

# BOD POD – Body Composition

NAME: Steven Van-Wyner

AGE: 36

DATE: 7/12/18

HEIGHT: 6'

WEIGHT: 172.3

% FAT: 11.2

FAT WEIGHT: 19.3

% LEAN: 88.8

LEAN WEIGHT: 153.0

Type/Method used (ie, Siri, Brozek): Siri

What are they wearing?

Bicycle latex

## Measurement:

Chest: 95

Waist: 84

Hips: 97.5