

In this module, you will be trained on five common NCDs:

- Hypertension.
- Diabetes.
- Cervical Cancer.
- Breast Cancer.
- Oral Cancer.

Besides these, there are other NCDs like epilepsy, asthma and other respiratory diseases, but you will be taught about them in later modules.

As an ASHA, you are in the unique position of being able to reach every individual and family. Over time, you have gained credibility and respect in the community. This module builds on your existing knowledge and skills by providing you with new information and skills.

Training in this module will help you:

- Build your knowledge of the risk factors, prevention and control of common Non-Communicable Diseases and guide you on how to mobilise the community on these issues.
- Strengthen your understanding of the programmes for Non-Communicable Diseases in your area including screening, early detection and referral.

