January 2012 Newsletter

Dear Development Squad Parents

We are now coming to the end of January and Winsford SC have been back into training for several weeks now since the Christmas and New Year break. Training is going very well with all swimmers focused, training hard and attending regular. I can see a good improvement from all the swimmers who are attending their allocated pool time. The Development Squad work off a training cycle so all key elements are covered throughout the weeks and months, please try and attend as often as possible, so no important skills are missed. The more practice the better the skills will become. Well Done to all.

January has been all about the North Midlands Championships in Macclesfield. Winsford SC had over 60 swimmers qualify this year, the highest number the club have ever had. Around a third of those swimmers coming from the Development Squad. Over the past two weekends our swimmers have been racing against the best swimmers in the North Midlands against some very big clubs from Macclesfield, Chester and Stoke and many others. Winsford SC did fantastically well, we were awarded the Top Club by gaining the most points out of all the clubs competing. This is a fantastic achievement and big part of that was with the help from the younger swimmers at Winsford SC.

I am so pleased with the results from all the Development Squad who took part. Valuable race experience was gained under a pressure environment with a packed crowd and poolside. All our swimmers equipped themselves amazingly well. All swimmers gained huge PB's, many swimmers made the top 8, many gaining medals and winning Gold Medals. All of the Development Squad participants did fantastic. A special well Done to all Medallist (You know who you are!) and also to Ethan Jones who gained Top 9 Year Old Boy and Alissa Blackshaw 3rd in the overall 9 year old girl category and to Alisha Hawkins (Now in Comp B squad) 3rd in the overall10 year old girl category.

Congratulations to all participants from the Development Squad (In Alphabetical order): **Abbey Brown, Adam Blackburn, Alice Deeming, Alissa Blackshaw,** **Amber Rose, Charlotte Pagett, Domiziana Dean, Elisa Hughes, Ethan Jones, Ethan Wright, Faye Coleman, Finn Armitt, Georgia Maundrill, Hannah Faulkner, Harry Armitt, Harry Carter, Lydia Rose, Oliver Sorenson, Reece Hughes, Rhys Morgan, William Deeming**. Next year we want to try and get even more to qualify for the NM Champs, so please try and attend all open meets set out for you by the coaching team.

We will now be into some serious training in preparation for the Cannock Open Meet in Wolverhampton. Thank You to all swimmers who have supported this meet. This will be an ideal opportunity to gain some race practice in preparation for the Cheshire Championships in March. It will also be an opportunity to possibly try and gain some QT's for the NM Champs in 2013! I will be poolside at Cannock to support all swimmers, with Neil Hawkins as Team Manager.

Also a Final reminder that Cheshire entries have to be in on Wednesday 25th January at the very latest, please check if your child has gained times to enter. The times gained at the NM Champs can be used for qualifying for the Cheshire County Championships which again will take place at Macclesfield.

Well Done to all Swimmers, Winsford SC is going from strength to strength, Thank You for you support.

Dan.