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Home Remedies

Five important medicinal trees and plants

Our country has a very rich source of medicinal plants. We can use these for being healthy and treat ailments at little cost. Some trees in the neighborhood are angels in green. We will learn about just five of them now.

1. Neem (*Azadirachta Indica*)

Neem tree is well known. Its leaves, fruits and outer portion of the stem have medicinal property.



Leaves are used for skin diseases like eczema, infection. The oil prepared with extract of neem leaves is useful in itching and wound healing. The decoction of crushed neem leaves is also used for the same purpose. Neem is a great antiseptic and pest-control medicine. Decoction of the outer portion of its stem is also helpful in various diseases. Therefore, preserve and cultivate neem plants.

Making neem oil: make 100 ml fresh juice of neem leaves. Add 25 cc sesame oil to this. Slow boil the mixture under cover. The water part will completely evaporate in half an

In this lesson we will learn about

Some plants and trees with medicinal use

Simple home remedies and herbal remedies