

第5章 Riemann积分

学习材料 (10)

1 Riemann积分概念及Riemann积分存在条件

2 Riemann积分的性质

3 变上限积分与原函数的存在性

4 不定积分

4.1 不定积分概念

定义1 设 I 是个区间, f 是定义在 I 上的函数. 若有函数 $F: I \rightarrow R$ 使得

$$F'(x) = f(x), \forall x \in I,$$

则称在区间 I 上 F 是 f 的一个原函数。

注1 f 有原函数, 但 f 未必可积; f 可积, 但 f 未必有原函数。

例1 设 $f(x) = [x]$, 问 f 有原函数吗?

解: f 没有原函数。反证法, 若 F 是 f 的一个原函数, 则

$$F'(x) = f(x) = [x],$$

因此 F' 有第一类间断点, 但这与“导函数既无可去间断点, 也无第一类间断点”的结论矛盾。因此 f 没有原函数。

定理1 设 I 是个区间, 若 $f \in C(I)$, 则函数 f 在区间 I 上有原函数。

定义2 设 I 是个区间, f 是定义在 I 上的函数, 并假设 f 有原函数, 称函数族

$$\int f(x)dx =: \{H | H \text{ 是 } f \text{ 在区间 } I \text{ 上的原函数}\}$$

为 f 在区间 I 上的不定积分。

设 F 是 f 在区间 I 上的一个原函数，则对任意的常数 C ， $F(x) + C$ 也是 f 在区间 I 上的原函数。另一方面，如果 $G(x)$ 也是 f 在区间 I 上的任一个原函数，则

$$[G(x) - F(x)]' = G'(x) - F'(x) \equiv 0,$$

从而存在常数 C ，使得 $G(x) \equiv F(x) + C$ 。

定理2 设 I 是个区间， f 是定义在 I 上的函数。若函数 F 是 f 在区间 I 上的一个原函数，则

$$\int f(x)dx = F(x) + C,$$

其中 C 表示任意常数。

注1 不定积分的几何意义？

常用不定积分公式：

$$\begin{aligned}\int 0dx &= C; & \int \cos x dx &= \sin x + C; \\ \int 1dx &= x + C; & \int \sin x dx &= -\cos x + C; \\ \int x^p dx &= \frac{x^{p+1}}{p+1} + C, \quad p \neq -1; & \int \frac{1}{1+x^2} dx &= \arctan x + C; \\ \int \frac{1}{x} dx &= \ln|x| + C, \quad x \neq 0; & \int \frac{1}{\sqrt{1-x^2}} dx &= \arcsin x + C; \\ \int e^x dx &= e^x + C; & \int \frac{1}{\cos^2 x} dx &= \tan x + C; \\ \int a^x dx &= \frac{a^x}{\ln a} + C, \quad a > 0, \quad a \neq 1; & \int \frac{1}{\sin^2 x} dx &= -\cot x + C;\end{aligned}$$

注2 初等函数并不一定有初等原函数，例如 $\frac{\sin x}{x}$ ， e^{x^2} 没有初等原函数，通常称这些函数积不出来。

注3 设函数 F, G 分别是函数 f, g 在区间 I 上的原函数， α, β 是常数。若 α, β 不全为零，则

$$\begin{aligned}\int [\alpha f(x) + \beta g(x)] dx &= \alpha \int f(x) dx + \beta \int g(x) dx \\ &= \alpha F(x) + \beta G(x) + C.\end{aligned}$$

这种方法称为线性法。

例3 求 $\int \frac{1}{1-x^2} dx, \int \frac{1}{\cos^2 x \sin^2 x} dx$.

解:

$$\begin{aligned} \int \frac{1}{1-x^2} dx &= \int \frac{1}{2} \left[\frac{1}{1+x} + \frac{1}{1-x} \right] dx = \frac{1}{2} \ln |1+x| - \frac{1}{2} \ln |1-x| + C \\ &= \frac{1}{2} \ln \left| \frac{1+x}{1-x} \right| + C. \end{aligned}$$

$$\int \frac{1}{\cos^2 x \sin^2 x} dx = \int \left[\frac{1}{\cos^2 x} + \frac{1}{\sin^2 x} \right] dx = \tan x - \cot x + C.$$

4.2 换元积分法

若

$$\int f(u) du = F(u) + C,$$

则 $[F(\varphi(x))]' = F'(\varphi(x))\varphi'(x) = f(\varphi(x))\varphi'(x)$, 于是

$$\int f(\varphi(x))\varphi'(x) dx = F(\varphi(x)) + C.$$

故欲求 $\int f(\varphi(x))\varphi'(x) dx$, 可令 $\varphi(x) = u$, 将 $\int f(\varphi(x))\varphi'(x) dx$ 变换为 $\int f(u) du$, 求出结果 $F(u) + C$ 后再把 $u = \varphi(x)$ 代入:

$$\begin{aligned} \int f(\varphi(x))\varphi'(x) dx &==== \int f(\varphi(x)) d\varphi(x) \\ &==== \int f(u) du \\ \text{令 } \varphi(x) = u &==== \\ &==== F(u) + C \\ &==== F(\varphi(x)) + C. \\ \text{令 } u = \varphi(x) &==== \end{aligned}$$

这种方法称为第一换元法, 或凑微分法。

若

$$\int f(\varphi(t))\varphi'(t) dt = H(t) + C,$$

则 $[H(\varphi^{-1}(x))]' = H'(\varphi^{-1}(x)) \frac{1}{\varphi'(\varphi^{-1}(x))} = f(x)$, 于是

$$\int f(x) dx = H(\varphi^{-1}(x)) + C.$$

故欲求 $\int f(x)dx$, 可令 $x = \varphi(t)$, 将 $\int f(x)dx$ 变换为 $\int f(\varphi(t))\varphi'(t)dt$, 求出结果 $H(t)+C$ 后再把 $t = \varphi^{-1}(x)$ 代入:

$$\begin{aligned}\int f(x)dx &\stackrel{\text{令 } x = \varphi(t)}{=} \int f(\varphi(t))d\varphi(t) \\ &= \int f(\varphi(t))\varphi'(t)dt \\ &= H(t) + C \\ &\stackrel{\text{令 } t = \varphi^{-1}(x)}{=} H(\varphi^{-1}(x)) + C.\end{aligned}$$

这种方法称为第二换元法。

例1 求不定积分 $\int \tan x dx$, $\int \frac{1}{\cos x} dx$

解:

$$\begin{aligned}\int \tan x dx &= \int \frac{\sin x}{\cos x} dx = \int \frac{-1}{\cos x} d \cos x \\ &\stackrel{\text{令 } \cos x = u}{=} \int \frac{-1}{u} du \\ &= -\ln |u| + C \\ &\stackrel{\text{令 } u = \cos x}{=} -\ln |\cos x| + C.\end{aligned}$$

$$\begin{aligned}\int \frac{1}{\cos x} dx &= \int \frac{\cos x}{\cos^2 x} dx = \int \frac{1}{1 - \sin^2 x} d \sin x \\ &\stackrel{\text{令 } \sin x = u}{=} \int \frac{1}{1 - u^2} du \\ &= \frac{1}{2} \ln \left| \frac{1+u}{1-u} \right| + C \\ &\stackrel{\text{令 } u = \sin x}{=} \frac{1}{2} \ln \left| \frac{1+\sin x}{1-\sin x} \right| + C = \ln \left| \frac{1+\sin x}{\cos x} \right| + C.\end{aligned}$$

例2 求不定积分 $\int \frac{1}{\sqrt{x^2+1}} dx$, $\int \frac{1}{\sqrt{x^2-1}} dx$

解:

$$\begin{aligned}
 \int \frac{1}{\sqrt{x^2+1}} dx & \stackrel{\substack{\text{令 } x = \tan t, \\ t \in (-\frac{\pi}{2}, \frac{\pi}{2})}}{=} \int \cos t d \tan t \\
 & \stackrel{\text{将 } t \text{ 用 } x \text{ 表示}}{=} \int \cos t \cdot \frac{1}{\cos^2 t} dt = \int \frac{1}{\cos t} dt \\
 & \stackrel{\text{将 } t \text{ 用 } x \text{ 表示}}{=} \ln [\sec t + \tan t] + C \\
 & \stackrel{\text{将 } t \text{ 用 } x \text{ 表示}}{=} \ln [\sqrt{x^2+1} + x] + C.
 \end{aligned}$$

$$\begin{aligned}
 \int \frac{1}{\sqrt{x^2-1}} dx & \stackrel{\substack{\text{令 } x = \sec t, \\ t \in (0, \frac{\pi}{2})}}{=} \int \frac{1}{\tan t} d \sec t \\
 & \stackrel{\text{将 } t \text{ 用 } x \text{ 表示}}{=} \int \frac{1}{\tan t} \cdot \sec t \cdot \tan t dt = \int \sec t dt = \int \frac{1}{\cos t} dt \\
 & \stackrel{\text{将 } t \text{ 用 } x \text{ 表示}}{=} \ln |\sec t + \tan t| + C \\
 & \stackrel{\text{将 } t \text{ 用 } x \text{ 表示}}{=} \ln |x + \sqrt{x^2-1}| + C.
 \end{aligned}$$

4.3 分部积分法

若

$$\int v(x) u'(x) dx = F(x) + C,$$

则 $[u(x)v(x) - F(x)]' = u(x)v'(x) + v(x)u'(x) - F'(x) = u(x)v'(x)$, 于是

$$\int u(x)v'(x) dx = u(x)v(x) - F(x) + C = u(x)v(x) - \int v(x)u'(x) dx.$$

由此得到分部积分法:

$$\begin{aligned}
 \int u(x)v'(x) dx & \stackrel{\text{将 } t \text{ 用 } x \text{ 表示}}{=} \int u(x) dv(x) \\
 & \stackrel{\text{将 } t \text{ 用 } x \text{ 表示}}{=} u(x)v(x) - \int v(x) du(x) \\
 & \stackrel{\text{将 } t \text{ 用 } x \text{ 表示}}{=} u(x)v(x) - \int v(x)u'(x) dx \\
 & \stackrel{\text{将 } t \text{ 用 } x \text{ 表示}}{=} u(x)v(x) - F(x) + C.
 \end{aligned}$$

例1 求不定积分 $\int x \cos x dx$, $\int x e^x dx$, $\int x \ln x dx$, $\int x \arcsin x dx$.

解:

$$\begin{aligned}
 \int x \cos x dx &==== \int x d \sin x \\
 &==== x \sin x - \int \sin x dx \\
 &==== x \sin x + \cos x + C.
 \end{aligned}$$

$$\begin{aligned}
 \int x e^x dx &==== \int x d e^x \\
 &==== x e^x - \int e^x dx \\
 &==== x e^x - e^x + C.
 \end{aligned}$$

$$\begin{aligned}
 \int x \ln x dx &==== \frac{1}{2} \int \ln x dx^2 \\
 &==== \frac{x^2}{2} \ln x - \frac{1}{2} \int x^2 d \ln x \\
 &==== \frac{x^2}{2} \ln x - \frac{1}{2} \int x dx \\
 &==== \frac{x^2}{2} \ln x - \frac{x^2}{4} + C.
 \end{aligned}$$

$$\begin{aligned}
 \int x \arcsin x dx &==== \frac{1}{2} \int \arcsin x dx^2 \\
 &==== \frac{x^2}{2} \arcsin x - \frac{1}{2} \int x^2 d \arcsin x \\
 &==== \frac{x^2}{2} \arcsin x - \frac{1}{2} \int \frac{x^2}{\sqrt{1-x^2}} dx \\
 &==== \frac{x^2}{2} \arcsin x - \frac{1}{2} \int \left[\frac{1}{\sqrt{1-x^2}} - \sqrt{1-x^2} \right] dx \\
 &==== \frac{x^2}{2} \arcsin x - \frac{1}{2} \left[\arcsin x - \frac{1}{2} \left[\arcsin x + x \sqrt{1-x^2} \right] \right] + C \\
 &==== \frac{x^2}{2} \arcsin x - \frac{1}{4} \left[\arcsin x - x \sqrt{1-x^2} \right] + C.
 \end{aligned}$$

例2 求不定积分 $\int \sqrt{1-x^2} dx$, $\int \sqrt{x^2+1} dx$, $\int \sqrt{x^2-1} dx$.

解、

$$\begin{aligned}
 \int \sqrt{1-x^2} dx &==== x\sqrt{1-x^2} - \int x d\sqrt{1-x^2} \\
 &==== x\sqrt{1-x^2} - \int x \frac{-x}{\sqrt{1-x^2}} dx \\
 &==== x\sqrt{1-x^2} - \int \left[\sqrt{1-x^2} - \frac{1}{\sqrt{1-x^2}} \right] dx \\
 &==== x\sqrt{1-x^2} - \int \sqrt{1-x^2} dx + \int \frac{1}{\sqrt{1-x^2}} dx \\
 &==== x\sqrt{1-x^2} - \int \sqrt{1-x^2} dx + \arcsin x,
 \end{aligned}$$

故

$$\int \sqrt{1-x^2} dx = \frac{1}{2} \left\{ x\sqrt{1-x^2} + \arcsin x \right\} + C.$$

$$\begin{aligned}
 \int \sqrt{x^2+1} dx &==== x\sqrt{x^2+1} - \int x d\sqrt{x^2+1} \\
 &==== x\sqrt{x^2+1} - \int x \frac{x}{\sqrt{x^2+1}} dx \\
 &==== x\sqrt{x^2+1} - \int \left[\sqrt{x^2+1} - \frac{1}{\sqrt{x^2+1}} \right] dx \\
 &==== x\sqrt{x^2+1} - \int \sqrt{x^2+1} dx + \int \frac{1}{\sqrt{x^2+1}} dx \\
 &==== x\sqrt{x^2+1} - \int \sqrt{x^2+1} dx + \ln \left[\sqrt{x^2+1} + x \right],
 \end{aligned}$$

故

$$\int \sqrt{x^2+1} dx = \frac{1}{2} \left\{ x\sqrt{x^2+1} + \ln \left[\sqrt{x^2+1} + x \right] \right\} + C.$$

$$\begin{aligned}
 \int \sqrt{x^2-1} dx &==== x\sqrt{x^2-1} - \int x d\sqrt{x^2-1} \\
 &==== x\sqrt{x^2-1} - \int x \frac{x}{\sqrt{x^2-1}} dx \\
 &==== x\sqrt{x^2-1} - \int \left[\sqrt{x^2-1} + \frac{1}{\sqrt{x^2-1}} \right] dx \\
 &==== x\sqrt{x^2-1} - \int \sqrt{x^2-1} dx - \int \frac{1}{\sqrt{x^2-1}} dx \\
 &==== x\sqrt{x^2-1} - \int \sqrt{x^2-1} dx - \ln \left| x + \sqrt{x^2-1} \right|,
 \end{aligned}$$

故

$$\int \sqrt{x^2 - 1} dx = \frac{1}{2} \left\{ x\sqrt{x^2 - 1} - \ln \left| x + \sqrt{x^2 - 1} \right| \right\} + C.$$

例3 求不定积分 $\int e^x \cos x dx, \int e^x \sin x dx$

解:

$$\begin{aligned} \int e^x \cos x dx &==== \int e^x d \sin x \\ &==== e^x \sin x - \int \sin x de^x \\ &==== e^x \sin x - \int e^x \sin x dx \\ &==== e^x \sin x + \int e^x d \cos x \\ &==== e^x \sin x + e^x \cos x - \int \cos x de^x \\ &==== e^x \sin x + e^x \cos x - \int e^x \cos x dx, \end{aligned}$$

故

$$\begin{aligned} \int e^x \cos x dx &= \frac{1}{2} e^x \{ \sin x + \cos x \} + C. \\ \int e^x \sin x dx &= \frac{1}{2} e^x \{ \sin x - \cos x \} + C. \end{aligned}$$

例4 求不定积分 $\int \cos^n x dx \quad (n = 2, 3, \dots), \int \frac{1}{(x^2 + 1)^n} dx \quad (n = 1, 2, \dots).$

解: 令 $I_n = \int \cos^n x dx \quad (n = 1, 2, \dots)$, 则当 $n \geq 2$ 时,

$$\begin{aligned} I_n = \int \cos^n x dx &= \int \cos^{n-1} x d \sin x &==== \cos^{n-1} x \sin x - \int \sin x d \cos^{n-1} x \\ &==== \cos^{n-1} x \sin x + (n-1) \int \sin x [\cos^{n-2} x \sin x] dx \\ &==== \cos^{n-1} x \sin x + (n-1) \int [\cos^{n-2} x - \cos^n x] dx \\ &==== \cos^{n-1} x \sin x + (n-1) [I_{n-2} - I_n], \end{aligned}$$

故

$$nI_n = \cos^{n-1} x \sin x + (n-1)I_{n-2},$$

即

$$I_n = \frac{1}{n} \cos^{n-1} x \sin x + \frac{n-1}{n} I_{n-2},$$

也即

$$\int \cos^n x dx = \frac{1}{n} \cos^{n-1} x \sin x + \frac{n-1}{n} \int \cos^{n-2} x dx,$$

特别

$$\int \cos^2 x dx = \frac{1}{2} \cos x \sin x + \frac{1}{2} x + C.$$

再令 $I_n = \int \frac{1}{(x^2+1)^n} dx$ ($n=1, 2, \dots$), 则

$$I_1 = \int \frac{1}{x^2+1} dx = \arctan x + C,$$

当 $n \geq 1$ 时,

$$\begin{aligned} I_n = \int \frac{1}{(x^2+1)^n} dx &= \frac{x}{(x^2+1)^n} - \int x \left[(-n) \frac{2x}{(x^2+1)^{n+1}} \right] dx \\ &= \frac{x}{(x^2+1)^n} + 2n \int \left[\frac{1}{(x^2+1)^n} - \frac{1}{(x^2+1)^{n+1}} \right] dx \\ &= \frac{x}{(x^2+1)^n} + 2n [I_n - I_{n+1}], \end{aligned}$$

故

$$2nI_{n+1} = \frac{x}{(x^2+1)^n} + (2n-1)I_n,$$

即

$$I_{n+1} = \frac{x}{2n(x^2+1)^n} + \frac{2n-1}{2n} I_n,$$

也即特别

$$\int \frac{1}{(x^2+1)^2} dx = \frac{x}{2(x^2+1)} + \frac{1}{2} \arctan x + C.$$

4.4 分式函数的积分

设

$$f(x) = \frac{P(x)}{Q(x)},$$

其中 P, Q 为 x 的多项式。求不定积分 $\int f(x) dx$ 的步骤如下:

1. 将 f 表示成一个整式与一个真分式之和:

$$f(x) = S(x) + \frac{R(x)}{Q(x)},$$

其中 S, R, Q 仍为 x 的多项式, 且 R 的方次小于 Q 的方次。

2. 将 Q 分解成如下一次因子和二次不可约因子的乘积

$$x+b, x^2+px+q,$$

其中 $p^2 - 4q < 0$.

3. 将 $\frac{R}{Q}$ 写成如下部分分式的和

$$\frac{A}{x+b}, \quad \frac{A}{(x+b)^k}, \quad \frac{Bx+D}{x^2+px+q}, \quad \frac{Bx+D}{(x^2+px+q)^k}.$$

4.
$$\int \frac{1}{x+b} dx = \ln|x+b| + C, \quad \int \frac{1}{(x+b)^k} dx = \frac{1}{(1-k)(x+b)^{k-1}} + C \quad (k > 1)$$

5.
$$\begin{aligned} \int \frac{Bx+D}{(x^2+px+q)^k} dx & \stackrel{\text{令 } x=t-\frac{p}{2}}{=} \int \frac{Bt+D-\frac{Bp}{2}}{(t^2+q-\frac{p^2}{4})^k} dt \\ & \stackrel{\text{=====}}{=} B \int \frac{t}{(t^2+q-\frac{p^2}{4})^k} dt + \left(D - \frac{Bp}{2}\right) \int \frac{1}{(t^2+q-\frac{p^2}{4})^k} dt, \end{aligned}$$

其中
$$\int \frac{t}{(t^2+q-\frac{p^2}{4})^k} dt = \begin{cases} \frac{1}{2} \ln(t^2+q-\frac{p^2}{4}), & k=1, \\ \frac{1}{2(1-k)(t^2+q-\frac{p^2}{4})^{k-1}}, & k \neq 1. \end{cases} \quad \text{而 } \int \frac{1}{(t^2+q-\frac{p^2}{4})^k} dt \text{ 满足3节的递推公式。}$$

注1 分式函数的原函数是初等函数。

例1 求 $\int \frac{x^2+2x+2}{(x^2+1)^2} dx$.

解:

$$\frac{x^2+2x+2}{(x^2+1)^2} = \frac{1}{x^2+1} + \frac{2x+1}{(x^2+1)^2},$$

故

$$\begin{aligned} \int \frac{x^2+2x+2}{(x^2+1)^2} dx & \stackrel{\text{=====}}{=} \int \frac{1}{x^2+1} dx + \int \frac{2x+1}{(x^2+1)^2} dx \\ & \stackrel{\text{=====}}{=} \arctan x + \int \frac{2x}{(x^2+1)^2} dx + \int \frac{1}{(x^2+1)^2} dx \\ & \stackrel{\text{=====}}{=} \arctan x - \frac{1}{x^2+1} + \frac{x}{2(x^2+1)} + \frac{1}{2} \arctan x + C \\ & \stackrel{\text{=====}}{=} \frac{3}{2} \arctan x - \frac{1}{x^2+1} + \frac{x}{2(x^2+1)} + C. \end{aligned}$$

4.5 三角函数有理式的积分

记 $R(u, v)$ 表示由 u, v 和常数进行有限次的四则运算后所得的表达式, 称 $R(\sin x, \cos x)$ 为三角有理式。三角有理式的积分总可以化为分式函数的积分, 过程如下:

$$\begin{aligned} \int R(\sin x, \cos x) dx & \quad \quad \quad = \\ & \quad \quad \quad = \int R\left(\frac{2 \sin \frac{x}{2} \cos \frac{x}{2}}{\cos^2 \frac{x}{2} + \sin^2 \frac{x}{2}}, \frac{\cos^2 \frac{x}{2} - \sin^2 \frac{x}{2}}{\cos^2 \frac{x}{2} + \sin^2 \frac{x}{2}}\right) dx \\ & \quad \quad \quad = \int R\left(\frac{2 \tan \frac{x}{2}}{1 + \tan^2 \frac{x}{2}}, \frac{1 - \tan^2 \frac{x}{2}}{1 + \tan^2 \frac{x}{2}}\right) dx \\ & \quad \quad \quad \stackrel{\substack{\text{令 } \tan \frac{x}{2} = t, \\ \text{即 } x = 2 \arctan t}}{=} \int R\left(\frac{2t}{1+t^2}, \frac{1-t^2}{1+t^2}\right) \frac{2}{1+t^2} dt. \end{aligned}$$

注1 三角有理式函数的原函数是初等函数。

例1 求 $\int \frac{dx}{4 + 4 \sin x + \cos x}$.

解:

$$\begin{aligned} \int \frac{dx}{4 + 4 \sin x + \cos x} & \quad \quad \quad \stackrel{\substack{\text{令 } \tan \frac{x}{2} = t, \\ \text{即 } x = 2 \arctan t}}{=} \int \frac{1}{4 + 4 \frac{2t}{1+t^2} + \frac{1-t^2}{1+t^2}} \cdot \frac{2}{1+t^2} dt \\ & \quad \quad \quad = 2 \int \frac{1}{(t+1)(3t+5)} dt \\ & \quad \quad \quad = \int \left(\frac{1}{t+1} - \frac{3}{3t+5} \right) dt \\ & \quad \quad \quad = \ln \left| \frac{t+1}{3t+5} \right| + C \\ & \quad \quad \quad \stackrel{\text{令 } t = \tan \frac{x}{2}}{=} \ln \left| \frac{\tan \frac{x}{2} + 1}{3 \tan \frac{x}{2} + 5} \right| + C. \end{aligned}$$

特殊形式可用特殊变换

a. 若 $R(-u, v) = -R(u, v)$, 则有 $R(u, v) = u \tilde{R}(u^2, v)$, 故

$$\begin{aligned} \int R(\sin x, \cos x) dx & \quad \quad \quad = \int \sin x \tilde{R}(\sin^2 x, \cos x) dx = \int \sin x \tilde{R}(1 - \cos^2 x, \cos x) dx \\ & \quad \quad \quad \stackrel{\text{令 } \cos x = t}{=} - \int \tilde{R}(1 - t^2, t) dt \end{aligned}$$

b. 若 $R(u, -v) = -R(u, v)$, 则有 $R(u, v) = v \tilde{R}(u, v^2)$, 故

$$\begin{aligned} \int R(\sin x, \cos x) dx &= \int \cos x \tilde{R}(\sin x, \cos^2 x) dx = \int \cos x \tilde{R}(\sin x, 1 - \sin^2 x) dx \\ &\stackrel{\text{令 } \sin x = t}{=} \int \tilde{R}(t, 1 - t^2) dt \end{aligned}$$

c. 若 $R(-u, -v) = R(u, v)$, 则有 $R(u, v) = \tilde{R}(\frac{u}{v}, v^2)$ 或者 $R(u, v) = \hat{R}(u^2, \frac{u}{v})$, 故

$$\begin{aligned} \int R(\sin x, \cos x) dx &= \int \tilde{R}(\tan x, \cos^2 x) dx = \int \tilde{R}\left(\tan x, \frac{1}{1 + \tan^2 x}\right) dx \\ &\stackrel{\text{令 } \tan x = t}{=} \int \tilde{R}\left(t, \frac{1}{1 + t^2}\right) \frac{1}{1 + t^2} dt \end{aligned}$$

或者

$$\begin{aligned} \int R(\sin x, \cos x) dx &= \int \hat{R}(\sin^2 x, \tan x) dx = \int \hat{R}\left(\frac{\tan^2 x}{1 + \tan^2 x}, \tan x\right) dx \\ &\stackrel{\text{令 } \tan x = t}{=} \int \hat{R}\left(\frac{t^2}{1 + t^2}, t\right) \frac{1}{1 + t^2} dt \end{aligned}$$

例2 求 $\int \frac{dx}{a \cos x + b \sin x}$.

解:

$$\begin{aligned} \int \frac{dx}{a \cos x + b \sin x} &\stackrel{\text{令 } \cos \varphi = \frac{a}{\sqrt{a^2 + b^2}}, \sin \varphi = \frac{b}{\sqrt{a^2 + b^2}}}{=} \int \frac{dx}{\sqrt{a^2 + b^2} [\cos \varphi \cos x + \sin \varphi \sin x]} \\ &= \int \frac{dx}{\sqrt{a^2 + b^2} \cos(\varphi - x)} \\ &= \int \frac{dx}{\sqrt{a^2 + b^2} \cos(x - \varphi)} \\ &= \frac{1}{2\sqrt{a^2 + b^2}} \ln \left| \frac{1 + \sin(x - \varphi)}{1 - \sin(x - \varphi)} \right| + C \\ &= \frac{1}{2\sqrt{a^2 + b^2}} \ln \left| \frac{1 + \sin x \cos \varphi - \cos x \sin \varphi}{1 - \sin x \cos \varphi + \cos x \sin \varphi} \right| + C \\ &= \frac{1}{2\sqrt{a^2 + b^2}} \ln \left| \frac{\sqrt{a^2 + b^2} + a \sin x - b \cos x}{\sqrt{a^2 + b^2} - a \sin x + b \cos x} \right| + C. \end{aligned}$$

4.6 简单无理式的积分

记 $R(u, v)$ 表示由 u, v 和常数进行有限次的四则运算后所得的表达式。

$$\begin{array}{lll}
 1. & \int R(x, \sqrt[n]{ax+b}) dx & \begin{array}{l} \text{=====} \\ \text{令 } \sqrt[n]{ax+b} = t, \\ \text{即 } x = \frac{t^n-b}{a} \end{array} \quad \int \frac{n}{a} t^{n-1} \cdot R\left(\frac{t^n-b}{a}, t\right) dt. \\
 2. & \int R\left(x, \sqrt[n]{\frac{ax+b}{cx+d}}\right) dx & \begin{array}{l} \text{=====} \\ \text{令 } \sqrt[n]{\frac{ax+b}{cx+d}} = t, \\ \text{即 } x = \frac{dt^n-b}{a-ct^n} \end{array} \quad \int \frac{n(ad-bc)t^{n-1}}{(a-ct^n)^2} \cdot R\left(\frac{dt^n-b}{a-ct^n}, t\right) dt \\
 3. & \int R\left(x, \sqrt{1-x^2}\right) dx & \begin{array}{l} \text{=====} \\ \text{令 } x = \sin t, \\ t \in \left[-\frac{\pi}{2}, \frac{\pi}{2}\right] \end{array} \quad \int \cos t \cdot R(\sin t, \cos t) dt \\
 4. & \int R\left(x, \sqrt{x^2+1}\right) dx & \begin{array}{l} \text{=====} \\ \text{令 } x = \tan t, \\ t \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right) \end{array} \quad \int \frac{1}{\cos^2 t} \cdot R\left(\frac{\sin x}{\cos x}, \frac{1}{\cos t}\right) dt \\
 5. & \int R\left(x, \sqrt{x^2-1}\right) dx & \begin{array}{l} \text{=====} \\ \text{令 } x = \sec t, \\ t \in \left(0, \frac{\pi}{2}\right) \end{array} \quad \int \frac{\sin t}{\cos^2 t} \cdot R\left(\frac{1}{\cos x}, \frac{\sin t}{\cos t}\right) dt.
 \end{array}$$

5 定积分的计算

定理1 设 $f \in C[a, b]$, $\varphi: [\alpha, \beta] \rightarrow [a, b]$ 可导, 且 $\varphi' \in R[\alpha, \beta]$, 则

$$\int_{\alpha}^{\beta} f(\varphi(x))\varphi'(x)dx = \int_{\varphi(\alpha)}^{\varphi(\beta)} f(u)du.$$

注1 若 $\varphi(\alpha) > \varphi(\beta)$, 规定

$$\int_{(\alpha)}^{(\beta)} f(u)du = - \int_{\varphi(\beta)}^{\varphi(\alpha)} f(u)du.$$

证: 由 $f \in C[a, b]$ 知 f 在区间 $[a, b]$ 上有原函数 F , 于是当 $\varphi(\alpha) < \varphi(\beta)$ 时,

$$\begin{aligned} \int_{\varphi(\alpha)}^{\varphi(\beta)} f(u)du &= F(u)|_{\varphi(\alpha)}^{\varphi(\beta)} \quad (\text{Newton-Leibnitz公式}) \\ &= F(\varphi(\beta)) - F(\varphi(\alpha)); \end{aligned}$$

当 $\varphi(\alpha) = \varphi(\beta)$ 时,

$$\begin{aligned} \int_{\varphi(\alpha)}^{\varphi(\beta)} f(u)du &= 0 \\ &= F(\varphi(\beta)) - F(\varphi(\alpha)); \end{aligned}$$

而当 $\varphi(\alpha) > \varphi(\beta)$ 时,

$$\begin{aligned} \int_{\varphi(\alpha)}^{\varphi(\beta)} f(u)du &= - \int_{\varphi(\beta)}^{\varphi(\alpha)} f(u)du \\ &= - F(u)|_{\varphi(\beta)}^{\varphi(\alpha)} \quad (\text{Newton-Leibnitz公式}) \\ &= F(\varphi(\beta)) - F(\varphi(\alpha)). \end{aligned}$$

综上,

$$\int_{\varphi(\alpha)}^{\varphi(\beta)} f(u)du = F(\varphi(\beta)) - F(\varphi(\alpha)).$$

另一方面, 由 $f \in C[a, b]$, $\varphi: [\alpha, \beta] \rightarrow [a, b]$ 可导知 $f \circ \varphi \in C[\alpha, \beta]$; 易知函数

$$F \circ \varphi: [\alpha, \beta] \rightarrow R$$

是函数 $(f \circ \varphi) \cdot \varphi': [\alpha, \beta] \rightarrow R$ 的一个原函数, 故由 Newton-Leibnitz 公式, 有

$$\begin{aligned} \int_{\alpha}^{\beta} f(\varphi(x))\varphi'(x)dx &= F(\varphi(x))|_{\alpha}^{\beta} \\ &= F(\varphi(\beta)) - F(\varphi(\alpha)), \end{aligned}$$

所以

$$\int_{\alpha}^{\beta} f(\varphi(x))\varphi'(x)dt = \int_{\varphi(\alpha)}^{\varphi(\beta)} f(u)du.$$

注2 称如下计算定积分 $\int_{\alpha}^{\beta} f(\varphi(x))\varphi'(x)dx$ 的过程为第一换元法:

$$\begin{aligned}\int_{\alpha}^{\beta} f(\varphi(x))\varphi'(x)dx & \quad \quad \quad = \\ & \quad \quad \quad \int_{\alpha}^{\beta} f(\varphi(x))d\varphi(x) \\ & \quad \quad \quad \stackrel{\text{令 } \varphi(x)=u}{=} \int_{\varphi(\alpha)}^{\varphi(\beta)} f(u)du.\end{aligned}$$

称如下计算定积分 $\int_{g(\alpha)}^{g(\beta)} f(x)dx$ 的过程为第二换元法:

$$\begin{aligned}\int_{\varphi(\alpha)}^{\varphi(\beta)} f(x)dx & \quad \quad \quad \stackrel{\text{令 } x=\varphi(t)}{=} \int_{\alpha}^{\beta} f(\varphi(t))d\varphi(t) \\ & \quad \quad \quad = \int_{\alpha}^{\beta} f(\varphi(t))\varphi'(t)dt.\end{aligned}$$

定理2 设 $f, g: [a, b] \rightarrow R$ 可导, 且 $f', g' \in R[a, b]$, 则

$$\int_a^b f(x)g'(x)dx = f(x)g(x)|_a^b - \int_a^b f'(x)g(x)dx.$$

证: 由 $f', g' \in R[a, b]$ 知, $f \cdot g', f' \cdot g \in R[a, b]$, 从而 $[f \cdot g]' \in R[a, b]$, 于是

$$\begin{aligned}\int_a^b f(x)g'(x)dx + \int_a^b f'(x)g(x)dx & \quad \quad \quad = \int_a^b [f(x)g'(x) + f'(x)g(x)]dx \quad (\text{积分的线性性质}) \\ & \quad \quad \quad = \int_a^b [f(x)g(x)]'dx \\ & \quad \quad \quad = f(x)g(x)|_a^b \quad ([f \cdot g]' \in R[a, b], f \cdot g \text{ 是 } (f \cdot g)' \text{ 的一个原函数}),\end{aligned}$$

所以

$$\int_a^b f(x)g'(x)dx = f(x)g(x)|_a^b - \int_a^b f'(x)g(x)dx.$$

注3 称如下计算定积分 $\int_a^b f(x)g'(x)dx$ 的过程为分部积分法:

$$\begin{aligned}\int_a^b f(x)g'(x)dx & \quad \quad \quad = \int_a^b f(x)dg(x) \\ & \quad \quad \quad = f(x)g(x)|_a^b - \int_a^b g(x)df(x) \\ & \quad \quad \quad = f(x)g(x)|_a^b - \int_a^b g(x)f'(x)dx.\end{aligned}$$

例1 求定积分 $\int_0^{\frac{\pi}{4}} \frac{1}{\cos x} dx$, $\int_0^{\frac{1}{2}} \sqrt{1-x^2} dx$

解:

$$\begin{aligned} \int_0^{\frac{\pi}{4}} \frac{1}{\cos x} dx &= \int_0^{\frac{\pi}{4}} \frac{\cos x}{\cos^2 x} dx = \int_0^{\frac{\pi}{4}} \frac{1}{1 - \sin^2 x} d \sin x \\ &\stackrel{\text{令 } \sin x = u}{=} \int_0^{\frac{\sqrt{2}}{2}} \frac{1}{1 - u^2} du \\ &= \frac{1}{2} \ln \left(\frac{1+u}{1-u} \right) \Big|_0^{\frac{\sqrt{2}}{2}} \\ &= \frac{1}{2} \ln \left(\frac{\sqrt{2}+1}{\sqrt{2}-1} \right) = \ln(\sqrt{2}+1). \end{aligned}$$

$$\begin{aligned} \int_0^{\frac{1}{2}} \sqrt{1-x^2} dx &\stackrel{\text{令 } x = \sin t, t \in [0, \arcsin \frac{1}{2}]}{=} \int_0^{\arcsin \frac{1}{2}} \cos t d \sin t \\ &= \int_0^{\arcsin \frac{1}{2}} \cos t \cos t dt \\ &= \int_0^{\arcsin \frac{1}{2}} \frac{1 + \cos 2t}{2} dt \\ &= \left[\frac{t}{2} + \frac{\sin 2t}{4} \right] \Big|_0^{\arcsin \frac{1}{2}} = \frac{\arcsin \frac{1}{2}}{2} + \frac{\sqrt{3}}{8}. \end{aligned}$$

例2 求定积分 1. $\int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx$; 2. $\int_0^{\frac{\pi}{2}} \frac{\sin^p x}{\sin^p x + \cos^p x} dx$; 3. $\int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{\sin^2 x}{1 + e^{-x}} dx$.

解: 1.

$$\begin{aligned} \int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx &\stackrel{\text{令 } x = \pi - t}{=} \int_{\pi}^0 \frac{(\pi - t) \sin(\pi - t)}{1 + \cos^2(\pi - t)} d(\pi - t) \\ &= \int_0^{\pi} \frac{(\pi - t) \sin(\pi - t)}{1 + \cos^2(\pi - t)} dt \\ &= \int_0^{\pi} \frac{(\pi - t) \sin t}{1 + \cos^2 t} dt, \end{aligned}$$

故

$$\begin{aligned} \int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx &= \frac{1}{2} \int_0^{\pi} \frac{\pi \sin x}{1 + \cos^2 x} dx \\ &= -\frac{\pi}{2} \arctan(\cos x) \Big|_0^{\pi} = \frac{\pi^2}{4}. \end{aligned}$$

2.

$$\begin{aligned} \int_0^{\frac{\pi}{2}} \frac{\sin^p x}{\sin^p x + \cos^p x} dx & \stackrel{\text{令 } x = \frac{\pi}{2} - t}{=} \int_{\frac{\pi}{2}}^0 \frac{\sin^p(\frac{\pi}{2} - t)}{\sin^p(\frac{\pi}{2} - t) + \cos^p(\frac{\pi}{2} - t)} d(\frac{\pi}{2} - t) \\ & \stackrel{\text{}}{=} \int_0^{\frac{\pi}{2}} \frac{\sin^p(\frac{\pi}{2} - t)}{\sin^p(\frac{\pi}{2} - t) + \cos^p(\frac{\pi}{2} - t)} dt \\ & \stackrel{\text{}}{=} \int_0^{\frac{\pi}{2}} \frac{\cos^p t}{\cos^p t + \sin^p t} dt, \end{aligned}$$

故

$$\begin{aligned} \int_0^{\frac{\pi}{2}} \frac{\sin^p x}{\sin^p x + \cos^p x} dx & \stackrel{\text{}}{=} \frac{1}{2} \left[\int_0^{\frac{\pi}{2}} \frac{\sin^p x}{\sin^p x + \cos^p x} dx + \int_0^{\frac{\pi}{2}} \frac{\cos^p t}{\cos^p t + \sin^p t} dt \right] \\ & \stackrel{\text{}}{=} \frac{1}{2} \left[\int_0^{\frac{\pi}{2}} dx \right] = \frac{\pi}{4}. \end{aligned}$$

3.

$$\begin{aligned} \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{\sin^2 x}{1 + e^{-x}} dx & \stackrel{\text{令 } x = -t}{=} \int_{\frac{\pi}{4}}^{-\frac{\pi}{4}} \frac{\sin^2 t}{1 + e^t} d(-t) \\ & \stackrel{\text{}}{=} \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{\sin^2 t}{1 + e^t} dt, \end{aligned}$$

故

$$\begin{aligned} \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{\sin^2 x}{1 + e^{-x}} dx & \stackrel{\text{}}{=} \frac{1}{2} \left[\int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{\sin^2 x}{1 + e^{-x}} dx + \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{\sin^2 t}{1 + e^t} dt \right] \\ & \stackrel{\text{}}{=} \frac{1}{2} \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \sin^2 x \left[\frac{1}{1 + e^{-x}} + \frac{1}{1 + e^x} \right] dx \\ & \stackrel{\text{}}{=} \frac{1}{2} \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \sin^2 x dx \\ & \stackrel{\text{}}{=} \int_0^{\frac{\pi}{4}} \sin^2 x dx \\ & \stackrel{\text{}}{=} \left(\frac{x}{2} - \frac{\sin 2x}{4} \right) \Big|_0^{\frac{\pi}{4}} = \frac{\pi}{8} - \frac{1}{4}. \end{aligned}$$

例3 求定积分 $\int_0^{\frac{\pi}{2}} x \cos x dx$, $\int_0^{\frac{\pi}{2}} \cos^n x dx$, $\int_0^{\frac{\pi}{2}} \sin^n x dx$ ($n = 2, 3, \dots$).

解:

$$\begin{aligned} \int_0^{\frac{\pi}{2}} x \cos x dx & \stackrel{\text{}}{=} \int_0^{\frac{\pi}{2}} x d \sin x \\ & \stackrel{\text{}}{=} x \sin x \Big|_0^{\frac{\pi}{2}} - \int_0^{\frac{\pi}{2}} \sin x dx = \frac{\pi}{2} + \cos x \Big|_0^{\frac{\pi}{2}} = \frac{\pi}{2} - 1. \end{aligned}$$

$$\begin{aligned}\int_0^{\frac{\pi}{2}} \sin^n x dx & \stackrel{\text{令 } x = \frac{\pi}{2} - t}{=} \int_{\frac{\pi}{2}}^0 \sin^n \left(\frac{\pi}{2} - t \right) d \left(\frac{\pi}{2} - t \right) \\ & = - \int_0^{\frac{\pi}{2}} \sin^n \left(\frac{\pi}{2} - t \right) dt = \int_0^{\frac{\pi}{2}} \cos^n t dt.\end{aligned}$$

令 $I_n = \int_0^{\frac{\pi}{2}} \cos^n x dx$ ($n = 1, 2, \dots$), 则当 $n \geq 2$ 时,

$$\begin{aligned}I_n & = \int_0^{\frac{\pi}{2}} \cos^{n-1} x d \sin x \\ & = \cos^{n-1} x \sin x \Big|_0^{\frac{\pi}{2}} - \int_0^{\frac{\pi}{2}} \sin x d \cos^{n-1} x \\ & = (n-1) \int_0^{\frac{\pi}{2}} \sin x [\cos^{n-2} x \sin x] dx \\ & = (n-1) \int_0^{\frac{\pi}{2}} [\cos^{n-2} x - \cos^n x] dx \\ & = (n-1) [I_{n-2} - I_n],\end{aligned}$$

故

$$I_n = \frac{n-1}{n} I_{n-2},$$

所以

$$\begin{aligned}I_{2k} & = \frac{2k-1}{2k} I_{2(k-1)} & I_{2k+1} & = \frac{2k}{2k+1} I_{2k-1} \\ & = \frac{2k-1}{2k} \cdot \frac{2k-3}{2k-2} I_{2(k-2)} & & = \frac{2k}{2k+1} \cdot \frac{2k-2}{2k-1} I_{2k-3} \\ & = \frac{2k-1}{2k} \cdot \frac{2k-3}{2k-2} \cdots \frac{1}{2} I_0 & & = \frac{2k}{2k+1} \cdot \frac{2k-2}{2k-1} \cdots \frac{2}{3} I_1 \\ & = \frac{2k-1}{2k} \cdot \frac{2k-3}{2k-2} \cdots \frac{1}{2} \cdot \frac{\pi}{2} & & = \frac{2k}{2k+1} \cdot \frac{2k-2}{2k-1} \cdots \frac{2}{3} \\ & =: \frac{(2k-1)!!}{(2k)!!} \cdot \frac{\pi}{2}, & & =: \frac{(2k)!!}{(2k+1)!!}.\end{aligned}$$

例4 Taylor公式的积分余项形式: 设 f 在 $[a, b]$ 上有 $n+1$ 阶连续导数, $x_0 \in [a, b]$ 。则 $\forall x \in [a, b]$, 有

$$f(x) = f(x_0) + f'(x_0)(x-x_0) + \cdots + \frac{f^{(n)}(x_0)}{n!}(x-x_0)^n + \frac{1}{n!} \int_{x_0}^x (x-u)^n f^{(n+1)}(u) du.$$

证: 当 $n=1$ 时, 根据 Newton-Leibnitz 公式,

$$f(x) = f(x_0) + \int_{x_0}^x f'(u) du.$$

应用分部积分法,

$$\begin{aligned}\int_{x_0}^x f'(u)du &= \int_{x_0}^x f'(u)d(u-x) \quad ===== \quad (u-x)f'(u)|_{x_0}^x - \int_{x_0}^x (u-x)f''(u)du \\ &===== \quad f'(x_0)(x-x_0) + \int_{x_0}^x (x-u)f''(u)du,\end{aligned}$$

结论成立。假定当 $n = m$ 时, 结论成立, 即

$$f(x) = f(x_0) + f'(x_0)(x-x_0) + \cdots + \frac{f^{(m)}(x_0)}{m!}(x-x_0)^m + \frac{1}{m!} \int_{x_0}^x (x-u)^m f^{(m+1)}(u)du.$$

应用分部积分法,

$$\begin{aligned}\frac{1}{m!} \int_{x_0}^x (x-u)^m f^{(m+1)}(u)du &==== -\frac{1}{(m+1)!} \int_{x_0}^x f^{(m+1)}(u)d(x-u)^{m+1} \\ &==== -\frac{1}{(m+1)!} (x-u)^{m+1} f^{(m+1)}(u) \Big|_{x_0}^x + \frac{1}{(m+1)!} \int_{x_0}^x (x-u)^{m+1} f^{(m+2)}(u)du \\ &==== \frac{1}{(m+1)!} f^{(m+1)}(x_0)(x-x_0)^{m+1} + \frac{1}{(m+1)!} \int_{x_0}^x (x-u)^{m+1} f^{(m+2)}(u)du.\end{aligned}$$

故

$$f(x) = f(x_0) + f'(x_0)(x-x_0) + \cdots + \frac{1}{(m+1)!} f^{(m+1)}(x_0)(x-x_0)^{m+1} + \frac{1}{(m+1)!} \int_{x_0}^x (x-u)^{m+1} f^{(m+2)}(u)du.$$

所以当 $n = m + 1$ 时, 结论成立。根据数学归纳法, 结论对任何自然数 n 成立。