

BOD POD – Body Composition

NAME:



AGE: 36

DATE:

7/12/18

HEIGHT:

6'

WEIGHT:

172.3

% FAT:

11.2

FAT WEIGHT:

19.3

% LEAN:

88.8

LEAN WEIGHT:

153.0

Type/Method used (ie, Siri, Brozek):

Siri

What are they wearing?

Bicycle latex

Measurement:

Chest:

95

Waist:

84

Hips:

97.5