

# Centering Community Through Honors Research Learning Experiences, University of Maine

## “Honors & Eating Concerns” RLE

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Forthcoming article in *JNCHC* '22: “Disordered Eating, Perfectionism, Stress, and Satisfaction in Honors: A Research Collaborative Investigating a Community Concern” by Jeffrey E. Hecker, Jaimie Giguere, Ethan Lowell, Mimi Killinger, Bailey Lewis and Ailin Liebler-Bendix

## “Personal Narratives” RLE

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### The Exercises and Results

Psychogeographical mapping  
 Tells a visual story of “how I got to this moment in spacetime.”

(Right: Olivia's psychogeographical map)



Reflection Exercise by Jasmine Olshin

## Research Learning Experience

- Part of a broader UMaine Orono/Machias '20-'24 Research Development Plan
- First-year students jump into research or professional practices
- Engaging in research, in creativity, in communities and in building mindsets to help solve problems for life
- UMaine Honors College Incubator Funding for Six RLE's Spring '21 to design Curriculum-Based Research Learning Experiences

## Overlapping RLE Outcomes

- Concerns regarding perfectionism in honors
- Valuing Identity & Personal Narrative as Scholarship
- Expanding Research Interests through Coursework and Theses
- Centering Self & Community through Scholarly Agency & Collaboration