National Health and Nutrition Examination Survey

<https://wwwn.cdc.gov/nchs/nhanes/ContinuousNhanes/Default.aspx?BeginYear=2013>

2013-2014

The National Center for Health Statistics (NCHS), Division of Health and Nutrition Examination Surveys (DHANES), part of the Center for Disease Control and Prevention (CDC)

5,000 individuals of all ages are interviewed

Target Population

* Hispanic persons;
* Non-Hispanic black persons;
* Non-Hispanic Asian persons;
* Non-Hispanic white and other\* persons at or below 130 percent of the poverty level; and
* Non-Hispanic white and other\* persons aged 80 years and older.

\* Other: Non-Hispanic persons reported races other than black, Asian, or white.

Demographics Data

Dietary Data

Examination Data

Laboratory Data

Questionnaire Data

Demographic Columns:

* [SEQN - Respondent sequence number](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#SEQN)
* [SDDSRVYR - Data release cycle](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#SDDSRVYR)
* [RIDSTATR - Interview/Examination status](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#RIDSTATR)
* [RIAGENDR - Gender](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#RIAGENDR)
* [RIDAGEYR - Age in years at screening](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#RIDAGEYR)
* [RIDAGEMN - Age in months at screening - 0 to 24 mos](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#RIDAGEMN)
* [RIDRETH1 - Race/Hispanic origin](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#RIDRETH1)
* [RIDRETH3 - Race/Hispanic origin w/ NH Asian](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#RIDRETH3)
* [RIDEXMON - Six month time period](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#RIDEXMON)
* [RIDEXAGM - Age in months at exam - 0 to 19 years](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#RIDEXAGM)
* [DMQMILIZ - Served active duty in US Armed Forces](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMQMILIZ)
* [DMQADFC - Served in a foreign country](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMQADFC)
* [DMDBORN4 - Country of birth](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDBORN4)
* [DMDCITZN - Citizenship status](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDCITZN)
* [DMDYRSUS - Length of time in US](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDYRSUS)
* [DMDEDUC3 - Education level - Children/Youth 6-19](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDEDUC3)
* [DMDEDUC2 - Education level - Adults 20+](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDEDUC2)
* [DMDMARTL - Marital status](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDMARTL)
* [RIDEXPRG - Pregnancy status at exam](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#RIDEXPRG)
* [SIALANG - Language of SP Interview](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#SIALANG)
* [SIAPROXY - Proxy used in SP Interview?](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#SIAPROXY)
* [SIAINTRP - Interpreter used in SP Interview?](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#SIAINTRP)
* [FIALANG - Language of Family Interview](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#FIALANG)
* [FIAPROXY - Proxy used in Family Interview?](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#FIAPROXY)
* [FIAINTRP - Interpreter used in Family Interview?](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#FIAINTRP)
* [MIALANG - Language of MEC Interview](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#MIALANG)
* [MIAPROXY - Proxy used in MEC Interview?](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#MIAPROXY)
* [MIAINTRP - Interpreter used in MEC Interview?](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#MIAINTRP)
* [AIALANGA - Language of ACASI Interview](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#AIALANGA)
* [DMDHHSIZ - Total number of people in the Household](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDHHSIZ)
* [DMDFMSIZ - Total number of people in the Family](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDFMSIZ)
* [DMDHHSZA - # of children 5 years or younger in HH](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDHHSZA)
* [DMDHHSZB - # of children 6-17 years old in HH](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDHHSZB)
* [DMDHHSZE - # of adults 60 years or older in HH](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDHHSZE)
* [DMDHRGND - HH ref person's gender](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDHRGND)
* [DMDHRAGE - HH ref person's age in years](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDHRAGE)
* [DMDHRBR4 - HH ref person's country of birth](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDHRBR4)
* [DMDHREDU - HH ref person's education level](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDHREDU)
* [DMDHRMAR - HH ref person's marital status](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDHRMAR)
* [DMDHSEDU - HH ref person's spouse's education level](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#DMDHSEDU)
* [WTINT2YR - Full sample 2 year interview weight](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#WTINT2YR)
* [WTMEC2YR - Full sample 2 year MEC exam weight](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#WTMEC2YR)
* [SDMVPSU - Masked variance pseudo-PSU](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#SDMVPSU)
* [SDMVSTRA - Masked variance pseudo-stratum](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#SDMVSTRA)
* [INDHHIN2 - Annual household income](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#INDHHIN2)
* [INDFMIN2 - Annual family income](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#INDFMIN2)
* [INDFMPIR - Ratio of family income to poverty](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/DEMO_H.htm#INDFMPIR)

Blood pressure columns:

* [SEQN - Respondent sequence number](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#SEQN)
* [PEASCST1 - Blood Pressure Status](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#PEASCST1)
* [PEASCTM1 - Blood Pressure Time in Seconds](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#PEASCTM1)
* [PEASCCT1 - Blood Pressure Comment](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#PEASCCT1)
* [BPXCHR - 60 sec HR (30 sec HR \* 2)](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXCHR)
* [BPAARM - Arm selected](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPAARM)
* [BPACSZ - Coded cuff size](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPACSZ)
* [BPXPLS - 60 sec. pulse (30 sec. pulse \* 2)](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXPLS)
* [BPXPULS - Pulse regular or irregular?](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXPULS)
* [BPXPTY - Pulse type](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXPTY)
* [BPXML1 - MIL: maximum inflation levels (mm Hg)](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXML1)
* [BPXSY1 - Systolic: Blood pres (1st rdg) mm Hg](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXSY1)
* [BPXDI1 - Diastolic: Blood pres (1st rdg) mm Hg](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXDI1)
* [BPAEN1 - Enhancement used first reading](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPAEN1)
* [BPXSY2 - Systolic: Blood pres (2nd rdg) mm Hg](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXSY2)
* [BPXDI2 - Diastolic: Blood pres (2nd rdg) mm Hg](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXDI2)
* [BPAEN2 - Enhancement used second reading](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPAEN2)
* [BPXSY3 - Systolic: Blood pres (3rd rdg) mm Hg](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXSY3)
* [BPXDI3 - Diastolic: Blood pres (3rd rdg) mm Hg](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXDI3)
* [BPAEN3 - Enhancement used third reading](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPAEN3)
* [BPXSY4 - Systolic: Blood pres (4th rdg) mm Hg](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXSY4)
* [BPXDI4 - Diastolic: Blood pres (4th rdg) mm Hg](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPXDI4)
* [BPAEN4 - Enhancement used fourth reading](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/BPX_H.htm#BPAEN4)

Smoking columns:

* [SEQN - Respondent sequence number](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/TSNA_H.htm#SEQN)
* [URXNAL - Urinary Total NNAL (ng/mL)](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/TSNA_H.htm#URXNAL)
* [URDNALLC - Urinary Total NNAL Comment Code](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/TSNA_H.htm#URDNALLC)
* [URXNAB - N'-Nitrosanabasine, urine (ng/mL)](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/TSNA_H.htm#URXNAB)
* [URDNABLC - N'-Nitrosanabasine (NAB) Comment Code](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/TSNA_H.htm#URDNABLC)
* [URXNAT - N'-Nitrosanatabine, urine (ng/mL)](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/TSNA_H.htm#URXNAT)
* [URDNATLC - N'-Nitrosanatabine (NAT) Comment Code](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/TSNA_H.htm#URDNATLC)
* [URXNNN - N'-Nitrosonornicotine, urine (ng/mL)](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/TSNA_H.htm#URXNNN)
* [URDNNNLC - N'-Nitrosonornicotine (NNN) Comment Code](https://wwwn.cdc.gov/Nchs/Nhanes/2013-2014/TSNA_H.htm#URDNNNLC)

Examination columns: