



13

Anganwadi Centre

Anganwadi

The village *Anganwadi* is the place where children under six years gather everyday for three-four hours.

The Anganwadi-behen's activities are:

- Weighing children every month and record on a chart.
- If a child is not gaining or losing weight, she tries to help.
- Supplementary feeds for children.
- Offer supplementary food to pregnant mothers too.
- Helping with pre-primary education for children—through stories, pictures, songs etc.
- Advising the mothers about healthy ways of preparing foods.

In this lesson we will learn about

The village Anganwadi centre,

The services offered through Anganwadi.

How can ASHA and AWW help each other?