



Decision-Making Skills

Each decision that we make has a consequence and a level of impact. Even a small decision has the potential to drastically change the course of our lives. All of us can recall some such decisions taken personally or by others which have left an important impact. Decision-making is a learned skill and must be practiced consciously to strengthen it.

As an ASHA you would often require to take some decisions, which will effect the community at large. Hence, it is very important for you to master the skill of participatory decision-making by involving the community at all levels.

There are some basic steps of decision-making which need to be followed:

Define the Problem

Look at the situation carefully and examine it from all perspectives to find out the actual problem.

For example, you have observed frequent occurrence of malaria in the village, affecting the basic health status of the people, especially women and children. Malaria seems to be the problem and needs to be eradicated. However, the root problem is drainage water coming out of every house collecting near residential areas and schools.