

Swollen face/hands





Pitting oedema over back palm

Convulsions/fits



Eyes roll, face and limbs twitch, body gets stiff and shakes, fists clinched

Non-Emergency referral during pregnancy

Problem	How to recognise	Action to be taken
Severe anaemia 	Tongue very pale, weakness, general swelling in body	Refer to PHC/ Dist. Hospital
Night Blindness 	Pregnant women find it difficult to see at dusk	Refer to ANM or PHC