

# Project

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```
/*
```

```
Project: Data211
```

According to the “Alarming Average Screen Time Statistics (2024)”. The average American spend 7hours and 3 minutes looking at a screen each day. In this project I will be performing T-test to compare the average screen time with my daily usage of screen time.

```
*/
```

```
library(tidyr)
```

```
## Warning: package 'tidyr' was built under R version 4.3.3
```

```
library(ggplot2)
```

```
## Warning: package 'ggplot2' was built under R version 4.3.3
```

```
library(readxl)
```

```
## Warning: package 'readxl' was built under R version 4.3.3
```

```
#Importing the data of 14days
```

```
screen_time <- c(  
  8 + 35/60, # Day 1  
  6 + 49/60, # Day 2  
  11 + 40/60, # Day 3  
  9 + 20/60, # Day 4  
  7 + 2/60, # Day 5  
  6 + 11/60, # Day 6  
  10 + 54/60, # Day 7  
  6 + 4/60, # Day 8  
  8 + 24/60, # Day 9  
  7 + 7/60, # Day 10  
  7 + 17/60, # Day 11  
  8 + 28/60, # Day 12  
  8 + 54/60, # Day 13  
  7 + 41/60 # Day 14  
)
```

```
#Creating a data frame
```

```
days <- paste("Day", 1:14)
```

```
data <- data.frame(Day = days, ScreenTime_Hours = screen_time)
```

```
data
```

```
##      Day ScreenTime_Hours
## 1 Day 1      8.583333
## 2 Day 2      6.816667
## 3 Day 3     11.666667
## 4 Day 4      9.333333
## 5 Day 5      7.033333
## 6 Day 6      6.183333
## 7 Day 7     10.900000
## 8 Day 8      6.066667
## 9 Day 9      8.400000
## 10 Day 10     7.116667
## 11 Day 11     7.283333
## 12 Day 12     8.466667
## 13 Day 13     8.900000
## 14 Day 14     7.683333
```

```
#Step:3 Performing the Calculate Descriptive Statistics
```

```
# Calculating the mean
```

```
mean_screen_time <- mean(screen_time)
```

```
# Calculating the Median
```

```
median_screen_time <- median(screen_time)
```

```
#Standard Deviation
```

```
std_screen_time<- sd(screen_time)
```

```
# Display the results
```

```
cat("Mean Screen Time:", round(mean_screen_time, 2), "hours\n")
```

```
## Mean Screen Time: 8.17 hours
```

```
cat("Median Screen Time:", round(median_screen_time, 2), "hours\n")
```

```
## Median Screen Time: 8.04 hours
```

```
cat("Standard Deviation:", round(std_screen_time, 2), "hours\n")
```

```
## Standard Deviation: 1.65 hours
```

#Step: 3

/\*

Research Question:

Is my average daily Screen time significantly different from the average American's screen time of 7.05 hours”?

Null and Alternative Hypotheses:

~Null Hypothesis ( $H_0$ ): The mean daily screen time is equal to 7.05 hours ( $\mu = 7.05$ )

~Alternative Hypothesis ( $H_1$ ): The mean daily screen time is not equal to 7.05 hours ( $\mu \neq 7.05$ )

\*/

##Step:4 / Perform a Two-Tailed T-Test Since our sample size is small ( $n=14$ ) a t-test is best /

```
# Perform the t-test
t_test <- t.test(screen_time, mu = 7.05, alternative = "two.sided")

# Display the t-test results
print(t_test)
```

```
##
## One Sample t-test
##
## data: screen_time
## t = 2.5444, df = 13, p-value = 0.02445
## alternative hypothesis: true mean is not equal to 7.05
## 95 percent confidence interval:
## 7.219625 9.127994
## sample estimates:
## mean of x
## 8.17381
```

/\* The p-value(0.02445) is less than the significance level ( $\alpha = 0.05$ )

Decision: Reject the null Hypothesis

There is statistically significant evidence to concluded that your average daily screen time is different from 7.05 hours \*/

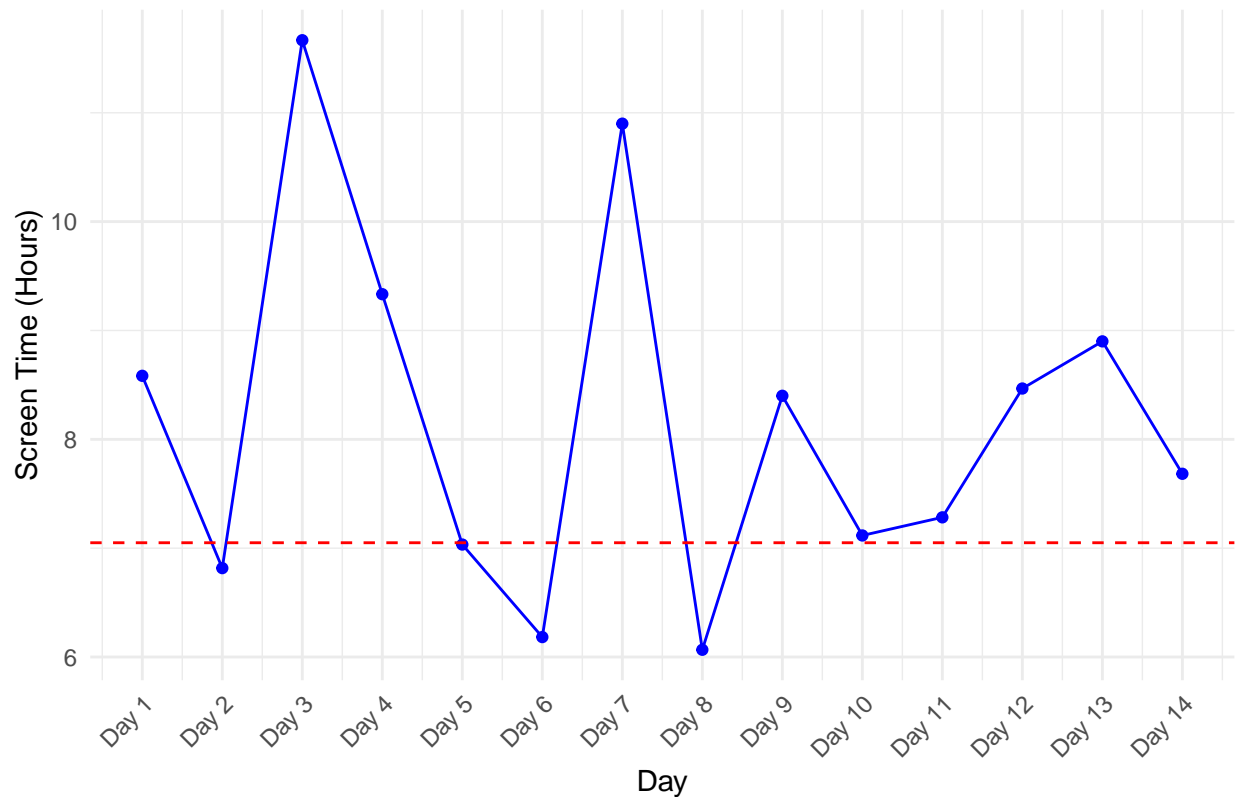
##Step: 6 Visualize Your Data

*#a: Line Graph of Daily Screen Time*

```
data$DayIndex<-1:14

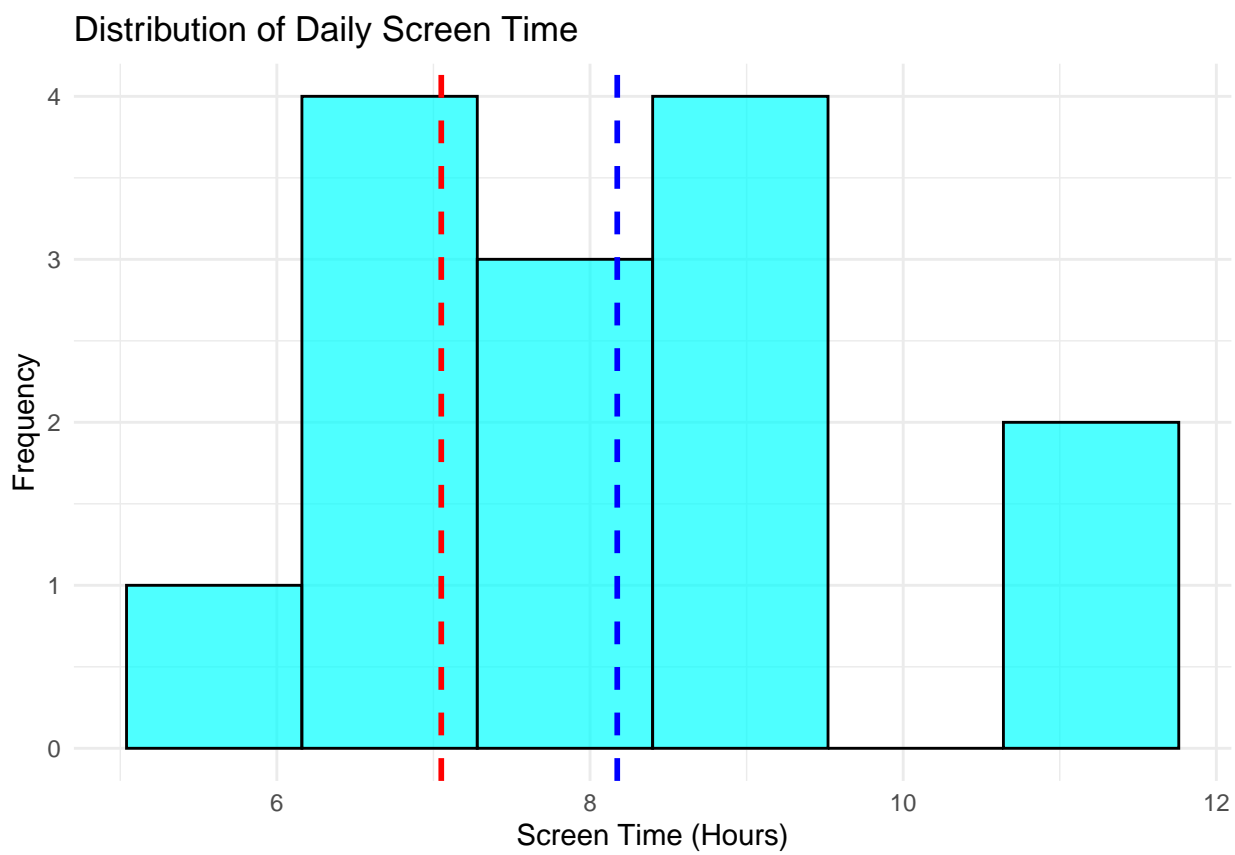
ggplot(data, aes(x = DayIndex, y = ScreenTime_Hours, group =1))+
  geom_line(color="blue")+
  geom_point(color="blue")+
  geom_hline(yintercept = 7.05, linetype= "dashed", color = "red")+
  scale_x_continuous(breaks = 1:14, labels = paste("Day", 1:14)) +
  labs(title = "Daily Screen Time Over Two Weeks", x="Day", y ="Screen Time (Hours)")+
  theme_minimal()+
  theme(axis.text.x = element_text(angle =45, hjust=1))
```

Daily Screen Time Over Two Weeks



##b: Histogram of Screen Time Distribution

```
# Histogram with updated `linewidth` argument
ggplot(data, aes(x = ScreenTime_Hours)) +
  geom_histogram(bins = 6, fill = "cyan", color = "black", alpha = 0.7) +
  geom_vline(xintercept = mean_screen_time, linetype = "dashed", color = "blue", linewidth = 1) +
  geom_vline(xintercept = 7.05, linetype = "dashed", color = "red", linewidth = 1) +
  labs(title = "Distribution of Daily Screen Time",
       x = "Screen Time (Hours)",
       y = "Frequency") +
  theme_minimal()
```



““