

开源武术介绍

Introduction of "Open Source Martial Arts" (OSMA)

“开源武术”思想来源于武术修炼者凯宝从意拳（大成拳）和开源界的开源精神，故由此而得名。

“开源武术”，是一个全新的概念，它借鉴了开源软件和开源硬件的理念，旨在建立一个开放的、协作的、共享的武术体系。“开源武术”旨在打破传统武术的封闭性，将武术的技术、理论、历史等资源进行整合，通过互联网平台进行分享和传播。任何人都可以参与到“开源武术”的实践中来，共同学习、交流和改进武术的技术和理论。“开源武术”强调的是开放性和协作性，它鼓励人们自由地获取、使用、修改和分享武术资源。通过集思广益，开源武术可以不断地完善和发展，成为一种更加科学、系统、全面的武术体系。如果你对“开源武术”感兴趣，欢迎加入“开源武术”组织，与其他爱好者一起学习和交流。同时，也可以通过互联网平台分享自己的经验和见解，为“开源武术”的发展做出贡献。

“开源武术”是一个非常有趣的概念，它结合了传统武术和现代科技，旨在通过分享和协作的方式，将武术的精髓和技艺传递给更广泛的人群。在“开源武术”中，人们可以自由地访问和分享武术教学资源，例如教学视频、教材和练习工具。这种开放性不仅让武术得以传播和发展，也让人们可以根据自己的兴趣和能力进行自我学习和提升。此外，“开源武术”还强调了协作和创新的精神。人们可以共同参与武术的改进和创新，通过集思广益来不断优化和改进武术技

The idea of "Open Source Martial Arts" (OSMA) is derived from the open source spirit of the martial arts practitioner Kaibao from Dacheng Quan and the open source community, hence the name.

OSMA is a brand new concept that draws on the ideas of open source software and open source hardware, aiming to establish an open, collaborative and shared martial arts system. OSMA aims to break the closed nature of traditional martial arts, integrate the technology, theory, history and other resources of martial arts, and share and disseminate them through the Internet platform. Anyone can participate in the practice of OSMA and learn, exchange and improve the techniques and theories of martial arts together. OSMA emphasizes openness and collaboration, and encourages people to freely access, use, modify and share martial arts resources. Through brainstorming, OSMA can be continuously improved and developed into a more scientific, systematic and comprehensive martial arts system. If you have the interest you are welcome to join the OSMA organization to learn and communicate with other enthusiasts. At the same time, you can also share your own experience and insights through the Internet platform to contribute to the development of OSMA.

OSMA is a very interesting concept that combines traditional martial arts and modern technology, aiming to deliver the essence and techniques of martial arts to a wider audience through sharing and collaboration. In OSMA, people can freely access and share wushu teaching resources, such as instructional videos, textbooks and practice tools. This openness not only allows the spread and development of martial arts, but also allows people to learn and improve themselves according to their own interests and abilities. In addition, OSMA emphasizes the spirit of collaboration and innovation. People can participate in the improvement and innovation of martial arts, and optimize and improve their skills through brainstorming. This spirit of collaboration and innovation helps to promote the continuous development and

艺。这种协作和创新的精神有助于推动武术的持续发展和进步。总的来说，“开源武术”是一种非常有意义的尝试，它通过科技和协作的方式，让更多人能够接触和了解武术，同时也为武术的发展和创新提供了新的机会和平台。

progress of martial arts. Overall, OSMA is a very meaningful attempt to make wushu accessible and understandable to more people through technology and collaboration, and at the same time provide new opportunities and platforms for the development and innovation of martial arts.