

Many young boys and girls are unawares of these differences. During adolescence their bodies start changing and maturing. They become sensitive to the differences. You will know more about the health needs of the adolescents in subsequent books.

Girls may be embarrassed by the growing breasts and height, and some of them take to stooping posture. Boys often worry about the differences in the size of growing penis. Differences in growing moustache or beard and change in pitch of voice can also bother adolescent boys.

Explain these changes to growing children. With maturation comes the responsibility. Responsible sexual behavior is necessary for health.

We will learn more about organs and systems when it is pertinent for an illness.

### **Think about these:**

- What are the functions of three openings in women's perineal region?
- Why brain is most complex organ of our body?