group Champs 2010					
	100	Breast	1:29.86	2-May-09	WINN	Oliver Rose at 6th Spring Meet 2009 09WL1-001					
-	200	Breast	3:09.60	29-May-10	WINN	Ashley Hogg at Inter Association Age Group Champs 2010					
	50	Fly	33.46	29-May-10	WINN	Ashley Hogg at Inter Association Age Group Champs 2010					
•	100	Fly	1:16.15	26-Apr-14	WINN	Finn Armitt at Satellites Open Meet					
	200	Fly	2:47.30	15-Mar-14	WINN	Finn Armitt at Cheshire Championships 2014					
	100	IM	1:19.68	29-Mar-14	WINN	Finn Armitt at Cheshire Championships 2014					
	200	IM	2:46.66	13-Sep-14	WINN	Ethan Wright at Club Champs 14					
12 & U		Free	28.70	10-Jul-04		George White Holywell					
		Free	1:01.08	26-Mar-11	WINN	Samuel JAMES at Cheshire County Age Group Championships					
-		Free	2:12.24	20-Mar-11	WINN	Ashley Hogg at Cheshire County Age Group Championships					
	400		4:32.62	16-Apr-11	WINN	Ashley Hogg at Satellite Open Meet 2011					
	800		10:22.16	24-Oct-08	WINN	James Shanley at Loading PBs - SC					
		Free	19:15.77	13-Sep-14	WINN	Henry Oliver at Club Champs 14					
	50		33.37	23-Nov-02	WIDDI	Ashley Walton Wrexham					
	100		1:10.41	16-Apr-11	WINN	Samuel JAMES at Satellite Open Meet 2011					
	200		2:28.08	16-Apr-11	WINN	Ashley Hogg at Satellite Open Meet 2011 George White Winsford					
	50 100		36.57 1:16.20	1-Jun-04 16-Apr-11	WINN	George White Winsford Ashley Hogg at Satellite Open Meet 2011					
-	200		2:46.47	16-Apr-11 26-Mar-11	WINN	Ashley Hogg at Cheshire County Age Group Championships					
	50		30.55	20-Mar-11 18-Jun-11	WINN	Samuel JAMES at Crusader League Round 4					
-		Fly	1:08.32	26-Mar-11	WINN	Ashley Hogg at Cheshire County Age Group Championships					
	200	-	2:37.93	16-Apr-11	WINN	Samuel JAMES at Satellite Open Meet 2011					
	100		1:13.35	30-Apr-11	WINN	Brandon Sharkey at 8th Spring Meet 2011					
		IM	2:27.76	16-Apr-11	WINN	Ashley Hogg at Satellite Open Meet 2011					
13 & U	50	Free	26.16	13-Nov-04		James Cowburn Holywell					
	100	Free	56.51	17-Oct-04	WINN	James Cowburn Macclesfield					
	200	Free	2:01.34	26-May-07		Michael Almond Blackpool					
	400	Free	4:19.71	3-Mar-12	WINN	Ashley Hogg at CHESHIRE COUNTY SWIMMING CHAMPIONSHIPS - 2012					
-	800	Free	9:14.26	19-Mar-06		Michael Almond Macclesfield					
		Free	16:52.59	14-Jan-12	WINN	Ashley Hogg at North Midlands Championships 2012					
		Back	29.77	3-Mar-12	WINN	Samuel JAMES at CHESHIRE COUNTY SWIMMING CHAMPIONSHIPS - 201					
		Back	1:02.57	17-Oct-04		James Cowburn Macclesfield					
		Back	2:16.68	5-May-12	WINN	Ashley Hogg at 9th Spring Meet 2012					
-	50		33.34	3-Dec-11	WINN	Ashley Hogg at North West Winter Open					
	100		1:12.35	16-Apr-05		George White Stockport					
	200		2:32.57	5-May-12	WINN	Ashley Hogg at 9th Spring Meet 2012					
-	50	-	28.72	3-Dec-11	WINN	Ashley Hogg at North West Winter Open					
		Fly	1:00.97	28-Apr-12	WINN	Ashley Hogg at Satellite Open Meet 2012					
-		Fly	2:15.38	28-Apr-12	WINN	Ashley Hogg at Satellite Open Meet 2012					
		IM IM	1:06.79	14-Jan-12	WINN	Ashley Hogg at North Midlands Championships 2012					
		IM IM	2:16.98 4:53.28	28-Apr-12 28-Apr-12	WINN WINN	Ashley Hogg at Satellite Open Meet 2012 Ashley Hogg at Satellite Open Meet 2012					
14 & U	50	Free	26.09	1-Dec-12	WINN	Samuel JAMES at 2012 regional winter championships					
		Free	55.89	26-May-07	,, 111	Michael Almond Blackpool					
		Free	2:01.34	26-May-07		Michael Almond Blackpool					
-		Free	4:09.35	2-Mar-13	WINN	Ashley Hogg at Cheshire Champs 2013					
-		Free	9:14.26	19-Mar-06	'	Michael Almond Macclesfield					
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•				Records SC		
14 & U	1500	Free	16:27.37	1-Dec-12	WINN	Ashley Hogg at 2012 regional winter championships
	50	Back	29.19	27-Apr-13	WINN	Ashley Hogg at Satellite open meet 2013
	100	Back	1:01.59	16-Oct-05		James Cowburn Macclesfield
	200	Back	2:13.05	27-Apr-13	WINN	Ashley Hogg at Satellite open meet 2013
	50	Breast	31.98	2-Mar-13	WINN	Ashley Hogg at Cheshire Champs 2013
	100	Breast	1:10.17	1-Dec-12	WINN	Samuel JAMES at 2012 regional winter championships
	200	Breast	2:29.79	12-Jan-13	WINN	Samuel JAMES at North Midlans Championships 2013
	50	Fly	26.85	2-Mar-13	WINN	Ashley Hogg at Cheshire Champs 2013
	100	Fly	58.21	16-Mar-13	WINN	Ashley Hogg at Cheshire Champs 2013
	200	Fly	2:08.98	16-Mar-13	WINN	Ashley Hogg at Cheshire Champs 2013
	100	IM	1:06.29	14-Jan-06		George White Macclesfield
	200	IM	2:12.03	16-Mar-13	WINN	Ashley Hogg at Cheshire Champs 2013
-	400	IM	4:40.94	27-Apr-13	WINN	Ashley Hogg at Satellite open meet 2013
15 & U	50	Free	25.40	19-Mar-06		James Cowburn Macclesfield
	100	Free	53.54	19-Mar-06		James Cowburn Macclesfield
	200	Free	1:55.72	29-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014
_	400	Free	4:02.24	15-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014
		Free	9:14.26	19-Mar-06		Michael Almond Macclesfield
	1500	Free	16:16.29	14-Sep-13	WINN	Ashley Hogg at Club Champ 13
	50	Back	28.31	4-Mar-06		James Cowburn Stockport
	100	Back	59.29	19-Mar-06		James Cowburn Macclesfield
_	200	Back	2:06.32	19-Mar-06		James Cowburn Macclesfield
	50	Breast	31.69	29-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014
	100	Breast	1:08.74	1-Dec-12	WINN	Oliver Rose at 2012 regional winter championships
-	200	Breast	2:22.78	29-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014
		Fly	27.02	15-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014
		Fly	57.75	29-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014
		Fly	2:06.44	15-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014
	100		1:03.26	18-May-13		Oliver Rose Crusader Round 2
	200		2:08.61	30-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014
	400	IM	4:33.00	15-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014
16 & U	50	Free	23.95	16-Jul-05		Oliver Paver Winsford
		Free	53.52	21-Mar-09		Michael Almond Macclesfield
	200	Free	1:56.73	29-Mar-09	WINN	Michael ALMOND at Cheshire Championships Day 4
		Free	4:06.69	21-Mar-09		Michael Almond Macclesfield
	800	Free	8:47.14	13-Jan-07		James Cowburn Macclesfield
	1500	Free	16:28.80	24-Jan-09	WINN	Michael ALMOND at North Mids 2009 Days 2 & 3
	50		28.31	4-Mar-06		James Cowburn Stockport
	100		59.29	19-Mar-06		James Cowburn Macclesfield
	200	Back	2:06.32	19-Mar-06		James Cowburn Macclesfield
-	50	Breast	31.15	24-May-14	WINN	Oliver Rose at Swim Conwy Whitsun Meet
	100	Breast	1:07.41	24-May-14	WINN	Oliver Rose at Swim Conwy Whitsun Meet
	200		2:28.49	29-Mar-14	WINN	Oliver Rose at Cheshire Championships 2014
		Fly	27.55	13-Sep-14	WINN	Samuel JAMES at Club Champs 14
		Fly	1:00.29	1-Dec-12	WINN	Alexander Law at 2012 regional winter championships
		Fly	2:19.39	16-Apr-05		Terry Cowburn Stockport
	100		1:02.06	9-Dec-06		James Cowburn Stockport
	200		2:14.57	19-Mar-06		James Cowburn Macclesfield
	400	IM	4:45.13	19-Mar-06		James Cowburn Macclesfield

50	Free	23.95	16-Jul-05		Oliver Paver	Winsford	
100	Free	53.52	21-Mar-09	WINN	Michael ALMOND at C	Cheshire Championships Days 1-2	
200	Free	1:55.72	29-Mar-14	WINN	Ashley Hogg at Cheshir	re Championships 2014	
400	Free	4.02.24	15-Mar-14	WINN	Ashley Hogg at Cheshir	e Championships 2014	
800	Free	8:43.65	17-Oct-09	WINN	Michael ALMOND at V	Vinsford Club Championships 2009	
1500	Free	16:16.29	14-Sep-13	WINN	Ashley Hogg at Club Champ 13		
50	Back	28.31	4-Mar-06		James Cowburn	Stockport	
100	Back	59.29	19-Mar-06		James Cowburn	Macclesfield	
200	Back	2:06.32	19-Mar-06		James Cowburn	Macclesfield	
50	Breast	29.97	10-Dec-00	10-Dec-00 Richard Anderson Sheffield		Sheffield	
100	Breast	1:06.88	11-Nov-00		Richard Anderson	Widnes	
200	Breast	2:22.78	29-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014		
50	Fly	26.85	2-Mar-13	WINN	Ashley Hogg at Cheshire Champs 2013		
100	Fly	57.75	29-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014		
200	Fly	2:06.44	15-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014		
100	IM	1:02.06	9-Dec-06		James Cowburn	Stockport	
200	IM	2:08.61	30-Mar-14	WINN	Ashley Hogg at Cheshire Championships 2014		
400	IM	4:33.00	15-Mar-14	WINN	Ashley Hogg at Cheshir	re Championships 2014	