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Know Health Services

In this lesson we will learn about

Who are the health workers in village?

What do we mean by sub centres and PHCs?

Our health workers

Dai: In each village you will come to know about Dai ma. There may be more than one dai ma in a village.



Dais conduct child birth, although it is not possible for them to manage women when there are difficulties during child birth. You need to develop rapport with dais in your village. Try to find out them if they have undergone any training in past. We will know more about Dai in following chapter.

Anganwadi Behen: Do you know about the anganwadi behen in your village. What are her functions. We will know more about her work in the following chapter.

You will have to work very closely with anganwadi behen. One day in each month is observed as "Health Day" at centre. You need to mobilize children, pregnant women for health services offered by nurse Didi on health day.