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HIV and AIDS

HIV is an infection

HIV is a very minute germ. This germ hurts the very human defence system that fights all germs. HIV infection is detected with a blood test. A person having HIV germs in the blood is considered as HIV positive. Infection cannot be identified without a blood test.

The germ HIV is passed on from one to the other person:

- Through unprotected Sexual intercourse with a person who is HIV positive.
- Through blood transfusion when blood is taken from HIV positive individual.
- Through contaminated needles used previously in a HIV positive person.
- From HIV positive pregnant woman to child during delivery or afterwards.

HIV is not passed on by

- Touching and kissing a person.
- Just living together.
- Playing, swimming together.
- Using common bathrooms and toilets.

In this lesson we will learn about

What are HIV and AIDS?
What can we do to prevent its spread?