

### TREATMENT:

- A. Assess scene safety and use appropriate personal protective equipment.
- B. Begin initial patient assessment, determine chief complaint and obtain GCS.
- C. Secure airway and start oxygen as needed per General Airway Management protocol.
- D. Monitor vital signs and SpO2.
- E. Monitor ECG, 12 lead, ETCO2 and CBG as appropriate.
- F. Establish vascular access (IV or IO) as appropriate for patient's condition.
- G. Obtain pain severity scale if applicable.
- H. Follow appropriate Patient Care Treatment Protocol if patient's chief complaint or assessment findings change.

### KEY CONSIDERATIONS:

If patient is unable to provide medical history, check for medical bracelets and necklaces which can provide critical medical information and treatment.

### BASIC LIFE SUPPORT (BLS) GUIDELINES FOR SINGLE ROLE EMT'S

"Stable Patient" is a patient with the following criteria:

1. Has Vital signs in a normal range that are not changing significantly or expected to do so.
  - a. Pulse 50-120
  - b. Systolic Blood Pressure 90-190
  - c. Respirations between 10-29 breaths per minute
  - d. Room Air Oxygen Saturation 94% or above unless pt. is chronic COPD with normal Low SAO2
2. Does not, and is not expected to, require cardiac monitoring or ACLS procedures
3. Has a patent natural airway and is not in respiratory distress
4. Is not experiencing acute changes in level of consciousness

\*Caveat: BLS may transport Code 3 when needed. If patient is an ALS patient for any reason and ALS is more than 5 minutes out, BLS unit will call for ALS intercept, ground or air, and begin transport Code 3 to the appropriate hospital. BLS unit may end up arriving at the hospital before ALS intercept occurs.

### Exclusion Criteria to normal BLS transports:

- Vital Signs outside the above parameters
- Any overdose with known ingestion is required to be transported by ALS Medic.
- Any Stable Patient may be transported by an ALS Medic at the discretion of any RFR FF member.
- Any first time seizure.

### Approved Medications

Medications given by RFR paramedics and transported by BLS crew are limited to:

- Oxygen
- ASA
- Albuterol only (not DuoNeb)
- Naloxone

\*A follow up assessment must be administered if any medication stated above is given, prior to transport. (V/S, CBG, lung sounds)\*