

My coaching philosophy		
Phase 1:	<b>Establish current situation and inspired future</b>	Initial talk, set challenge together, talk
Phase 2:	<b>Build individualized plan</b>	discuss strengths, weaknesses, find internal obstacles
Phase 3:	<b>Execute plan</b>	working towards the goals, stakeholder support, discipline
Phase 4:	<b>Conclude coaching</b>	examine overall effectiveness, long range plan, follow up