

BOOT CAMP

BOOT CAMP PROGRAMS ARE DESIGNED WORKOUTS AIMED TO SHARE THE “MAKE IT HAPPEN” SYSTEM TO HELP YOU GET TO THE NEXT LEVEL OF FITNESS IN YOUR LIFE.



**CLASSES
START IN APRIL!
SIGN UP
TODAY!**

CLASS DAYS
MONDAY/THURSDAY

CLASS TIMES

6-7 A.M. & 9-10 A.M.

LOCATION

2ND LEVEL BOCH ICE CENTER

Contact Us

**Dan Boothby
Performance Training**

(617) 544-6180

info@danboothby.com

DANBOOTHBY

DB

Performance
Training