

only. She is not very active on the after care. This period is important for both the mother and the child.

Often she gets no support from families.

Skilled Birth Attendant

A skilled birth attendant is one who knows how to conduct deliveries, prevent, diagnosis and manage complications, and refer in childbirth. She can detect dangers soon enough, do necessary things to avoid complications and offer primary treatment like stitching wounds and give medicines for stopping prolonged bleeding. She is trained and equipped to do this. The Nursedidi can be a good Skilled Birth attendant. It will be good if families can take the mother to the nearest health center for childbirth, or the Nursedidi attend at home.

Things we can do

- Help the Dai while she conducts delivery.
- Find out from Dai about pregnant women for ANC services.
- Learn to help her in newborn care.
- Visit the mother with Dai and Nurse didi

What do you think about this?

- Childbirth looks a simple matter, anybody can do it. Nothing can go wrong.
- Old women say they never bothered about childbirth in past.
- In some villages dais are considered as doing some "dirty work"
- Gradually number of dais in villages is going down. Soon there will be no dais in villages. We have now fewer dais in the village