

Diarrhoea can be prevented by

- Giving exclusive breastfeeding for THE FIRST six months.
- Thorough hand washing before cooking food and feeding the child.
- Keeping containers clean for preparing the food and for feeding the baby.
- Keeping the food covered.
- Keeping drinking water covered.
- Consuming freshly prepared food within one hour.
- Keeping the house and neighbouring area clean and proper disposal of waste so that houseflies don't breed.
- Advising the families about getting the sanitary latrines constructed in the households.

Roles and responsibilities of ASHA:

- Advise the families about chlorination of water in case of floods etc.
- Refer in case of danger signs
- You should advise the family to take babies to the FRU immediately if the following danger signs/symptoms are there
 - Child becomes lethargic
 - Not able to drink or breast feed
 - Blood appears in the stool
 - Does not pass urine for eight hours
- You should know the location of FRU so that you can advise/escort the mothers/families with the babies to the FRU.