## Annexe 3: Skill Checklist: Using Bag and Mask

| Descriptions  |   | Practice |   |   |
|---|---|----------|---|---|
|   | 1 | 2        | 3 | 4 |
| Place the baby in proper position, dry and cover with a folded towel under the baby's shoulders. The baby's head should be slightly extended  extended  |   |          |   |   |
| 2. Place the mask with bag attached over infant's mouth and nose, and try to make an airtight seal.   |   |          |   |   |
| Proper positioning of bag and mask  |   |          |   |   |
|   |   |          |   |   |
| 3. Squeeze the bag 40 times per minute.   |   |          |   |   |
| 4. Check to see that the baby's chest rises with each ventilation   |   |          |   |   |
| <ul> <li>5. If the chest is not rising</li> <li>Reposition the baby's head and try again</li> <li>Reposition the mask and check that the seal does not allow air to escape</li> <li>Increase ventilation pressure by squeezing the bag harder</li> <li>If there is too mucus, suction again</li> <li>If chest is still not rising, remove bag from mask, place mask over baby's mouth and nose and blow directly into the mask</li> </ul> |   |          |   |   |
| <ol> <li>After ventilating for one minute, stop and look for<br/>spontaneous cry or breathing. If not present, continue<br/>ventilating</li> </ol>  |   |          |   |   |
| 7. Every two minutes or 80 breaths, check for a few seconds to see if the baby is responding. Is yes, stop. If no, continue.  |   |          |   |   |
| 8. After 10 minutes of ventilation, if there is no gasping or breathing, stop ventilation.  |   |          |   |   |
| 9. When resuscitation is complete, wash the mask and valve with soap and water, dry, and store in its bag.  |   |          |   |   |

