A Kitchen garden

Kitchen garden is a way to use wastewater to produce vegetables for ourselves. The plants use up the water and we get fresh vegetables at no

extra cost. What we need is only some place to do this. The vegetables we can grow are:

> spinach. dhaniva. fenugreek, carrots. tomatoes, gourds, lentils etc. We can have about 20 varieties of vegetables. We should also grow commonly available medicinal herbs such as Tulsi, Kumari, Podina etc alongwith vegetables for use of common ailments.

If we have more waste water, perennial trees, fruits and plants like drumstick, mango, quava, lime, papaya and banana Most people like

fruits and we certainly need them for vitamins and minerals.

Making a Soak pit

Soak pit must be used to avoid pools of water, particularly in the streets and common pathways.

We can construct a soak pit near our house and around public places. This will absorb drumfuls of water without forming a pool. This will avoid breeding places for mosquitoes.

Dig a pit of 1.5 meter length, breadth and depth. At the bottom put loose stones and brickbats. After filling 1/3 of the pit put smaller half size brickbats. Fill 1/3 of the pit thus. Fill

the top third of the pit even smaller

brickbats.

We need to avoid rain water from entering the pit. For this raise its borders by 10 centimeters above the ground level. Fill it with dry grass or coconut coir on top. Better put a used earthen pot at top, with hole in bottom.

