

Choices in matter of Contraception:

Government policy does not promote any specific method for contraception. Each women and couple has to decide about particular contraceptive method based on their reproductive intentions and preferences, after analyzing information about contraceptives and matching their own preferences. You can counsel the couples about contraceptive methods.

As ASHA, you should counsel couples about available contraceptive methods. You can also get more information about contraceptives from nursedidi and doctor.

Think about this:

- Abortion is good family planning method.
- Decision about family planning method should be left with the nursedidi/doctor.
- Government should give incentives for those accepting sterilisation.