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Wearable Sensing For Non-Invasive Human Pose Recognition During Sleep

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AI for Future Digital Health Workshop

Virtual Event - Dec. 8th, 2020



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1. Research Motivation



1.1. Define the Problem

Key Facts

- Affects 20% - 33% of people (including children) worldwide.
- Accounts for > 25% of all surgical interventions in the NHS currently.
- Account for 30% of GP consultations in England.



Musculoskeletal Disorders

- > 200 musculoskeletal conditions.
- Significantly limits one's mobility and dexterity.
- Commonly linked with co-morbidities, including depression, obesity, and diabetes.

Plantar Fasciopathy

Tightness of calf muscle
(23 x more vulnerable)

Obesity
(2.9 x more vulnerable)

Standing jobs
(3.6 x more vulnerable)



1.2. Current Clinical Practices

Conservative Treatment

Orthosis, e.g. night splint.



Surgical Treatment

The possible treatment is determined by the degree of defect.





Prof. Dr Lyndon Mason

Consultant Trauma and Orthopaedic Surgeon,
University Hospital Aintree, Liverpool, UK



Take a Step Back

Isn't it worth looking at how we sleep?

"Is there a correlation between sleep postures and the development of certain musculoskeletal diseases?"



1.3. Project Specifications



Project Deliverables

- A validated sleep-monitoring technology.
- A (light) network of inertial sensors distributed over the body to measure and track in-bed body postures.
- Streaming of data to a central storage database, where further analysis takes place to exploit correlations between collected data, sleeping postures and occurrence of musculoskeletal diseases.
- Device could then be used to further monitor the success of treatment.

Sleeping Postures

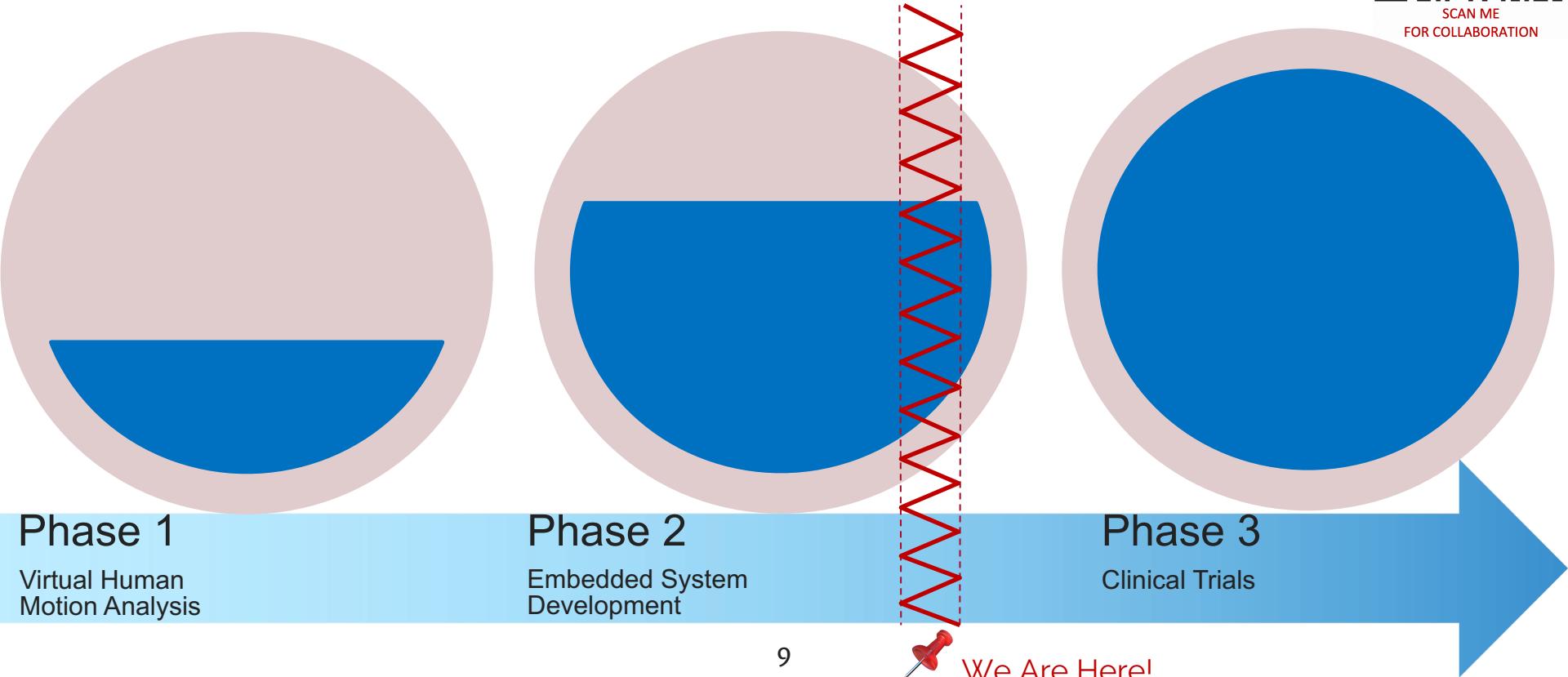


2. Methods and Findings

2.1. Project Workflow

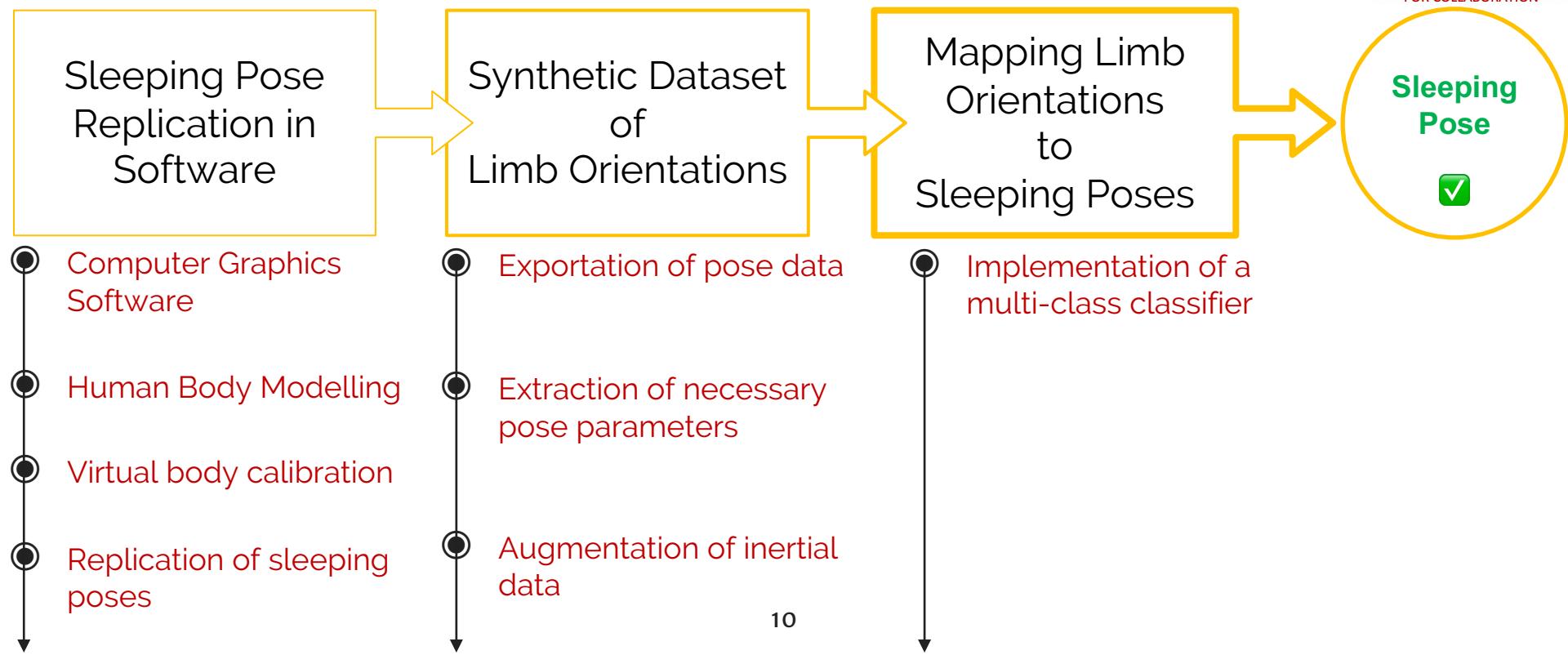


SCAN ME
FOR COLLABORATION





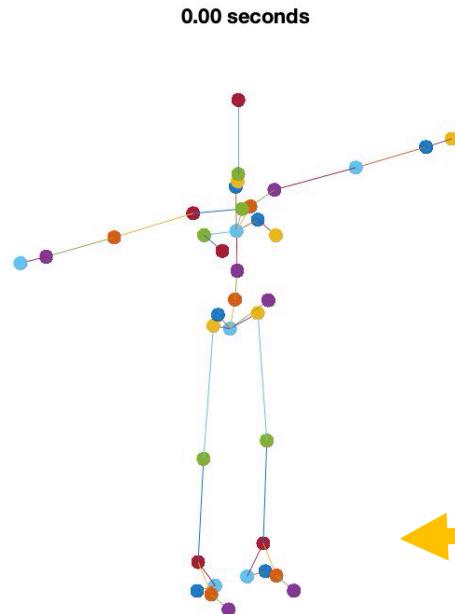
2.2. Virtual Sleeping Pose Recognition



VIDEO



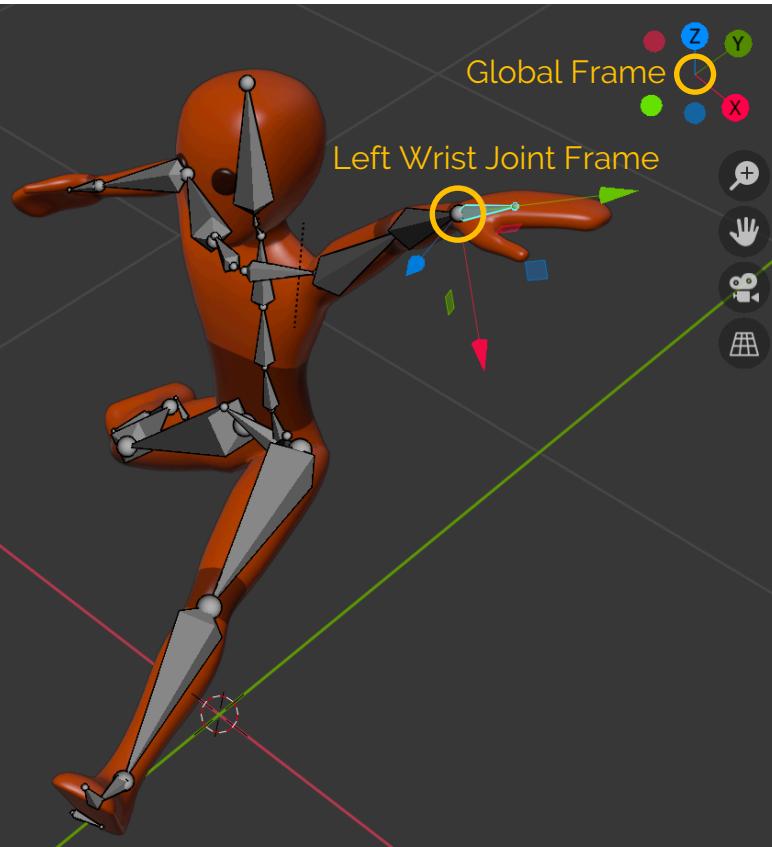
2.3. Virtual Sleeping Pose Replication





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2.4. Parameterisation of Sleeping Poses

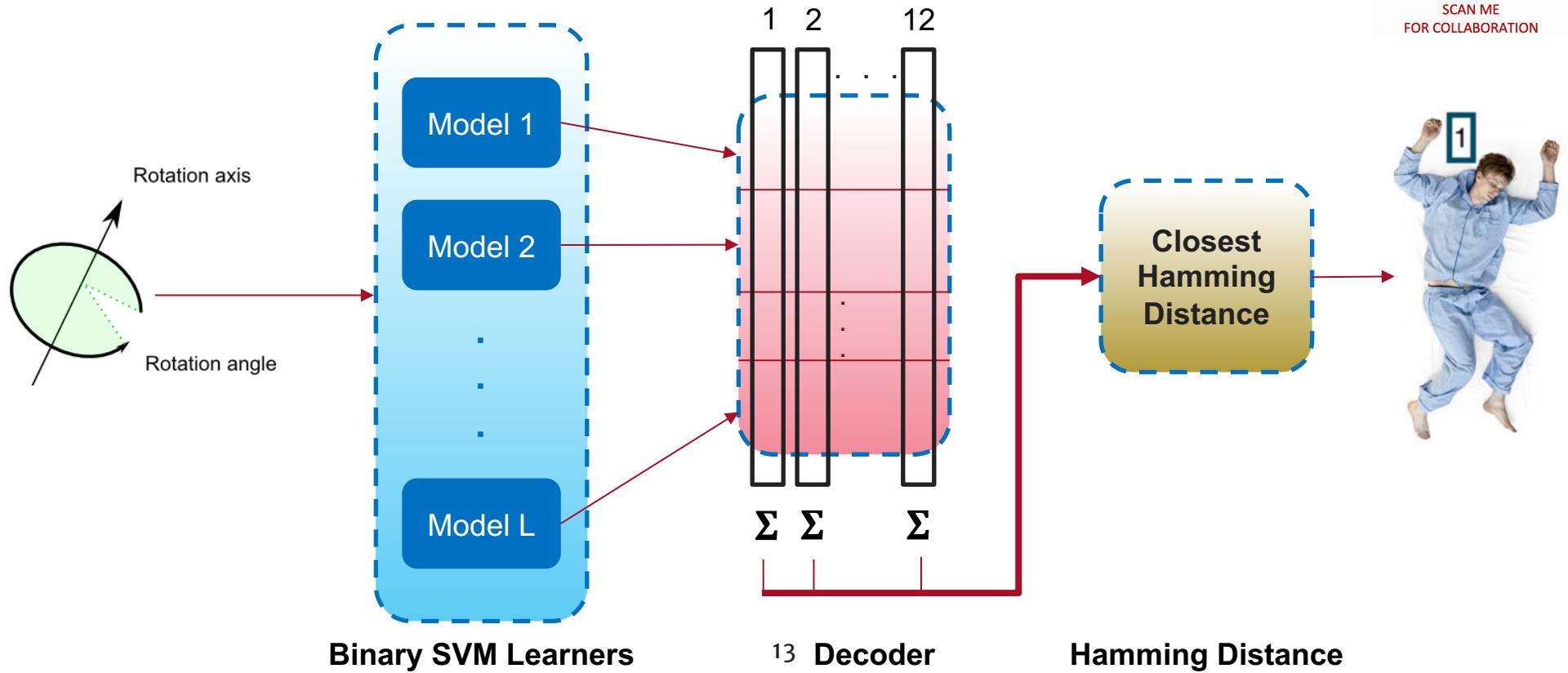


- A virtual limb calibration method is proposed [3] to identify the local joint frames of the 4 extremity limbs:
 - Right and Left wrist joints.
 - Right and Left ankle joints.
- The **axis-angle** kinematic representation is used to parameterise the local joint frame transformations.
- Due to the scarcity of labelled inertial data, a novel **Jittering-based augmentation technique is proposed** [3] to produce synthetic datasets for classifier training.



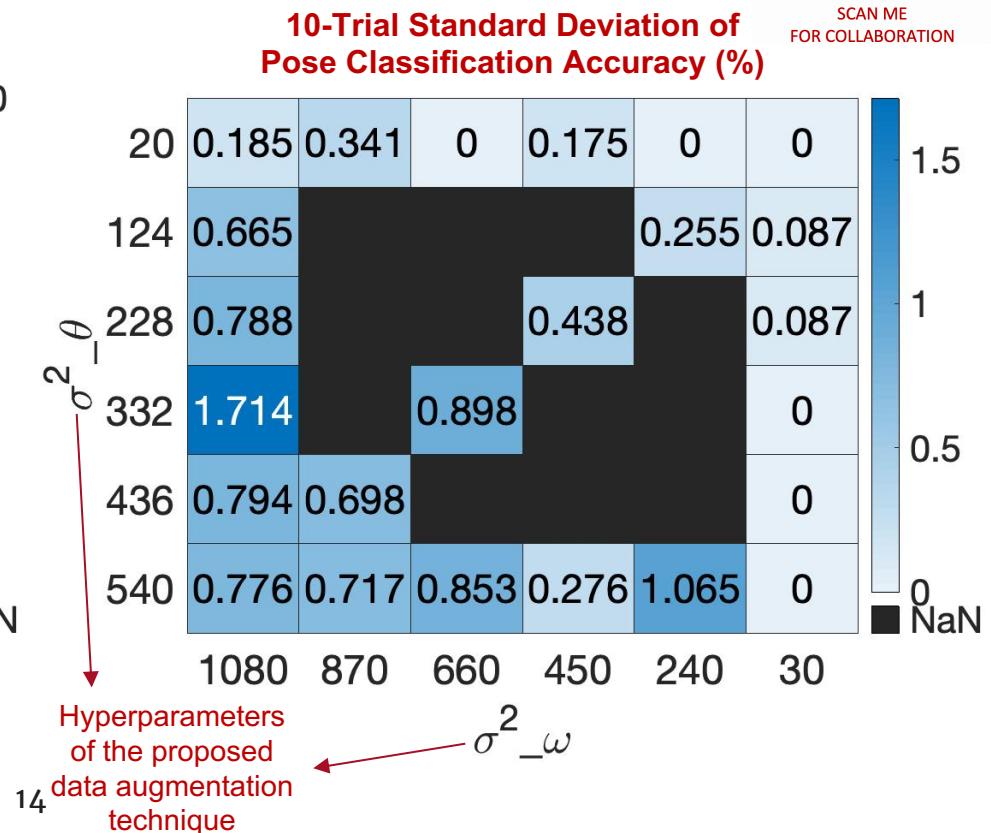
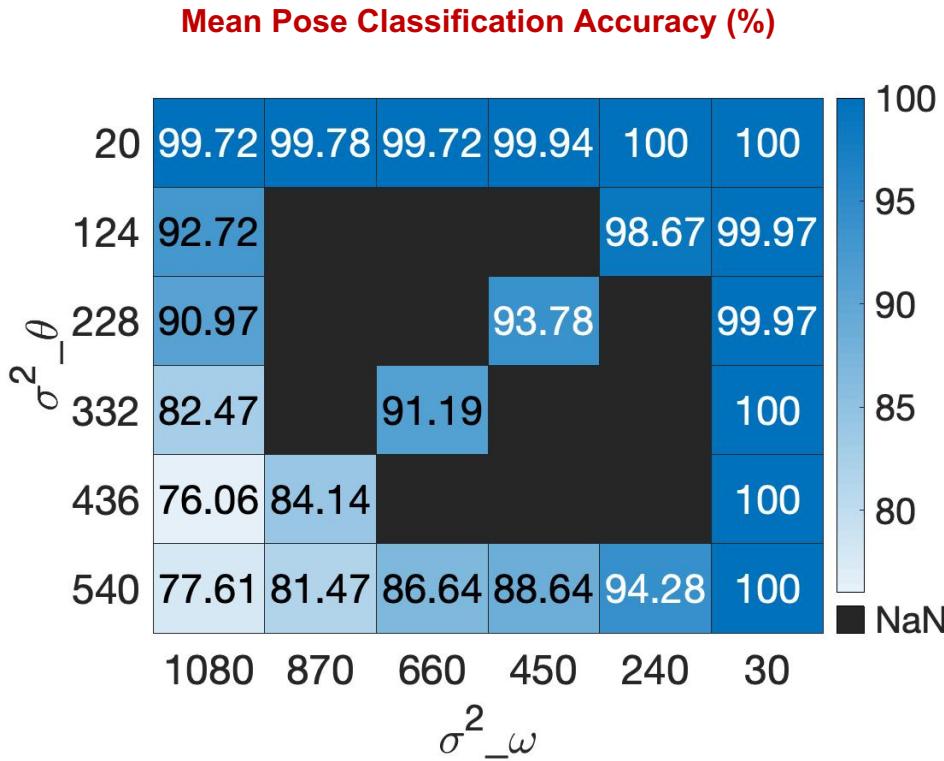
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2.5. Sleeping Pose Classification





2.6. Performance Evaluation



2.7. Guide for Further Information



Further details on the proposed approach will be provided during the presentation of our technical paper [3]:

- Articulated body kinematics for human pose tracking.
- Virtual extremity limb calibration procedure.
- Review of the proposed inertial data augmentation.

Date: Thursday December 17th, 2020

Time: 12 noon to 1:30 pm

Application Session: (A3) Medical and Legal Applications



3. Conclusion, Future Work and References



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3.1. Summary of Work, Future Work and References

Highlights

- ✓ Replicating 12 in-bed sleeping poses in a graphics simulation software.
- ✓ A quick calibration procedure that can be conveniently completed by the user.
- ✓ An efficient limb orientation tracking algorithm.
- ✓ A novel data augmentation technique to address the scarcity of labelled inertial data.
- ✓ An SVM-based ECOC model that is robust to noise levels beyond normally encountered.

Future Work

- Setup of wearable sensors.
- Stream sensor data to a secure Cloud system for data storage and processing.
- Validation of the proposed approach in realistic scenarios.

References

- [1] World Health Organisation, "**Musculoskeletal Conditions**". [online] Available at: <<https://www.who.int/news-room/fact-sheets/detail/musculoskeletal-conditions#:~:text=Key%20facts,prevalent%20across%20the%20life%2Dcourse.>> [Accessed 3 December 2020].
- [2] NHS England, "**Musculoskeletal Conditions**". [online] England.nhs.uk. Available at: <<https://www.england.nhs.uk/our-work/clinical-policy/lte/our-work-on-long-term-conditions/musculoskeletal/>> [Accessed 3 December 2020].
- [3] O. Elnaggar, F. Coenen, and P. Paoletti, "**In-Bed Human Pose Classification Using Sparse Inertial Signals**", Artificial Intelligence XXXVII, 2020.