

Personal Invitation

To Our “Make Change Happen”
Nile Journey, April-May 2021

FreeFlow Nation

Nile Trip 2021

<http://nile2021.freeflownation.org>

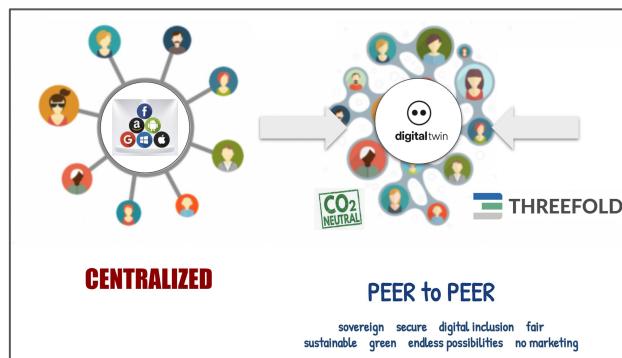
THIS NILE TRIP ORGANIZED BY FOLLOWING CHANGE MAKING ORGANIZATIONS



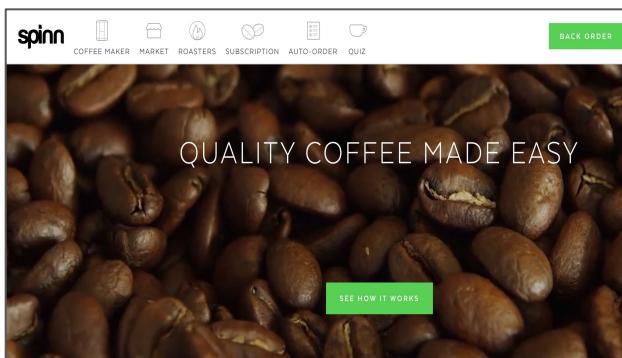
10% lower carbon footprint
+25m People Education < 2022



MITAA FairSwap & Commodity Tokens for the full world. New economic chances for all.



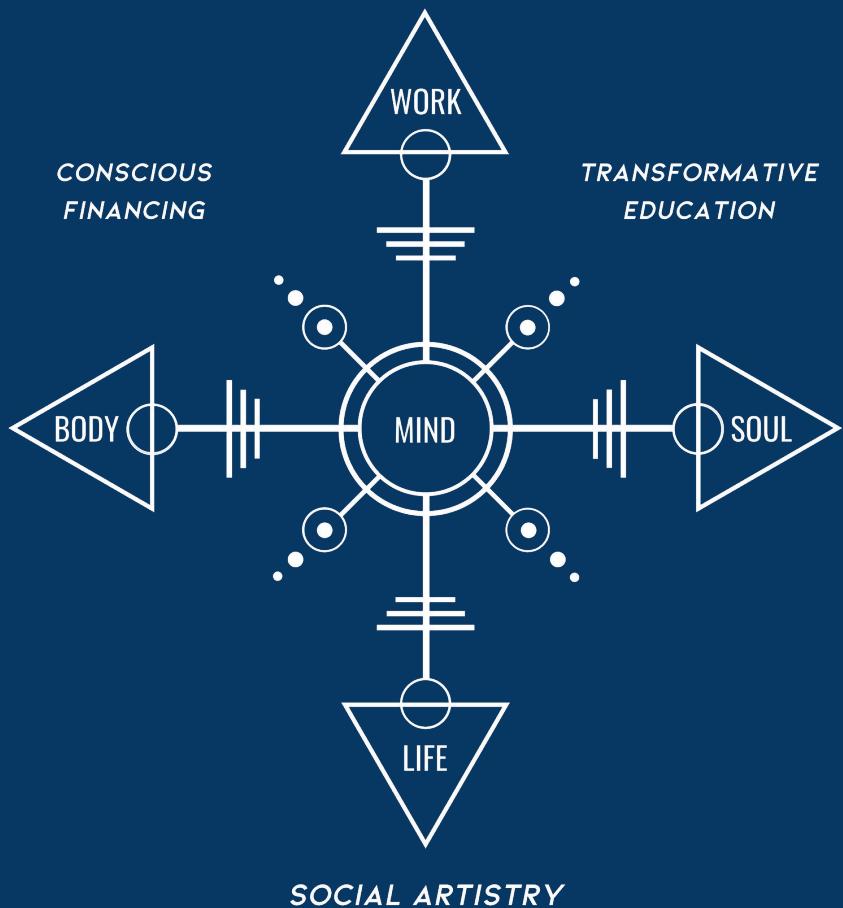
THREEFOLD: A NEW INTERNET FOR ALL



Coffee Token, Empower New Communities,
Sustainable Farming

CLICK ON PICTURES
FOR LINKS

<http://freeflownation.org>



Dear “humanist” (-:

The Nile is the birthplace of this human era, we would like to invite you for a magical trip from Luxor’s “male” to Aswan’s “female” energy.

The journey is free flowing, many possibilities will be offered during the cruise.

There is reasonable internet for people who need to work.

We look forward to see you on the Nile

Our Wishes For 2021

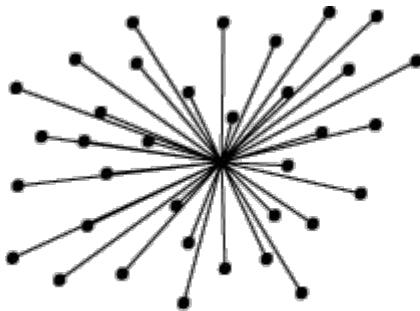
The world needs positive change and many people like you and I want and can make that difference. The world today is comprised mostly of pyramids, where a few people control the many and fear is the main instrument for control. We need our freedom back and need respect for humanity, our planet and it's resources. We need a structural change which comes from within us.

To achieve this freedom the world needs:

- **More consciousness !**
- A global education program with as goal to lower carbon emissions with at least 10% and give hundreds of millions of students access to all required digital life needs.
- A **new internet** which is faster, greener and neutral, it needs to be accessible to all and affordable. An internet that allows us to freely communicate, collaborate, educate inform, ... **We need our data ownership back.**
- New types of **digital currencies**, money is a taboo for many, yet still new types of money have the potential to change the world (refugees, non banked people, ...) . .
- A more **modern education system** reflecting the new evolving time spirit (empowering the skills we are born with rather than creating a uniform society where everyone needs to follow the norm).
This should start in areas where there is no proper schooling.

We believe together we can make all of this possible.

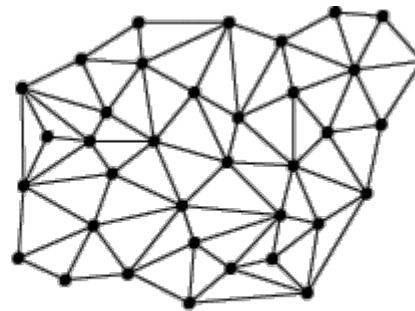
THE WORLD AS WE KNOW IT



Everything Is Centralized Today:

- Fear & control first.
- Too much focus on efficiency which leads to fragility.
- We are a product, our data is the digital oil.
- Inequality everywhere.
- Current monetary system designed to move money from people who don't have enough to people who have too much.

THE WORLD AS IT SHOULD BE



Love & Decentralization

- Love & respect first.
- We are no longer a product
- Available Everywhere
- Affordable for everyone
- Everyone equal chances (location, gender, skill, ...)
- Focus on raising consciousness.

Our goal for the nile trip 2021

Our aim is to create a FreeFlowing Digital Nation which is not limited by country borders, color of skin or religion. A Nation where everyone can contribute to their own ability in all freedom. A Nation where respect and striving to more consciousness is the basis.

Each project which has as purpose to help the world, believes in the FreeFlow Values and has a role to play in achieving our BHAG (unlimited access to education, internet & banking services for 1+ billion people for <1 USD per month) is more than welcome and can benefit from the support of our community.

Concrete goals

- Build connections between people and different communities (bridge building)
- **Define the global education program.**
- **TheeFold Pre-Launch Activities (Digital Twin, TF Cloud 3.0, ...).**
- Knowledge sharing: see list of suggested topics (everyone can collaborate)
- Co-create specific deliverables (like new conscious collaboration tool, new internet, ...)
- Spiritual experience : there are experienced healers on board which are there to help

Food for soul, mind & body

- FreeFlow Sessions
everyone welcome to present & collaborate
- Visit to temples.
- Yoga / Meditation
- Energy Work & Massage
- Fantastic Healthy Food



everything is free flowing

Planning April

Trip 1: Luxor 24 th of April (SAT)

Trip 2: Luxor 1e of May (SAT)

if needed you can join later.
Private driver will bring you
where the boat is.

Boat goes from
Luxor to Aswan

See us on CNN



CLICK HERE

<http://freeflownation.org>

Practical

You can fly to Cairo and then take a flight to Aswan or Luxor depending where you need to be; it's a short flight from Cairo. Please get in contact with us and we can help with all the practical elements.

You can also come over to Hurghada, there are many charter flights from Europe to Hurghada and from there we can organize travel by car.

Don't worry about security, that's really a non-issue, it's been 15 years ago that anything to be worried about happened on the Nile.

Internet access is good and available +90% of the time.

Let us know if you have any food allergies.

We always try to have all the food to be organic as much as we can.

Cost & Reservation

- Room:
 - 250 eur / day
- + per person:
 - 60 eur/ day
- Includes
 - Rooms ...
 - Food / Drinks
 - Yoga, Meditation, Healer ... sessions
 - Guide for temple visits
 - All costs related to transport (fuel, boats, transport from/to airport)
 - Tickets for temple visits
- Not Included
 - Your travel
- We cannot guarantee availability for everyone, please let us know about your interest and why on info@threefold.io
 - please mention: trip 1 or 2, nr people, why are you interested to join, is there something you would like to contribute, your interests ...



[link to map](#)

**1 hour flight
from Cairo**

**3.5 hours drive
from Hurghada**

Trip Information

Luxor → Aswan

+200 KM

- Trip itself needs 4 days plus 1 or 2 extra days at start and end.
- People can come late or leave early, It's easy to go off boat by taxi to airport of Aswan or Luxor.

Trip Overview

Trip overview

- Saturday:
- Sunday:
- Monday:
- Tuesday:
- Wedn:
- Thursday:
- Thursday evening:
- Friday Evening:

Arrivals in Luxor
Luxor
Luxor -> Esna
Esna -> Edfu
Edfu -> SilSilah -> Aswan
Aswan visits & Departure 1 (*)
24h non stop journey to Luxor (super nice to do)
Arrival in Luxor

(*)can also take hotel leave Friday from Aswan.





Luxor (Day 1&2): SAT-SUN

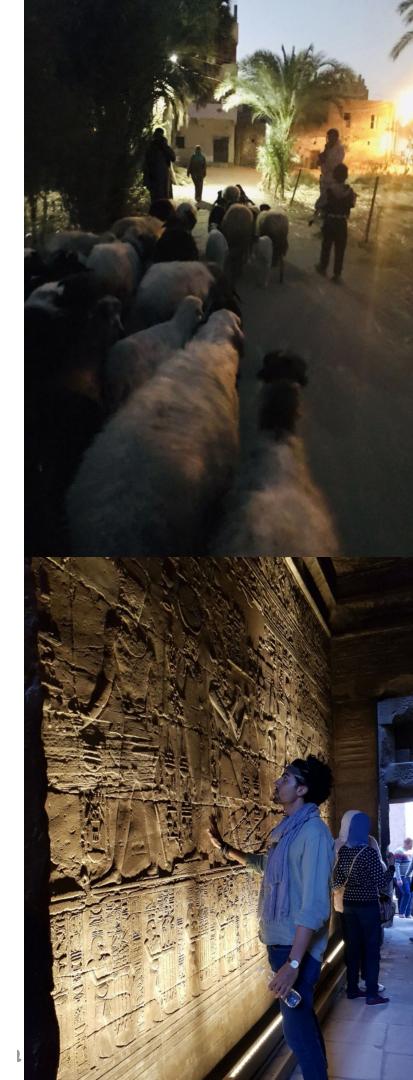
Pick up from Airport

FreeFlow Sessions

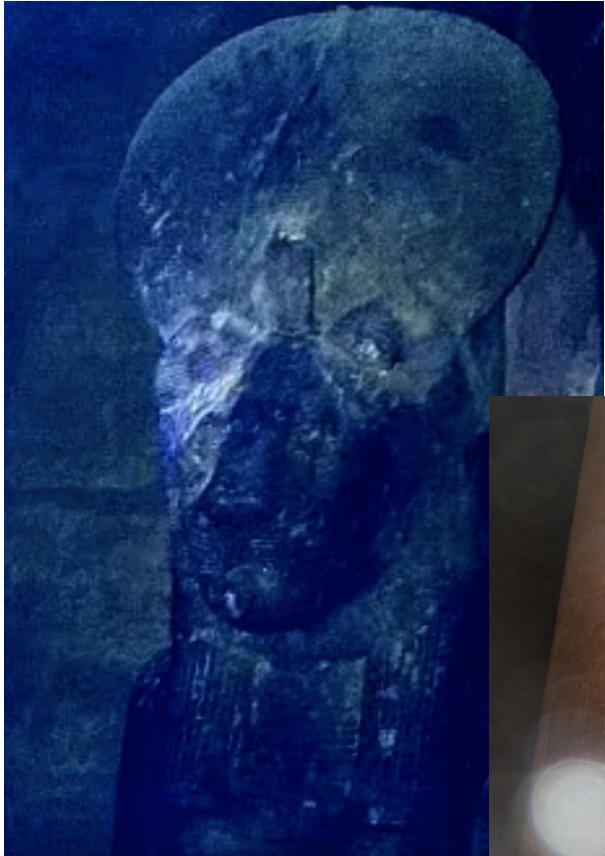
During Day optional trips to luxor

- Karnak Temple
- Luxor Temple
- Valley Of The Kings
- ...

Visit small village close to boat,
get your internet sorted out (-:
Relax

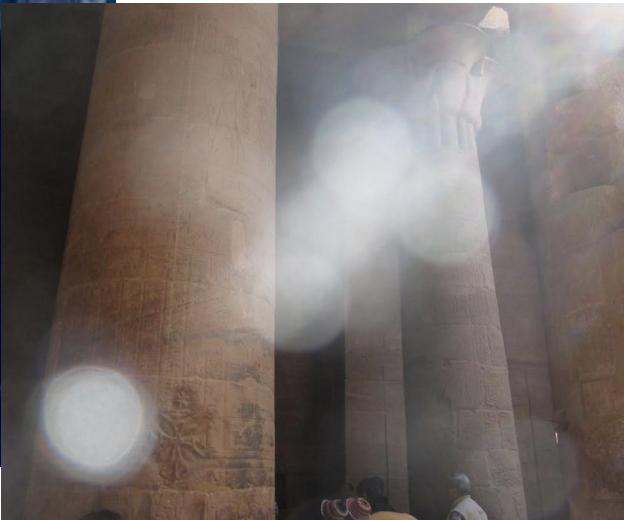


SEKHMET Secret Sacred Temple Visit

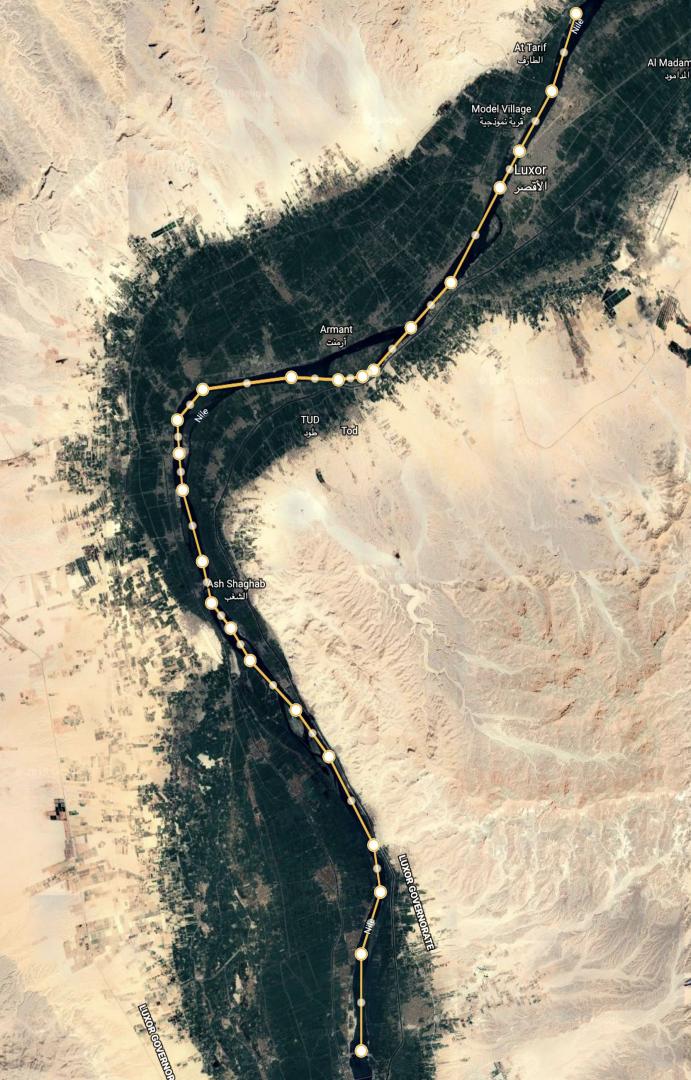


If we are lucky we can experience energy “orbs” in this incredible temple.

See youtube for a video (not ours).



[https://www.youtube.com/watch
?v=JvPDmpDpF00](https://www.youtube.com/watch?v=JvPDmpDpF00)



Luxor -> Esna (Day 3): Monday

A DAY ON THE BOAT

- Trip 62 KM (takes 8-10h)
- During Trip
 - Yoga/Meditation
 - FreeFlow(ing) Sessions
- Go through lock of Esna.





Esna → Edfu (Day 4): Tuesday

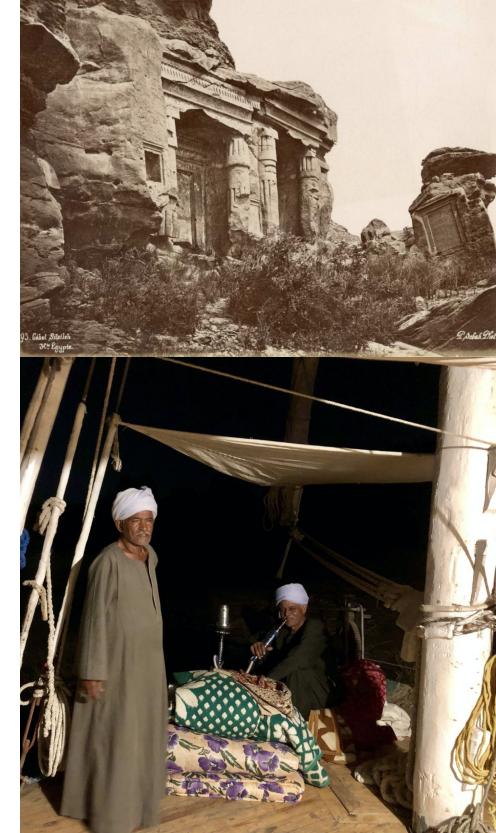
- Trip 52 KM (takes 7-9h)
- Morning
 - Visit Sufi Temple on top of mountain (walk)
- During Trip
 - Yoga/Meditation
 - FreeFlow(ing) Sessions
- Evening visit to Temple of Edfu
Wonderful sound/light show.
- Sleep at island close to Edfu



Edfu -> Silsilah (D5 wedn)

- Trip 40 KM
- Visits
 - Walk to Sufi temple
 - Visit Silsila
 - Meditation close to ancient Stone Quarry

Gebel el-Silsila or Gebel Silsileh is 64 km from Aswan. It was a very well known quarrying area throughout all of ancient Egypt due to the quality of the building stone. The site is a rich archaeological area, with temples cut directly in the hills.





Silsilah -> Aswan (D5 Evening)

- Trip 35 KM
- Arrival: Internet Island
Incredibly Nice Island





Aswan (Day 6)

Thursday

Optional

Philae Temple
(beautiful)

Flights from Aswan

Visit to Internet Island
FreeFlow Sessions

Leave at 18h for Luxor.



FreeFlow Sessions & Workshops

Co-Creation Workshop

how to build a neutral sustainable digital economy in Africa.

- Can we together design a system which turns all rules upside down to achieve:
 - Affordable e.g. <1 USD per month per person, is this possible?
 - Available everywhere.
 - Can we avoid to have to build datacenters?
 - Power is a huge problem in Africa, how to deal with it
 - Everyone access to all information (global). Self education possible
 - Economic Inclusion.
 - Everyone gets free money, to have a base to start from.
 - 100% ownership of data
 - Global free communication (neutral)
 - Ultra Sustainable
 - 100% decentralized (not easy).
- Links
 - World state in general, what's happening.
 - Education
 - New satellite networks, will that help?

Co-Creation Workshop

How to design the collaboration tool for the future

- Can we together design a system which turns all rules upside down to achieve:
 - No more pyramidal management structures
 - Must read <https://www.reinventingorganizations.com/>
 - From multi apps (app centric) to experience centric
 - Only 1 app to replace all our requirements but many experiences
 - How to make it much more effective & fun to use
 - How can it be used by conscious organizations
 - What can we learn from systems like Facebook (do better)
 - 100% decentralized (benefits neutralisation, performance, sustainability)
- Links
 - Self Improvement / Spirituality
 - Female/Male energy
 - Education

Conscious Tech Sessions (examples)

- How Can Education Lower Global Climate Change
 - See how the new neutral internet can help.
 - We are building a global education system for hundreds of millions of people.
- Digital Twin Launch
 - ...
- Sustainable 5G Technology
 - Can a 5G network be built without frying your brain?
- Money (One of the Last Taboos in Our World)
 - Why new currency systems are needed.
 - Learn more about complementary money systems.
 - Complementary money systems.
- A New Facebook
 - What is necessary in a new facebook.
 - Let's not repeat the mistakes Facebook made (**dopamine addiction**)
- True Decentralization is not about blockchain or technology
 - What needs to be done...



























See You
Soon



A photograph of a young boy with dark hair, shirtless, climbing a thick, light-colored rope on the side of a boat. He is gripping the rope with both hands, looking upwards. The boat is moving through dark blue, choppy water, with white foam from breaking waves visible. The background is dark, suggesting the photo was taken at night or in low light.

Let's
Create
A Better
World
Together

ACCESS

Our aim affordable access to
information for EVERYONE

Join us in reducing
INEQUALITY

EDUCATION



GREEN

Our aim lower energy
consumption of the internet
and IT as much as...



100X



INCLUSION

Goal: close the digital and financial divide
It's imperative for availability and access
so everyone can enter the digital world

DIGITAL LIFE



DIGITAL

Join us in UNLOCKING the Digital Economy

Let's increase EMPLOYMENT by digital enablement

Join us in boosting small business

Help us enable new MICRO industries

It's time to EMPOWER ALL to be part of value creation

ECONOMY



FREEDOM

Let's achieve digital freedom by
providing:

Data Privacy

Cyber Peace

Impartiality

Digital Equality



<http://nile2021.freeflownation.org/>