

**What matters most?**

**What is your next  
step?**

**What is important to  
you about this?**

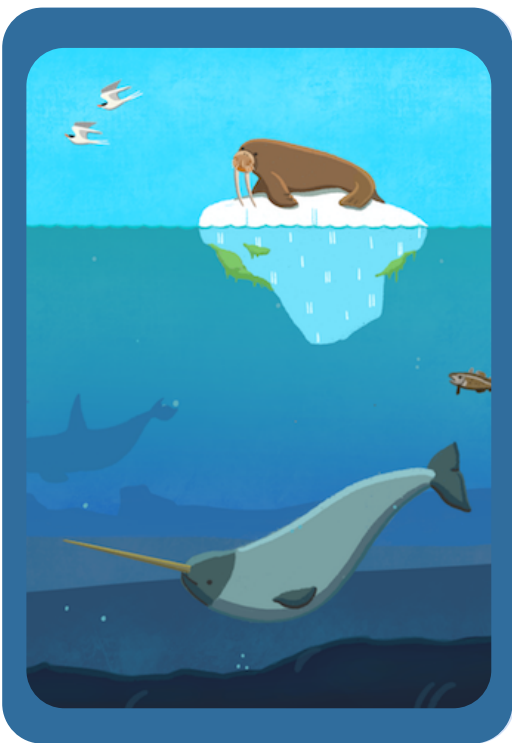
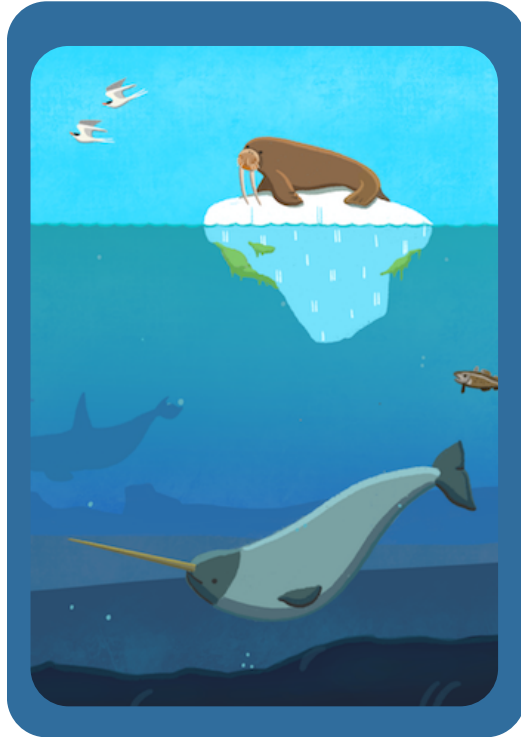
**If you had a magic  
wand, what would  
you wish for?**

**What question do you  
want me to ask you?**

**What wisdom does  
your Future Self have  
here?**

**What do you need to  
say no to?**

**What do you need to  
say yes to?**



**How will you bring  
others along with you?**

**How can we make this  
more joyful?**

**What options do you  
have?**

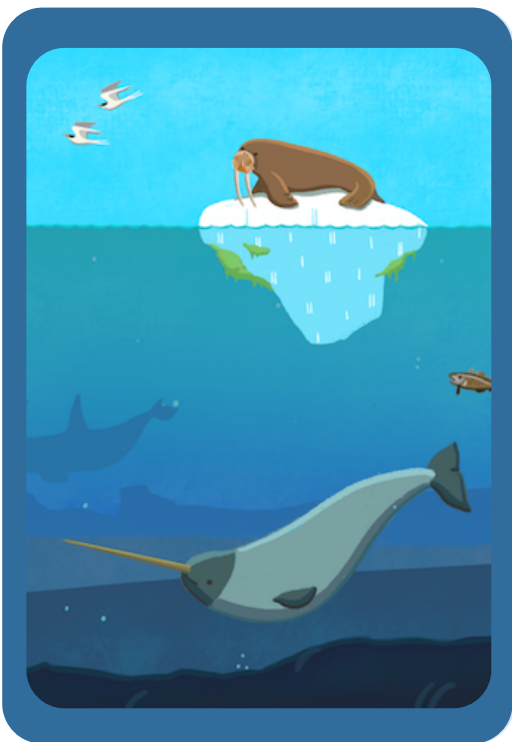
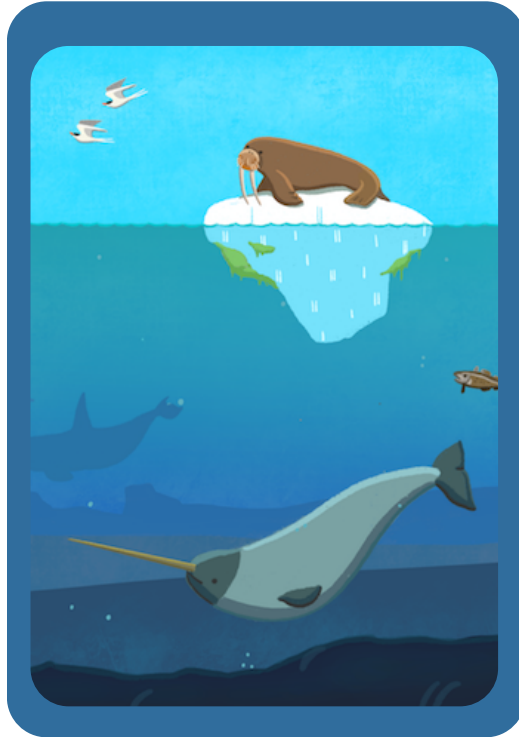
**What's one thing you  
can let go?**

**What will you do  
now?**

**What do you want?**

**What is the gift?**

**(When you hear a  
saboteur/gremlin)  
  
What is the 2% truth  
of what the gremlin is  
saying?**





**What happens if you  
do nothing?**

**What is your gut  
telling you?**

**What stimulates your  
creativity?**

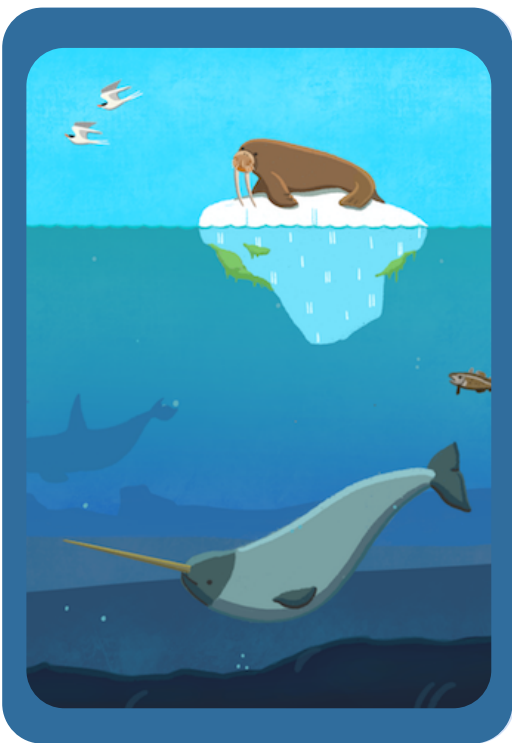
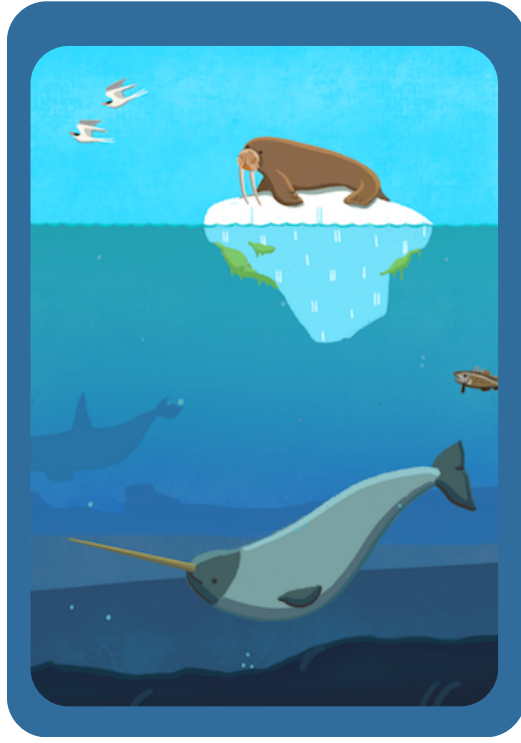
**What is not being said?**

**What problem are  
you solving for?**

**What outcome do you  
want?**

**Where are you stuck?**

**What is fuzzy or  
unclear?**



**Where do you want  
to be?**

**Who is the person you  
want to be?**

**What qualities do you  
need to lean into?**

**If you got it, what  
would it look like?**

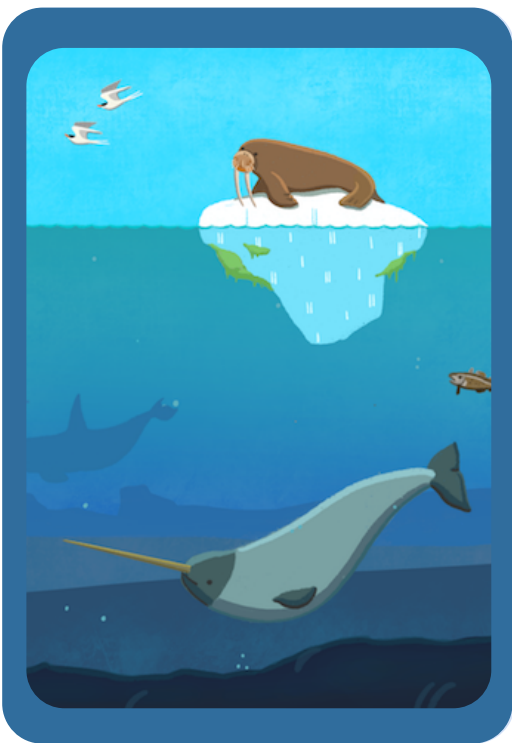
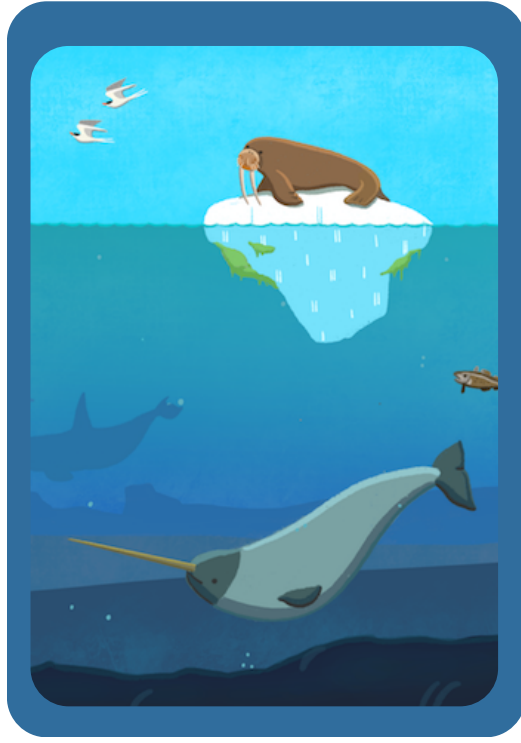
**What does your  
spidey sense say?**

**What image comes up  
for you here?**

**What is stopping you?**

**What's a metaphor  
for this situation?**





**What's your internal  
weather report?**

**How else can you  
handle this?**

**What do you have  
control over?**

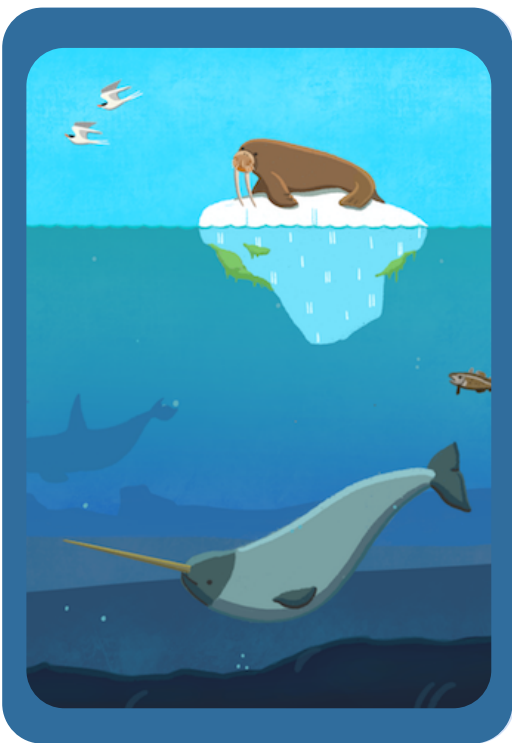
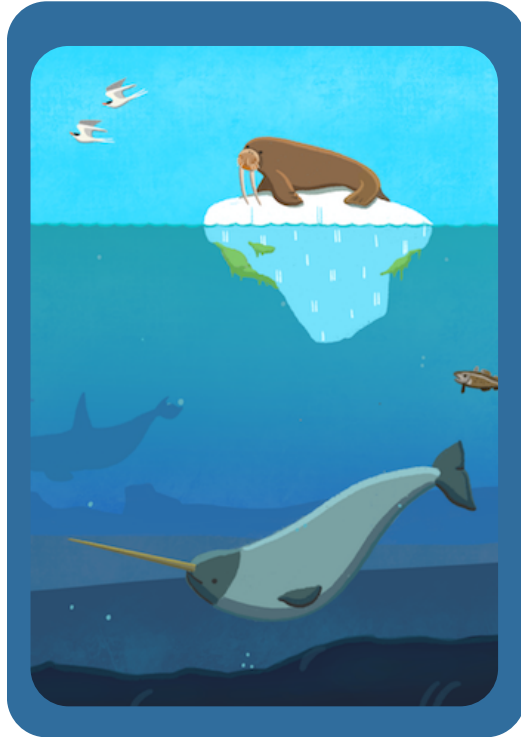
**What do you really  
care about?**

**What would your  
Future Self do here?**

**What values are being  
honored here?**

**What values are being  
stepped on here?**

**What's your hypothesis  
in this situation?**



**Where does this fear  
take you?**

**What emotion are you  
feeling?**

**What accountability  
support do you need?**

**What else?**

**Where have you been  
successful?**

**What are you  
avoiding?**

**What completes you?**

**What are you choosing  
to not act on?**