$$E_{rr} = -\frac{4GQk^2}{r^3} \left(\left(-1 + \frac{3}{k^2 r^2} \right) \cos\left(\omega t - kr\right) - \frac{3}{kr} \sin\left(\omega t - kr\right) \right) \left(3\cos^2\left(\theta\right) - 1 \right) \tag{7}$$

$$E_{r\theta} = -\frac{4GQk^2}{r^3} \left(\left(-3 + \frac{6}{k^2 r^2} \right) \cos\left(\omega t - kr\right) + \left(kr - \frac{6}{kr} \right) \sin\left(\omega t - kr\right) \right) \sin\left(\theta\right) \cos\left(\theta\right)$$
 (8)

$$E_{\theta\theta} = -\frac{GQk^2}{r^3} \left(-\left(2kr - \frac{3}{kr}\right)\sin\left(\omega t - kr\right) + \left(-k^2r^2 + 3 - \frac{3}{k^2r^2}\right)\cos\left(\omega t - kr\right) \right)\sin^2\left(\theta\right) \tag{9}$$