

What matters most?

**What is your next
step?**

**What is important to
you about this?**

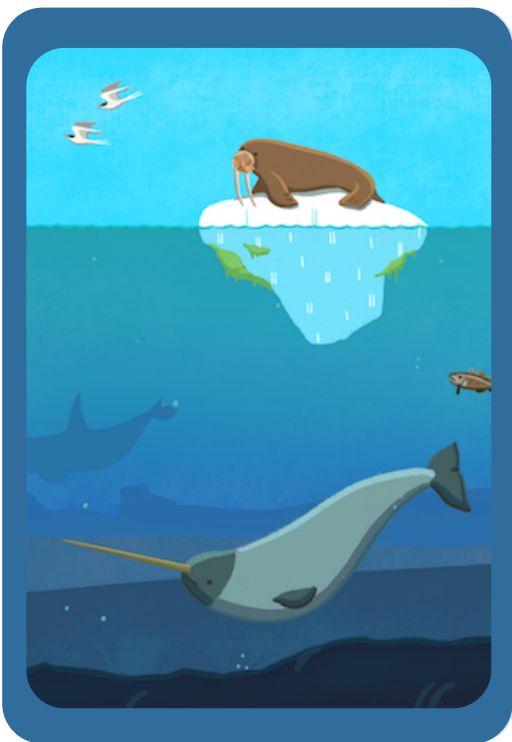
**If you had a magic
wand, what would
you wish for?**

**What question do you
want me to ask you?**

**What wisdom does
your Future Self have
here?**

**What do you need to
say no to?**

**What do you need to
say yes to?**



**How will you bring
others along with you?**

**How can we make this
more joyful?**

**What options do you
have?**

**What's one thing you
can let go?**

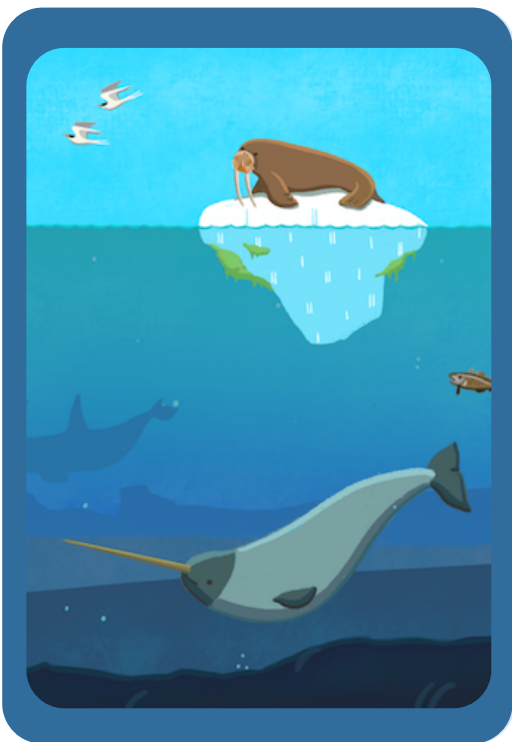
**What will you do
now?**

What do you want?

What is the gift?

**(When you hear a
saboteur/gremlin)**

**What is the 2% truth
of what the gremlin is
saying?**



**What happens if you
do nothing?**

**What is your gut
telling you?**

**What stimulates your
creativity?**

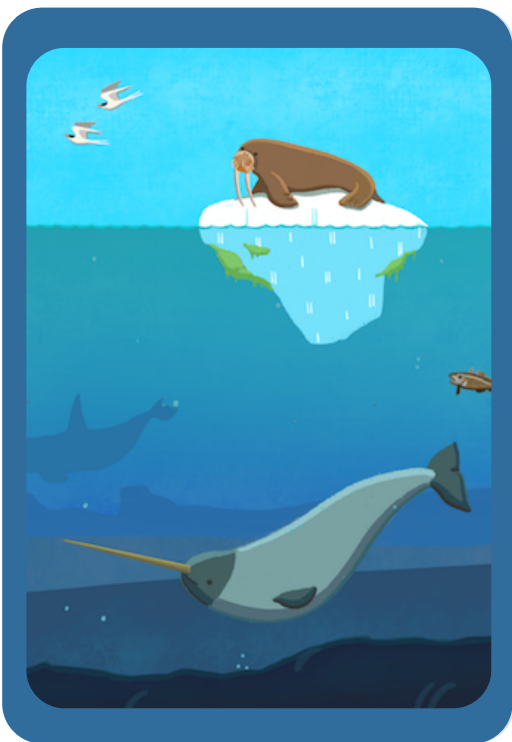
What is not being said?

**What problem are
you solving for?**

**What outcome do you
want?**

Where are you stuck?

**What is fuzzy or
unclear?**



**Where do you want
to be?**

**Who is the person you
want to be?**

**What qualities do you
need to lean into?**

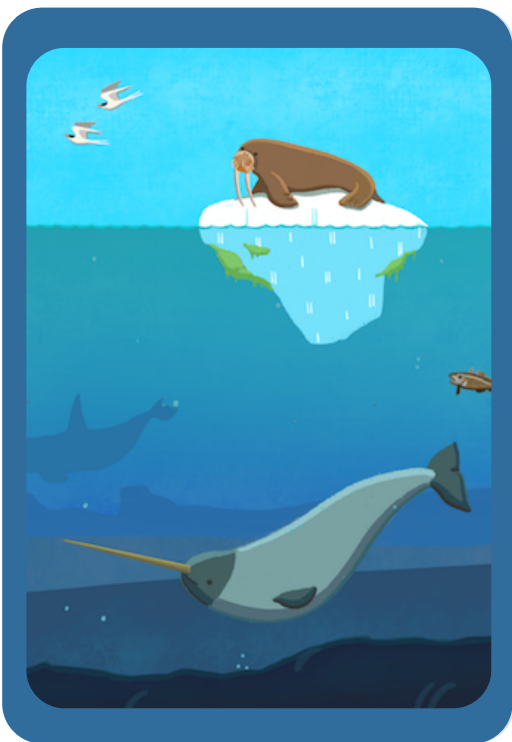
**If you got it, what
would it look like?**

**What does your
spidey sense say?**

**What image comes up
for you here?**

What is stopping you?

**What's a metaphor
for this situation?**



**What's your internal
weather report?**

**How else can you
handle this?**

**What do you have
control over?**

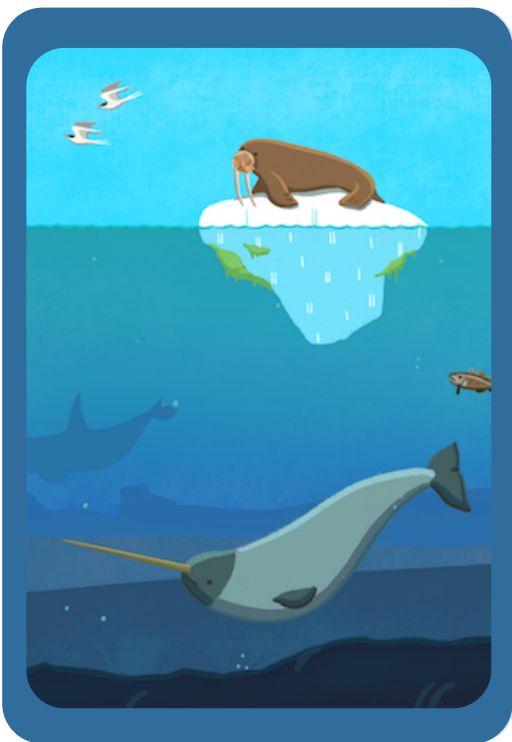
**What do you really
care about?**

**What would your
Future Self do here?**

**What values are being
honored here?**

**What values are being
stepped on here?**

**What's your hypothesis
in this situation?**



**Where does this fear
take you?**

**What emotion are you
feeling?**

**What accountability
support do you need?**

What else?

**Where have you been
successful?**

**What are you
avoiding?**

What completes you?

**What are you choosing
to not act on?**