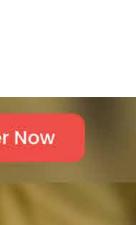
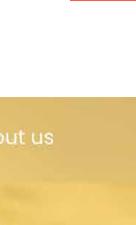


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ANDEAN
TABLE

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THE ANDEAN TABLE

NORTHWEST ARGENTINA

We'll take you on a culinary journey that explores the region's history, traditions and favorite recipes one dish at a time.



Ejemplares en Español vuelven estar disponible

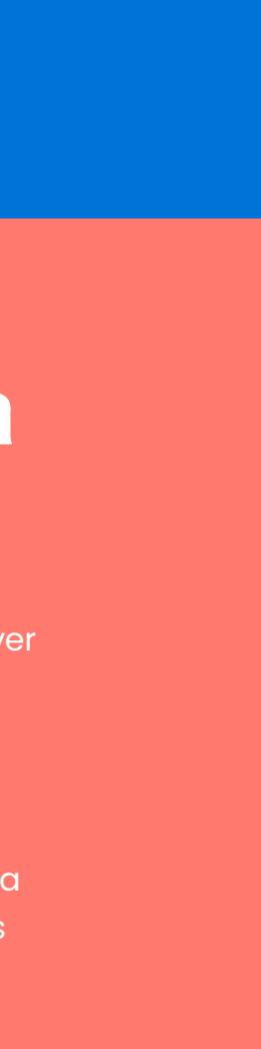
RESERVÁ AHORA

Envíos desde el 20 de noviembre!

- 90+ simple and easy-to-follow recipes
- Whole food cooking using regional ingredients
- Designed for the everyday home cook
- 80 naturally gluten-free recipes
- Stories of local artisans & producers

ver referencia se mueve a la izquierda y a la derecha con las flechas para ver el libro
: <https://www.labnoon.com/cookbook-pomegranates-artichokes>

puede usar las mismas flechas que usamos pero quizás el círculo en blanco con transparencia y la flecha en un gris como la referencias



LOOK INSIDE

no sé si hace falta este botón

From our Readers

rollover de 6-8 leyendas.

"Thank you of the wonderful book and inspiring our chef"
-Former Ambassador to the US in Argentina

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SPIRIT OF THE ANDES

Celebrating heritage, flavor, and the spirit of Northwest Argentina

The Andean Table brings together more than 90 recipes that capture the essence of Northwest Argentina's culinary soul. Inside, you'll find emblematic classics — from humitas and empanadas to the traditional asado — alongside a vibrant collection of Andean-inspired recipes designed for today's home cook.

Each dish highlights **local ingredients** and **ancestral techniques**, inviting you to experience the purity, depth, and generosity of Andean cooking.

*This book is more than a collection of recipes:
with its striking photography and heartfelt storytelling —
it's a journey through the heart of the Andes.*

agregar OLLA quizás un poco más chica

rollover 4 imágenes ...

round corners ...menos round

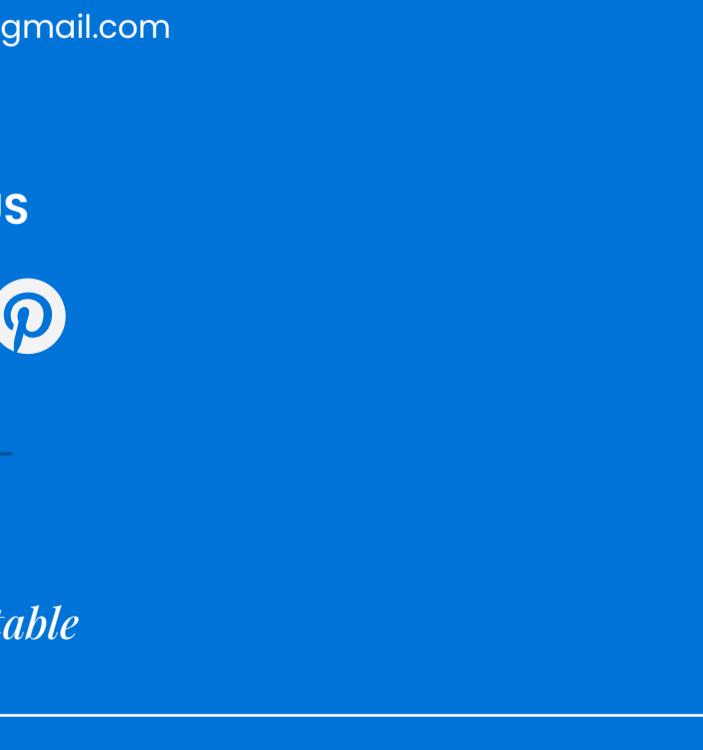
NORTHWEST ARGENTINA

A land of contrasts — rugged mountains, fertile valleys, and people known for their warmth and hospitality. The cultural fusion that has manifested over time in a harmonious and flavorful blend of cuisines options and culinary traditions.

Nestled among the Andes, the region's fertile valleys provide ideal conditions for agriculture, giving rise to a vibrant, ingredient-driven food culture that defines its gastronomic allure.

Join us on this journey through the small mountain towns, where food becomes a bridge between the traveler and tradition.

OUR NW FAVORITES: GET YOUR GUIDE



labnoon home
abajo se ve fotos así...

ver si necesitamos otro color de fondo para 'separar'

misma foto

THE AUTHORS

Written by authors **Diane Romero** and **Shannon Conly**, The Andean Table was born from a shared desire to connect deeply with the culture of Northwest Argentina and share its richness with the world.

"Our journey — both culinary and personal — is a tribute to this land, its people, and the timeless wisdom of those who live in harmony with nature."

No other book has compiled such a comprehensive written and photographic record of these culinary traditions — a living patrimony of recipes passed down through generations.

solo 2 líneas del feed de IG....

condor/pajaros quedan

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están muy grandes los tamaños ahora.
contact us; hacer igual a los otros aquí.
y ADMIN mas chico...

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ABOUT

SPIRIT OF THE ANDES

50pt

Celebrating heritage, flavor, and the spirit of Northwest Argentina

Playfair Display
Medium Italic
28pt

The Andean Table brings together more than 90 recipes that capture the essence of Northwest Argentina's culinary soul. Inside, you'll find emblematic classics — from humitas and empanadas to the traditional asado — alongside a vibrant collection of Andean-inspired recipes designed for today's home cook.

Each dish highlights local ingredients and ancestral techniques, inviting you to experience the purity, depth, and generosity of Andean cooking.

Poppins 21pt
(regular, semibold)

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with its striking photography and heartfelt storytelling —
it's a journey through the heart of the Andes.*

Playfair Display
Medium Italic
28pt