

## Tunganath - Chandrashila Trek



Tunganath is one of the 5 Kedars of Lord Shiva and is believed to be a 1000 years old.. Perched at an altitude of 3680m above sea level, this is also the highest Shiva temple in the world.

Legend has it that the Pandavas having slain their own kin in the great battle of Kurukshetra, were advised to ask forgiveness from Lord Shiva. however, Shiva was quite displeased with the Pandavas and in order to high from the Pandavas, disguised himself in the form of a bull and went into hiding underground at GuptKashi. But later, Lord Shiva appeared in the form of the bull's body parts at 5 different places known as the Panch Kedars. Tunganath is the place where the hands had appeared. The Pandavas then built temples at each of these places to worship Shiva. The other 4 Kedars are the Kedarnath where his hump had appeared, Rudranath where his head had appeared, Madhyamaheshwar where his navel had appeared and Kapleshwar where the locks of his hair had appeared.

The Chopta Valley can be visited throughout the year with each season having its own unique flavor. Mid-March to Mid-April is the time of rhododendrons and the entire valley is wears a reddish pink color. Monsoons always have accentuate the greenery in the region and the months of September and October with their blue skies and more predictable weather conditions ensure a clearer view of the Himalayan peaks.



When visiting Tunganath, one must not miss visiting Deoria Tal is a high altitude Himalayan lake in the Chopta Valley and situated at 3035metres above sea level. Legend has it that this lake is the same one as that described in the Mahabharata where Yudhishthir, in return for water from the lake to quench his thirst, had answered the questions asked by the sage Yaksh.

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When visiting Tunganath, one must not miss trekking up to Deoria Tal. This can easily be

clubbed together as they are located very close to each other.

## ITINERARY

Day 1 :Haridwar/Rishikesh to Ukhimath(200km)

We will receive you at Haridwar/Rishikesh and drive up to Ukhimath. Overnight at guest house.

Day 2 : Ukhimath to Tunganath via Chopta

Ukhimath to Tunganath via Chopta (drive 40km AND 4km trek):

Today we drive 40km to Chopta and then after some refreshments here, trek up to Tunganath. It is an easy trek of about 4km surrounded by green bugyals (meadows). On reaching Tunganath, we freshen up and then visit the temple. Surrounded by the mighty Himalayan peaks and green meadows, the tranquility and peace that the place offers cannot be described in words and is only to be felt.

Day 3 : Tunganath to Chandrashila (trek 1km)

Today we start at around 4:00 am to view the sunrise at Chandrashila. Chandrashila is about a km from Tunganath and is situated at an altitude of 4000m above sea level. We then climb down to Chopta and can either drive back to Haridwar or proceed on to Sari village (22 km) for the Deoria Tal trek. This can easily be clubbed together as they are located very close to each other.

## Inclusions and Exclusions

Inclusions:

- ✓1) Transfers in a non-ac cab ex Rishikesh/Haridwar.
- ✓2) Accommodation throughout the trip.
- ✓3) Services of a guide.
- ✓4) First aid kit with oxygen cylinder.
- ✓5) Breakfast included on all days.

Exclusions:

✕1) No meals except breakfast.

✕2) Gratuities/Tips

✕3) Any other expenses of a personal nature.

Group Size

5-15 people

Contact Info

ALPINE HIKERS

Main Ganga Temple Road, HDFC ATM

Gangotri - 249135

Terms & Conditions

Email [alpinehikerrs@gmail.com](mailto:alpinehikerrs@gmail.com)

Telephone: India: +91-7820070340 ( vikas singh panwar)

+91 76687 62035 ( keshav singh panwar)

[www.alpinehikers.in](http://www.alpinehikers.in)

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