



Fever is a common symptom of many diseases, which may be simple or serious. Some mild fevers subside without any treatment/treatment at home e.g. fever with no cough/running nose/ear discharge/with no rash/without diarrhoea/without any obvious infection etc. However, in many children it may be a symptom of an acute severe illness. For fever in children a blood smear examination should be done.

Temperature and fever

Our body is warm both in summer and winter. When it is very hot outside, our body perspires. It releases water and cools like an earthen pot. When it is very cold outside our body shivers to generate heat. In all seasons our body remains warm enough to maintain all its functions. The normal body temperature is just above 36°C or 98°F .



After an attack by germs, our body works very fast. It generates more heat and hence fever. But excess fever may be harmful and lead to several complications.