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Women and Health

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Many people in our society consider women as inferior than men. Diseases amongst women and young girls are not taken up seriously.



Women work both at home and outside. Women have to spend considerable time and effort for child care. Fetching water and firewood take many hours of hard work by women. Tedious work in farm can lead to health problems.

Women work hard but get lower wages.

Women get less food at home. In fact they eat at the end when every one in the family has eaten. Most women are anemic and weak. Their weights are too low to be healthy.

Women are given less opportunity for education.

Women have less say in decisions in the family.

In this lesson we will learn about

Why women suffer more ill health and neglect

Attitudes of society on women's health