



6

Water Safety At Home

In this lesson we will learn about

How water is important for
human health?

How water becomes unsafe
for drinking?

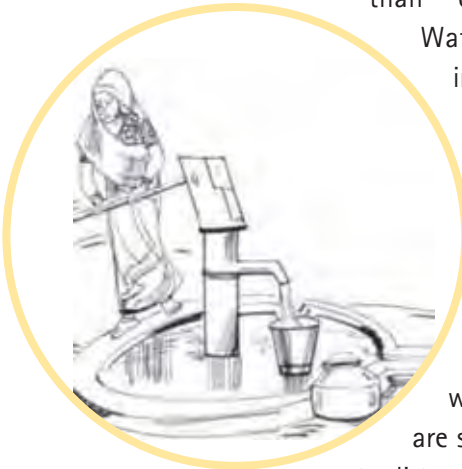
How to make it safe at
home?

Importance of water in health

Water constitute about two third of human body. A child's body has some more water than old people.

Water is life
indeed. Water

delivers oxygen and nutrients to different parts of body and removes toxins and wastes. Our ancestors have taught us to worship water sources in the village. Good water is god. But dirty water can be demon.



Many illnesses come from consumption of dirty water. Diarrhea, dysentery, cholera, jaundice etc are some such illnesses. Half of illnesses can be due to dirty water.

How water becomes unsafe

Water becomes bad when disease-causing germs mix in. Germs come from human and animal excreta. Even minute quantities of excreta can make water unsafe. You may say that water appears to be clean but there may be deadly germs