

### **Khadiradi Vati**

In soreness, irritation of throat and mouth, cough, stomatitis, and dental disorders, Khadiradi Vati is indicated. One 250 mg. tablet may be kept in the mouth four to six times a day as per the severity of the symptoms. It could be given along with honey also. The 'Khadira' (Acacia catechu) in this medicine acts as an astringent agent.

### **Haridra Khanda**

Haridra Khanda is indicated in urticaria, itching skin rashes, skin disorders, and allergic rhinitis. Four tables of 500 mg. thrice daily with water or milk could be advised in these conditions. The main ingredient turmeric has anti-allergic properties.

### **Pushyanuga Churna**

In Menorrhagea, Leucorrhoea, Haemorrhoids and Vaginal disorders, Pushyanuga churna is commonly indicated. 3 gms. of powder is taken along with honey and rice washes (tandulodaka). mung, wheat, fruits, whey, etc. could be given sufficiently.