



CHAPTER 1. WELCOME

WELCOME TO BERGEN

URTVEIT

BRYGGEN

A WARM WELCOME TO BERGEN!

As a European City of Culture, World Heritage City and UNESCO City of Gastronomy, Bergen offers world-class experiences and culture. Bergen is the heart of the Norwegian fjords, and it gives you an ideal combination of nature, culture and cosmopolitan experiences. All year round.

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CHAPTER 1.1

HELP US TAKE

CARE OF BERGEN



The people who live here love their city – and they love visitors. Everyone is welcome! Our slogan is that a good city to live in is a good city to visit.

That is why we encourage everyone who visits Bergen and the nearby areas to help us take care of the city. We hope that our visitors will take care of the natural environment, world heritage and local environment during their visit. Here are seven guidelines we hope you will follow to take care of the city between the seven mountains:

1 Show consideration for others

Show consideration for both the locals and other visitors. Show consideration for the people working in shops, museums, restaurants and attractions. Bus stops, light rail stops and the railway station are no-smoking areas. If you visit mountains or fjords, remember that nature's silence is part of the experience. It is customary to greet the people we meet along the walking paths in Norway.

2 Use the waste bins and public toilets

Please do not leave behind empty containers and waste – use public waste bins. Familiarise yourself with the location of public toilets and use these.

3 Respect private property

Remember that the beautiful houses you see in Bergen are the homes of the people who live here, and therefore private property. Please show consideration for those living and working in the city, and respect their right to a private life. Remember that the World Heritage Site Bryggen is private property that is listed, and you must be extra mindful in order to preserve the site.

4 Have respect for the forces of nature

Nature is beautiful, but unpredictable. The weather can change quickly. Remember that your mobile telephone might not have a signal in certain natural surroundings, even those that are close to the city. Always take the marked paths. If you are not used to walking in untamed nature, we recommend a local guide. Ask the Tourist Information for advice. Always check the weather forecast in advance if you plan to enjoy the great outdoors www.yr.no. Always remember to bring extra clothes and additional food and drink, even on short walks. Remember sturdy footwear.



SHOW US THAT YOU ALSO CARE BY FOLLOWING THESE SEVEN POINTS

5 Do not leave any traces in nature

You will not find waste bins or toilets in natural areas. Remember to go to the toilet before setting off on a hike. Do not leave waste behind – please take your waste back home with you. If there are no facilities where you are, please take used toilet paper with you in a bag, and do not leave it behind in nature. Use existing campsites and make sure there is no risk of fire in the area. Lighting a fire is prohibited between 15 April and 15 September.

6 Respect the wildlife

Show consideration for the wildlife, particularly in spring when new life abounds the animal kingdom. Always keep your distance when encountering wild animals. Remember that it is illegal to remove eggs from nests. Always walk your dog on a lead. This is mandatory year-round in Bergen and in the city mountains.

7 Photography and drones

You can take pictures almost anywhere in Bergen. Some places – mainly in art galleries and museums – may have signs indicating that taking pictures is not allowed. Always remember to ask people whether you may take a picture of them.

Taking pictures of children in schools and kindergartens is not allowed, unless you have a special agreement to do so. Please note: Special rules apply to the use of drones, which you must familiarise yourself with. You can read about them on The Civil Aviation Authority of Norway's website.

We care about our city!

Show us that you also care by following these seven points.

Enjoy Bergen and its surroundings and welcome back!

Kind regards

Visit Bergen
Anders Nyland
Director of Tourism

CHAPTER 1.2

TOURIST INFORMATION



In a central location at the Fish Market, you will find the Bergen region's visitor centre for culture, experiences and tourism – Bergen Tourist information Centre.

Here, you will find exhibitions and presentations of things to see and do in Bergen and Fjord Norway. In addition to free help and advice, you can also buy a range of products and services, and exchange the most common types of currency.

Tickets for sightseeing, fjord tours and concerts

We can recommend what you should see and do while you're in Bergen and the fjord tours that best suit your wishes. We sell tickets for all the well-known round trips and fjord tours that depart from Bergen. Many tours start right outside the Tourist Information.

The Bergen Card

Get free offers and good discounts on cultural events and experiences with the Bergen Card. More information on pages 16–17. Buy your Bergen Card at the Tourist Information. Look for (BK LOGO) in the guide.

Free brochures

We have all the brochures you need for Bergen and Fjord Norway as well as exhibitions that will guide and inspire you on the rest of your trip.

Currency exchange

We have the best opening hours in the city for currency exchange. You can exchange the most common types of currency into Norwegian kroner.

Book online

Our website is always up-to-date and guides you through what is available. Book activities etc. online at visitBergen.com

- Fjord tours
- Accommodation
- Activities
- The Bergen Card

Bergen Tourist Information Centre

Strandkaien 3,
NO-5013 Bergen, Norway
(+47) 55 55 20 00
info@visitBergen.com
www.visitBergen.com

CHAPTER 1.3

THE BERGEN CARD CULTURE AND EXPERIENCES

Buy the Bergen Card online
on visitBergen.com



The practical and reasonable way to explore
Bergen, City of Culture.

With the Bergen Card in your pocket, you travel free on the Bergen Light Rail and buses in the city and the region. You also get free or discounted admission to museums and attractions, many established cultural events, various sightseeing tours, restaurants, the airport bus and parking. The Bergen Card gives you admission to attractions in the city centre as well as other attractions in the region.

Bergen has many museums, some with unique art collections and others that show the breadth of the city's historical heritage. Take a trip up to Mount Fløyen and enjoy the view of the city, the fjord and the ocean. See seals, penguins, crocodiles and snakes at close range at Bergen Aquarium, or explore the world of science and technology with your family at the VilVite Science Centre.

Free travel on:

- Bergen Light Rail – between the city centre and Bergen Airport Flesland
- Scheduled bus services in Bergen and Hordaland county (Skyss)
- Boat – Standkaiterminalen to Kleppestø (Askøy)

 in the guide = free /
discounted price with
the Bergen Card

Buy the Bergen Card here

- Bergen Tourist Information Centre
- Online at: visitBergen.com/Bergenskortet
- Deli de Luca, Bergen Airport Flesland
- Bratland Camping
- Lone Camping
- Radisson Blu Royal Hotel

For more information about the advantages of the Bergen Card, see visitBergen.com/Bergenskortet.

Important information about use of the card

For the Bergen Card to be valid, the sales outlet must enter a date and time on the card. The card is valid until the date/time entered on it and for a specified number of hours. The Bergen Card is personal. Always take it with you and show it without being asked. It is checked at places that take the Bergen Card. See what you save by using the Bergen Card when visiting the city's many attractions and sights.

Scan and book



CHAPTER 1.4

A MORE SUSTAINABLE

TRAVEL EXPERIENCE



In Bergen, we endeavour every day to create more sustainable travel experiences for all our guests.

Green Travel – the symbol that makes it easier to have an eco-friendly holiday

Did you know that the Bergen region has one of the highest proportions of eco-friendly hotels in the world? There are in fact almost 100 eco-friendly tourism enterprises in the region! Ecolabelling is recognition of an enterprise's targeted and long-term work to reduce their negative footprint. When you choose an ecolabel tourism enterprise, you can rest assured that it has good procedures in place for waste disposal, energy consumption and transport.

Look for the Green Travel symbol in the Bergen Guide to find ecolabel tourism enterprises. Symbols are intended to make it easier for you as a guest to find ecolabel enterprises. The following schemes are included under the Green Travel label: Norwegian Ecotourism, Nordic Swan Ecolabel, Eco-Lighthouse, Green Key, ISO 14001 and Blue Flag.

Sustainable tourism

By being a world leader in green transport, by offering our guests local fare and produce and by contributing to increased value creation and making the region a more attractive place to live, we have many advantages that make the Bergen region a greener destination.

And together with our guests, the tourism industry, our municipalities and partners, we work hard to increase sustainability in the industry. Among other things, we are now working on qualifying Bergen for Innovation Norway's Sustainable Destination Label – a stamp of quality among Norwegian destinations.

Read about how you as a guest can help to take care of Bergen on page 10-13 of this guide and feel free to check out visitbergen.com to learn more about our work on sustainable tourism.



Look for the in the Bergen Guide to find ecolabel tourism enterprises in the region.

FROM NATURE LOVER TO HISTORY BUFF



The people of Bergen are proud of their city and its traditions. The city offers a wide range of attractions, museums and sightseeing options.

There are more than 60 different attractions, museums and galleries in Bergen. Among others, you can visit the Hanseatic wharf Bryggen, Bergen Aquarium, the Fløibanen funicular and the Fish Market. Bergen is also a great city for children, with lots of exciting and educational activities.

The Fish Market has delicacies to tempt everyone, and you can spend hours among fish, penguins and sea lions at Bergen **Aquarium**. The whole family can explore the world of science and technology at the **VilVite Science Centre**. If you take the **Fløibanen funicular** to the top of Mount Fløyen, you can have fun at the playground, play in the Trollskogen forest, walk on exciting nature trails or paddle a canoe on Skomakerdiket lake. You can 'float' to the top of Bergen's highest mountain in the **Ulriken 643** cable car. From the top, you can enjoy magnificent views of Bergen and the surrounding area – the sea, the islands, fjords and mountains.

Bergen is also perfect for walks as the city centre is very compact, but rich in history and culture at the same time. If you arrive in Bergen as part of a group or would like your own guide, you can book a guide from one of our **guide companies**, who can show you or your group around Bryggen, the city centre or wherever you wish.

The **Edvard Grieg Museum** at Troldhaugen is a popular museum for visitors from far and wide. You can visit Grieg's home, his composer's cabin and his burial site. Daily lunch concerts are also held in the Troldsalen concert hall during summer.

There are a number of museums at **Bryggen**, including Bryggen's Museum, the Hanseatic Museum & Schøtstuene, Håkon's Hall, the Rosenkrantz Tower, St Mary's Church and the Theta Museum. Enjoy a historical stroll through **KODE's** extensive collection of art and design located in four buildings in Bergen city centre.

The open-air **Old Bergen Museum** is a reconstructed town of around 50 wooden houses and buildings dating from the 18th, 19th and 20th centuries.

The **Museum of Natural History** at the **University Museum** of Bergen has also finally reopened following six years of renovation. The museum has, among other things, sixteen new exhibitions. Many other museums are also found in and around Bergen. Remember that the Bergen Card gives you free or discounted admission to most museums and attractions in Bergen and the region!

MAP

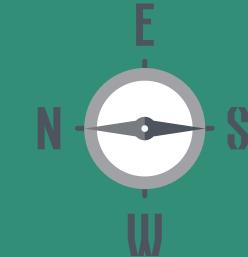
Attractions
Museums
Churches
Sightseeing

FLÅM

SØgnefjorden

VOSS

HARDANGERFJORDEN



MODALEN

VAKSDAL

GULEN

MÅSEFJORDEN

ALVER

OSTERØY

BERGEN

TYSNES

AUSTEVOLL

ØYGARDEN

AUSTREIM

FEDJE

CHAPTER 2.1 / ATTRACTIONS

1 AdO arena

At AdO arena, you can swim in a 50-metre pool of high international standard, dive in what is already said to be one of the best diving pools in Europe, learn to swim in the training pool or plunge down one of our water slides.

Lungegårdskaien 40 / NO-5015 / +47 53 03 62 22 / adoarena.no



2 BERGEN AQUARIUM

Bergen Aquarium is one of the biggest tourist attractions in Bergen. You can experience fascinating creatures from tropical rainforests, the foreshore, the ocean depths and the Arctic. We have sea lions, penguins, otters, crocodiles and many more animals, and you can see them being fed every day and enjoy a film in our cinema. Café/shop/play area.

Nordnesbakken 4 / NO-5005 / +47 55 55 71 71 / akvariet.no



3 BERGEN PHILHARMONIC ORCHESTRA

Bergen Philharmonic Orchestra has national orchestra status and, as one of the world's oldest orchestras, can trace its history all the way back to 1765. Edvard Grieg was closely associated with the orchestra. Concerts are held every week during the season from August to May. Streaming services are available at Bergenphilive.no.

Grieghallen, Edvard Griegs Plass 1 / NO-5015 / +47 55 21 62 28 / harmonien.no



4 THE FISH MARKET

The Fish Market in Bergen is the best known and most visited outdoor market in Norway. Situated in the heart of the city, it sells a wide range of seafood delicacies, and also local specialities such as cheese, fruit and vegetables, and cured meat products. Mathallen, an indoor part of the Fish Market, is open all year.

Torget / NO-5014 / Manager Margit Fagertveit-Aakre (Urban Environment Agency) Atle Jakobsen (Domstein)



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Chapter 2.1
Attractions

5 FLØIBANEN FUNICULAR

Take the Fløibanen Funicular to the top of Mount Fløyen for spectacular views of the city. On top, there is a restaurant, Fløistuen shop & café, Skomakerstuen café, play areas, goats and a great variety of walks. In summer, you can hire a mountain bike, or paddle a canoe on Skomakerdiket lake. Welcome to the mountains!

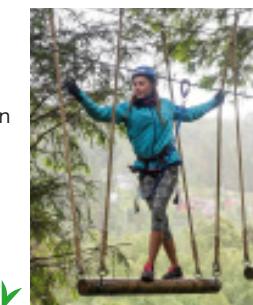
Vertridsallmenningen 23A / NO-5014 / +47 55 33 68 00 / floyen.no



6 BERGEN CLIMBING PARK, HØYT & LAVT

Get a great rush climbing in the tree tops at Western Norway's biggest climbing park. A fun and active day on the climbing courses awaits not far from the city centre. Make your way across 120 fun obstacles and more than 20 exhilarating zip-lines. Several levels of difficulty. Suitable for everyone from age 3 to 99. No experience required.

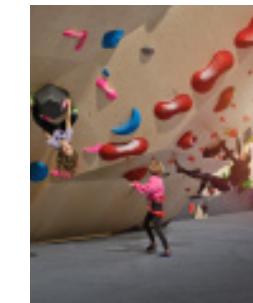
Osvegen 141 / NO-5227 / +47 55 10 20 00 / hoytlavt.no/bergen



7 HØYT UNDER TAKET KOKSTAD

An indoor climbing park with lots of space, where everyone can climb, beginners and experienced climbers alike. At Kokstad, you can climb with ropes, both with and without auto-belay, and you can try bouldering or use the fitness room. Not far from the centre of Bergen. Høyt Under Taket is suitable for EVERYONE!

Kokstadflaten 33 / NO-5257 / +47 468 45 725 / hoytundertaket.no/kokstad/



8 MAGIC ICE BERGEN

A magical fairy-tale world made of ice! Be enchanted by world-class ice sculptures, changing light, sounds and delicious drinks served in glasses made of ice. An experience out of the ordinary! Open every day, all year, for people of all ages. Group prices available on request.

C. Sundts gate 50 / NO-5004 / +47 930 08 023 / magicice.no



9 STOREBLÅ AQUACULTURE VISITOR CENTRE

A different kind of experience marked by know-how and action! Storeblå Aquaculture Visitor Centre provides a unique, comprehensive insight into Norwegian aquaculture. Explore and learn more about this industry in our modern exhibition and see salmon up close on a bracing RIB boat trip to a fish farm outside Bergen.

Sandviksboder 1G / NO-5035 / +47 53 00 61 90 / storebla.no

**10 ULRIKEN643**

Experience the mountains in the middle of the city! Take the cable car up to the top of Bergen where you'll find a fantastic landscape, views, activities and unique culinary experiences in Skyskraperen Restaurant. The Ulriken Express Bus service runs from the city centre to the cable car every half hour from 1 May to 30 September.

Haukelandsbakken 40 / NO-5009 / +47 53 64 36 43 / ulriken643.no

**11 VESTKANTEN EXPERIENCES**

Vestkanten is the biggest shopping and activity centre in Norway. The centre has a water park complex, a spa section, bowling, minigolf, skating, curling, shops and restaurants – just 10 minutes from the centre of Bergen. Unforgettable experiences await at Vestkanten!

Vestkanten Storsenter / +47 55 50 77 77 (Water park and ice rink) / +47 55 50 77 80 (bowling and minigolf) / Loddefjord / NO-5171 / vestkantenopplevelser.no

**12 BERGEN SCIENCE CENTRE – VILVITE**

Explore science and technology with all your senses! The main exhibition is full of interesting experiences for children and adults alike. Go on a voyage of discovery through the body, learn about the cycle of nature, cycle a 360-degree loop, do experiments with water, take part in a creative workshop, see a science show and lots more.

Thormøhlens gate 51, Møhlenpris / NO-5006 / +47 55 59 45 00 / vilvite.no

**13 ESCAPE BRYGGEN**

Escape Bryggen is Norway's oldest Escape Room company, and the only one in the whole world in a UNESCO World Heritage site. You get 60 minutes to: Escape from the curse, Disarm the bomb, Catch the murderer, Escape Bryggen! With four rooms, both indoors and outdoors, we have something to suit everyone! Perfect for families, tourists and everyone else!

Bryggen 35 / NO-5003 / +47 4737 2273 / escapebryggen.no

**EXPLANATION SYMBOLS:**

Wheelchair access

Café

Open all year

Shopping

Bergen Card



Green
Travel

Look for the in the Bergen Guide to find ecolabel tourism enterprises in the region.

**OPENING HOURS
& PRICES**

More information: visitBergen.com

CHAPTER 2.2 / MUSEUMS

14 ARVEN GOLD AND SILVER WARE FACTORY AND SHOP

At Arven gold and silver ware factory and shop, you can buy beautiful hand made jewellery, household items and silver cutlery. A visit here is a real experience! You can see the production line and our artisans at work up close through a 40 metre long glass wall. Guided tours of the factory are also available.

Sandbrogaten 11 / NO-5003 / +47 55 55 14 40 / arven.no



15 BERGENHUS FORTRESS MUSEUM

Main exhibitions: The resistance movement in the Bergen area from 1940 to 1945 and the history of Bergenhus Fortress. Other exhibitions: women's contribution to the Norwegian Armed Forces, newspapers in Bergen and the underground press from 1940 to 1945. Norwegian forces abroad and Enigma. Changing temporary exhibitions.

Koengen, Bergenhus Fortress / NO-5886 / +47 98 90 33 51 / forsvaret.no



16 BERGEN KUNSTHALL

Bergen Kunsthall is a centre for contemporary art that presents exhibitions and events by international artists. Landmark is our series of live events that include concerts and club evenings at weekends. We also host a wide range of events for everyone.

Rasmus Meyers allé 5 / NO-5015 / +47 940 15 050 / kunsthall.no



17 BERGEN MARITIME MUSEUM

Shows the development of shipping and its importance to Bergen and Norway, from the Iron Age and Viking Age and up to the present. Exhibitions feature high-quality boats, model ships, equipment and paintings. The museum building is an architectural gem, situated in beautiful surroundings. Guided tours from June to August. Activities for children. Bus stop: Møhlenpris.

Haakon Sheteligs plass 15 / NO-5007 / +47 55 54 96 15 / sjofartsmuseum.no



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Chapter 2.2
Museums

18 BJØRN WEST MUSEUM

The story of the resistance group Bjørn West is the exciting local history of the last hostilities in Europe in 1945. The museum has an extensive exhibition of equipment, photos and films. Signposted car walks. Express bus. Great walks.

Matre 41 / NO-5984 / +47 469 05 204 / bjornwest.museumvest.no



19 BRYGGENS MUSEUM

Archaeological museum comprising thousands of items that provide an interesting insight into everyday life during the Middle Ages. Find out how the many city fires changed both the city and people's lives. Guess what they wrote in runic inscriptions to each other, everything from declarations of love and poetry to secret messages. Get a new perspective on Bergen!

Dreggsallmenning 3 / NO-5003 / +47 55 30 80 32 / 55 30 80 30 / bymuseet.no/



20 DALE OF NORWAY

You can buy premium knitwear from Dale of Norway in shops on Bryggen. You can also shop from our entire collection at the Dale of Norway Brand Store at Lagunen shopping centre. If you are looking for a bargain, visit our factory outlet in Dale. Guided tours of the factory in Dale can be booked for groups: shop@dale.no

Brand Store, Lagunen Storsenter, Laguneveien 1 / NO-5239 / +47 415 67 523
Factory Outlet, Sandlivegen 2 / NO-5722 / +47 415 67 571 / daleofnorway.com



21 DAMSGÅRD COUNTRY MANSION

The summer estate was built in the 1770s and is the best example of Rococo architecture in Norway. Both the house and garden are gems for history buffs and people who appreciate unique architecture, beautiful interiors and historical gardens. The garden is open during opening hours, admission by guided tour only to the manor house.

Alleen 29 / NO-5160 / +47 55 30 80 33 / 55 30 80 30 / bymuseet.no/



22 THE HANSEATIC MUSEUM AND SCHØTSTUENE

Explore Bryggen as the Hanseatic merchants knew it! Visit the German merchants' assembly rooms, Schøtstuene, and UNESCO World Heritage site Bryggen with us. Guided tours are available in several languages in the summer season.

Activities for children and seats in the garden.

Øvregaten 50 / NO-5003 / +47 53 00 61 10 /
hanseaticmuseum.museumvest.no/

**23 EDVARD GRIEG MUSEUM TROLDHAUGEN**

World-famous composer Edvard Grieg's villa at Troldhaugen has been preserved as it was in 1907. The museum also includes the composer's cabin, his burial site, a concert hall, and a museum. Daily concerts from 15 June to 21 August enable visitors to hear Grieg's music in the setting in which it was written.

Troldhaugveien 65 / NO-5232 / +47 930 19 590 / troldhaugen.no

**24 FJELL FORT**

Fjell Fort is situated in a popular walking area around 25 km from Bergen. As one of the most important strongholds built in Norway during WWII, it guarded Bergen from attacks from the west. Much of the fort has been very well preserved. Guided tours inside the fort are available at set times.

Festningsvegen / NO-5357 / +47 53 00 61 23 / fjellfestning.museumvest.no/

**25 OLD BERGEN MUSEUM**

Enjoy a bit of nostalgia delving into the history of a living museum in the reconstructed Bergen of the 19th and 20th centuries. The museum has a unique collection of around 50 original wooden buildings that once stood in the centre of Bergen. There is also a beautiful English-style park and a seawater pool.

Nyhavnsveien 4 / NO-5042 / +47 55 30 80 34 / 55 30 80 30 / bymuseet.no/

**26 HARALD SÆVERUD – MUSEUM SILJUSTØL**

Siljustøl was home of the popular composer Harald Sæverud and his wife Marie. The house, with its studio and grand piano, are preserved as they were when Sæverud died in 1992. The house is now a museum set in a beautiful area covering 44 acres, which is perfect for walks. Welcome to this unique composer's home where the focus is on music and nature.

Siljustølveien 50 / NO-5236 / +47 55 92 29 92 / siljustol.no

**27 HERDLA MUSEUM**

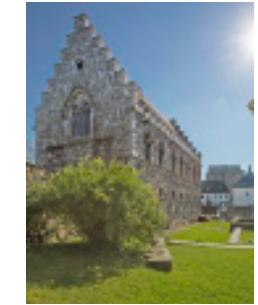
A small island with its own museum, Herdla is situated in the archipelago west of Bergen. It has exhibitions about its dramatic role in World War II, and its rich fauna and birdlife. The main attraction is a German fighter aircraft from WWII. Herdla is also a great place for walks, fishing, swimming and bird-watching.

Herdla fort / NO-5315 / +47 970 94 729 / herdlamuseum.museumvest.no/

**28 HAAKON'S HALL**

Experience a 13th-century royal banqueting hall, the first of its kind to be built in stone. Haakon's Hall was the largest and most imposing building of the royal residency in Bergen, and is now a living national cultural heritage site. Imagine what being a king was like in the Middle Ages.

Bergenhus Festning / NO-5003 / +47 55 30 80 36 / 55 30 80 30 / bymuseet.no/

**29 KODE ART MUSEUMS OF BERGEN**

Norway's second biggest art collection is housed in four museums in the heart of the city. See art and design from the 15th century up to the present. The museums feature the works of artists such as Munch, Dahl, Klee and Picasso. Dedicated KunstLab section for children with a workshop and exhibition. Separate programme of changing exhibitions. One ticket for all the museums.

Rasmus Meyers allé 3, 7 og 9. Nordahl Bruns gate 9 / NO-5015
+47 53 00 97 04 / kodebergen.no



30 KUNSTHALL 3,14 – Contemporary Art

Kunsthall 3,14 encourages dialogue and reflection on different aspects of contemporary international society and promotes highly acclaimed artists as well as new upcoming artists. Kunsthall 3,14 is housed on the second floor of the former premises of Norges Bank dating from 1845, overlooking the popular Fish Market.

Vågsallmenningen 12 / NO-5014 / +47 55 36 26 30 / kunsthall314.art/

**31 COASTAL MUSEUM IN ØYGARDEN**

Experience coastal culture in an authentic fishing village setting. Exhibitions, films, café and shop. New exhibition about wedding and costume traditions. Combine a visit to the museum with a visit to Øygarden Aquaculture Centre, where you can hire a canoe, rowing boat and fishing equipment. Lovely outdoor recreation area for walks, fishing and swimming.

Museumsvegen 9 / NO-5337 / +47 53 00 61 40 / kystmuseet.museumvest.no

**32 LEPROSY MUSEUM ST. GEORGE'S HOSPITAL**

Visit a unique cultural monument with many stories to tell. When its last residents died in 1946, the hospital had been in use for more than 500 years. Learn about leprosy, how widespread it was and the efforts made to eradicate the disease, which culminated in Gerhard Armauer Hansen's discovery of the leprae bacillus in 1873.

Kong Oscars gate 59 / NO-5017 / +47 55 30 80 37 / 55 30 80 30 / bymuseet.no/

**33 THE HEATHLAND CENTRE AT LYGRA – Museum Centre in Hordaland**

Through active cultivation of the landscape, the Heathland Centre preserves the heathland and promotes the coastal culture of Western Norway. Film, exhibition, restaurant, local food, walks, guided tours, views, tranquility, grazing animals, bike hire and accommodation. 'FjordFrokost' (fjord breakfast) – boat trip and local food.

Lyrevegen 1575 / NO-5912 / +47 56 35 64 10 / muho.no/lyngheisenteret

**34 THE OLD VOSS STEAM RAILWAY MUSEUM**

Travel back in time! In summer, the vintage train runs on the line between Varnes Station and Midttun Station. The route is operated by our beautiful old steam locomotive built in 1913 with its old teak carriages. Special trips and trips in the dining car are organised on certain Sundays. Activities on offer to suit everyone!

Tunesvegen 8 / NO-5264 / +47 940 53 037 / njk.no/gvb

**35 NORTH SEA TRAFFIC MUSEUM IN TELAVÅG**

Exhibitions about the Telavåg Tragedy and the North Sea Traffic between Norway and the UK during World War II. The village of Telavåg was razed and its inhabitants were sent to German concentration camps. The 'Telavåg 1942' app recounts this episode of history. Film. Open by arrangement outside the season. Forty-minute drive from Bergen on the RV 555 road. Buses 450 to 459.

Årvikadalen 20 / NO-5380 / +47 53 00 61 50 / nordsjofartsmuseum.museumvest.no/

**36 NORWEGIAN FISHERIES MUSEUM**

Immerse yourself in fascinating history in authentic 18th-century wharfside warehouses. Learn about the sea, our common marine resources and fishermen's lives through the ages. Family activities both outdoors and indoors. Café with outdoor seating. Rowing boat hire. Loan of kayaks. Vintage boat harbour. Boat service to the museum during summer. NO. ENG. GER. FR. SP

Sandviksboder 23 / NO-5035 / +47 53 00 61 80 / fiskerimuseum.museumvest.no

**37 OLE BULL MUSEUM LYSØEN**

The museum comprises violinist Ole Bull's villa and the island itself with its forest and park grounds. The villa, built in 1873 and unique in Norwegian architectural history, stands on the island like a fairy-tale castle. Fantastic scenery, a network of walking trails, secluded bathing spots and an observation tower.

The villa will be closed for restauration in 2022. See www.lysoen.no for details.

Lysøen / NO-5215 / +47 53 00 97 00 / lysoen.no



38 OLEANA ÉCONOMUSÉE

Oleana is an open textile factory where we invite you to come on a journey through our production hall, where you can watch how raw yarn is turned into finished products. Witness craftsmanship in practice and learn about textile production. Guided tours for groups on request.

Ivar Aasgaardsvei 1 / NO-5265 / +47 55 39 32 25 / oleana.no

**39 OSTERØY MUSEUM**

Osterøy Museum is in a beautiful setting in the cultural landscape of Osterøy. Old buildings show how people in the countryside outside Bergen lived, and through story-telling and experiences, the museum links objects and the living cultural heritage of textiles and costumes, weaving and local building customs.

Gjerstad 44 / NO-5282 / +47 941 72 250 / muho.no/osteroymuseum

**40 ROSENKRANTZ TOWER**

Welcome to Rosenkrantz Tower, where you can climb narrow, dim stairwells to the top. You get the best view of the city from the roof, and in the cellar, you'll find the notorious dungeon. The Tower is the most important Renaissance monument in Norway, built as a residence and fortified tower in the 1560s.

Bergenhus Festning / NO-5003 / +47 55 30 80 38 / 55 30 80 30 / bymuseet.no/

**41 BERGEN SCHOOL MUSEUM**

Welcome to Bergen's oldest Latin School, dating from 1706. The oldest school building in Norway has exhibitions about the Norwegian school system and Norwegian society from the Middle Ages and up to the present. Thematic exhibition of old natural science posters.

Lille øvregate 38 / NO-5018 / +47 55 30 80 39 / 55 30 80 30 / bymuseet.no/

**42 TEXTILE INDUSTRY MUSEUM**

Visit a unique museum in the Bergen region! How is wool turned into clothes? Visit Salhus Tricotagefabrik, a listed textile factory dating from 1859, and learn about the textile industry in Western Norway.

Salhusvegen 201 / NO-5107 / +47 55 25 10 80 / muho.no/tekstilindustrimuseet

**43 WESTERN NORWAY EMIGRATION CENTRE**

An authentic prairie village on the island of Radøy. The Emigrant Church and the buildings in the Prairie village were built by Norwegian-Americans in the USA and later moved to Norway. We chronicle the history of Norwegian emigrants, and draw parallels to migration today. Permanent and changing exhibitions, guided tours and experiences.

Hellandsvegen 541 / NO-5939 / +47 917 12 961 / 55 25 10 80 / muho.no/vestnorsk-utvandringssenter

**44 YTRE ARNA MUSEUM**

Local history museum for Ytre Arna, where the industrialisation of Western Norway began in 1846. Arne Fabrikker was the biggest textile factory in Norway in the 1950s. Learn about industrial history and the development of the local community, combined with a visit to the Oleana textile factory, which is housed in the same building.

Ivar Aasgaardsvei 1 / NO-5265 / +47 975 69 518 / ytrearnamuseum.no



WITH THE BERGENCARD YOU TRAVEL FOR FREE ON THE LIGHT RAIL AND ON BUSES IN BERGEN AND THE SURROUNDINGS

See pages 16-17

Discover historic Bergen!

BYMUSEET.

[@](#) [f](#) [bymuseet.no](#)



CITY WALK

Bryggen Guiding – on foot

Experience Bergen's history where it all started – at UNESCO World Heritage site Bryggen!



THEATRICAL CITY WALK

At Your Service!

Join a theatrical city walk that provides an entertaining introduction to Bergen's history. The walk starts at the Tourist Information before concluding at Skansen.



OLD BERGEN MUSEUM

Experience 19th century Bergen

Enjoy a bit of nostalgia delving into the history of a living museum in the reconstructed Bergen of the 19th and 20th centuries.



BRYGGENS MUSEUM

Meet the Middle Ages

Archaeological museum comprising thousands of items that provide an interesting insight into everyday life during the Middle Ages.



EDVARD GRIEG MUSEUM TROLDAUGEN

Edvard Grieg's home offers tours and concerts throughout the summer.

KODE
TROLDAUGEN.NO

OPENING HOURS:
10-17
(CLOSED ON MONDAYS)

ENTRANCE
TICKETS:



TICKETS TO
CONCERTS
(ENTRANCE
INCLUDED)



Edvard Munch, Kvinnene på broen, 1903

KODE BERGEN ART MUSEUM

Shows Norwegian and international masterpieces and has one of the world's largest collections of Edvard Munch's works.

KODE
KODEBERGEN.NO



ENTRANCE:

CHAPTER 2.3 / CHURCHES

45 BERGEN CATHEDRAL

Bergen Cathedral has stood, fallen and been rebuilt for almost 900 years. It was dedicated to Saint Olav in around 1150. The Church has been ravaged by five fires since then, and it was hit by a cannon ball in 1665. The canon ball is still lodged in the church spire as a memento of the Battle of Vågen.

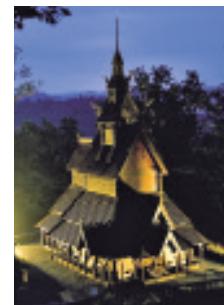
Domkirkeplassen 1 / NO-5018 / +47 55 59 71 75 / bergendomkirke.no



46 FANTOFT STAVE CHURCH

The old stave church at Fantoft, originally built in Fortun in Sogn in 1150 and moved to Fantoft in 1883, was destroyed in a fire on 6 June 1992. The stave church was rebuilt as it had stood prior to the fire and opened in May 1997. The easiest way to get to the church is to take the Bergen Light Rail to Fantoft and follow the signs a further 500 metres.

Fantoftveien 38C, Paradis / NO-5072 / +47 55 28 07 10



47 ST JOHN'S CHURCH

The elevated position of St John's Church at Nygårdshøyden makes it a very visible feature of the city. It has the highest tower in Bergen at 61 metres, and it is also the church with the biggest capacity. The church was built in 1894 in the Neo-Gothic style. Its unique altarpiece and the large organ are additional reasons to visit the church.

Syndesplassen 5 / NO-5007 / +47 55 59 71 75 / bergendomkirke.no



48 ST MARY'S CHURCH

St Mary's Church is the oldest intact building in Bergen. It was built during the 12th century, probably between 1130 and 1170. The beautiful inventory of St Mary's Church makes it well worth a visit, featuring a gilded altarpiece, a Baroque pulpit and other church art dating from different periods.

Dreggsallmenningen 15 / NO-5003 / +47 55 59 71 75 / bergendomkirke.no



CHAPTER 2.4 / SIGHTSEEING

49 BERGEN BIKE RENT

Bergen is a charming city, which is easily explored from the seat of a bike. You are guaranteed new bikes and state-of-the-art equipment at Bergen Bike Rent. Cycling around Bergen provides a great opportunity to see Bergen at its best. The minimum rental period is two hours. Equipment: Bike/Electric bike – Helmet – Map – Bag – Tools – Lock.

Bontelabo 2 / NO-5003 / +47 410 68 000 / bergenbikerent.no



50 BERGEN GUIDE SERVICE

No one knows Bergen like we do. Our authorised guides, who speak a total of 20 languages, will be happy to show you around Bergen. We tailor tours to suit your needs, all year. Get in touch to book a tour!

Holmedalsgården 4 / NO-5003 / +47 55 30 10 60 / bergenguideservice.no



51 BERGEN SEGWAY

Bergen's original and only authorized Segway tour operator. Certificate of Excellence awarded 6 years in a row. Our tours are suitable for everybody. We guarantee you a fun and memorable experience. Our tours cover all of Bergen city center incl fantastic views from the mountainside.

Bontelabo 2 / NO-5003 / +47 471 47 100 / BergenSegway.no



52 07000 BERGEN TAXI

Taxi, sightseeing, transfers or VIP transport? Call 07000! Bergen's biggest taxi company is ready to oblige. We are open all day – all year. Call us at 07000 or use the 07000 app.

Bergen, Askøy and Øygarden / NO-5257 / 07000 (+47 55997000) / bergentaxi.no



53 BRYGGEN GUIDING – on foot

Experience Bergen's history where it all started – at UNESCO World Heritage site Bryggen! The walk starts at Bryggen's Museum, continues to the ruins of the city's first town hall, well hidden below street level, then takes you through the wooden buildings at Bryggen and ends up at Schøtstuene assembly rooms.
Meeting point: Bryggen's Museum. Duration 90 minutes.

Dreggsallmenning 3 / NO-5003 / +47 55 30 80 30 / bymuseet.no/

**54 HOP ON HOP OFF BUS BERGEN**

Climb aboard the Hop On – Hop Off bus for a fun and memorable trip and impression of the city. Travel with us and experience everything Bergen has to offer. The bus stops at all the most important sights and attractions.

Stop 1 Skolten Cruise Terminal / NO-5003 / +47 22 33 20 00 / stromma.com/no-no/bergen/sightseeing/hop-on-hop-off

**55 MARTINS BERGEN TOURS – CITY WALKING TOURS**

Hello, I'm Martin and as an authorized city guide I would like to introduce you to the city of Bergen, its history and culture, and to its people and the traditions they maintain. Personal. Committed. Fun.
Tickets for my tours (in German and English) can be purchased on www.martinsbergentours.com.

+47 462 41 200 / martinsbergentours.com

**56 THEATRICAL CITY WALKS – AT YOUR SERVICE**

Join a theatrical city walk that provides an entertaining introduction to Bergen's history. Local actors from Bergen City Museum bring the life of a local maid-servant in around 1880 to life. The walk starts at the Tourist Information, and continues through streets and squares before concluding at the old fire station up at Skansen.

Dreggsallmenning 3 / NO-5003 / +47 55 30 80 30 / bymuseet.no/



OPENING HOURS & PRICES

More information: visitBergen.com

EXPLANATION SYMBOLS:



Wheelchair access



Café



Open all year



Shopping



Bergen Card



Green Travel

Look for the in the Bergen Guide to find ecolabel tourism enterprises in the region.

skyss

Travel by bus, boat and light rail when you want to enjoy Bergen and Hordaland!

Visit skyss.no for timetables and further information.

skyss.no



FROM MUNCH

TO
DOLK



Bergen is a European City of Culture, which has been known for its rich and varied cultural scene all the way back to the Hanseatic era.

Bergen was a **European City of Culture** already in 2000 and is home today to a unique range of experiences and cultural activities. Every day, it is possible to choose between revues and theatre, dance performances, shows and international concerts featuring top-class international performers.

The **Bergen region** also has more than 60 highly varied attractions. There are great opportunities for young people, adults, children and families who want to explore local traditions and history.

Bergen's Art Street has collections featuring unique treasures from Norway and abroad, both past and present. The collections are housed in a row of galleries lining the picturesque Lille Lungegårdsvann lake in the heart of the city. Permanent and changing exhibitions throughout the year. KODE houses large collections by Munch, Tidemand and Gude, Picasso, Miró and Astrup, as well as contemporary art and KunstLab, a dedicated art museum for children and young people. Bergen Kunsthall is also situated here, where you can see contemporary art, performance art etc.

Bergen, **Music City** – always a concert to suit your taste. The Edvard Grieg Museum at Troldhaugen, the home of this world-famous composer, is a well-known venue for visitors from far and wide. The city also has a number of concert venues, ranging from small clubs to outdoor arenas and the region's flagship concert hall, the Grieg Hall, home to Bergen Philharmonic Orchestra. The orchestra celebrated its 250th anniversary in 2015.

With more than 60 festivals and big concerts, Bergen has cemented its position in the music world. Many people choose to visit Bergen during **Bergen International Festival** in May/June, when, in addition to the fantastic international festival, they get to see the city looking its best in spring.

Nattjazz, one of Norway's biggest jazz festivals, is held in parallel with Bergen International Festival, and is based at USF Verftet. Every summer, the historic area Koengen at Bergenhus Fortress is transformed into a unique festival area when big Norwegian and international names play at the **Bergenfest** music festival.

Bergen is an action-packed city, and you'll definitely never be bored. There'll always be something on that's to your taste.

CHAPTER 4. SHOPPING

FROM YARN

TO
HIGH
FASHION



You won't return home empty-handed after a day's shopping in Bergen. Our city has a range of shops few other Norwegian cities can match

In the compact city centre, you'll find everything from **fashionable design shops** and large shopping centres, to small **specialist shops** with goods you won't find anywhere else in the world.

Jump off the bus at Olav Kyrres Gate, Festplassen or Torget, and you will find yourself in the heart of Bergen's main shopping area. Home to large, fashionable shopping centres such as **Galleriet** and **Bergen Storsenter**, which boast a wide range of shops, and abundant shopping opportunities.

In addition to the shopping centres in the centre of Bergen, there are also a number of large shopping centres outside the city centre that are worth a visit. Most of them are easy to get to by bus or Bergen Light Rail.

Or do you prefer a bit of fresh air between shops on your shopping excursion? In that case, you should head for the shops in the city centre streets. Instead of the big, well-known chains, you will find unique niche shops along the narrow, cobbled pedestrian streets and alleyways of the city centre, which sell goods you won't find anywhere else. Wander along Strandgaten, Marken, Hollendergaten, Øvregaten or Bryggen, and make shopping in Bergen

an experience. Visit shops you've never heard of and find clothes you know none of your friends will have.

There are many well-known design and souvenir shops along historic **Bryggen** that sell beautiful examples of Norwegian craftsmanship, gifts and delightful small items you will enjoy for years to come. In the area around Vågen harbour, you can buy fantastic clothes made by well-known local clothes manufacturers. Take your time and have a good look around to ensure you make the most of shopping in Bergen. Although the shops are spread across the city streets, the compact city centre means they are all within easy distance.



150 YEARS OF EXPERIENCE AND GREAT DESIGN

Arven gold and silver factory

Visit our shop and visitor centre. See our skilled craftsmen and women at work making timeless silverware and beautiful gold jewellery.



18 ARVEN 68

SANDBROGATEN 11 • 10-17 (14) • ARVEN.NO

Visit
Bergen

Bergen
Guide 2022

Chapter 4.
Shopping

57 ARVEN GOLD AND SILVER WARE FACTORY AND SHOP

At Arven gold and silver ware factory and shop, you can buy beautiful hand made jewellery, household items and silver cutlery. A visit here is a real experience! You can see the production line and our artisans at work up close through a 40 metre long glass wall. Guided tours of the factory are also available.

Sandbrogaten 11 / NO-5003 / +47 55 55 14 40 / arven.no



58 DALE OF NORWAY

You can buy premium knitwear from Dale of Norway in shops on Bryggen. You can also shop from our entire collection at the Dale of Norway Brand Store at Lagunen shopping centre. If you are looking for a bargain, visit our factory outlet in Dale. Guided tours of the factory in Dale can be booked for groups: shop@dale.no

Brand Store, Lagunen Storsenter, Lagunveien 1 / NO-5239 / +47 415 67 523
Factory Outlet, Sandlivegen 2 / NO-5722 / +47 415 67 571 / daleofnorway.com



59 ARTISTS AT BRYGGEN

Behind the iconic façade of Bryggen in the heart of Bergen, you can meet local artists and designers at work. Wander through the historic passages and find silversmiths, illustrators, textile designers and artists at work in their studios as well as a variety of shops. Come and visit us!

Jacobsfjorden and Bellgården / NO-5003 / +47 481 01 095 /
kunstnereabryggen.no/



60 OLEANA ÉCONOMUSÉE

Oleana is an open textile factory where we invite you to come on a journey through our production hall, where you can watch how raw yarn is turned into finished products. Witness craftsmanship in practice and learn about textile production. Guided tours for groups on request.

Ivar Aasgaardsvei 1 / NO-5265 / +47 55 39 32 25 / oleana.no



FROM FAST FOOD



TO FINE DINING

Bergen City of Gastronomy builds on its thousand-year history of local produce and unique culinary traditions.

Surrounded by the sea, deep fjords and high mountains and with ample access to fertile mountain pastures, the region produces **first-rate produce** from the sea and land.

The rich traditional culinary culture and access to a great variety of produce from clean, magnificent surroundings provide the inspiration for creative and innovative cuisine. **The Bergen region** has a number of internationally renowned restaurants and a growing number of world-class chefs. Creative culinary artists who cultivate, develop and pass on local **food culture** and gastronomy, and who combine local produce, seasonal twists and creativity.

Bergen is a member of UNESCO's **City of Gastronomy** network, in which the intention is for the cities to cooperate and share experiences linked to food, creativity and gastronomy. It is international recognition of all the opportunities and potential of Bergen City of Gastronomy.

Seafood has always formed the heart of Bergen's culinary culture, and the sea of Bergen abounds with tasty delicacies. This is where you will find the season's best ingredients – mussels and scallops, crawfish and crabs, prawns and the

freshest of fish. You can sample traditional **Bergen fish soup**, an array of seafood dishes that reflect the seasons in their simplicity and freshness, and the old classic Bergen dish '**persetorsk**', where cod is first marinated in salt and sugar before being pressed.

In Bergen you will find just about everything – from coffee bars to fish restaurants and delicious international cuisine, to small arty cafés, bars and nightclubs. A delicatessen. Bergen City of Gastronomy has world-class restaurants and some of Norway's most beautiful places to eat – it's just a matter of letting your mood, taste buds and wallet decide.

A new perspective on seasonal cuisine



NORDIC FOOD IN RAW NATURE

Inspired by Norwegian nature, tradition and the changing weather of the west coast we present a new menu for each season of the year with the kitchens own local twists.

Skyskraperen is located at the top of Mount Ulriken with a spectacular view overlooking Bergen and its surrounding mountains, fjords and ever-changing weather.

Welcome to our seasonal 3-course lunch or a full 5-course tasting menu in the evening. Book your table for a unique experience to dine on the highest of the seven mountains surrounding the city of Bergen.

[SKY SKRAPEREN.NO](#)



ENHJØRNINGEN is the oldest fish restaurant in Bergen – extensive à la carte menu with everything you could think of in fish and shellfish. Opening hours every day 16.00-23.00.

September to May: Closed Sunday.
Open till 11 pm.
Book a table by telephone on +47 55 30 69 50
www.enhjorningen.no



TO KOKKER – We use real Norwegian produce – and serve it with the respect it deserves!

Open Monday to Saturday 5 – 11 pm.
Table bookings: +47 55 30 69 55
www.tokokker.no



After a great meal – lean back in **BAKLOMMEN**. Our bar is quite unique – with that real Bryggen atmosphere.

Pull up a stool and order from our well-stocked bar – or perhaps you'd prefer just a good cup of coffee in very nice surroundings.



CHAPTER 5.1 EXCLUSIVE

BARE RESTAURANT

The only restaurant in Bergen with a Michelin star. It serves five and ten-course tasting menus. Highlights local ingredients from Western Norway in historic premises.

Torgallmenningen 2 / +47 400 02 455 / barerestaurant.no



CORNELIUS SEAFOOD RESTAURANT

Meteorological seafood menu, inspired by the raw beauty of the local fjords, offering a delicious variety of seafood from the West coast.

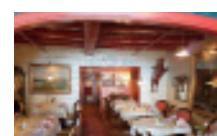
Holmen, 25 min. by boat / +47 56 33 48 80 / corneliusrestaurant.no



ENHJØRNINGEN FISKERESTAURANT

Enhjørningen is Bergen's oldest fish restaurant – large à la carte menu of fish and shellfish. Housed at Bryggen in Bergen in a building dating from 1702.

Bryggen 29 / +47 55 30 69 50 / enhjorningen.no



FISH ME

The city's new seafood destination in Mathallen at the Fish Market. Norwegian local ingredients – Fish shop – Restaurant – Bar – Sushi – Bakery.

Strandkaien 3, Fisketorget / +47 450 23 000 / fishme.no



RESTAURANT 1877

Food with love & knowledge. A meal at Restaurant 1877 is just a few hours of your life. We hope you remember it for much longer.

Vetrålsallmenningen 2 (Kjøttbasaren) / +47 92 87 18 77 / restaurant1877.no



TO KOKKER

We use authentic, Norwegian ingredients and prepare them in the manner they deserve. Housed at Bryggen in Bergen in a building dating from 1702.

Bryggen 29 / +47 55 30 69 55 / tokokker.no



CHAPTER 5.2 TYPICAL OF BERGEN

ALLMUEN

Local ingredients combined with international flavours. Known for its grilled fish dishes.

Valkendorfsgate 1b / +47 919 18 008 / allmuenbistro.no



BRYGGELOFTET & STUENE

Its traditional and unique interior makes Bryggeloftet both a restaurant and an institution in Bergen, known far and wide for the quality of its food and charm.

Bryggen 11 / +47 55 30 20 70 / bryggeloftet.no



BRYGGEN TRACTEURSTED

Bryggen Tracteursted serves traditional food based on solid craftsmanship a modern cuisine inspired by Norwegian and Hanseatic traditions.

Bryggestredet 2 / +47 55 33 69 99 / bryggentracteursted.no



DAMSGÅRD

Neighbourhood restaurant for foodies focusing on dry-aged beef that is grilled in the open kitchen.

Damsgårdsveien 62 / +47 489 98 309 / damsgaardrestaurant.no



DUGGFRISK BAR & SPISERI

Unique bar and restaurant focusing on local culinary traditions with a new twist. Our young local staff welcome you to our pleasant bar and restaurant.

Strandkaien 12 / +47 938 94 864 / duggfriskbergen.no



LYSVERKET

'Redefining Nordic Cuisine' – New York Times. Seafood restaurant focusing on local ingredients. Set menu and à la carte menu.

Rasmus Meyers Alle 9 / +47 55 60 31 00 / lysverket.no



MANDELHUSET

Mandelhuset is situated like a white gem by the sea in Tysnes. This former general store is now a cosy restaurant and bar.

Hegglandsvegen 18 / +47 53 43 21 00 / mandelhuset.no



PINGVINEN

Local high-quality food. Large range of craft beers, meeting place for locals, musicians, artists and tourists. High-quality Norwegian fare.

Vaskerelven 14 / +47 55 60 46 46 / Pingvinen.no

**RESTAURANT BIEN BASAR**

A restaurant in the historic Kjøttbasaren building. Modern Western Norwegian cuisine served as tapas. Local sustainable ingredients.

Vetrelidsalmenning 2 / +47 909 57 171 / bienbar.no

**SKYSKRAPEREN RESTAURANT AS**

Mountain restaurant that is a café during the day and serves an informal gourmet menu in the evening – in spectacular surroundings on the top of Mount Ulriken.

Haukelandsbakken 40 / +47 53 643 643 / skyskraperen.no

**THON HOTEL BERGEN AIRPORT RESTAURANT LINDBERGH**

This open kitchen focuses on modern Nordic food, and high-quality culinary experiences and sustainable ingredients.

Kokstadvegen 3 / +47 55 92 00 00 / thonhotels.no/bergenairport

**CHAPTER 5.3
OTHER****26 NORTH**

We offer Boards from the Fjords, which is an easy way to enjoy a light meal or as a sharing table, as well as mains and desserts.

Bryggen 47 / +47 71 04 67 / 26north.no

**ACIDO COCTAIL BAR & RESTAURANT**

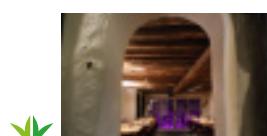
Experience our skilled bartenders preparing cocktails perfectly matched to our South American flavors.

Øvre Ole Bulls plass 5 / 55 21 58 73 / hoteloleana.com

**ALTONA VINBAR**

We have fantastic wines in all price classes, and our menu features dishes based on high-quality ingredients and delicious flavours.

C. Sundts gate 22 / 55 30 40 00 / augustin.no

**BERGTATT RESTAURANT**

Bergtatt serves tasty dishes inspired by European cuisine in an open and informal atmosphere. Unique panoramic view of the city and mountains.

Bøhmergaten 42 / +47 922 82 602 / bergtattrestaurant.no

**BIG HORN STEAK HOUSE**

We want to give our guests a real steak experience in a traditional and informal atmosphere.

Lodin Leppsgt. 2 B / 55 36 60 60 / bighorn.no

**BJERCK RESTAURANT & BAR AS**

Enjoy the city's best views of Mount Fløyen and the Fish Market while you lean back and enjoy delicious, reasonably-priced food.

Torgallmenningen 1A / +47 55 32 55 55 / bjerck.no

**BOCCONE RISTORANTE**

An informal, pleasant place to enjoy a glass of excellent wine, olives, perfectly grilled meat and a night out in an Italian atmosphere with friends and family.

Nedre Ole Bulls plass 4 / +47 53 01 44 88 / boccone.no

**BRASSERIE X**

We combine the French brasserie tradition with high-quality Nordic food. We offer good, uncomplicated and tasty meals made from scratch.

Sandsliåsen 50 / 55 98 00 00 / nordicchoicehotels.no

**BRASILIA**

Brasilia serves high-quality churrasco grilled food, with flavours you will recognise from Brazilian cuisine.

Olav Kyrres gate 39 / +47 483 05 555 / brasilia.no/

**CAFÉ NORGE**

Café Norge is situated on the ground floor in the heart of Hotel Norge! A pleasant, informal and modern restaurant characterised by beautiful Nordic design.

Nedre Ole Bulls Plass 4 / 55 55 40 00 / scandichotels.no

**CAFÉ OPERA**

Café, pub, club, culture venue and restaurant that serves food until 23.00 every day.

Engen 18 / 55 23 03 15 / cafeopera.org



CASA DEL TORO

Bergen's only Tex-Mex restaurant, focusing on fresh ingredients and delicious food inspired by Mexican food culture.

Rosenkranzgate 6 / +47 55 55 03 10 / casadeltoro.no

**CLARION HOTEL ADMIRAL RESTAURANT**

Enjoy the beautiful view of Bryggen in Bergen, warm atmosphere, unique menu with a fusion of local ingredients and flavors of Manhattan.

C. Sundts gate 9 / +47 55 23 64 00 / nordicchoisehotels.no

**COLONIALEN 44 & MATBAR**

The restaurant serves elegant food in a comfortable atmosphere. Our menus are inspired by traditional Norwegian food combined with international touches.

Kong Oscarsgate 44 / +47 55 90 16 00 / colonialen.no

**COLONIALEN KRANEN**

Neighbourhood restaurant serving classic but modern, low-threshold food. Seasonal fare focusing on local ingredients that are served to share.

Solheimsgaten 9B / +47 55 90 16 00 / colonialen.no/kranen/

**COLONIALEN LITTERATURHUSET**

Colonialen Litteraturhuset, brasserie and café, serves everyday gastronomy. The cuisine is inspired by Nordic and continental traditions.

Østre Skostredet 5-7 / +47 55 90 16 00 / colonialen.no/litteraturhuset/

**ESCALON FLØIEN**

Welcome to an intimate tapas restaurant. Great experiences await, whether you pop in for a delicious glass of wine or a full tapas feast!

Vetrålsallmenningen 21 / +47 55 32 90 99 / escalon.no

**ESCALON VEITEN**

Tapas from around the world, good drinks and a fun atmosphere. You can also order takeaways and catering, whatever the occasion.

Veitens 3 / +47 55 32 90 99 / escalon.no

**FG RESTAURANT & BAR**

A brasserie with pertaining function rooms in historic surroundings at Bryggen, serving a wide range of meat and seafood dishes.

Finnegården 2a / +47 55 55 03 02 / fgrestaurant.no

**FINNEGAARDSSTUENE**

You can hire unique function rooms in one of the city's finest locations at Finnegaarden on Bryggen, serving French-inspired cuisine.



Finnegården 2a / +47 55 55 03 00 / finnegaardsstuene.no

FJELLSKÅL

Our focus is to provide the best seafood experience possible, both when buying fish to bring back home and when dining in our restaurant.



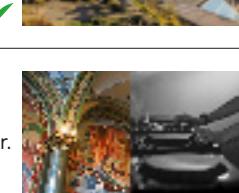
Strandkaien 3 / 989 05 898 / fjellskal.com

FLØIEN FOLKERESTAURANT

Fløyen Folkerestaurant from 1925 is one of Bergen's most distinguished restaurants, situated on Mount Fløyen, with a spectacular view.



Fløyfjellet 2 / +47 55 33 69 99 / floienfolkerestaurant.no/

**FRESCOHALLEN**

Frescohallen offers unique experiences in beautiful surroundings, from luxurious breakfasts and champagne lunches to glamorous evening dining and bar.

Vågsallmenningen 1 / +47 413 83 100 / [Frescohallen.no](http://frescohallen.no)

**HARBOUR CAFE**

International restaurant and bar with panoramic views of Torget square in the city centre, and outdoor tables!



Torget 9 / 55 30 09 00 / harbourcafe.no

HOGGORM

Hoggorm serves pizza with Norwegian toppings and local oysters. The bar serves natural wine and a good range of beers.



Nygårdsgaten 29 / hoggormpizza.no

INDIA GATE BERGEN

A visit to India Gate Bergen is a real taste of India. The restaurant serves the best and most exciting Indian cuisine around.



Vetrålsallmenningen 7 / +47 47 68 77 77 / indiagate.no

JAJA STREETFOOD & BAR

JAJA serves flavours from all over the world inspired by the best of street food. We mix traditions, culture and flavors into new experiences.



Solheimsgaten 23 / +47 913 14 235 / jajabergen.no

MARG & BEIN

Rustic restaurant with a menu based on Norwegian ingredients. Focuses on nose-to-tail eating, slow cooking and Norwegian seafood.

Fosswinckels gate 18 / 55 32 34 32 / marg-bein.no

**MATBAREN**

Enjoy an exciting meal perfect for sharing. The dishes are made from local produce and the bar serves organic wine and local beers.

Zander Kaaes gate 8 / +47 55 36 20 40 / zanderk.no

**NAMA**

Nama is proud of being Bergen's first sushi restaurant, and the restaurant has served exciting culinary experiences with great success since 2001.

Lodin Lepps gate 2B / 55 32 20 10 / namasushi.no

**NOVA**

We offer exceptional food and wine experiences in our modern, informal fine dining restaurant.

Nedre Ole Bulls plass 4 / 55 55 40 00 / scandichotels.no

**OLIVIA**

With a focus on Italian ingredients, we serve pizza, pasta and other Italian dishes – based on our love of Italian cuisine.

Torget 2 / +47 55 90 23 00 / oliviarestauranter.no

**PASCAL MAT & VIN**

Visit our popular restaurant, Pascal Mat & Vin, for a fantastic lunch or dinner experience at Scandic Neptun hotel in Bergen.

Valkendorfsgate 8 / 55 30 68 00 / scandichotels.no

**PEPPES PIZZA OLE BULLS PLASS**

Peppes Pizza serves authentic American pizza in the heart of Bergen. Perfect for families and groups of all sizes.

Olav Kyrres gate 11 / 22 22 55 55 / peppes.no

**PYGMALION ØKOCAFE**

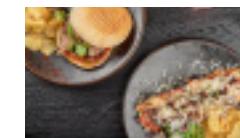
Organic cafe and restaurant situated in the heart of Bergen. Featuring art exhibitions, and unbeatable atmosphere.

Nedre korskirkeallmenning 4 / 55 32 33 60 / pygmalion.no

**REBEL**

Rebel's vintage and modern interior sets the scene for great food and drink experiences. The restaurant seamlessly transforms into a nightclub at weekends.

Vaskerelven 16 / +47 55 09 00 44 / rebelsk.no

**RESTAURANT BIEN CENTRO**

Italian restaurant serving home-made pasta and authentic Neapolitan pizza. Situated in the basement of the Kode 1 art museum.

Nordahl Bruns gate 9 / +47 55 59 11 00 / bienbar.no

**RESTAURANT BIEN SNACKBAR**

A modern hamburger restaurant serving high-quality burgers. Situated a few Bergen Light Rail stops from the city centre.

Fjøsangerveien 30 / +47 55 59 11 00 / bienbar.no

**RESTAURANT SOPHUS**

Cosy restaurant with a good, simple menu. Open Monday to Friday.

Håkonsgt 2-7 / 55 33 33 00 / scandichotels.no

**STORM BRASSERIE**

Storm Brasserie is perfect for a delicious meal or lunch with friends in an informal and pleasant setting.

Øvre Ole Bulls plass 3 / 55 32 11 45 / olebullhuset.no/restaurant/

**VALASKJALV**

Experience something new and unique in Bergen! Valaskjål is a Viking-inspired restaurant and bar. Experience authentic Norwegian food from the Viking Age!

Valaskjål, Torget 3 / +47 989 05 555 / valaskjalv.no

**VILLA BLANCA**

Flavours and aromas from the French-Italian Mediterranean coast. We serve authentic Provençal food in an authentic Mediterranean atmosphere.

Nedre Korskirkeallmenningen 1 / +47 920 28 443 / villablanca.no

**VILLA PARADISO OLE BULL**

You will find a little piece of Italy on the premises of goldsmith Theodor Olsen. We provide a unique setting for all occasions.

Øvre Ole Bulls plass 1 / +47 55 90 09 00 / villaparadiso.no



FROM CHIT-CHAT

TO THE DANCE FLOOR

The nightlife in Bergen is an experience in itself. Throughout the year, Bergen's varied nightlife is easy to explore and has everything to ensure a great atmosphere and an exciting night on the town.

Take the time on a spring day to sit down and enjoy a **cold refreshment** at one of the many pubs and cafés with outdoor seating around Torget square or along Bryggen.

Let the fresh sea air and street life inspire and energise you. Like the restaurants, many of the bars and pubs in the area, are imbued with history. A look inside will give you a unique glimpse into the city's **Hanseatic history**, as seafarers from across the globe have made their mark on these pubs.

In August, students bring life and laughter to the streets of Bergen during freshers' week, one of the biggest annual events in the student calendar.

Bergen is also one of the biggest music cities in Norway, and the bars and pubs in the city centre host a wide range of **concerts** and live performances throughout the week.

Although Fridays and Saturdays are the most popular days to go out in Bergen, the city centre is also a lively place on weekdays with a great atmosphere in the streets and lots of people in the bars, clubs and pubs. Whether you want a laugh at a **stand-up show**, listen to your favourite music at one of the city's established old

pubs or have a chat with friends in a quiet bar. Or how about combining a visit to a bar with a tasty meal?

The best way to round off an eventful evening out is to go to one of Bergen's many **nightclubs**. Bergen has a diverse range of nightclubs of different styles and music genres to match the variety of bars and pubs. Everything from sophisticated dance halls and pleasant **jazz clubs** to throbbing dance floors at one of the city's big pick-up joints. Bergen has nightclubs of all sizes and shapes, which provide a great starting point for partying all night long.

CHAPTER 6.1

BARS / PUBS / NIGHTCLUBS

BAKLOMMEN BAR

Relax at Baklommen after a great meal. Unique cocktail bar in authentic surroundings at Bryggen.

Bryggen 29 / +47 55 32 27 47 / tokokker.no



BAR AMUNDSEN

Row upon row of the best whiskies around served by our informal and friendly bar tenders.

Zander Kaaes gate 6 / 55 21 25 00 / grandterminus.no



BAR X

You'll always find a drink you'll enjoy at Bar X, for example our very own Blond Ale, made from scratch. Pop past, whether you're staying at the hotel or not.

Sandsliåsen 50 / 55 98 00 00 / nordicchoicehotels.no



BERGTATT

Bergtatt offers a truly unique experience with panoramic views of the city and mountains, combined with great food and drink.

Böhmergaten 42-44 / bergtattrestaurant.no



CITY BAR

We have a wide selection of wines and capable bar tenders who can find a drink for all tastes. Welcome!

Håkonsgt 2-7 / 55 33 33 00 / scandichotels.no



DARK & STORMY BAR

DARK & STORMY is a modern tikibar. Our backyard is a hidden gem that stays warm and cozy all year round.

Kong Oscarsgate 12 / +47 469 38 321 / darkandstormy.no/



DON PIPPO

Enjoy a visit to Don Pippo. We serve many wines by the glass, and delicious snacks if you're hungry.

Christies gate 11 / 55 31 30 33 / donpippo.no



DUGGFRISK

Nightclub that focuses on a great atmosphere! With good drinks and great company, Duggfrisk is perfect for all occasions.



Strandkaien 12 / duggfriskbergen.no

HANDELSKAMMERET BAR

Handelskammeret Bar is Bergen's hidden gem. In historical premises dating from the 1890s, the bar serves its own signature and classic cocktails.



Torgallmenningen 2 / +47 40 00 24 55 / handelskammeretbar.no

JADA ROOFGARDEN

Bergen's biggest roof terrace. We combine international flavours in an interesting, fun menu featuring food from all over the world.



Småstrandgaten 3 / +47 458 37 475 / jadaroofgarden.no

JEPPE BAR OG KAFÉ

Charming, intimate bar in the heart of Bergen. Enjoy watching the bustling city. Outdoor tables during summer.



Vågsallmenningen 6 / +47 907 84 384 / jeppebergen.no

KIPPERS

One of Bergen's most popular outdoor restaurants. Enjoy a refreshing cold beer while you soak up the sun and the sea air.



Georgernes Verft 12 / +47 456 00 819 / kafekippers.no

LILLE

A fun pub that organises music bingo, quizzes and cocktail courses, and has a nightclub. You'll always be greeted with a smile. Great atmosphere guaranteed.



Vaskerelven 16 / +47 468 57 267 / lillebergen.no

LOGEHAVEN

Logehaven is the best outdoor restaurant in the city. You can enjoy delicious food and drinks in a charming and informal setting.



Øvre Ole Bulls plass 6 / +47 55 55 49 49 / logehaven.no

LUDVIG VIN & CHAMPAGNEBAR

Visit our hotel bar, Ludvig Vin & Champagnebar, and meet friends or colleagues at Scandic Neptun in Bergen.



Valkendorfsgate 8 / 55 30 68 00 / scandichotels.no



MAGDA BAR

Magda is a fresh garden with the cocktails to match. A night at Magda starts with sharing pitcher of sangria or Spritz.

Kong Oscarsgate 5 / +47 469 38 321 / magdabar.no

**MICHELSSEN UTESERVERING**

Michelsen's outdoor restaurant is the perfect place to get the vibe of the city in fine weather.

Christies gate 10 / 928 72 949 / michelsenspisebar.no

**NATT**

Club scene with DJs who play house and urban music. Two bars, a lounge, a large dancefloor, fantastic music and sound quality.

Chr.Michelsens gate 4 / +47 907 84 384 / nattbergen.no

**NO STRESS**

We named the bar "No Stress" for nostalgic reasons. We pride ourselves on our cocktails and only use proper ingredients.

Hollendergaten 11 / +47 469 38 321 / nostressbar.no

**REBEL**

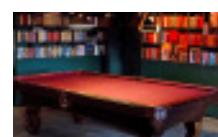
New exciting cocktails, a fantastic atmosphere and endless fun. Come and be a rebel with us.

Vaskerelven 16 / +47 55 09 00 44 / rebelsk.no

**SALONG BAR & BILJARD**

We wanted to recreate the experience of being at a friends place where everyone hangs out in the kitchen.

Kong Oscarsgate 5 / +47 469 38 321 / salongbar.no

**SCRUFFY MURPHYS**

Live music from professional musicians, football matches and a fantastic atmosphere.

Torget 15 / 55 30 09 20 / scruffymurphys.no

**SKIPPERSTUEN**

The pub has an informal atmosphere with live music from Tuesday to Sunday. Slightly set back from the street with heat lamps and outdoor tables all year.

Torggaten 9 / 55 90 28 05 / skipperstuenpub.no

**STATSRAADEN BAR & RECEPTION**

Friendly bar, with a warm atmosphere, the best view in the city and outdoor service all year. Active concert venue and great range of beers.



Bradbenken 2, Skur 7 / +47 55 30 17 00 / lehmkuhl.no

STORM BAR

Our capable bar tenders serve fantastic drinks you can enjoy in a pleasant atmosphere both indoors and outdoors.



Øvre Ole Bulls plass 3 / 55 32 11 45 / olebullhuset.no

SÅPAS

Modern gastro pub with a laid-back, warm atmosphere. We focus on good pub food, a wide range of drinks and a warm atmosphere.



Bankgaten 8 / +47 938 28 066 / sapas.no

THE LOBBY

The perfect place to meet good friends for a nice drink.



Nedre Ole Bulls plass 4 / 55 55 40 00 / scandichotels.no

TONGA BAR

Whatever the weather – rain, wind, snow or sheet ice – there is always sunshine and a tropical atmosphere in this second-floor pub across from the Fish Market!



Torget 9 / 55 30 09 00 / tongabar.no

VASKERIET BAR

Silent disco, Standup, Nightclub, Cocktailbar.



Magnus Barfotsgate 5 / +47 469 38 321 / vaskerietbar.no

VINYL BAR

We wanted a place where we could focus on our passion for craft beer and vinyl music.



Kong Oscarsgate 8 / +47 469 38 321 / vinylbar.no

WESSELSTUEN

The place for an authentic, genuine and traditional taste of Bergen – the favourite haunt of authors, journalists and actors.



Øvre Ole Bulls plass 6 / +47 55 55 49 49 / wesselstuen.no

FROM
INSTA

TO
MEMORIES

Bergen is surrounded by one of the world's most spectacular attractions, the Norwegian fjords.

The fjords are inscribed on **UNESCO's famous World Heritage List**, and have been called the best unspoiled travel destination in the world by National Geographic.

The fjords are the biggest attraction in Scandinavia, and draw visitors from far and wide. Bergen and the surrounding region are situated in the heart of the world-famous fjords, making it the best starting point for exploring the fjords. You can use Bergen as a base for fjord tours all year, but a greater range of tours is available during summer.

You can take day trips and round trips from Bergen to, for example, the **Sognefjord** – Norway's longest and deepest fjord, which includes the Nærøyfjord, which is inscribed on the World Heritage List, or to the Hardangerfjord, also known as the Queen of the Norwegian fjords. Bergen also has a fantastic coastline with thousands of large and small islands and a buzzing cultural scene, which makes it ideal for active outdoor pursuits.

The island archipelago is an open invitation to the fjords that cut through the landscape, creating majestic and richly contrasting scenery. Here, waterfalls cascade down mountainsides to which

small farms cling perilously, and the tallest mountaintops have a permanent covering of snow.

Some fjord tours combine travel by boat, train and bus. They all start and end in Bergen, and last from a half-day to a day. Some of them can be extended to include one or more overnight stays en route.

This is a **land of contrasts**. From gentle and mild to rough and wild. Picturesque small communities are dotted along the coast like green oases, and out by the ocean small fishing villages seem to cling precariously to the rocky shore. Nature is not just something for weary city dwellers to admire from a distance, however. You can ski all year – even in summer – go rafting and hike in the mountains and on glaciers, cycle the navvies' road and fish in the sea and rivers. **The Norway in a nutshell®** fjord tour shows you our fjords and mountains in a day trip and is available all year, but if you have time, you can cruise around the Fjord Kingdom at a more leisurely pace, either by car or by boat. Fjord Norway is worth it.

Norway in a nutshell

Experience Norway's most
popular and sustainable tour



Tour highlights

- The scenic Bergen Railway
- The breathtaking Flåm Railway
- Fjord cruise on the world famous Nærøyfjord (UNESCO) and the magnificent Aurlandsfjord
- Bus trip through beautiful scenery and the magnificent Nærøy valley

Information and booking



The tour includes: Roundtrip from Bergen with train, bus & boat

Several route alternatives available

Duration: One or multiple days

Daily: All year

Buy tickets from: fjordtours.com,
Bergen Tourist Information

Sognefjord in a nutshell

The King of
the fjords



Tour highlights

- The beautiful coastal archipelago outside of Bergen
- Extensive fjord cruise on the Sognefjord with amazing mountain scenery and waterfalls diving into the fjord
- Europe's top scenic Railway journeys; the Bergen Railway and the breathtaking Flåm Railway

Information and booking



The tour includes: Roundtrip from Bergen with train & boat

Several route alternatives available

Duration: One or multiple days

Daily: 16. May - 30. Sep

Buy tickets from: fjordtours.com,
Bergen Tourist Information





Norleds FJORDcard can be used

Fjordcruise at the Hardangerfjord

Take a fjord cruise along the 179 km long Hardangerfjord, also known as the “Queen of the Fjords”. The boat departs from Norheimsund quay and takes you deep into the fjord, to the village of Eidfjord. There is a correspondence with bus from Bergen Busstation to Norheimsund and back again. Travelling along the fjord, you'll see beautiful villages and rural districts surrounded by majestic mountains with snow- covered peaks.

It is also possible to make a stop in one of these charming villages, like Herand, Utne, Lofthus, Kinsarvik and Ulvik.

Duration: 8,5 hours (roundtrip)

Prices/Season/Information:

www.norled.no

Tickets can be bought at Visit Bergen and www.norled.no



Tickets:

norled.no - Touristinformation in Bergen



Fjordcruise at the Sognefjord to Flåm

Travel along Norway's longest and deepest fjord, The Sognefjord, also known as the “King of Fjords”. On board, you can enjoy the views through panoramic windows in the lounge, or go out on the large sundeck for an invigorating experience at very “heart” of Fjord Norway”. The boat departs from Strandkaiterminalen in Bergen. You can travel all the way to Flåm or make a stop at one of the charming fjordside villages, as Balestrand or Vik. On the way to Flåm, you'll also get a sneak peak of the

Nærøyfjord. This is the narrowest and best known of the many arms of the Sognefjord, which is also listed on the UNESCO world heritage list.

Duration: 12,5 timer /hours (roundtrip)

Prices/Season/Information:

www.norled.no

Tickets can be bought at Visit Bergen and www.norled.no



Enjoy a fjord adventure with steep mountains and mighty waterfalls



Photos: Robert Strand & Tom Gulbrandsen



Rødne's popular Mostraumen cruise from Bergen sails in stunning fjord scenery. It hugs sheer mountain walls, close enough to a mighty waterfall to feel the spray and often taste its pure water before navigating the powerful currents of Mostraumen straits. Feel peace descend upon you in these fairytale landscapes.

3-hour round trip.
Departures all year.

Scan and book



For more information, departure times and prices, see rodne.no

Enjoy an outing to scenic Rosendal and Hardanger



Photos: Bjarne Øymyr, Tom Gulbrandsen & Yrjan Olsnes

Explore lovely Rosendal, with its charming barony in a setting of mountain splendor or catch the bus to the trailhead for a trek to famous Trolltunga. The under two-hour boat ride from Bergen to Hardangerfjord lets you enjoy fjords, waterfalls and glaciers.

2-hour trip.

Daily departures - all year.



For more information, departure times and prices, see rodne.no

Scan and book



Look forward!

GO
fjords.com

We carefully curate and piece together tours and activities for travelers.

Cruise on the fjord, explore local villages, visit remote corners, look for blue ice on a glacier hike, island hop, summer ski and more.



Go Fjords offers trips all over Norway, and also with a great selection from, in and around Bergen.

Scan our QR-code to find out more and book with us.

Adventure awaits, go find it!



FROM COAST



TO
MOUNTAINS

The fjords are the biggest attraction in Scandinavia, and draw visitors from far and wide. Bergen and the surrounding region are situated in the heart of the world-famous fjords.

The fjords are the biggest attraction in Scandinavia, and draw visitors from far and wide. Bergen and the surrounding region are situated in the heart of the world-famous fjords.

It's no accident that this region is included on UNESCO's famous World Heritage List. Situated as they are between one of the world's longest fjords and one of the world's most beautiful fjords, the **Sognefjord** and the **Hardangerfjord**, Bergen and Vestland county are the best starting point for nature experiences.

The **Bergen region** has a fantastic coastline with thousands of large and small islands, a rich cultural scene and lots of opportunities for active pursuits. The island archipelago is an open invitation to the fjords that cut through the landscape, creating majestic and richly contrasting scenery. Here, **waterfalls** cascade down the mountainsides, while perpetual snow glistens on the summits and lush green pastures brighten up the fjord landscape.

Small green communities are dotted along the fjords and traditional fishing villages are still found out by the ocean. This is a **land of contrasts**. From gentle and mild to rough and wild. But all of them authentic and natural.

Nature is not just something for weary city dwellers to admire from a distance, however. Combine the fantastic scenery with a great range of active, invigorating and **exciting experiences**. Explore some of the thousands of islands along the coast. Witness the drama of deep fjords with their still waters that reflect beautiful mountains and glaciers. Take pleasure in the grassy hills and indulge in the tempting local fare. Play an **active part** in nature activities such as walking, sailing, cycling, kayaking, rafting, fishing, paragliding and summer skiing – to name but a few. From active types seeking the 'extreme' to friends in search of **shared** experiences in natural surroundings. You'll find it all here.

You don't need to travel far and you can do a lot even if you only have a couple of days at your disposal. It's easy to get here wherever you're travelling from, be it by boat, train, bus or car.

AUSTEVOLL ARCHIPELAGO OF 667 ISLANDS AND ISLETS

NATURE EXPERIENCES
ABOUND IN AUSTEVOLL

The Austevoll archipelago is situated between Bergen and Stord, and its biggest villages are Storebø and Bekkjarvik.

Bekkjarvik.



You can take the boat from Strandkai-terminalen in the centre of Bergen to Bekkjarvik. There is also a ferry from Krokeide to Hufthamar for those taking their own car.

If you plan to see Bekkjarvik, you should definitely take the opportunity to visit **Bekkjarvik Gjestgiveri**, which is in an idyllic setting beside the harbour. This guest house, which was built at the end of the 17th century, is family-run and still provides accommodation. However, it is perhaps best known for its restaurant. Previous winner of **Bocuse d'Or**, Ørjan Johannessen is the son of the owners, and, together with his brother, Arnt, he creates high-quality culinary experiences.

From Bekkjarvik, you can also go out fishing at the **ocean's edge**, for a day

of fishing, sea spray in your face and fisherman's yarns. On the local boat MS Tjeldén, you can go island hopping between the islands of Austevoll (operated by Norled). You can either stay on the boat and enjoy a round trip, or hop off en route and take another boat to your next destination.

Austevoll is a **cycling paradise** now that the biggest islands have been linked together by bridges. Good, quiet roads and great scenery make for fantastic cycling. You can rent a bike if you don't bring your own. You can also hire a SUP (stand up paddle board) and kayak in Bekkjarvik.

NORDHORDLAND THE FJORD KINGDOM JUST OUTSIDE BERGEN

Osterfjorden.



THE SEA ROUTE HAS BEEN THE MAIN THOROUGHFARE IN NORDHORDLAND ALL THE WAY BACK TO THE VIKING AGE

In Nordhordland, between Bergen and the Sognefjord, you will find beautiful fjords, untouched nature and narrow straits with strong currents.

Animals and people have created a beautiful landscape of colourful heathlands and charming drystone walls as protection against the elements. Nordhordland north of Bergen is a gem for nature experiences, exciting emigration history and activities that are guaranteed to bring a glow to your cheeks, the wind in your hair and laughter and joy.

Fjord just outside Bergen

The sea route is the most beautiful way to reach Nordhordland. Every day, all year, you can take a sightseeing boat up the beautiful fjord landscape of Nordhordland. The nature experiences start as soon as you board the boat, as you pass Nordhordland Bridge, Alverstraumen and the island of **Osterøy**. Innermost in the Osterfjord, the boat takes you up the narrow Mostraumen strait with its strong currents to **Modalen**. This trip is a perfect

fjord experience, with sheer mountains and waterfalls, idyllic farms and small villages, fauna and fresh sea air.

The lifesaver that shaped the land and people

Traces of the first people who settled along the coast can be found at, among other places, **Fosenstraumen** and at **Skipshelleren**. People started farming sheep around 4,500 years ago. Sheep are superbly adapted to the harsh climate, with their 'raincoat' over a warm layer of wool. **Ullruta** – the wool route tells the story of how sheep became a lifesaver for people living along the coast.

At the **Heathland Centre at Lygra**, you can learn about how farmers cultivated the heathlands as grazing for their animals. **Osterøy Museum** tells the story of how the Vikings invented the first raincoat, the



Lynghesenteret.

'Varafell'. You can also learn about how wool was used in the mass production of clothes at the **Textile Industry Museum**. At the **Western Norway Emigration Centre at Sletta**, you can hear about Norwegians who brought wool with them to the prairie when they emigrated to America.

Today, new generations are discovering this strong and sustainable natural product, and enjoying learning old craft techniques and patterns. The well-known brands, **Hillesvåg Ullvarefabrikk**, **Dale of Norway**, **Oleana** and **Norlender**, which still use wool in their first-class, Norwegian design products, are based in Nordhordland.

Walks in the beautiful Stølsheimen mountains in Masfjorden, between the Sognefjord and the Vossefjellene mountains, offer great natural and historical experiences. In Matre, you will find the **Bjørn West Museum** where you can learn more about the dramatic fighting that took place in the Stølsheimen mountains towards the end of World War II.

The area has varied and majestic scenery, with waterfalls and spectacular walks from the fjord to the mountains. **Stordalen Fjellstove** is a good starting point for walks, and also offers guided walks, accommodation and good food.

Fedje – the village in the sea

Fedje is an island at the ocean's edge with a population of just over 500. You can stay at **Hellisøy lighthouse**, and enjoy its panoramic views. Visit the Tourist Information at the quaint shop on the quay. After a lovely walk in the coastal heather, you can enjoy a delicious meal at one of the island's restaurants. It also has a swimming pool. The easiest way to get to Fedje is to take the ferry from **Sævrøy** in Austrheim.

Gulatinget – the Vikings' parliament and court

Western Norway has played an important role in history – all the way back to the Viking Age. King Harald Fairhair (reign approx. 872–931) founded the **Gulating** in **Gulen**. It was one of the oldest and biggest legislative assemblies in the Nordic countries, and 'Gulatingsloven' was one of the earliest laws. Vikings from all over



Tingveggen.

Western Norway gathered here every year to meet the king, discuss political issues, adopt laws and pass judgment in cases.

An Anglican cross and a Celtic cross dating from the 11th century still stand in Eivindvik. They mark what is believed to be the original site of the Gulating. At the **Gulatinget Millennium Site** in Floiid, the other site associated with the Gulating in Gulen, you can see the majestic installations 'Tingveggen', 'Tinghella' and 'Eldsirkelen' made by artist Bård Breivik.

The park is open to the public, and guided tours are available for groups, all year. Lunch of **Viking 'tapas'** by arrangement (min. 15 persons). Visitors can join guided tours at set times during summer. Cultural trails have been created at both sites, where visitors can take their own guided tour using a mobile phone or iPad.

Osterøy – a journey between fjord and mountains

Osterøy is an inland island, surrounded by beautiful fjords on all sides. This is the island for great nature and cultural experiences! Your bucket list should

include a summit tour to Bruviknipa and a visit to Mjøsvågen where you will find the village shop **Mjøsvågen landhandleri**, industrial history and **Norlender**.

Paradise for oceansport and deepsea fishing

In this region, you can have as much action-packed fun as you want. At **Kilststraumen Brygge**, experienced oceansport enthusiasts ensure that everything takes place in safe surroundings. How about skindiving and snorkelling on the surface of the sea, while you watch fish swim past below? The joy of paddling a canoe on calm freshwater lakes in **Nordhordland** is a well-kept secret. Hire a canoe at **Bruvoll Camping** in Hundvin and explore them for yourself!

Vaksdal

Vaksdal is situated between Bergen and Voss, and between the fjord and mountains. The Bergen Railway stops in Dale, which is the gateway to the fantastic hiking area Bergsdalen.

TYSNES – THE PLACE FOR GREAT CULINARY EXPERIENCES

WITH THE OCEAN TO THE WEST AND THE HARDANGERFJORD TO THE EAST

The quay at Våge – Tysnesfest.



Tysnes is not just an island, but a group of islands, covering some 255 square kilometres.

Many people might associate the island of Tysnes with the festival **Tysnesfest**, a family-friendly music festival beside the sea. But Tysnes has a lot more to offer. The island is made up of areas of smooth coastal rock and heathland to the west, while the landscape shifts to high mountains and large areas of forest and the Hardangerfjord to the east. And not least, it has a **lovely archipelago** perfect for boating excursions with the option of fishing.

Tysnes has also gradually become known for **culinary experiences**. On the quay in Våge, you'll find **Mandelhuset** right beside the sea, where they make great food with authentic flavours, based on fresh, local produce. The restaurant gets fish and seafood from local fishermen on the quay, potatoes and beef from the neighbouring farm and fruit and apples are picked on the island.

When you're visiting Tysnes, you should put on your hiking boots and walk to the top of a mountain. **Tysnessåta** is in a lovely location in the middle of the island, and from the top, at an altitude of **751 metres**, you can enjoy great views of the Bjørnefjord, Myrdal, Os and Fusa. If you'd rather do an easier hike, **Ramnanuten** (230 metres) is recommended. The walk starts in Våge and is suitable for the whole family. There are magnificent views across Tysnesbygden and the Bjørnefjord from the top.

To get to Tysnes from Bergen, you take the ferry from Halhjem (where the ferry to Sandvikvåg on Stord also departs from), an approx. 35-40-minute drive from the centre of Bergen. The ferry goes to Våge.

ØYGARDEN

THE COAST AS YOUR PLAYGROUND

Rongesundbro, Øygarden.



THE COAST WEST OF BERGEN IS IDEAL FOR ACTIVE, INVIGORATING AND EXCITING EXPERIENCES

Just a stone's throw from the city, you can take part in spectacular coastal activities and incredible culinary seafood experiences.

When the ice retreated around 10,000 years ago, it left thousands of islands like pearls on a string. When the winter storms lash the coast, you feel humbled by the forces of nature.

Marstein lighthouse stands in the ocean like a dependable guide for those taking the sea route to Bergen. You can spend the night in the lighthouse and watch the sky explode into colour as the sun disappears over the horizon.

In the kingdom of the sea eagle There is rich bird life in the coastal landscape, and there are more than 236 species of birds to spot. The sea eagle, one of the biggest birds of prey in the world, is the undisputed king. You are now in the **kingdom of the sea eagle**. The nature reserves at **Tjeldstømarka in Øygarden** and **Herdla on Askøy** are perfect for bird

watching. Experience nature up close on a walk on the North Sea Trail and coastal paths in Øygarden. There is a great chance that you will catch a glimpse of the sea eagle as it dives into the sea to catch its dinner.

With the sea as your playground The region west of Bergen offers a multitude of activities that make the most of the fascinating coastal landscape. Experience what it's like to catch a whopper in the great fishing grounds off **Sotra and Øygarden**, which are perfect for **deepsea fishing**. You can become one with the **archipelago** and the water in a sea kayak. Get a sense of the forces of nature and a rush as you ride the waves. Seek shelter for the night, enjoy the long, light evenings and the panoramic view of the starry skies.



Sotra.

Walk coastal paths on Gøta and enjoy views of the whole **horizon**. Go on a cliff walk and jump into the sea to try your hand at **coasteering**. **Panorama Hotel & Resort** offers a wide range of activities, experiences and accommodation options. Go on a guided tour with **Dive Bergen** of nature's gigantic aquarium, and dive between shoals of fish, benthic fauna, old shipwrecks and fascinating rock formations. A paradise for shell seekers, sports divers, scuba divers and wreck divers. Even the most adventurous souls will get a big kick out of Norway's most spectacular climbing walls.

One of Norway's biggest war treasure troves

The area is a treasure trove for those interested in the history of the war and the occupation.

The museums under **Museum Vest** also give visitors an insight into authentic coastal culture, a glimpse of the generations who have made a living from the sea's bounty all the way back to the Stone Age. The incredible history told at the **North Sea Traffic Museum**, Fjell

Fort, the **Coastal Museum in Øygarden** and Herdla Museum is enhanced by the beautiful surroundings – the scenery, the view, the air and the sea. Learn about one of the most well-known episodes of resistance fighting that culminated in the Telavåg tragedy. Walk through the exciting tunnels and the German coastal defence fortifications at **Fjell Fort**. At **Herdla Museum**, there is an exhibition on the German air base. The history of Fjell, Sund and Øygarden give the region a unique identity that you can only experience by being there.

Flavours that enhance the experience

You need all of your senses to enjoy the coast to the full. On a small island in the archipelago, you can indulge your taste buds with some of the most exotic flavours the coast has to offer. **Bergen Fjord Adventure** takes people on exciting trips in the archipelago. Go on a voyage of discovery in the ebb looking for seaweed, kelp, winkles, shells and common crabs, and see them be transformed into an unforgettable culinary experience.



Cornelius Sjømatrestaurant.

Cornelius Sjømatrestaurant is one of Norway's best restaurants, where you are served the freshest ingredients straight from the sea with a unique **meteorological menu** adapted to the weather and available ingredients. There are daily boat departures to Cornelius from Bryggen in Bergen, and the trip takes 20 minutes. Enough time to whet your appetite ahead of your delicious meal.

Wild sheep graze on the islands along the ocean's edge. The coast has shaped both the land and people's lives for thousands of years along this exposed coast. Heather, sea salt and fresh sea air give **Strilalammet lamb** its delicious flavour, and this product is fast becoming a sought after-ingredient along the Bergen coast. However, great culinary experiences are not made of great ingredients alone. Enjoying a meal in the right environment enhances the experience. On fine days, the sliding doors are opened and light dishes are served on tables set on the quay. On rough days, we light candles in the lounges, light the fire and serve food with stronger flavours.



The seafood tastes best right from the sea.



Throw yourself into the ocean with coasteering.



To see the best of Bergen, it's important to get around. Travel efficiently from A to B to get the most out of your stay.

The pride of Bergen's public transport, **Bergen Light Rail**, is a light rail service that operates between Byparken in Bergen city centre and Bergen Airport Flesland. Since Bergen Light Rail largely runs separate from other traffic, and has right of way at traffic lights, it is a more efficient form of transport than ordinary city trams. The many stops in central areas make Bergen Light Rail a popular means of transport for locals, tourists and visitors. There are good bus connections at many of the stops, such as Byparken and Lagunen, for those who wish to travel further by public transport.

Buses are perhaps the most flexible means of travelling on public transport in and around Bergen. The well-developed scheduled bus services bring you close to your destination in Bergen city centre, on Osterøy, Bergen North, Bergen South, Os, Hardanger, Voss and Austevoll. The main lines cover large areas of the Bergen Region, and the express buses transport passengers quickly to the bus terminals in the different districts. Tickets can be bought in kiosks or on an online/mobile phone app.

The Bergen Card enables you to travel free of charge on **Skyss's** bus and Bergen Light Rail services in Bergen and Hordaland.

As well as saving money and transporting you efficiently to destinations in the region, it can also provide a golden opportunity to see the areas around Bergen. With the Bergen Card in your pocket, you are free to go where you want, when you want. For free. You can, for example, take Bergen Light Rail to Troldhaugen and Fantoft Stave Church, or a bus to Old Bergen Museum, Lysøen, Voss, the Hardangerfjord or the Aurlandsfjord. If you plan to walk to Trolltunga, you can travel free of charge from Bergen to Odda with the Bergen Card.

It also entitles you to a discount on the airport bus, or you can take the Bergen Light Rail from the city centre to Flesland free of charge. If you want to make your own way around, the Bergen Card entitles you to a discount on **parking** at Bygarasjen multi-storey car park in the city centre.

USEFUL INFORMATION

IMPORTANT PHONE NUMBERS

POLICE: Tel. 112

FIRE BRIGADE: Tel. 110

AMBULANCE: 113.

ACCIDENT & EMERGENCY

Solheimsgaten 9.

(+47) 55 56 87 00.

Open day and night.

DENTIST: EMERGENCY DENTAL CARE,

Solheimsgaten 18 B.

(+47) 57 30 31 00.

DUTY CHEMISTS

Vitusapotek Nordstjernen, Bergen Storsenter

at the Bus Station. (+47) 55 21 83 84.

Ditt Apotek Bryggen, Vetrildsallmenningen 11

www.dittapotek.no (+47) 55 96 27 80

BERGEN PUBLIC LIBRARY

Strømgaten 6 (E4)

(+47) 55 56 85 00. www.bergenbibliotek.no

Free internet. Wireless network.

Music Department.

CURRENCY EXCHANGE/ BUREAU DE CHANGE

Most currencies can be changed at the Tourist Information on the Fish Market (D4).

FJORD INFORMATION

www.fjordnorway.com

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HOTELS

- Alver Hotel
- Augustin Hotel (C5)*
- Bekkjarvik Gjestgiveri Hotel & Suites
- Bergen Børs Hotel (D4)*
- Bergen Harbour Hotel
- Clarion Collection Hotel Havnekontoret (C4)*
- Clarion Hotel Admiral (C5)*
- Clarion Hotel Bergen (D4)*
- Clarion Hotel Bergen Airport*
- Comfort Hotel Bergen (C5)*
- Comfort Hotel Bergen Airport*
- Det Hanseatiske Hotel (D5)
- Fjordslottet Hotell
- Grand Hotel Terminus (E4)*
- Haahelm Gard
- Hordaheimen (De Bergenske) (C5)
- Hotel Norge by Scandic (D5)*
- Hotel Oleana (D5)
- Hotel Park (E5)*
- Klostergarten Hotel (C5)*
- Magic Hotel Kløverhuset (D5)
- Magic Hotel Korskirken (D4)

- Magic Hotel Solheimsviken (F3)
- Magic Hotel Xhibition (D4)
- Opus XVI AS - Edvard Grieg Heritage Hotel (D4)
- Panorama Hotell & Resort
- Quality Hotel Edvard Grieg*
- Radisson Blu Royal Hotel (C4)*
- Scandic Bergen City (D5)*
- Scandic Byparken (D5)*
- Scandic Flesland Airport*
- Scandic Kokstad
- Scandic Neptun (D5)*
- Scandic Torget Bergen (D4)*
- Scandic Ørnene (E4)*
- Skjerjehamn
- Solstrand Hotel & Bad
- Thon Hotel Bergen Airport*
- Thon Hotel Bristol (D5)*
- Thon Hotel Orion (C4)*
- Thon Hotel Rosenkrantz (C4)*
- Villa Terminus (E4)*
- Westland Hotel
- Zander K Hotel (E4)*



MAIN ATTRACTIONS

See map pages 22-23, 96-99

- 1 AdO Arena
- 2 Bergen Aquarium
- 3 Bergen Philharmonic Orchestr
- 4 The Fish Market
- 5 Fløibanen Funicular
- 6 Bergen Climbing Park, Høyt & Lavt
- 7 Høyt Høyt under Taket Kokstad
- 8 Magic Ice Bergen
- 9 Storeblå Aquaculture Visitor Centre
- 10 Ulriken643
- 11 Vestkanten Experiences
- 12 Bergen Science Centre – Vilvite
- 13 Escape Bryggen

MUSEUMS

- 14 Arven Gold and Silver Ware Factory and Shop
- 15 Bergenhus Fortress Museum
- 16 Bergen Kunsthall
- 17 Bergen Maritime Museum
- 18 Bjørn West Museum
- 19 Bryggen Museum
- 20 Dale of Norway
- 21 Damsgård Country Mansion
- 22 The Hanseatic Museum And Schotstuene
- 23 Edvard Grieg Museum Troldhaugen
- 24 Fjell Fortress
- 25 Old Bergen Museum
- 26 Harald Sæverud – Museum Siljustøl
- 27 Herdla Museum
- 28 Haakon's Hall
- 29 Kode Art Museums of Bergen
- 30 Kunsthall 3:14
- 31 Coastal Museum In Øygarden
- 32 Leprosy Museum St. George's Hospital
- 33 The Heathland Centre at Lygra
- 34 The old Voss steam Railway Museum
- 35 North Sea Traffic Museum In Telavåg
- 36 Norwegian Fisheries Museum
- 37 Ole Bull Museum Lysøen
- 38 Oleana Économusée
- 39 Osterøy Museum
- 40 Rosenkrantz Tower

- 41 Bergen School Museum
- 42 Textile Industry Museum
- 43 Western Norway Emigration Centre
- 44 Ytre Arna Museum

CHURCHES

- 45 Bergen Cathedral
- 46 Fantoft Stave Church
- 47 St John's Church
- 48 St Mary's Church

SIGHTSEEING

- 49 Bergen Bike Rent
- 50 Bergen Guideservice
- 51 Bergen Segway
- 52 07000 Bergen Taxi
- 53 Bryggen Guiding – on foot
- 54 Hop On Hop Off bus Bergen
- 55 Martins Bergen Tours – City Walking Tours
- 56 Theatrical City Walks – At your service

SHOPPING

- 57 Arven Gold and Silver Ware Factory and Shop
- 58 Dale of Norway
- 59 Artists at Bryggen
- 60 Oleana Économusée

TRANSPORT

- A Ferry to Denmark
- B Departure point for tours by traditional boats (C4)
- C Strandkai terminal (D5)
- D Sightseeing boats. Marina for leisure boats (D4)
- E Express boat to Askøy (D5)
- F Norwegian Coastal Voyage (Hurtigruten) for Northern Norway (D6)
- G Central Bus Station (E4)
- H Railway Station (E4)
- I Airport bus
- J Cruiseship port
- K Bus to Ulriken643
- I The Tourist Information

MAP

JOSTEDALSBUEN

