## Iron and Folic Acid

Pediatric IFA=20mg elemental Iron Adult IFA tab= 60 mg elemental Iron

Duration: To be given for 14 days in anemic child and then reassess

Frequency: Once a day

Age of the child	Dose Frequency		
<4months	On doctors advise		
4 months-24 months (Wt 6-12 Kg )	1 tab	Once a day*	
2 yrs-5yrs (12-19 kg)	2 tabs	Once a day*	

\*Can be increased on doctor's advise

Side Effects: Constipation

In case of diarrhea take doctors advise

In case of pain abdomen tablet to be consumed after food

## **Paracetamol**

1 tablet=500mg

Duration: To be given for 3 days only

Frequency: Maximum four times a day at an interval of six hours

Age	Dose of tablet	Frequency	
2 months -3 years (Wt 4-14 kgs)	½ tab (One fourth )	Max 4 times a day	
3yrs -5yrs (Wt 14-19 kgs)	½ tab (Half)	Max 4 times a day	

5ml or (1 tsp) Syrup=125 mg/5ml (Each1ml contains 25 mg of paracetamol)

Per kg dose of paracetamol=10-15 mg/kg/dose

Duration: To be given for 3 days only

Frequency: Maximum four times a day at an interval of six hours

Age	Dose of Syrup		Frequency
	ln ml	In teaspoon	
New Born<3kg	1ml	½ tsp (One fourth)	Max 4 times a day
>1 year (>3kg-8kg)	2.5ml	½ tsp (Half)	
1-3 yrs (>8-14 kgs)	5 ml	1 tsp (One)	
>3 yrs >14 kgs	7.5 ml	1 ½ tsp (One and Half)	

