

- Getting health check done for the children. The nurse didi (and sometime, Doctor) check the children every month. Sick children get medicines. She also refers sick children
- Helping in Immunization of children.
- Registration of births and deaths at the village Panchayat.
- With help of *Anganwadi-behen*, we can detect child malnutrition in time and help to those suffering with malnutrition.

## Anganwadi-behen needs help

You can help her in so many ways.

The babies younger than 3 years cannot come on their own in the AW. Mothers sometimes bring them to AW at mealtime. However, often they are either left at home or taken along on work. Many babies suffer under nutrition after breastfeeding stops. They remain undernourished. How can we help in this problem?



Parents assume that the child gets a full meal in the Anganwadi, and may give it less in the home. This makes the supplement less helpful. you need to talk to child's parents on this.

Some difficulties about regular food supply affect AW services. You can raise these issues during meetings with Panchayat members.

Anganwadi-behen has some records to keep. She is often hard working and gives lot of time for this work. She can be of great help to you in all your works. With her help, you can improve child health services and services for mothers.

She also has some medicines for common illnesses. You can get help from her if you have some medicines in short supply.