

## VASUKI TAL



## ABOUT

### VASUKI TAL TREK

Vasuki Tal via Tapovan is an incredibly beautiful trek that takes you miles over glaciers and to the foot of towering Himalayan peaks like Mount Shivling. The trek is mild to difficult, with the highest point being 4800 metres at Vasuki Tal. The trek entails passing a number of glaciers and boulders, which makes it particularly exciting and distinct from other treks. The Vasuki Tal Trek passes through Gaumukh, the source of the Ganga, and Tapovan, a beautiful alpine meadow of religious significance for Hindus, offering

stunning views of peaks such as Shivaling, Thalay Sagar, Meru, and Bhagirathi I, II, and III, which pose a challenge to mountaineers.

## SHORT ITINERARY

### DAY 1

Dehradun to Gangotri

### DAY 2

From Gangotri towards Bhojwasa via Chirwasa

### DAY 3

From Bhojwassa to Gomukh to Tapovan

### DAY 4

From Tapovan towards Nandanvan

### DAY 5

From Nandanvan towards Vasuki Tal and later towards Nandanvan

### DAY 6

From Nandanvan towards Cheerwasa

### DAY 7

From Cheerwasa towards Gangotri

### DAY 8

From Gangotri towards Dehradun

## TREK GALLERY



## DETAILED ITINERARY

### Day 1: Dehradun to Gangotri

Gangotri can only be reached by road. The road journey can begin in either Dehradun or Gangotri, but with a new route now available, Dehradun is the faster alternative (around

242 Kms). By 3 p.m., you should be in Gangotri. Check into the Guest House/Hotel until you arrive. Rest for a while. The evening can be used to visit the nearby market, churches, and other attractions.

#### Day 2: From Gangotri towards Bhojwasa via Chirbasa

We begin our trek towards Chirbasa after breakfast in the morning (3600mt). You can go from Gangotri to Chirbasa, which is on the tree line, by following the beaten path. The Bhagirathi River runs through the whole trek before Chirbasa. In Chirbasa, we will eat our packed lunch. Today we continue our trek from Chirbasa to Bhojwassa. For the rest of the day, the hike would be mild. After Chirbasa, the landscape turns bleak and dry. Many hikers have referred to it as Arctic Tundra. Before Bhojwassa, the entire path passes through thick woodland. Near the water, there is a small temple and a possible campsite. A nice spot to set up camp for the day.

#### Day 3: From Bhojwassa to Gomukh to Tapovan

First thing in the morning, take in the panoramic view of the Bhagirathi group of peaks. After breakfast, hike to Gomukh (3890mt), the Ganges' source. The Ganga's water trickles down from the glaciers at Gomukh. The sages called it 'Gomukh' because it seemed like a cow's mouth in the far past. Explore the area and hike to Tapovan, one of the area's most beautiful high-altitude alpine meadows. The climb from Gomukh to Tapovan is steep, and the view of the nearby peaks improves as we ascend. Tapovan is a great treat with a vast meadow complete with bubbling streams, wildflowers, and campsites. Tapovan is renowned for its spectacular meadows that encircle the base camp of the Shivling mountain. Enjoy rest time here and sleep in the tent for the night.

#### Day 4: From Tapovan towards Nandanvan

Today we travel to Nandanvan via the Gomukh Glacier. The path from Tapovan leads down and onto the glacier, passing through the upper part of the meadow. You'll be on top of the Gangotri glacier if you turn right from Gomukh towards Nandanvan (4340m). The glacier is sandwiched between two mountain ranges, and landslides have created a layer of rocky moraine on the ice that makes walking easier. The glacier walk is very slick,

and even a minor lapse of focus may be fatal. Huge chasms could be seen here and there. Enjoy rest time here and sleep in the tent for the night.

**Day 5: From Nandanvan towards Vasuki Tal and later towards Nandanvan**

Vasuki Tal, a beautiful base for Mt Satopanth and Mt Vasuki Parbat with a small lake, is reached through a morning trek along the Chaturangi Glacier. The ascent is gradual but slow. Return to Nandanvan after exploring the town. Arrive in 5-6 hours and rest in tents for the night.

**Day 6: From Nandanvan towards Cheerwasa**

From Nandanvan to Cheerwasa, we'll retrace our steps today. For the night, stay in Cheerwasa.

**Day 7: From Cheerwasa towards Gangotri**

Prepare to trek down to Gangotri after breakfast. The descent is straightforward, and Gangotri can be reached long before the afternoon. This day can be used to visit Gangotri, which is one of the most popular and holiest Hindu pilgrimage destinations in the world.

**Day 8: From Gangotri towards Dehradun**

Depart Gangotri in the morning and arrive in Dehradun in the evening.

## **COST INCLUSION**

Pick and Drop Service from mentioned location

Fees for the guide and the chef



Camping facilities' rent

Entrance fees to the forest

To transport camping gear, a porter and mule are required. Please keep in mind that personal baggage can be borne by mules and/or porters for a fee

From the first day's dinner until the last day's brunch, both of the meals are vegetarian

Throughout the walk, you'll be staying in a tent or if possible, then in a guest house

## COST EXCLUSION

No pickup and drop point from/for your hometown

Personal costs include things like tips, personal medications, and conference calls, etc

Apart from what is mentioned above, some transportation assistance during the trek

Porters/mules can carry personal luggage weighing up to 12 kg per bag per person for Rs 350 per day per bag

## FREQUENTLY ASKED QUESTION

1. What things should I carry for the trek?

Footwear: The trekking boots which must be waterproof and snow proof, normal boots, floaters, and woolen socks.

Backpack: (50 ltr), Daypack (20-30 ltr), Duffel bag.

Clothes: Jacket and trousers that are both waterproof and breathable. Jacket (synthetic or down feather fleece), synthetic insulated trousers, poncho, sweatshirt, inner thermal (upper & lower), fleece, t-shirts, cotton trekking pants, shorts

Season wise Clothes:

Hand and head protection includes liner gloves, bandannas, sun hats, woollen caps, and face masks, among other things.

Accessories: Sunglasses/goggles, anti-glare lenses, water bottle, hydra bag, and

headlamp with spare bulb and extra batteries are all recommended.

Trekking Gears: Toolkit for an emergency. Sunscreen, a toiletry pack, water purification pills, Ziploc packs, ear plugs, first-aid kit, and the necessary medications are all recommended.

Camping Equipment: Sleeping bags of lining (extreme -5 to +5 Celsius if you have one), trekking sticks, and so on.

Warm top/light micro fleece pullover/full sleeve T shirt – 2/3

Water resistant/repellent trekking pants with an inner lining for added warmth- 2 High-quality windproof/water-resistant outer shell (jacket) with a proper hood

Thick Fleece / Full-sleeve Woollen Jumper, Down Jacket with at least 600 fill capacity  
Innerwear with a thermal component (upper and lower)

Woollen hat, inner fleece gloves, and outer water-resistant gloves

4-5 pairs of thick woollen socks and standard socks, scarf/muffler (optional)

Waterproof Trekking/Hiking shoes with a thick heel and high ankles that are comfortable to wear. Sneakers/sport shoes are ideal for camp.

Poncho or raincoat. A small, light-weight towel

A hydration pack and an insulated water bottle (optional)

Sunglasses with UV cover and the potential to cut light, as well as a cap or floppy hat to shield the strong sun off your skin (important when traversing through snow)

Trekking pole or sturdy walking stick Lip Balm, Sunscreen Lotion

Flashlight / torch (with extra batteries) Medications, if any special prescription is needed  
Toiletries for personal use

Carry a rain cover over your luggage • Day pack/small bag that you can carry on your back all day to keep your essentials in

Keep a few poly bags or plastic containers in your bag to place your things in if you need to in case of heavy weather.

Personal Medical Kit (MANDATORY FOR ALL)

10 Diamox tablets (to prevent AMS)

Nifedipine – 5 pills Dexamethasone – one strip

6 tablets of Crocin (fever)

4 tablets of avomine (motion sickness) 4 capsules of Avil 25mg (allergies)

4 tablets of Combiflam (Pain killer)

6 tablets each of Norflox TZ and Lomofen (diarrhea) 10 tablets of Digene (acidity)

10 Omez/Rantadine capsules (antacids) 3 to 5 metres of crepe bandage

1 tiny roll of gauze 10 strips of bandage 1 small roll of cotton 10 packets of ORS

Moov spray Betadine or other antiseptic cream (aches, & sprains)

If you're vulnerable to knee injuries, you should wear a knee cap. Powder with antifungal properties