

## Decisions People Make

### Woman's choice

Where should I go for a safe delivery?



If I go to the PHC which is open 24 hours, I will be cared for and can rest for two days. Also, if there is any surgery needed, they can rush me to the big hospital quickly.



If danger signs or complications develop before the delivery, I will need to go to the big hospital straight away, but I hope that does not happen.

I will also need to ensure that I have an escort, maybe the ASHA, to accompany me, and that someone is taking care of the children and things at home.

### Birth Micro Plan of ASHA/ANM/AWW



I help every family with a pregnant woman to make a birth plan.



If she has any danger signs or complications, I will ask her to go to the CHC or DH when her delivery is due. I must also make arrangements to ensure that the transport is ready and available at that time.



If she has no complications, I will counsel her to go to the 24x7 PHC, and for this too, I must ensure that transport arrangements are made in time.



But if she and her family do not want to go that far and the 24x7 PHC is crowded, I will advise her to go to the nearby sub-centre where two ANMs are trained to conduct deliveries and one of them is always there.

For some women, family circumstances and beliefs make even going to the sub-centre difficult. I will then get the ANM to come to her house, and will assist in the preparations needed, after counselling that a safe delivery in this situation may not always be possible.

