



You have by now learnt about how to help families in your village to access available services for:

- care in pregnancy, delivery and post-natal period
- caring for the newborn, infant and child
- prevention of unwanted pregnancy
- early and safe abortion
- prevention and management of RTIs/STIs
- information and counselling for adolescents

In the village there would be many other health problems like TB, malaria, dengue, blindness etc. You may come across patients who may have minor or major ailments and injuries, which need medical attention. Book number 4 provides you necessary information in helping people access services available in the various National Health Programmes. In the past, programmes have suffered due to lack of community participation. It is envisaged that information available in this book will facilitate in organizing community action to achieve various National Health Programme objectives.

India has a rich tradition of indigenous system of medicines e.g., Ayurveda and local health practices. Many people prefer to access and utilize services available from such providers. You will also learn about some of