I don't think it's possible to have an accurate understanding of reality without being a feminist. In fact, I think that feminism is the most natural account for reality, though to sustain and maintain a feminist belief system requires deconstruction at almost all layers of culture, in fact a proper understanding of what culture is, which is almost impossible to get within a culture requires one to be a feminist. Feminism, in my opinion, is something that can only be got intuitively and spiritually, and once gotten, really can't be un-gotten like all forms of spiritual wisdom. This makes explaining it unintuitive— I'll get to the point.

We come into the earth a simple solipsism. No matter how you close you think you are to your friends, and your parents, you come into the earth with the realization that you are absolutely alone. Not only are we alone, what we are when we truly acknowledge that we are alone is something that observes our memories, observes our emotions, observes our friends and family, observes books and television, and observes our bodies.

Our ability to know this is dependent on our state of consciousness. When we interact with other people, depending on whether we are dancing with them or talking with them, or debating, we do so from beneath the mask of our identity and our ego. However, when we are watching a movie, or reading a book, we are in a unique state in which we are outside of the bounds of the ego, and we are a consciousness outside of time and space. We have no qualities, and we know so in that we can freely adopt the perspectives of characters in a novel or in a movie, and though our body in material reality may have visceral reactions of dislike to them, we may feel our emotions run in overdrive, at a fundamental level that which experiences art is genderless, it is ageless (after all we can imagine what it is to be a child, in fact what it is to be a child only exists within our minds as we cannot access anyone elses), it is bodyless and has no traits (well, this isn't right). What's most important is that this true consciousness is infinite and inhabits all things in all places, (and some might argue, is God, but that's besides the point).

If we move from this step to simply understanding that everyone else on earth, in order to experience reality at all, must be all of reality at once, then we have a simple proof of the fact that not only everyone is one (not just everyone, but everything, but that's for another article), the concept of gender must be only a construct.

## Deconstruction

Now, there are arguments against this. Do other people really have the same minds as we do. We see women act more emotional in our experience, we also see men act more emotional ( aggressive, maybe )in our experience as well. (This is also circumventing the fact that rationality is its own emotion. The idea of any state not being an emotion is ridiculous).

But what does in our experience mean? And what does it mean to be emotional? We can definitely question the narratives other people tell us, but it's hard to keep buying into this genderless and ageless consciousness idea when you have a lover trying to hurt you for reasons that make no sense to you. It's hard when you have a girlfriend bawling in tears for something that makes no sense. It's hard when you have a boyfriend who distances themselves from you and starts to hurt you for reasons that seem inexplicable.

It's hard to explain centuries of women acting like a domicile housewives, and then have a person tell you that technically, everyone is genderless ageless gods. It doesn't feel right.

What I want you to understand, and what the feminists are trying to get you to understand, is that culture bends the reality of the consciousnesses within it. A woman might be a genderless god when she reads Harry Potter, but when asked about it by a man, or by a her group of girlfriends, not only will she think that she is her socially constructed notion of a woman when interacting with them, whenever she thinks of interacting with them, her reality will actually bend so that she is that.

This is something that you can only grasp when you do serious spirituality and introspective work to break these cultural controls. What does it mean for reality to bend? It means that she might get flooded with thoughts which she will experience as negative emotion, so to that her experience of reality which match what is culturally expected of her. Her voice might get higher than it is when she is alone, use certain phrases( in fact she may think in these phrases), (think about what this means, your body will literally subvert control over you both physically and psychologically in order to match a cultural narrative, and (what's worse) if you are fully bought into the narrative, you will think you have free will the entire time).

And what if her perspective of what a woman is, is not able to attune itself to what she thinks the culture around her is? Well, she might experience intense dysphoria and experience being a social reject, or form a new identity around it as being nonbinary, or different, or whatever, as she is unable to create an identity that is socially acceptable, until she gets into the right environment where she is.

If what I'm saying is hitting to close to you as a man, or as a woman, that feeling in the pit of your stomach is why people avoid deconstruction and hate feminists. At their core, they know that if they truly accept feminism, it isn't just a matter of changing their belief system or who they vote for, it means undergoing painful shifts in their psychology that feel like suicide for months, and fundamental changes to their neurology. ( or they could just do psychedelics to speed it up, but the type of person who is too afraid to change their perspective on reality to something more truthful is not going to do psychedelics).

What I want you to understand, is the process of changing a person's beliefs from non-femininist to feminist is a biological and spiritual process, not just an intellectual one, which is part of the reason you see deeply intelligent professors( who are often times woman!) with deeply entrenched views of feminism. Most women in fact, don't truly understand the implications of feminism( my female readers are cringing that the idea I'm more feminist than them, but those of them who have spoken with me in person know exactly the weird feeling I give them when I talk directly to them and not to their ego).

Being truly feminist means that you can't be a man anymore (not that what it means to be man ever really existed outside of your own perspective). All of what it means to be man defines itself in opposition to being a woman, and being a feminist means that you can't define yourself as a man through your muscles, or your bank account, or your speaking ability, or what you stereotypically think as intelligence or success in our patriarchal society. It means (from the perspective and ego of a typical man) losing everything and committing suicide as your currently understand yourself. It also means that you can't be a woman anymore. Man-hating feminists in college don't like to admit that Beauvoir was a gender-abolitionist.

Now, what I'm telling you is not the level you need to get to in order join the feminist party, but this process of self-deconstruction (which is actually what true spirituality is), is harrowing and terrifying spiritual adventure that will leave you on the other side a much stronger individual whose identity is founded on truth and empathy and allow you to have relationships with men and women at a depth you never would have dreamed of. And once you truly get out the other side, you'll realize that you are in a war, a war where almost no one is on your side, and both men and women will hate your guts. Because most people who want to be seen have no idea how terrifying it is.

This is what true spirituality and philosophy looks and feel like. This is what feminism really is. For most people, it's death.

But it's also the truth, and building your life on anything except the truth means that one day someone more truthful than you (me) will come along with his writing and completely shatter your sense of reality.