



### Wound can be of two types

- a. Without bleeding : Abrasions, small cuts etc.
- b. With bleeding.

Any wound requires immediate care.

### Following steps should be taken for wound care

- First clean the wound and the surrounding area with clean water. Use different cotton swabs for each cleaning.
- Wipe away the dirt with cotton gently, but do not rub it. Rubbing disturbs the clot and it can start bleeding again.
- Make a rectangular pad using cotton between two layers of gauze. The diagonal of the rectangle should be one inch longer than the wound itself. Ask your trainer to teach you to make this.
- If the wound is dry, then it need not be opened.
- For sharp cuts, stitches may be needed. Usually simple stitching of small injuries can be done at nearby health facility. Such persons need to be sent to health facility.

