## **Development Squad, Decembers Newsletter**

Welcome to December's newsletter. It has been a month of interruptions in terms of training, with Winsford swimming pool being shut for 3 weeks. The squad have trained on Saturdays and Sundays only, which has not been ideal, however I have heard that some swimmers have taken it upon themselves to do some public swimming at Moss Farm or other pools. This shows very good dedication and also great focus on some very important meets coming up in January, the North Mids Championships. Well Done to anyone who has tried to keep fit over the month. We will be back at Winsford Swimming pool on Wednesday 2<sup>nd</sup> January.

As you know there have been some changes to the Squad system over the past few weeks. The coaches have made these changes to help with the overcrowding we have at the swimming club. The club has grown enormously over the past few years and we have to implement change so swimmers do not become stagnated in the Development Squad. We as coaches have made decisions on which swimmers go into which group but this can change over the coming months when we see how it all beds down. Nothing is set in stone and if a child works hard or shows improvement then he/she can move groups. We try to do our best for every child and this will continue to be the case for as long as I am at the swimming club.

Warriors of Warrington Percy Mason Memorial Meet We took a good number to the Warriors Meet at the start of December. The Meet proved a great success, with lots of speeding tickets, medals and PB's. Every swimmer which took part did a fantastic job and it was very pleasing to see the swimmers happy with their swims. Winsford SC were awarded the **Top Visiting Club**, this is the first time we entered this meet and to win top club was fantastic. Well Done to every swimmer who took part in the racing and contributed to the points for the club. It was a great meet and one we will be doing next year! I hope we see even more of you on pool deck.

Arena League. On December 8<sup>th</sup>, Winsford SC took part in the NW Premier division B final against: Satellites, Alsager, Carnforth, Barrow, Ulverston, Carlisle & Blackpool. It was a fantastic evening of swimming with some very close races and the points were close all through the night. Our swimmers performed excellently well, all racing with great determination and the will to win. After 3 hours of racing Winsford SC came out on top being awarded first place on the night. This is a fantastic achievement, being the highest placed the club has ever been. This places us 9<sup>th</sup> overall best club in the North West. Well Done to all swimmers from Development Squad who was selected for the team, in no particular order: Will Deeming, Adassa Sproul, Finn Armitt, Niall Gibbs & Jacob Robson. All 5 swimmers did fantastically well.

Cheshire Junior Gala, Macc 15<sup>th</sup> Dec This was the first time this gala has taken place and it was geared towards the younger swimmers to race as a team and gain some important experience of competing together against other clubs. It was also a chance to see how our youngsters stack up against other clubs in Cheshire. Winsford swimmers performed to a very high standard, our swimmers achieved 28 first place finishes and lots of top 3 placings. We dominated the gala from start to finish. Our swimmers were technically fantastic and the focus and behaviour from every swimmer was great. I was so very pleased with how our swimmers performed. I honestly believe there are many young swimmers at our swimming club who have great futures in the sport. Keep working hard and who knows how far you can go. Well Done to every swimmer and thank you to Molly James for being pool side and for the Marshalls for their work and to the parents who supported all our swimmers. It was a great night, with great team spirit.

## Meets coming up:

12<sup>th</sup>/13<sup>th</sup> & 19<sup>th</sup>/20<sup>th</sup> North Midlands Champs. We have 62 swimmers from Winsford SC competing. This is against the best teams in the North Midlands and is the best opportunity to try and gain Cheshire County Qualifying times which take place in March. Entries Closed. See you all there!

10<sup>th</sup> Feb, Cannock Pheonix Open Meet, Open to all Dev Squad swimmers who have Qualifying Times. Good meet for race practice before Counties and/or the spring meets. **Entries in by 6<sup>th</sup> Jan.** 

2<sup>nd</sup>, 3<sup>rd</sup>, 8<sup>th</sup>, 16<sup>th</sup> & 17<sup>th</sup> Jan, Cheshire County Champs. Open to all swimmers with QT's. Entries in by 23<sup>rd</sup> Jan.

Other Meets suitable for Development Squad: **Apr:** Wirral, **May:** Wrexham & Swim Conway, **June:** Cath Ankers & Liverpool sprint, **July:** Winsford & Manchester. We will also be organising some Time Trials in the new year.

It has been a very successful month for the club with many trophies brought back to Winsford. Thank you to all swimmers and parents for the all the hard work you put into your swimming and the club.

I hope you all have a very nice Christmas and a Happy New Year.