

The PiTFT mini touch screen	320x240	2.8"	-----	\$34.95
After Market Backup camera	640x480	3.5"	-----	\$19.99
HDMI large and high quality	800x480	5.0"	-----	\$64.95

these are in order of size and resolution.

The mini touch screen is the best for size and power consumption. Being a touch screen is always good.

The HDMI is the best for quality and visibility of screen.

The after market screen is the best for price and well roundedness.

But how small the screen looks doesn't matter for portability because you cant make the keyboard smaller. Unless we want to go down the rout of finding foldable keyboards and what not.

The HDMI is Plug N. Play where as the after market requires some wiring.

The down side of the HDMI is the bulky driver board that goes with it.And the heavy power consumption.

Final Opinions

If we can run the HDMI with the power we have then DO IT.  
If not then go with the After Market display.