

Unit 7

Case studies:

The ABC multinational company is facing increased levels of stress among its employees. The management has observed a rise in absenteeism, reduced productivity and employee dissatisfaction. To address this issue, how HR department can implement the various stress management techniques to improve employee well-being and overall organizational performance. [10]

OR

Analyze the five stages of conflict. Being a team member you are having conflicts among the team how you as an individual can resolve the conflicts?