About this Book

This module covers common non-communicable diseases such as Hypertension, Diabetes and three common Cancers (Cervical, Breast and Oral Cancer) and associated risk factors. The tasks for the ASHAs are built upon her existing tasks. The focus of this module is on building the knowledge and skills of the ASHA in prevention and health promotion. It also helps her in serving as a member of the frontline worker team with the ANM.

This module is intended as reading material for the ASHAs and is therefore to be given to each ASHA. The content of this module will be covered in five days.

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