



## Being an ASHA

### Objectives of this Session

By the end of this session, the ASHA will learn about:

- The role of an ASHA and the activities expected of her.
- The health outcomes that her work should result in.
- The sets of skills that she needs to be effective in.
- The records that she has to maintain.
- The arrangements for her support and supervision.



### 1. Role of ASHA

ASHA is considered to be a healthcare facilitator and provider of a limited range of healthcare services. Health rights would be integral to her work and would be focused in the areas of community mobilisation to improve health status, access to services, and promote people's participation in health programmes.

