

Daily life of a Muslim

Islamic Guidelines

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BIRTH

- Islam is not reserved for any particular race or confined to any country, but intended for entire humanity, hence, there are two types of birth: (-) Voluntary (-) Involuntary
- Voluntary: Conversion of an adult in full consciousness of his act :declaration by tongue and affirmation by heart". He takes a shower bath to purify himself from dirts of ignorance and disbelief.
- He declares in the presence of 2 witnesses.
- His name should be changed as Prophet Muhammad used to do so. e.g. **ABDUL SHAMS, ABDUL UZZA** etc.
- Better to take an Arabic name as being mother tongue of Holly Prophet.
- Involuntary: A child born in a Muslim family. Immediately after his birth, one should pronounce the *Adhaan* in right ear and *Iqamah* in the left as an attestation of faith.

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EARLY LIFE (Involuntary)

- **Hairs of the child, when cut for the first time, their weight in silver or equivalent in current money is distributed.**
- **He is given the best name as Prophet Muhammad stated it the best gift.**
- **If having means, a goat or sheep is slaughtered (Aqeeqa) to entertain friends and poor. Not a compulsion.**
- **After arriving at the age of study (4th year), a family feast is organized on taking first lesson (as a good omen, first five verses of Al-Alaq being the first revelation).**
- **He is taught how to pray at the age of learning, on 7th year of age, parents must apply sanctions so that he prays. At the age of 10, a slight punishment is given if prayers are not offered.**
- **Similarly, he must be taught fasting and the related Islamic teachings (compulsory)**

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MARRIAGE

- A Muslim male may marry not only a Muslim woman but also a Jewish or Christian (Quran 5/5)
- He cannot marry idolatress, polytheist or atheist
- Muslim women is allowed to marry only a Muslim, not allowed to marry a non-Muslim of any category
- In case of conversion of a married man to Islam and his wife being Jew or Christian, marriage continues undistributed but if the wife is of prohibited category and remains the same, conjugal life must cease immediately. However, she is given a time to think over, denial results in divorce.
- In case of conversion of a married woman to Islam, conjugal life ceases immediately if he is a non Muslim.
- Judicial separation would occur in such case (after husband is given a reasonable delay)

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DEATH

- A Muslim, on his death bed, tries to pronounce the *Kalma* (formula of faith), people also helps him by repeating with him (*Talqueen*), however, he should no be insisted in such scenario.
- The body of dead person is washed which is a compulsion (*fard kifaya*) and shrouded in three clothes (*kafan*) for male and 5 clothes for female
- After being washed, a funeral service (*fard kifaya*) is performed called **SALAT AL-JANAZA**
- The grave is dug parallel to Mecca, and the head of dead is turned slightly towards right side.
- Graves should be simple, and spending lavishly on graves is forbidden. The amount should rather be spent on poor.
- His bequest and inheritance should be implicated accordingly with Islamic teachings.

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FOOD AND DRINK

- Pork, (flesh and fat) is forbidden in all its forms, similar is the case with alcoholic drinks.
- The word used for alcoholic drinks in Quran is *Khamar* (wine of grape juice), but it signifies any alcoholic drink irrespective of any material (wheat, honey etc.)
- All the *halal* animals should be slaughtered properly (*Bismillah, cutting the throat i.e tube of respiration, tube of food and drink and the two jugular veins*)
- Use of gold and silver plates or utensils is forbidden, anyhow, gold in dental surgery or any other is allowed (*Arfajah ibn Asad's nose of gold*)
- There is a difference between school of thoughts on sea food being permitted or not except the fish. For instance, Hanafi school of thought forbids any seafood except fish.

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DRESS AND COIFFURE

- The use of clothes made entirely of natural silk is forbidden for Muslim men. There is an exception in war or medical conditions. Women are allowed to wear silk.
- Use of pure red color garments are not RECOMMENDED for Muslim men.
- Prophet Muhammad grew a beard and recommends it for Muslim men.
- In Islam, the key recommendation for coiffure (hair styling) is modesty. For both men and women, hair should be kept clean and well-maintained. Women are encouraged to cover their hair in public as part of the modesty requirement, often through the use of the hijab.
- Muslim men and women are forbidden to try to resemble each other in dress and coiffure.
- Clothing for glamour or showoff is also forbidden in Islam