

5. Care during Delivery



Objectives of the Session

By the end of this session, the ASHA will learn about:

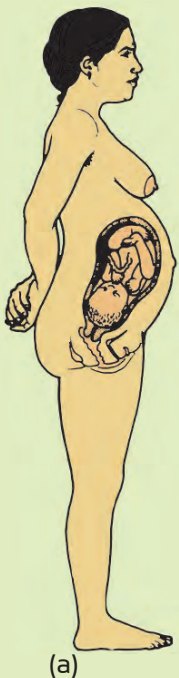
- Attend and observe delivery and record various events.
- Record the time of birth in Hours, Minutes and Seconds, using a digital wrist watch.
- Record pregnancy outcomes as abortion, live birth, still birth or newborn death.

Key tasks to be undertaken:

- Know what are the important tasks in taking care of the newborn.
- Be able to carry out these tasks if required.
- Ensure that SBA does not apply fundal pressure or gives injections to speed up labour.
- Put baby to breast as soon as possible after birth (provided mother is comfortable).
- If the delivery is taking place at home, in case of complications, mother and baby should be referred to the nearest health facility.

Pregnancy and the Birth Processes

Pregnant Woman Full-Term



Notice that the mouth of the uterus is tightly closed. Head of the baby is towards mouth of uterus and baby's umbilical cord is attached to placenta which is attached to uterus.



Observation of the delivery process was not part of previous ASHA training modules. In this module, you will be oriented to normal delivery processes and newborn care, and also develop the skills for recording the various events and pregnancy outcome. Even though you are not required to manage delivery, you may have to help if the delivery starts during transport. This knowledge also gives you confidence to know more about this.

You should try and stay with the pregnant woman through delivery in the institution or at home, and post-partum period. You could therefore also be a 'Birth Companion' to the mother during the stay at the institution. This is not a compulsion, but a desirable service. Alternatively, a close relative could also be the birth companion.

