

Other Healers

The Village Vaid uses herbal medicines. He may have some knowledge of herbs and some Ayurvedic remedies. Some cures may be good. Faith healers practice cures with help of mantras and mindtechniques. They are also called as "Bhopas", "Ojhas" in some communities. People go to them for some types of illnesses. The advise given by them may be of doubtful nature.

The Nursedidi (ANM)

The Nursedidi is very important for all our work. She works from the health sub center. She visits 5-6 villages and hamlets in turns. Her work includes: immunization, care of mother and child, childbirth, contraceptive services, some medical aid etc.

The Swasthya Karmi (Male worker)

He also helps the Nursedidi in her work. He gives fever treatment, medicine for TB and Malaria. He also helps in controlling outbreak of diseases in the village.

Counseling

People often need help to find solutions to their health problems. Here are some health related issues you can offer help.

- Adolescent health
- Pregnancy and childbirth
- Abortion,
- Childlessness
- Child Health and nutrition
- Immunization
- Unmet needs of contraception
- Intimate problems like sexually transmitted infections/AIDS.
- Chronic ailments like cancers, TB, leprosy,
- Choosing simple health care options

Yes, you may not know these problems fully. But you can certainly help people where to go. You may also explain them as what kinds of solutions are available in a given situation. You may also follow up with them and find out how they are using the help. If there are any problems, you can suggest alternative ways.