



## Newborn Health

### Objectives of the session

By the end of this session, the ASHA will learn about:

- Observe and assist during the immediate newborn period in case she is present at the time of delivery.
- Observe the baby during the first hour, during the first two days and during the first month to take care of the newborn, support and help the mother to breastfeed, and to keep the baby warm.
- Know what her specific role is during the home visits, and learn how to care for the newborn.



### 1. Care of the Baby at the time of Delivery



Many babies die immediately after birth due to asphyxia. In case of home delivery, when mild labour pains start, you can manage asphyxiated babies by removing mucus and can initiate respiration with the help of the instruments you have.



You should encourage the mother to start breastfeeding immediately after the delivery, as this will help in quick delivery of placenta and minimises bleeding. Starting to breastfeed immediately after the birth makes the baby stronger.



Chances of the baby's death and getting sick are higher among the babies born before time (pre-term) and in LBW babies, (Weight less than 2500 gm increases the risk and below 1800 gm, the risk is considered very high.)