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Diarrhoea

Why does diarrhea occur?

Many children get diarrhea in your village. One or two among may have even died due to the illness. Germs are the main cause of childhood diarrhea. These germs come from unsafe drinking water, unclean feeding practices, bottle feeds etc. We can avoid these problems with help of families and the village community.

What happens to child with diarrhea?

Water makes up to 72-75 percent of children's body weight. That makes life possible. What if we lose even some water? Think of a plant without water. We have a pretty flower plant in our house. We forgot to water the plant. We know what would happen to it!

In this lesson we will learn about

What causes diarrhea.

How diarrhea can be fatal?

How severe is the dehydration.

How can we save such children at home?

Water loss can be fatal. Whatever the germ of diarrhea, the dehydration is the cause of deaths. You have to act in time. Let us understand the stages of water loss.

Rehydration

Treatment of diarrhea is very easy and quite effective. The principle is to prevent dehydration.(loose motions may not stop for 2-3 days) Water needs to be restored quickly. Continue feeding. If child is breast feeding, it should continue.