

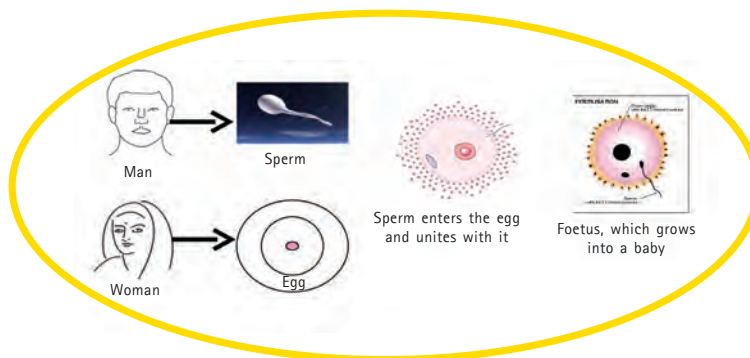
A woman can become pregnant from the age of 13-16 (when her periods begin), up to 45-55 years, (when they ultimately stops). When they stops it is called menopause. If the pattern of menstruation is different from that given above or there is bleeding again after menopause or the bleeding continues after 55 years of age a woman must consult a doctor.

A girl or woman should consult a doctor if:

- bleeding lasts for more than six days
- there is too much bleeding especially clots
- there is bleeding in between the cycle
- there is pain during menstruation
- there is infrequent bleeding
- there is bleeding during sexual activity

### How reproduction occurs

All females produce "egg" and males produce "sperms" which unite inside the womb of the woman and produce a foetus. This grows into a baby.



The sex of the baby is determined by sex chromosomes, through which we inherit our parents' traits. A woman's egg has X chromosome and a man's sperm has either X or Y chromosome (which we may call girl sperm or boy sperm respectively). At the time of fertilization, the X male chromosome of female egg meets either a girl sperm (XX) resulting in a baby girl or a boy sperm (XY) resulting in baby boy. Neither the man nor the woman can do

