S.No.	Chapter Name	Pages
16.	Using Remedies	38
17.	Home Remedies	40
18.	Preventing Unwanted Pregnancies	43
19.	Condoms: An Option for Men	45
20.	Registration of Pregnant Women	46
21.	Janani Suraksha Yojana	48
22.	HIV and AIDS	49
23.	Breast Feeding	51
24.	Infant Nutrition	53
25.	Immunization	55
26.	Diarrhoea	57
27.	Aches and Pain	60
28.	ТВ	62
29.	Snake Bite	64