PRESENT SIMPLE/PRESENT CONTINUOUS

PRESENT SIMPLE TENSE

For facts or things that are always true or generally true.

Hechos o cosas que son siempre verdaderas o generalmente verdaderas.

- It rains a lot in winter.
- A dog has four legs.
- Whales live in the ocean.

2. For regular habits or repeated actions Para hábitos regulares o acciones repetidas

- I brush my teeth three times a day.
- He walks to school every day.
- She goes to the gym after work

Common time expressions used with the present simple tense are:

Las expresiones de tiempo comunes que se usan con el presente simple son:

Always, often, generally, sometimes, never, usually, frequently, occasionally, rarely, hardly ever, every day, every week, every year, once a day, twice a week, three times a month, in the morning, in the afternoon, at night etc...

PRESENT CONTINUOUS TENSE

 For an action happening right now at the moment of speaking (actions in progress)

Para una acción que sucede ahora mismo en el momento de hablar (acciones en progreso)

- I am teaching an English lesson now
- You are watching a video in this moment
- Steve is washing his hair
- She is taking her dog for walk

2. To talk about future arrangements

Para hablar de arreglos futuros

- I am leaving my house tomorrow
- She is visiting her family in September
- They are going to the gym in the evening

Common time expressions used with the present continuous.

Expresiones de tiempo comunes usadas con el presente continuo.

Now, at the moment, at present, today, tonight, this morning, this afternoon, this evening, this week, this month, this year, right now, still, look! Listen! Pts! etc...

Complete these sentences with either the present simple or the present continuous form of the verbs in brackets.

1.	David never _	(to clea	n) up after his	mess.		
2.	Deborah (to prepare) dinner at the moment.					
3.	I (to talk) with my friend now.					
4.	We (to/have) a briefing every Monday morning.					
5.	(he/to play) basketball now?					
6.	Look! Our cat	(to sleep)				
7.	(you / to come) to the party?					
8.	What time	(the bank/t	o open)?			
9.	(you/ to kid) me now?					
10.	. I'm really sorr	y dear, but you	(not/to meet) our	criteria.	
11.	11. Everyone (to work) on the project now.					
12.	. We usually	hold our leadershi	p training in	Rome, but thi	s year we	
	(to hold) it in Venice.					