

## BASIC LIFE SUPPORT (BLS) GUIDELINES FOR SINGLE ROLE EMT'S

EMT's may transport a "Stable Patient" as defined below.

"Stable Patient" is a patient with the following criteria:

1. Has Vital signs in a normal range that are not changing significantly or expected to do so.
  - a. Pulse 50-120
  - b. Systolic Blood Pressure 90-190
  - c. Respirations between 10-29 breaths per minute
  - d. Room Air Oxygen Saturation 94% or above unless pt. is chronic COPD with normal Low SAO2
2. Does not, and is not expected to, require cardiac monitoring or ACLS procedures
3. Has a patent natural airway and is not in respiratory distress
4. Is not experiencing acute changes in level of consciousness

### Exclusion Criteria to normal BLS transports:

- Vital Signs outside the above parameters
- Any overdose with known ingestion is required to be transported by ALS Medic.
- Any Stable Patient may be transported by an ALS Medic at the discretion of any RFR FF member.
- Any first-time seizure.

### Approved Medications

Medications given by RFR paramedics and transported by BLS crew are limited to:

- Oxygen
- ASA
- Albuterol and/or Atrovent
- Naloxone

\*A follow up assessment must be administered if any medication stated above is given, prior to transport. (V/S, CBG, lung sounds)\*