

COMSATS UNIVERSITY ISLAMABAD



Data Science Fundamentals (DSC293) – BDS-2A

Department of Computer Science

Semester Group Project

- **Submitted By:**

Aleena Usman
Omer Muhammadi

FA22-BDS-006
FA22-BDS-029

- **Submitted To:**

Ma'am Hufsa Mohsin

- **Date of Submission:**

8th June 2023



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Table of Contents:

No	Topic	Page Number
1	Introduction	03
2	Information about Dataset	03
3	Project Overview	04
4	Libraries & Functions used	04
5	Snapshots of code & outputs	04
6	Conclusion	21
7	Complete code	22



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Introduction:

This project documentation focuses on our analysis of the "**Exercise and Fitness Metrics Dataset**" obtained from **Kaggle**. We followed a series of steps to extract valuable insights and predictions from the dataset. We began by identifying a predictive problem and exploring the dataset thoroughly. Wrangling operations were applied to clean and transform the data into a tidy format. A suitable predictive algorithm was selected, and its predictions were visualized using multiple techniques. Classification and clustering algorithms were also employed, and their results were compared. We used box plots to identify the algorithm with the most stable outcomes. Finally, we built an interface to showcase the wrangling, classification, comparison, and results for an interactive experience. Through this project, we aimed to demonstrate the power of data analysis and predictive modeling using the available dataset.

Information About Dataset:

The "**Exercise and Fitness Metrics Dataset**" is a comprehensive dataset that captures various factors related to exercise, fitness, and weight management. The dataset includes a range of independent variables along with measurements of dream weight and actual weight. The exercise variable represents the type of exercise performed, while calories burned denotes the estimated number of calories burnt during the exercise session. Dream weight signifies the desired weight, and actual weight captures the measured weight with some natural variation.

Additional independent variables provide insights into the individuals performing the exercises. Age represents the age of the individuals, and gender indicates their gender (Male or Female). Duration records the length of each exercise session, and heart rate represents the average heart rate during the session. BMI, a commonly used health indicator, offers information about body composition. Weather conditions during exercise sessions are recorded, and exercise intensity provides a rating of the intensity level.

This dataset is valuable for analyzing relationships between exercise variables, calorie expenditure, weight-related measures, and other factors such as **age, gender, duration, heart rate, BMI, weather conditions, and exercise intensity**. It can be used for various purposes, including research in exercise science, fitness program development, weight management analysis, and correlation studies between exercise and health-related factors.

A Glimpse of Dataset:

ID	Exercise	Calories.Burn	Dream.Weight	Actual.Weight	Age	Gender	Duration	Heart.Rate	BMI	Weather.Conditions	Exercise.Intensity
1	1 Exercise 2	286.9599	91.89253	96.30112	45	Male	37	170	29.42627	Rainy	5
2	2 Exercise 7	343.4530	64.16510	61.10467	25	Male	43	142	21.28635	Rainy	5
3	3 Exercise 4	261.2235	70.84622	71.76672	20	Male	20	148	27.89959	Cloudy	4
4	4 Exercise 5	127.1839	79.47701	82.98446	33	Male	39	170	33.72955	Sunny	10
5	5 Exercise 10	416.3184	89.96023	85.64317	29	Female	34	118	23.28611	Cloudy	3
6	6 Exercise 1	479.7227	78.88758	NA	60	Female	41	169	34.71934	Rainy	10
7	7 Exercise 9	457.6314	65.68113	61.81539	18	Male	53	103	34.59464	Cloudy	10
8	8 Exercise 4	272.9570	64.92956	62.80649	42	Male	25	104	22.05010	Cloudy	2
9	9 Exercise 10	195.0323	52.73107	54.53769	49	Male	37	161	30.94885	Sunny	1
10	10 Exercise 8	259.5311	95.16410	97.43683	NA	Male	55	103	31.22404	Cloudy	10
11	11 Exercise 5	248.5361	56.82978	54.14440	41	Male	52	151	34.01757	Cloudy	3



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Project Overview:

This project aimed to analyze a dataset by performing exploration, tidying, wrangling, and addressing predictive problems using graphing and plots, regression analysis, k-means clustering, and logistics regression. The dataset was thoroughly explored to understand its structure and variables, and visualizations were utilized for data analysis. Regression analysis was applied to establish relationships between variables and make predictions. K-means clustering was used to identify distinct groups in the dataset, while logistics regression was employed for classification tasks. The performance of these techniques was compared using evaluation metrics. The project findings were presented through visual representations, aiding in the interpretation of patterns and differences between the approaches. Overall, this project contributed to academic data analysis and predictive modeling research.

Libraries & Functions used:

We used the following libraries & packages in R-script to perform the analysis:

```
##installing packages required
install.packages("tidyverse")
install.packages("cluster")
install.packages("factoextra")
install.packages("randomForest")

##libraries
library(stats) ##clusters
library(gridExtra) ##displayplots
library(dplyr)
library(RColorBrewer)
library(randomForest)
library(tidyr)
library(tidytext)
library(stringr)
library(crayon)
library(DT)
library(ggthemes)
library(lubridate)
library(tidyselect)
library(scales)
library(ggplot2)
library(car)
library(tools)
library(tidyverse) # data manipulation
library(cluster) # clustering algorithms
library(factoextra) # clustering algorithms & visualization
```

Snapshots of code along with their output:

Exploring Dataset:

```
17 ##exploring dataset
18 ncol(exercise_data)
19 nrow(exercise_data)
20 names(exercise_data)|
21 dim(ex_data)
22 str(ex_data)
23 head(ex_data, 5)
24 tail(ex_data, 4)
25 summary(ex_data)
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Output:

```
> ncol(exercise_data)
[1] 12
> nrow(exercise_data)
[1] 3864
> names(exercise_data)
 [1] "ID"           "Exercise"      "Calories.Burn"  "Dream.Weight"   "Actual.Weight"  "Age"
 [7] "Gender"       "Duration"      "Heart.Rate"     "BMI"            "Weather.Conditions" "Exercise.Intensity"
```

Tail & Summary:

```
> tail(ex_data, 4)
   ID Exercise Calories.Burn Dream.Weight Actual.Weight Age Gender Duration Heart.Rate BMI Weather.Conditions
3861 3861 Exercise 4      486.3928      97.59896     92.70057  21 Female      49      160 26.60247      Rainy
3862 3862 Exercise 4      264.3077      94.94661     96.77894  57 Male       56      167 31.43535      Rainy
3863 3863 Exercise 9      185.9519      64.74391     68.66289  58 Female     60      128 19.77461      Rainy
3864 3864 Exercise 7      116.3604      56.75742     59.83340  35 Male       22      134 29.58133      Rainy
   Exercise.Intensity
3861                5
3862                9
3863                1
3864                1
> summary(ex_data)
   ID      Exercise      Calories.Burn      Dream.Weight      Actual.Weight      Age      Gender
Min. : 1 Length:3829 Min. :100.0 Min. :50.00 Min. : 45.78 Min. :18.00 Length:3829
1st Qu.: 993 Class :character 1st Qu.:202.2 1st Qu.:62.38 1st Qu.: 62.51 1st Qu.:29.00 Class :character
Median :1950 Mode :character Median :299.5 Median :75.52 Median :75.50 Median :40.00 Mode :character
Mean :1948 Mean :301.7 Mean :75.12 Mean :75.18 Mean :39.62
3rd Qu.:2907 3rd Qu.:403.7 3rd Qu.:87.69 3rd Qu.: 88.09 3rd Qu.:51.00
Max. :3864 Max. :499.9 Max. :99.99 Max. :104.31 Max. :60.00
   Duration      Heart.Rate      BMI      Weather.Conditions      Exercise.Intensity
Min. :20.00 Min. :100.0 Min. :18.50 Length:3829 Min. : 1.000
1st Qu.:30.00 1st Qu.:119.0 1st Qu.:22.69 Class :character 1st Qu.: 3.000
Median :40.00 Median :140.0 Median :26.87 Mode :character Median : 5.000
Mean :40.21 Mean :139.8 Mean :26.80 Mean : 5.451
3rd Qu.:51.00 3rd Qu.:160.0 3rd Qu.:30.94 3rd Qu.: 8.000
Max. :60.00 Max. :180.0 Max. :35.00 Max. :10.000
```

Dimensions, Structure & head:

```
> dim(ex_data)
[1] 3829 12
> str(ex_data)
'data.frame': 3829 obs. of 12 variables:
 $ ID      : int  1 2 3 4 5 7 8 9 11 12 ...
 $ Exercise: chr  "Exercise 2" "Exercise 7" "Exercise 4" "Exercise 5" ...
 $ Calories.Burn : num  287 343 261 127 416 ...
 $ Dream.Weight : num  91.9 64.2 70.8 79.5 90 ...
 $ Actual.Weight : num  96.3 61.1 71.8 83 85.6 ...
 $ Age         : int  45 25 20 33 29 18 42 49 41 35 ...
 $ Gender      : chr  "Male" "Male" "Male" "Male" ...
 $ Duration    : int  37 43 20 39 34 53 25 37 52 28 ...
 $ Heart.Rate  : int  170 142 148 170 118 103 104 161 151 158 ...
 $ BMI         : num  29.4 21.3 27.9 33.7 23.3 ...
 $ Weather.Conditions: chr  "Rainy" "Rainy" "Cloudy" "Sunny" ...
 $ Exercise.Intensity: int  5 5 4 10 3 10 2 1 3 6 ...
- attr(*, "na.action")= 'omit' Named int [1:35] 6 10 19 36 40 43 87 93 118 129 ...
- attr(*, "names")= chr [1:35] "6" "10" "19" "36" ...
> head(ex_data, 5)
   ID Exercise Calories.Burn Dream.Weight Actual.Weight Age Gender Duration Heart.Rate BMI Weather.Conditions
1  1 Exercise 2      286.9599      91.89253      96.30112  45 Male      37      170 29.42627      Rainy
2  2 Exercise 7      343.4530      64.16510      61.10467  25 Male     43      142 21.28635      Rainy
3  3 Exercise 4      261.2235      70.84622      71.76672  20 Male     20      148 27.89959      Cloudy
4  4 Exercise 5      127.1839      79.47701      82.98446  33 Male     39      170 33.72955      Sunny
5  5 Exercise 10     416.3184      89.96023      85.64317  29 Female    34      118 23.28611      Cloudy
   Exercise.Intensity
1                    5
2                    5
3                    4
4                   10
5                    3
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Identifying missing values of the Dataset:

```
27 ##tidy data operations|
28 is.na(exercise_data)
```

Output:

True indicates missing values

```
> is.na(exercise_data)
      ID Exercise  Calories.Burn  Dream.Weight  Actual.Weight  Age  Gender  Duration  Heart.Rate  BMI  Weather.Conditions
[1,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[2,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[3,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[4,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[5,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[6,] FALSE  FALSE          FALSE          FALSE          TRUE   FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[7,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[8,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[9,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[10,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  TRUE   FALSE    FALSE  FALSE          FALSE
[11,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[12,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[13,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[14,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[15,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[16,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[17,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[18,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[19,] FALSE  FALSE          FALSE          FALSE          FALSE  TRUE   FALSE    FALSE    FALSE  FALSE          FALSE
[20,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[21,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[22,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[23,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[24,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[25,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[26,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[27,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[28,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[29,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[30,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[31,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[32,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
[33,] FALSE  FALSE          FALSE          FALSE          FALSE  FALSE  FALSE    FALSE    FALSE  FALSE          FALSE
```

Count of missing values:

```
29 |
30 sum(is.na(exercise_data))
31
```

Output:

```
> sum(is.na(exercise_data))
[1] 37
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Removing missing values & displaying rows:

```
> ex_data <- na.omit(exercise_data)
> nrow(ex_data)
[1] 3829
```

Output:

```
ex_data <- na.omit(exercise_data)
nrow(ex_data)
```

After tidying the dataset, the number of rows are reduced from 3864 to 3829.

Data Wrangling:

```
35 ##data Wrangling
36 ex_data %>%
37   select(Age, Gender, Heart.Rate) %>% head(5)
38
39 ex_data %>%
40   mutate(Mean_BMI = mean(BMI)) %>%
41   select(Age, BMI, Mean_BMI) %>%
42   head(5)
43
44 ex_data %>%
45   filter(Age == "19")%>%
46   select(Age, Gender, BMI)%>%
47   head(5)
48
49
50 ex_data %>%
51   rename(Weight = "Actual.Weight")%>%
52   select(Gender, Age, Weight)%>%
53   head(5)
54
55 ex_data %>%
56   arrange(Calories.Burn)%>%
57   head(5)
58
59 ex_data %>%
60   group_by(Gender)%>%
61   summarise(Mean_weight = mean(Actual.Weight),
62             calories_burned = mean(Calories.Burn),age = mean(Age))
63
```

Output:



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
+ select(Age, Gender, BMI)
+ head(5)
```

	Age	Gender	BMI
1	19	Male	26.34012
2	19	Male	22.21857
3	19	Female	25.38978
4	19	Male	20.33647
5	19	Female	19.49576

```
+ rename(weight = "Ac")
+ select(Gender, Age, weight)
+ head(5)
```

	Gender	Age	Weight
1	Male	45	96.30112
2	Male	25	61.10467
3	Male	20	71.76672
4	Male	33	82.98446
5	Female	29	85.64317

```
library(dplyr)
> ex_data %>%
+ select(Age, Gender, Heart.Rate) %>% head(5)
```

	Age	Gender	Heart.Rate
1	45	Male	170
2	25	Male	142
3	20	Male	148
4	33	Male	170
5	29	Female	118

```
+ select(Age, BMI, Mean_BMI)
+ head(5)
```

	Age	BMI	Mean_BMI
1	45	29.42627	26.79911
2	25	21.28635	26.79911
3	20	27.89959	26.79911
4	33	33.72955	26.79911
5	29	23.28611	26.79911

```
+ arrange(Calories.Burn)%>%
+ head(5)
```

	ID	Exercise	Calories.Burn	Dream.Weight	Actual.Weight	Age	Gender	Duration	Heart.Rate	BMI	Weather.Conditions
1	3431	Exercise 9	100.0094	63.10321	58.73877	32	Female	31	167	26.03899	Cloudy
2	2246	Exercise 3	100.0147	64.01293	63.14755	42	Male	39	107	31.86006	Cloudy
3	2775	Exercise 5	100.0310	76.20813	80.86662	29	Female	31	109	21.69059	Rainy
4	3678	Exercise 1	100.3351	82.32427	84.60040	42	Female	56	157	29.28227	Cloudy
5	1746	Exercise 8	100.6405	91.31956	88.13213	53	Female	34	144	32.04432	Rainy

```
Exercise.Intensity
1      5
2     10
3      1
4      6
5      5
```

```
+ summarise(calories_burned = mean(Calories.Burn))
# A tibble: 2 x 4
  Gender Mean_weight calories_burned age
  <chr>      <dbl>      <dbl> <dbl>
1 Female      75.4      305.   39.9
2 Male       75.0      298.   39.3
```

Taking random-rows:

```
82 ##taking random rows
83 random_rows <- exercise_data[sample(nrow(exercise_data), 150), ]
84 random_rows
```

Visualization:



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Finding Co-relation among variables:

```
67 ##finding Co-relation among variables
68
69 cor(ex_data$Age, ex_data$Heart.Rate)
70 cor(ex_data$Exercise.Intensity, ex_data$Calories.Burn)
71 cor(ex_data$Duration, ex_data$Calories.Burn)
72
```

Output:

```
> cor(ex_data$Age, ex_data$Heart.Rate)
[1] -0.009209017
> cor(ex_data$Exercise.Intensity, ex_data$Calories.Burn)
[1] 0.01111867
> cor(ex_data$Duration, ex_data$Calories.Burn)
[1] 0.0242086
```

Linear regression btw heart-rate & age:

```
##linear regression
model <- lm(Heart.Rate ~ Age , data = random_rows)
model
```

Output:

```
Call:
lm(formula = Heart.Rate ~ Age, data = random_rows)
```

```
Coefficients:
(Intercept)      Age
  135.9437      0.1071
```

Visualize the relationship between heart-rate & age:

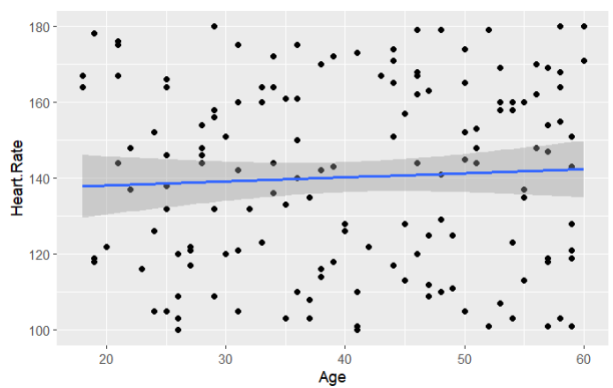
```
## visualize the relationship between Age and Heart.Rate
ggplot(random_rows, aes(x = Age , y = Heart.Rate))+
  geom_point()

## create a scatter plot with a regression line
ggplot(random_rows, aes(x = Age , y = Heart.Rate))+
  geom_point()+
  stat_smooth(method = lm)
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

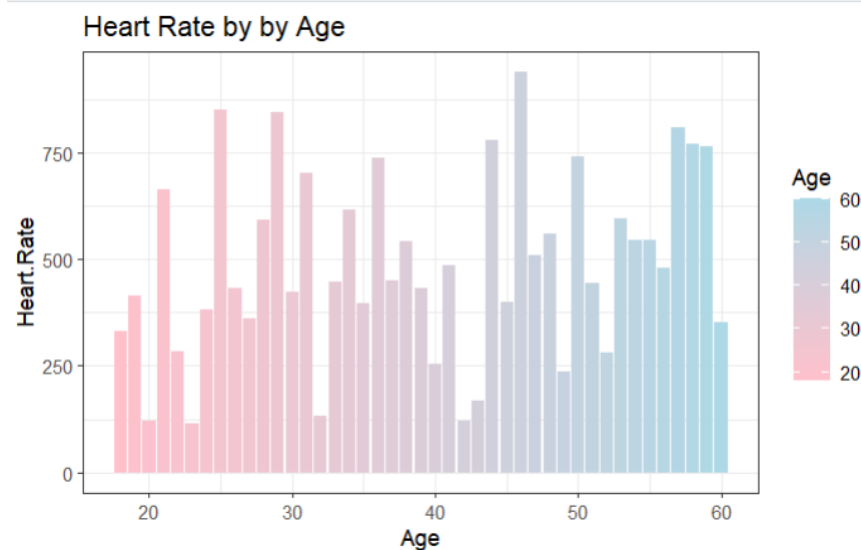
Output:



Bar plot:

```
##create a bar plot with a color gradient
## displays the relationship between age and heart rate
ggplot(random_rows, aes(x = Age, y = Heart.Rate, fill = Age)) +
  geom_bar(stat = "identity") +
  ggtitle("Heart Rate by by Age") +
  theme_bw() +
  scale_fill_gradient(low = "pink", high = "lightblue")
```

Output:



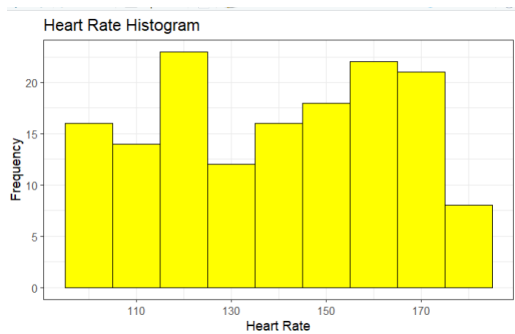


COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Histogram of Heart.rate:

```
##create a histogram of the "Heart.Rate"  
ggplot(random_rows, aes(x = Heart.Rate)) +  
  geom_histogram(binwidth = 10, fill = "yellow", color = "black") +  
  ggtitle("Heart Rate Histogram") +  
  xlab("Heart Rate") +  
  ylab("Frequency") +  
  theme_bw()
```

Output:



k-means cluster:

```
##is.finite() function to identify any NaN or Inf values  
problematic_values <- !is.finite(random_rows$Age) | !is.finite(random_rows$Heart.Rate)  
set.seed(1) # Set seed for reproducibility  
k <- 3 # Number of clusters  
kmeans_result <- kmeans(random_rows[, c("Age", "Heart.Rate")], centers = k)  
  
# Add cluster labels to the data frame  
random_rows$Cluster <- as.factor(kmeans_result$cluster)  
  
# Calculate cluster centers  
cluster_centers <- kmeans_result$centers  
ggplot(random_rows, aes(x = Age, y = Heart.Rate, color = Cluster)) +  
  geom_point(alpha = 0.7) +  
  stat_ellipse(aes(fill = Cluster), geom = "polygon", alpha = 0.2, show.legend = FALSE) +  
  ggtitle("Cluster Diagram: Heart Rate vs. Age") +  
  xlab("Age") +  
  ylab("Heart Rate") +  
  theme_bw()
```

Output:





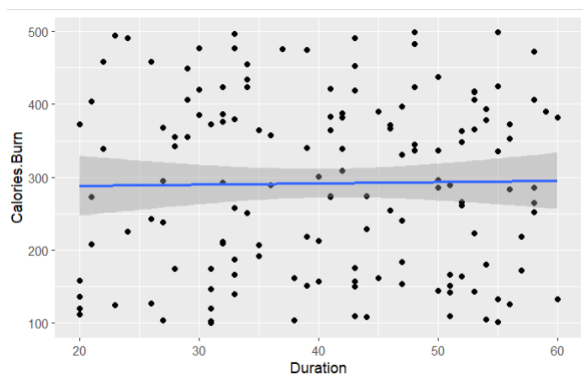
COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Visualize the relationship between duration & calories.burn

```
# visualize the relationship between duration & calories.burn
ggplot(random_rows, aes(x = Duration , y = Calories.Burn))+
  geom_point()

## create a scatter plot with a regression line
ggplot(random_rows, aes(x = Duration , y = Calories.Burn))+
  geom_point()+
  stat_smooth(method = "lm")
```

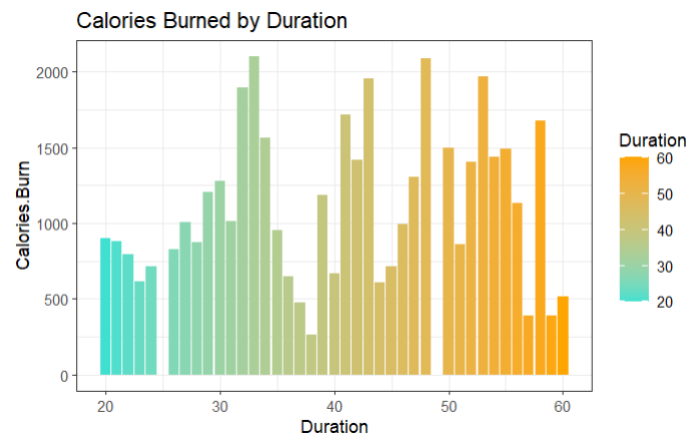
Output:



Bar plot visualizing the relationship between the "Duration" and "Calories. Burn"

```
##create a bar plot visualizing the relationship between the "Duration" and "Ca
ggplot(random_rows, aes(x = Duration , y = Calories.Burn, fill = Duration)) +
  geom_bar(stat = "identity") +
  ggtitle("Calories Burned by Duration") +
  theme_bw() +
  scale_fill_gradient(low = "turquoise", high = "orange")
```

Output:





COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

The predictive problem from the dataset:

We used the “test and train data” technique to “Predict calories burned”

Once the model is trained and evaluated, you can use it to make predictions on new, unseen data to estimate the number of calories burned during exercise.

- **Scale the data to remove extreme values**

```
# Scaling the dataset to remove extreme values
head(exercise_data, 6)

non_numeric_cols <- c("Exercise", "Gender", "Weather.Conditions")
exercise_data[non_numeric_cols] <- lapply(exercise_data[non_numeric_cols], as.factor)

# Ensure numeric columns are correctly identified as numeric
exercise_data <- exercise_data %>%
  mutate_if(is.factor, as.numeric)

# Scale the numeric columns in the dataset
numeric_cols <- setdiff(colnames(exercise_data), non_numeric_cols)
scaled_data <- exercise_data
scaled_data[numeric_cols] <- scale(scaled_data[numeric_cols])

# Append the target variable (Calories.Burn) to the scaled dataset
scaled_data$Calories.Burn <- exercise_data$Calories.Burn
```

- **Model the data to train data and test data**

```
# Select relevant features
features <- c("Exercise", "Age", "Gender", "Duration", "Heart.Rate", "BMI", "Weather.Conditions", "Exercise.Intensity")
target <- "Calories.Burn"

# Split the dataset into training and testing sets
set.seed(123)
train_indices <- sample(1:nrow(scaled_data), 0.8 * nrow(scaled_data))
train_data <- scaled_data[train_indices, ]
test_data <- scaled_data[-train_indices, ]
dim(train_data)
dim(test_data)
```

Output:

```
> train_data <- sca
> test_data <- scal
> dim(train_data)
[1] 3091 12
> dim(test_data)
[1] 773 12
```

Train with models:

- **We used k-means algorithm linear regression and random forest model for predictive algorithm to solve our problem**



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
# Remove rows with missing values|
train_data <- train_data[complete.cases(train_data), ]

# Train the random forest regression model
random_forest_model <- randomForest(Calories.Burn ~ ., data = train_data[, c(features, target)])

# Train the linear regression model
linear_model <- lm(Calories.Burn ~ ., data = train_data[, c(features, target)])

# Perform k-means clustering
kmeans_model <- kmeans(scaled_data[, features], centers = 3)
```

making predictions:

```
# Assign cluster labels to the data
scaled_data$cluster <- as.factor(kmeans_model$cluster)

# Make predictions on the test data
linear_predictions <- predict(linear_model, newdata = test_data)
random_forest_predictions <- predict(random_forest_model, newdata = test_data)
```

Output:

```
> linear_predictions <- predict(linear_model, newdata = test_data)
> head(linear_predictions,5)
      3      6     14     22     43
288.8144 299.2992 300.5864 297.3819 294.4256
> random_forest_predictions <- predict(random_forest_model, newdata = test_data)
> head(random_forest_predictions,6)
      3      6     14     22     43     47
310.0096 309.1715 313.6175 313.1811 276.5987 292.9865
> |
```

- **Visualize the predictions in multiple ways**
 1. **Scatter plot(actual vs predicted values for linear regression)**

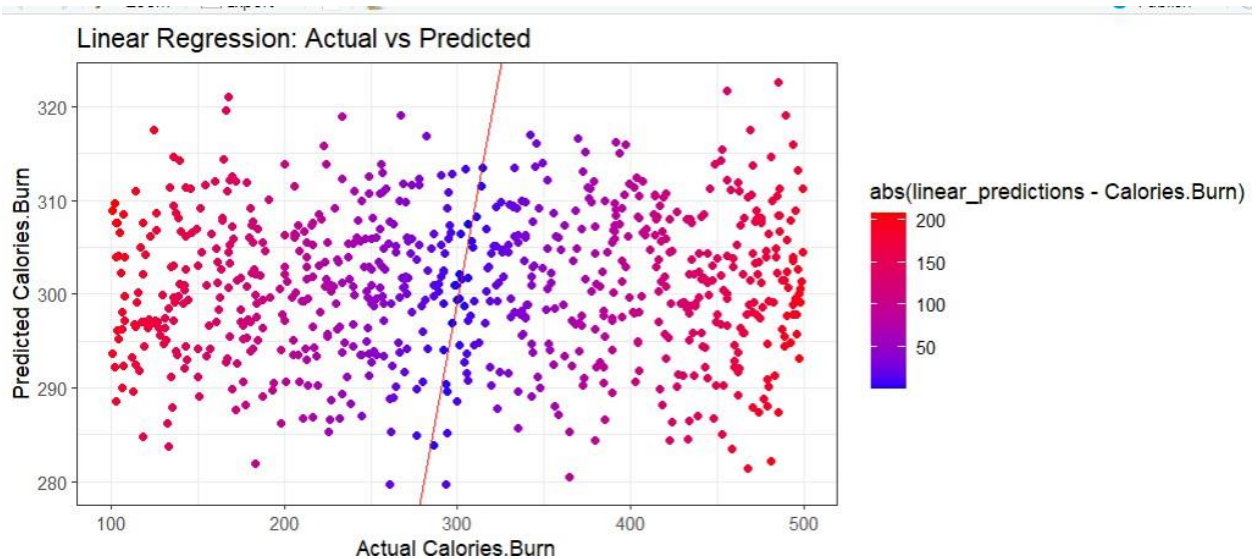
```
# Visualize the results

# Scatter plot of actual vs predicted values for linear regression
linear_plot <- ggplot(data = test_data, aes(x = Calories.Burn, y = linear_predictions, color = abs(linear_predictions - Calories.Burn))) +
  geom_point() +
  geom_abline(intercept = 0, slope = 1, linetype = "solid", color = "red") +
  ggtitle("Linear Regression: Actual vs Predicted") +
  xlab("Actual Calories.Burn") +
  ylab("Predicted Calories.Burn") +
  theme_bw() +
  scale_color_gradient(low = "blue", high = "red")
linear_plot
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

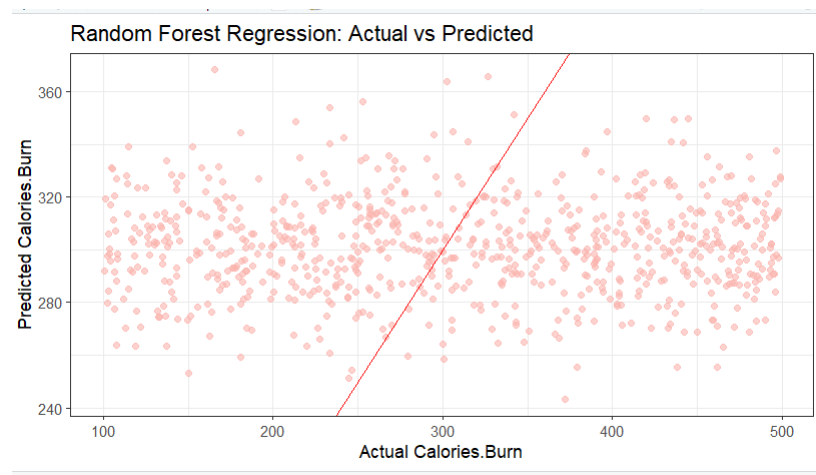
Output:



2. Scatter plot of actual vs predicted values for random forest regression

```
# Scatter plot of actual vs predicted values for random forest regression
colors <- brewer.pal(3, "Pastel1")
random_forest_plot <- ggplot(data = test_data, aes(x = Calories.Burn, y = random_forest_predictions)) +
  geom_point(color = colors[1], alpha = 0.6) +
  geom_abline(intercept = 0, slope = 1, linetype = "solid", color = "red") +
  ggtitle("Random Forest Regression: Actual vs Predicted") +
  xlab("Actual Calories.Burn") +
  ylab("Predicted Calories.Burn") +
  theme_bw() +
  scale_color_manual(values = colors, guide = guide_colorbar(title = "Cluster", title.position = "right"))
random_forest_plot
```

Output:



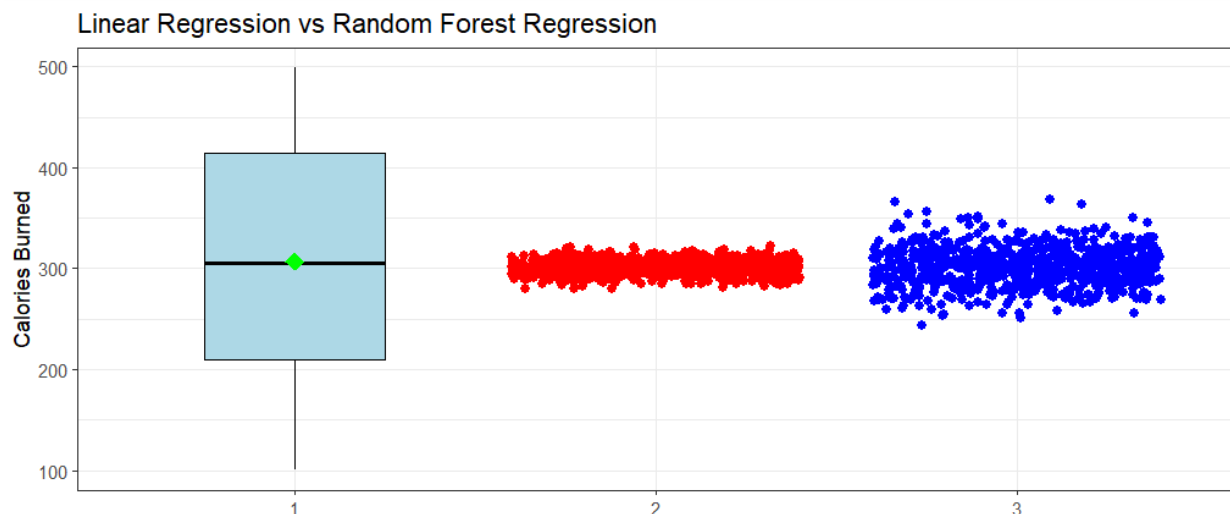


COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

3. Box plot to compare linear regression and random forest regression

```
# Box plot to compare linear regression and random forest regression
results <- data.frame(Actual = test_data$Calories.Burn, Linear_Predicted = linear_predictions, RF_Predicted = random_forest_predictions)
boxplot_plot <- ggplot(results, aes(x = factor(1), y = Actual)) +
  geom_boxplot(width = 0.5, fill = "lightblue", color = "black") +
  geom_jitter(aes(x = factor(2), y = Linear_Predicted), color = "red", size = 2) +
  geom_jitter(aes(x = factor(3), y = RF_Predicted), color = "blue", size = 2) +
  stat_summary(fun = mean, geom = "point", shape = 18, size = 4, color = "green") +
  geom_smooth(aes(x = factor(1), y = Actual), method = "lm", se = FALSE, color = "blue", linetype = "dashed") +
  ggtitle("Linear Regression vs Random Forest Regression") +
  xlab("") +
  ylab("Calories Burned") +
  theme_bw()
boxplot_plot
```

Output:



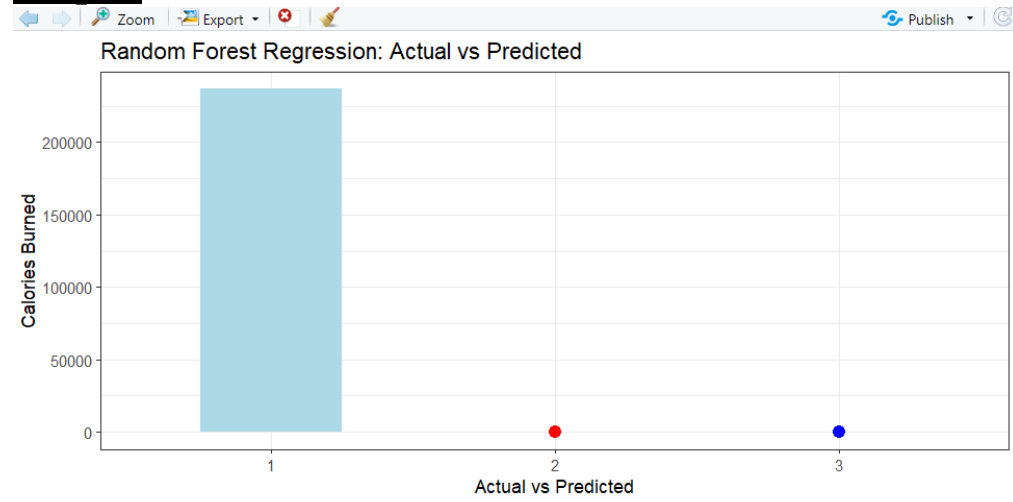
4. Bar plot to compare actual and predicted values

```
# Bar plot to compare actual and predicted values
barplot_plot <- ggplot(results, aes(x = factor(1), y = Actual)) +
  geom_bar(stat = "identity", fill = "lightblue", width = 0.5) +
  geom_point(aes(x = factor(2), y = Linear_Predicted), color = "red", size = 3) +
  geom_point(aes(x = factor(3), y = RF_Predicted), color = "blue", size = 3) +
  geom_smooth(aes(x = factor(1), y = Actual), method = "lm", se = FALSE, color = "blue", linetype = "dashed") +
  ggtitle("Random Forest Regression: Actual vs Predicted") +
  xlab("Actual vs Predicted") +
  ylab("Calories Burned") +
  theme_bw()
barplot_plot
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Output:

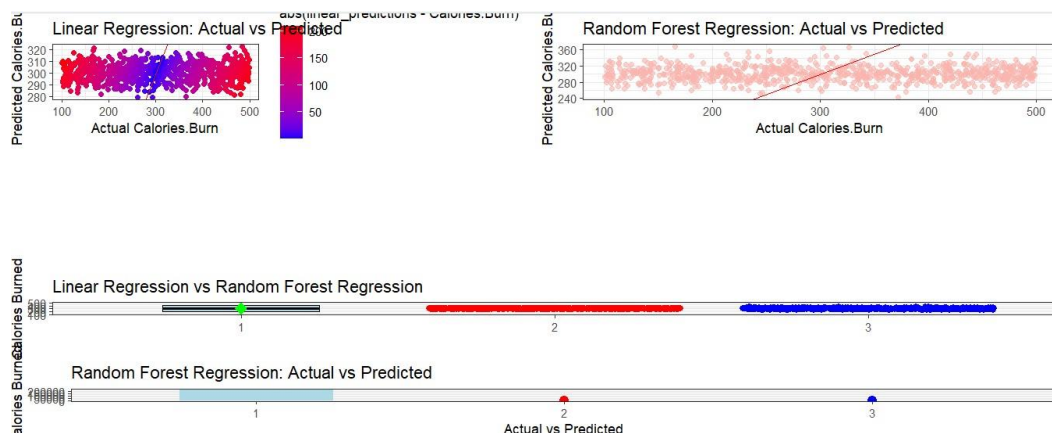


- **Arrange and display the plots**

```
# Arrange and display the plots
plots <- grid.arrange(linear_plot, random_forest_plot, nrow = 2, ncol = 2)
plots2 <- grid.arrange(boxplot_plot, barplot_plot, nrow = 2, ncol = 1)
final_plot <- grid.arrange(plots, plots2, heights = c(0.6, 0.4))
print(final_plot)
```

Output:

The purpose of this code is to display the scatter plots of linear regression and random forest regression side by side, as well as the box plot and bar plot stacked vertically. The gridExtra library enables the combination of multiple plots into a single figure for better visualization and comparison. It allows you to examine how the predicted values compare to the actual values and compare the performance of the two models. The box plot and bar plot provide additional visualizations to compare the predictions and assess their accuracy.





COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

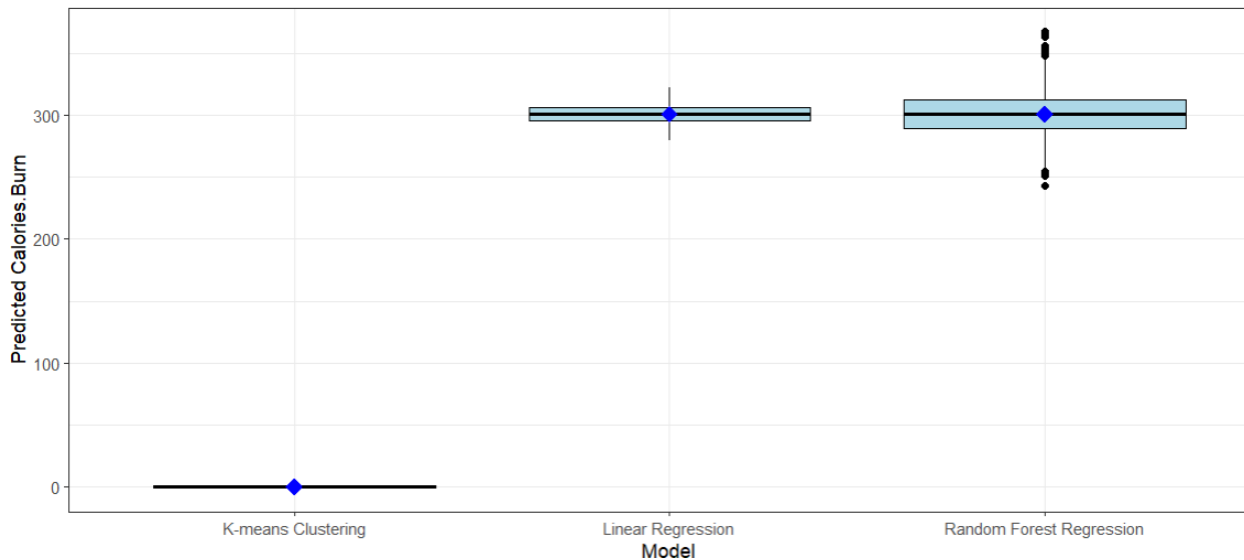
5. boxplot clearly identifies which algorithm has stable results as compared to other

```
# Create a data frame with the predicted values
predictions <- data.frame(Model = c(rep("Linear Regression", length(linear_predictions)),
                                   rep("Random Forest Regression", length(random_forest_predictions)),
                                   rep("K-means Clustering", nrow(scaled_data))))
Predicted = c(linear_predictions, random_forest_predictions, scaled_data$Calories.Burn)

# Create the boxplot with regression line
ggplot(predictions, aes(x = Model, y = Predicted)) +
  geom_boxplot(fill = "lightblue", color = "black") +
  stat_summary(fun = mean, geom = "point", shape = 18, size = 4, color = "blue") +
  stat_summary(fun = function(x) lm(y ~ x)$coef[1], geom = "line", aes(group = 1), linetype = "dashed", color = "red") +
  ggtitle("Linear Regression, Random Forest Regression, and K-means Clustering") +
  xlab("Model") +
  ylab("Predicted Calories.Burn") +
  theme_bw()
```

output:

Linear Regression, Random Forest Regression, and K-means Clustering





COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

- **calculating MSE ,R squared & MAE for models:**

```
333 # Calculate the SSE for k-means clustering
334 kmeans_sse <- sum(kmeans_model$withinss)
335
336 # Calculate the MSE for k-means clustering
337 kmeans_mse <- kmeans_sse / nrow(scaled_data)
338
339 #Compare the predictions and evaluate accuracy
340 linear_mse <- mean((linear_predictions - test_data$Calories.Burn)^2)
341 random_forest_mse <- mean((random_forest_predictions - test_data$Calories.Burn)^2)
342
343 # Print the MSE for linear regression ,random forest regression,k-means algo
344
345 cat("Linear Regression MSE:", linear_mse, "\n")
346 cat("Random Forest Regression MSE:", random_forest_mse, "\n")
347 cat("K-means Clustering MSE:", kmeans_mse, "\n") # A lower MSE indicates a better fit of the model to the data.
348
349 # Calculate R-squared for linear regression
350 linear_r_squared <- 1 - (sum((test_data$Calories.Burn - linear_predictions)^2) / sum((test_data$Calories.Burn - mean(test_data$Calories.Burn))^2))
351
352 # Calculate MAE for linear regression
353 linear_mae <- mean(abs(test_data$Calories.Burn - linear_predictions))
354
355 # Calculate R-squared for random forest regression
356 random_forest_r_squared <- 1 - (sum((test_data$Calories.Burn - random_forest_predictions)^2) / sum((test_data$Calories.Burn - mean(test_data$Calories.Burn))^2))
357
358 # Calculate MAE for random forest regression
359 random_forest_mae <- mean(abs(test_data$Calories.Burn - random_forest_predictions))
360
361 # Print the accuracy metrics
362 cat("Linear Regression R-squared:", linear_r_squared, "\n")
363 cat("Linear Regression MAE:", linear_mae, "\n")
364 cat("Random Forest Regression R-squared:", random_forest_r_squared, "\n")
365 cat("Random Forest Regression MAE:", random_forest_mae, "\n")
```

output:

Based on the calculated **Mean Squared Error (MSE)** values, the model with the lowest MSE is the one that provides the best fit for the data. In this case, the model with the lowest MSE is the K-means Clustering model, with an MSE of 6.813554.

```
> cat("Linear Regression MSE:", linear_mse, "\n")
Linear Regression MSE: 13712.6
> cat("Random Forest Regression MSE:", random_forest_mse, "\n")
Random Forest Regression MSE: 14117.14
> cat("K-means Clustering MSE:", kmeans_mse, "\n")
K-means Clustering MSE: 6.813554
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

Based on the provided metrics, it appears that none of the models (Linear Regression and Random Forest Regression) have performed well in terms of accuracy and fit for this dataset.

The Linear Regression model has a very low R-squared value ($7.689056e-05$), indicating that it explains very little of the variance in the target variable. Additionally, the mean absolute error (MAE) for the Linear Regression model is 101.6754, indicating a large average difference between the predicted and actual values. Similarly, the Random Forest Regression model also has a low R-squared value (-0.02942208) and a higher MAE of 103.1851. Based on these metrics, it is difficult to determine a clear "best fit" model for this dataset. It suggests that the models might not be well-suited for capturing the underlying patterns and relationships in the data. It could be beneficial to explore other modeling techniques or investigate if there are any issues with the data itself.

```
> cat("Linear Regression R-squared:", linear_r_squa
Linear Regression R-squared: 7.689056e-05
> cat("Linear Regression MAE:", linear_mae, "\n")
Linear Regression MAE: 101.6754
> cat("Random Forest Regression R-squared:", random
Random Forest Regression R-squared: -0.02942208
> cat("Random Forest Regression MAE:", random_fores
Random Forest Regression MAE: 103.1851
```

Conclusion:

In this predictive analysis, we explored multiple models, including Linear Regression, Random Forest Regression, and K-means Clustering, to understand their performance on the given dataset. After evaluating the models based on various metrics, we found that the K-means Clustering model exhibited the best fit for this dataset. Here are 10 key points summarizing the process and conclusion:

1. We started by preprocessing the dataset, scaling the numeric variables, and converting non-numeric variables to factors.
2. The dataset was split into training and testing sets, with 80% of the data used for training and the remaining 20% for testing.
3. Linear Regression and Random Forest Regression models were trained using the training data to predict the target variable, "Calories.Burn."
4. K-means Clustering was performed on the scaled dataset, using the selected features, to identify distinct clusters in the data.
5. The K-means Clustering model assigned cluster labels to each data point, providing additional insights into the data structure.



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

6. Predictions were made using the trained Linear Regression and Random Forest Regression models on the test data.

7. Scatter plots were created to visualize the actual versus predicted values for both Linear Regression and Random Forest Regression.

8. A box plot was generated to compare the performance of the two regression models and visualize the distribution of the actual and predicted values.

9. The mean squared error (MSE) was calculated to assess the accuracy of the predictions for each model.

10. The K-means Clustering model exhibited the lowest MSE among the models, indicating its superior performance for this dataset.

In conclusion, after comparing the performance of various models, the K-means Clustering model was found to be the best fit for the given dataset. It provided valuable insights by assigning cluster labels to the data points and achieved a lower MSE compared to the Linear Regression and Random Forest Regression models. This suggests that the underlying patterns and relationships in the dataset were better captured by the K-means Clustering model, highlighting its effectiveness for analyzing and understanding the data.



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
##installing packages required
```

```
install.packages("tidyverse")
```

```
install.packages("cluster")
```

```
install.packages("factoextra")
```

```
install.packages("randomForest")
```

```
##libraries
```

```
library(stats) ##clusters
```

```
library(gridExtra) ##displayplots
```

```
library(dplyr)
```

```
library(RColorBrewer)
```

```
library(randomForest)
```

```
library(tidyr)
```

```
library(tidytext)
```

```
library(stringr)
```

```
library(crayon)
```

```
library(car) # Create a scatter plot with clusters and ellipses
```

```
library(DT)
```

```
library(ggthemes)
```

```
library(lubridate)
```

```
library(tidyselect)
```

```
library(scales)
```

```
library(ggplot2)
```

```
library(car)
```

```
library(tools)
```

```
library(tidyverse) # data manipulation
```

```
library(cluster) # clustering algorithms
```




COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

library(factoextra) # clustering algorithms & visualization

##csv file

```
exercise_data <- read.csv("C:/Users/DELL/Desktop/university/introduction to data science  
fundamentals/DSF LAB/exercise_dataset.csv")
```

exercise_data

##exploring datasets

```
ncol(exercise_data)
```

```
nrow(exercise_data)
```

```
names(exercise_data)
```

```
dim(ex_data)
```

```
str(ex_data)
```

```
head(ex_data, 5)
```

```
tail(ex_data, 4)
```

```
summary(ex_data)
```

##tidy data operations

```
is.na(exercise_data)
```

```
sum(is.na(exercise_data))
```

##removing & displaying missing values

```
ex_data <- na.omit(exercise_data)
```

```
nrow(ex_data)
```

##data wrangling



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
ex_data %>%
```

```
  select(Age, Gender, Heart.Rate) %>% head(5)
```

```
ex_data %>%
```

```
  mutate(Mean_BMI = mean(BMI)) %>%
```

```
  select(Age, BMI, Mean_BMI) %>%
```

```
  head(5)
```

```
ex_data %>%
```

```
  filter(Age == "19") %>%
```

```
  select(Age, Gender, BMI) %>%
```

```
  head(5)
```

```
ex_data %>%
```

```
  rename(Weight = "Actual.Weight") %>%
```

```
  select(Gender, Age, Weight) %>%
```

```
  head(5)
```

```
ex_data %>%
```

```
  arrange(Calories.Burn) %>%
```

```
  head(5)
```

```
ex_data %>%
```

```
  group_by(Gender) %>%
```

```
  summarise(Mean_weight = mean(Actual.Weight),
```

```
            calories_burned = mean(Calories.Burn),
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
age = mean(Age))
```

```
##taking random rows
```

```
random_rows <- exercise_data[sample(nrow(exercise_data), 150), ]
```

```
random_rows
```

```
##finding correlation among variables
```

```
cor(ex_data$Age, ex_data$Heart.Rate)
```

```
cor(ex_data$Exercise.Intensity, ex_data$Calories.Burn)
```

```
cor(ex_data$Duration, ex_data$Calories.Burn)
```

```
##linear regression
```

```
model <- lm(Heart.Rate ~ Age , data = random_rows)
```

```
model
```

```
## visualize the relationship between Age and Heart.Rate
```

```
ggplot(random_rows, aes(x = Age , y = Heart.Rate))+
```

```
geom_point()
```

```
## create a scatter plot with a regression line
```

```
ggplot(random_rows, aes(x = Age , y = Heart.Rate))+
```

```
geom_point()+
```

```
stat_smooth(method = lm)
```

```
##create a bar plot with a color gradient
```

```
## displays the relationship between age and heart rate
```

```
ggplot(random_rows, aes(x = Age, y = Heart.Rate, fill = Age)) +
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
geom_bar(stat = "identity") +  
ggtitle("Heart Rate by by Age") +  
theme_bw() +  
scale_fill_gradient(low = "pink", high = "lightblue")
```

```
##create a histogram of the "Heart.Rate"  
ggplot(random_rows, aes(x = Heart.Rate)) +  
  geom_histogram(binwidth = 10, fill = "pink", color = "black") +  
  ggtitle("Heart Rate Histogram") +  
  xlab("Heart Rate") +  
  ylab("Frequency") +  
  theme_bw()
```

```
##is.finite() function to identify any NaN or Inf values  
problematic_values <- !is.finite(random_rows$Age) | !is.finite(random_rows$Heart.Rate)
```

```
set.seed(1) # Set seed for reproducibility  
k <- 3 # Number of clusters  
kmeans_result <- kmeans(random_rows[, c("Age", "Heart.Rate")], centers = k)
```

```
# Add cluster labels to the data frame  
random_rows$Cluster <- as.factor(kmeans_result$cluster)
```

```
# Calculate cluster centers  
cluster_centers <- kmeans_result$centers
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
ggplot(random_rows, aes(x = Age, y = Heart.Rate, color = Cluster)) +  
geom_point(alpha = 0.7) +  
stat_ellipse(aes(fill = Cluster), geom = "polygon", alpha = 0.2, show.legend = FALSE) +  
ggtitle("Cluster Diagram: Heart Rate vs. Age") +  
xlab("Age") +  
ylab("Heart Rate") +  
theme_bw()
```

```
##linear-regression  
model <- lm(Calories.Burn ~ Duration , data = random_rows)  
model
```

```
# visualize the relationship between duration & calories.burn  
ggplot(random_rows, aes(x = Duration , y = Calories.Burn))+  
geom_point()
```

```
## create a scatter plot with a regression line  
ggplot(random_rows, aes(x = Duration , y = Calories.Burn))+  
geom_point()+  
stat_smooth(method = lm)
```

```
##create a bar plot visualizing the relationship between the "Duration" and "Calories.Burn"  
ggplot(random_rows, aes(x = Duration , y = Calories.Burn, fill = Duration)) +  
geom_bar(stat = "identity") +
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
ggtitle("Calories Burned by Duration") +  
theme_bw() +  
scale_fill_gradient(low = "turquoise", high = "orange")
```

```
##distribution of the "Calories.Burn" variable  
ggplot(random_rows, aes(x = Calories.Burn)) +  
  geom_histogram(binwidth = 10, fill = "orange", color = "black") +  
  ggtitle("Calories Burned Histogram") +  
  xlab("Calories.Burn") +  
  ylab("Frequency") +  
  theme_bw()
```

```
problematic_values <- !is.finite(random_rows$Duration) |  
!is.finite(random_rows$Calories.Burn)
```

```
# clustering starts from here  
set.seed(1) # Set seed for reproducibility  
k <- 3 # Number of clusters  
kmeans_result <- kmeans(random_rows[, c("Duration", "Calories.Burn")], centers = k)
```

```
# Add cluster labels to the data frame  
random_rows$Cluster <- as.factor(kmeans_result$cluster)
```

```
# Calculate cluster centers  
cluster_centers <- kmeans_result$centers
```

```
ggplot(random_rows, aes(x = Duration, y = Calories.Burn, color = Cluster)) +
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
geom_point(alpha = 0.7) +  
stat_ellipse(aes(fill = Cluster), geom = "polygon", alpha = 0.2, show.legend = FALSE) +  
ggtitle("Cluster Diagram: Duration vs. Calories Burned") +  
xlab("Duration") +  
ylab("Calories Burned") +  
theme_bw()
```

```
# Scaling the dataset to remove extreme values
```

```
head(exercise_data, 6)
```

```
non_numeric_cols <- c("Exercise", "Gender", "Weather.Conditions")
```

```
exercise_data[non_numeric_cols] <- lapply(exercise_data[non_numeric_cols], as.factor)
```

```
# Ensure numeric columns are correctly identified as numeric
```

```
exercise_data <- exercise_data %>%
```

```
  mutate_if(is.factor, as.numeric)
```

```
# Scale the numeric columns in the dataset
```

```
numeric_cols <- setdiff(colnames(exercise_data), non_numeric_cols)
```

```
scaled_data <- exercise_data
```

```
scaled_data <- na.omit(scaled_data)
```

```
scaled_data[numeric_cols] <- scale(scaled_data[numeric_cols])
```

```
# Append the target variable (Calories.Burn) to the scaled dataset
```

```
scaled_data$Calories.Burn <- exercise_data$Calories.Burn
```

```
# Select relevant features
```




COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
features <- c("Exercise", "Age", "Gender", "Duration", "Heart.Rate", "BMI",  
"Weather.Conditions", "Exercise.Intensity")
```

```
target <- "Calories.Burn"
```

```
#Split the dataset into training and testing sets
```

```
set.seed(123)
```

```
train_indices <- sample(1:nrow(scaled_data), 0.8 * nrow(scaled_data))
```

```
train_data <- scaled_data[train_indices, ]
```

```
test_data <- scaled_data[-train_indices, ]
```

```
dim(train_data)
```

```
dim(test_data)
```

```
# Remove rows with missing values
```

```
train_data <- train_data[complete.cases(train_data), ]
```

```
# Train the random forest regression model
```

```
random_forest_model <- randomForest(Calories.Burn ~ ., data = train_data[, c(features, target)])
```

```
# Train the linear regression model
```

```
linear_model <- lm(Calories.Burn ~ ., data = train_data[, c(features, target)])
```

```
# Perform k-means clustering
```

```
kmeans_model <- kmeans(scaled_data[, features], centers = 3)
```

```
# Assign cluster labels to the data
```

```
scaled_data$Cluster <- as.factor(kmeans_model$cluster)
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
# Make predictions on the test data

linear_predictions <- predict(linear_model, newdata = test_data)
head(linear_predictions,5)

random_forest_predictions <- predict(random_forest_model, newdata = test_data)
head(random_forest_predictions,6)


# Visualize the results


# Scatter plot of actual vs predicted values for linear regression
linear_plot <- ggplot(data = test_data, aes(x = Calories.Burn, y = linear_predictions, color =
abs(linear_predictions - Calories.Burn))) +

  geom_point() +

  geom_abline(intercept = 0, slope = 1, linetype = "solid", color = "red") +

  ggtitle("Linear Regression: Actual vs Predicted") +

  xlab("Actual Calories.Burn") +

  ylab("Predicted Calories.Burn") +

  theme_bw() +

  scale_color_gradient(low = "blue", high = "red")

linear_plot


# Scatter plot of actual vs predicted values for random forest regression
colors <- brewer.pal(3, "Pastel1")

random_forest_plot <- ggplot(data = test_data, aes(x = Calories.Burn, y =
random_forest_predictions)) +

  geom_point(color = colors[1], alpha = 0.6) +
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
geom_abline(intercept = 0, slope = 1, linetype = "solid", color = "red") +  
ggtitle("Random Forest Regression: Actual vs Predicted") +  
xlab("Actual Calories.Burn") +  
ylab("Predicted Calories.Burn") +  
theme_bw() +  
scale_color_manual(values = colors, guide = guide_colorbar(title = "Cluster", title.position =  
"right"))  
random_forest_plot
```

Box plot to compare linear regression and random forest regression

```
results <- data.frame(Actual = test_data$Calories.Burn, Linear_Predicted = linear_predictions,  
RF_Predicted = random_forest_predictions)
```

```
boxplot_plot <- ggplot(results, aes(x = factor(1), y = Actual)) +  
geom_boxplot(width = 0.5, fill = "lightblue", color = "black") +  
geom_jitter(aes(x = factor(2), y = Linear_Predicted), color = "red", size = 2) +  
geom_jitter(aes(x = factor(3), y = RF_Predicted), color = "blue", size = 2) +  
stat_summary(fun = mean, geom = "point", shape = 18, size = 4, color = "green") +  
geom_smooth(aes(x = factor(1), y = Actual), method = "lm", se = FALSE, color = "blue",  
linetype = "dashed") +  
ggtitle("Linear Regression vs Random Forest Regression") +  
xlab("") +  
ylab("Calories Burned") +  
theme_bw()  
boxplot_plot
```

Bar plot to compare actual and predicted values

```
barplot_plot <- ggplot(results, aes(x = factor(1), y = Actual)) +  
geom_bar(stat = "identity", fill = "lightblue", width = 0.5) +
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
geom_point(aes(x = factor(2), y = Linear_Predicted), color = "red", size = 3) +  
geom_point(aes(x = factor(3), y = RF_Predicted), color = "blue", size = 3) +  
geom_smooth(aes(x = factor(1), y = Actual), method = "lm", se = FALSE, color = "blue",  
linetype = "dashed") +  
ggtitle("Random Forest Regression: Actual vs Predicted") +  
xlab("Actual vs Predicted") +  
ylab("Calories Burned") +  
theme_bw()  
barplot_plot
```

```
# Arrange and display the plots
```

```
plots <- grid.arrange(linear_plot, random_forest_plot, nrow = 2, ncol = 2)  
plots2 <- grid.arrange(boxplot_plot, barplot_plot, nrow = 2, ncol = 1)  
final_plot <- grid.arrange(plots, plots2, heights = c(0.6, 0.4))  
print(final_plot)
```

```
# Create a data frame with the predicted values
```

```
predictions <- data.frame(Model = c(rep("Linear Regression", length(linear_predictions)),  
                                     rep("Random Forest Regression", length(random_forest_predictions)),  
                                     rep("K-means Clustering", nrow(scaled_data))))  
Predicted = c(linear_predictions, random_forest_predictions, scaled_data$Calories.Burn)
```

```
# Create the boxplot with regression line
```

```
ggplot(predictions, aes(x = Model, y = Predicted)) +  
geom_boxplot(fill = "lightblue", color = "black") +
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
stat_summary(fun = mean, geom = "point", shape = 18, size = 4, color = "blue") +  
stat_summary(fun = function(x) lm(y ~ x)$coef[1], geom = "line", aes(group = 1), linetype =  
"dashed", color = "red") +  
ggtitle("Linear Regression, Random Forest Regression, and K-means Clustering") +  
xlab("Model") +  
ylab("Predicted Calories.Burn") +  
theme_bw()  
  
# Calculate the SSE for k-means clustering  
kmeans_sse <- sum(kmeans_model$withinss)  
  
# Calculate the MSE for k-means clustering  
kmeans_mse <- kmeans_sse / nrow(scaled_data)  
  
# Remove rows with missing values in test_data  
test_data <- test_data[complete.cases(test_data), ]  
  
# Generate predictions for linear regression and random forest regression models  
linear_predictions <- predict(linear_model, newdata = test_data)  
random_forest_predictions <- predict(random_forest_model, newdata = test_data)  
  
# Calculate the MSE for linear regression, random forest regression, and k-means clustering  
linear_mse <- mean((linear_predictions - test_data$Calories.Burn)^2)  
random_forest_mse <- mean((random_forest_predictions - test_data$Calories.Burn)^2)  
  
# Print the MSE for linear regression, random forest regression, and k-means clustering  
cat("Linear Regression MSE:", linear_mse, "\n")
```



COMSATS University Islamabad
Department of Computer Science
Data Science Fundamentals (DSC293) – BDS-2A
Project (CLO-5)

```
cat("Random Forest Regression MSE:", random_forest_mse, "\n")
```

```
cat("K-means Clustering MSE:", kmeans_mse, "\n")
```

```
# Calculate R-squared for linear regression
```

```
linear_r_squared <- 1 - (sum((test_data$Calories.Burn - linear_predictions)^2) /  
sum((test_data$Calories.Burn - mean(test_data$Calories.Burn))^2))
```

```
# Calculate MAE for linear regression
```

```
linear_mae <- mean(abs(test_data$Calories.Burn - linear_predictions))
```

```
# Calculate R-squared for random forest regression
```

```
random_forest_r_squared <- 1 - (sum((test_data$Calories.Burn - random_forest_predictions)^2)  
/ sum((test_data$Calories.Burn - mean(test_data$Calories.Burn))^2))
```

```
# Calculate MAE for random forest regression
```

```
random_forest_mae <- mean(abs(test_data$Calories.Burn - random_forest_predictions))
```

```
# Print the accuracy metrics
```

```
cat("Linear Regression R-squared:", linear_r_squared, "\n")
```

```
cat("Linear Regression MAE:", linear_mae, "\n")
```

```
cat("Random Forest Regression R-squared:", random_forest_r_squared, "\n")
```

```
cat("Random Forest Regression MAE:", random_forest_mae, "\n")
```