

NORTH MIDLANDS ASA CHAMPIONSHIPS – 2015

Licence Nos. TBA 3rd / 4th October 2015

ALL GALAS TO BE HELD AT MACCLESFIELD

Gala 1 Saturday October 3rd
Warm up 8.00 am for 9.00 am Start
10yrs+ Ladies 400m Free
9yrs+ Mens 50m Back
9yrs+ Ladies 50m Breast
20 minute break
10yrs+ Mens 100m Back
10yrs+ Ladies 100m Free

Gala 2 Saturday October 3rd
Warm up 1.00 pm for 2.00 pm start

9yrs+ Mens 50m Fly
9-11yrs Ladies 4 x 25m I.M.
20 minute break
11yrs+ Mens 1500m Free
9yrs+ Ladies 50m Free
10yrs+ Mens 100m Breast

Gala 3 Sunday October 4th
Warm up 8.00am for 9.00am start
10yrs+ Ladies 100m Fly
9yrs+ Mens 200m Breast
9yrs+ Ladies 200m Free
20 minute break
10yrs+ Mens 100m Free
9yrs+ Ladies 200m Back

Gala 4 Sunday October 4th
Warm up 1.45pm for 2.45pm start
11yrs+ Mens 400m I.M.
9yrs+ Ladies 50m Fly
9-11yr Mens 4x25m I.M.

Licence Nos TBA 17th / 18th October 2015

Gala 5 Saturday October 17th
Warm up 8.00 am for 9.00 am start
10yrs+ Ladies 100m Breast
9yrs+ Mens 200m Free
9yrs+ Ladies 200m Fly
20 minute break
10yrs+ Mens 100m Fly
10yrs+ Ladies 100m back

Gala 6 Saturday October 17th
Warm up 1.00 pm for 2.00 pm start
9yrs+ Mens 200m Back
9yrs+ Ladies 200m Breast
9yrs+ Mens 50m Free
20 minute break
11yrs+ Ladies 800m Free

Gala 7 Sunday October 18th
Warm up 8.00am for 9.00am start
9yrs+ Mens 50m Breast
9yrs+ Ladies 4x50m I.M.
9yrs+ Mens 4x50m I.M.
20 minute break
Junior Ladies / Mens Skins
Senior Ladies / Mens Skins
(By invitation only from 4 x 50m I.M.)

Gala 8 Sunday October 18th
Warm up 2.00pm for 3.00pm start
9yrs+ Mens 200m Fly
11yrs+ Ladies 400m I.M.
9 yrs+ Ladies 50m Back
10yrs+ Mens 400m Free

ALL EVENTS HDW

Entry fee £4.50 per event online or £5.50 per event for paper entries

AGE AS AT 18th October 2015

ENTRIES CLOSING DATE FRIDAY 11th SEPTEMBER 2015

All documentation for this event will be available online from in the next few days. Clubs will be advised when it is available.