



HOME CARE ASSISTANT 'S TRAINING

Activities and Answers

SECTION 1 :

MODULE 1 : CULTURES

Activity : Compare the american culture and african one. Tell us the similarities and the differences.

TAKING CARE OF BABIES and TODDLERS

Activity 1: Fill in the blanks with the correct word from the box.

diaper, bottle, baby, sleep, food.

1. The _____ is crying because it is hungry.
2. You need to change the _____ when it is dirty.
3. The _____ drinks from a _____.
4. It is important for the _____ to get enough _____ to grow.

Activity 2 : Read the sentences and tell us if they are true or false.

1. Babies need to sleep a lot to grow.
2. A pacifier is used to give food to a baby.
3. Toddlers can play and walk by themselves.
4. A crib is a chair for a baby.

5. A bottle is used to give milk to a baby.

Activity 3 :Answer the questions in short sentences.

1. What do you give a baby to drink? 2. Where does a baby sleep? 3. What do you do when a baby is crying?
4. What do toddlers like to do?

**Activity 4 : Write a few sentences about what you need to take care of a baby or a toddler.
You can use words like diaper, bottle, crib, sleep, food, and pacifier.**

ENGAGING ACTIVITIES FOR KIDS

Activity 1 : Fill in the blanks with the correct word from the box.

Words: toys, playground, drawing, play, hide-and-seek.

1. Children like to _____ with their friends after school.
2. My little sister loves _____ pictures with crayons.
3. I go to the _____ to play with other children.
4. My brother and I play _____ in the park.
5. I have many _____ in my room.

Activity 2: Read the sentences below and decide if they are true or false.

1. Children always play with toys.
2. A playground is a good place to play with friends.
3. Drawing is a sport.
4. Hide and seek is a game where you find your toys.
5. Playing outside is fun for children.

Activity 3 : Answer the questions in simple sentences.

1. What is your favorite game to play with children?
2. Where do children like to play?
3. What toys do you like to play with?
4. What do children do when they are drawing?

Activity 4 : Write a short paragraph (3-5 sentences) about your favorite game to play with children. You can talk about what you do in the game and where you play.

ON THE WAY TO SCHOOL and COMMUNICATION

Activity 1 : Match the Word with its correct definition

Word : 1- Parent / 2- Teacher / 3- School / 4- Classroom / Caregive

Definition : A- A person who helps children at school./ B- A person who takes care of children at home. C- A place where children go to learn. D- A room in the school where children learn. E- A person who teaches children at school.

Activity 2 : Fill in the blanks with the correct word from the box.

Words : Home care assistant / children / school / parents/ after class

- 1- The Helps the learn
- 2- The helper talks to children
- 3- The caregiver takes children to every morning.

CARE ASSISTANT'S DUTY

Activity : Reading Comprehension

Anna is a helper in a family. She helps take care of the children when their parents are busy. One day, Anna talks to Mrs. Green, the mother of the children. Mrs. Green is worried because her son, Peter, does not like to clean his room. Anna listens and tells Mrs. Green that Peter is a good boy, but sometimes he forgets to clean up his toys.

Anna suggests that Mrs. Green ask Peter to clean his room every day after playing. Anna also says it can be fun to clean together. Mrs. Green is happy with the idea and thanks Anna for her help. She will try cleaning with Peter tomorrow.

Questions:

1. What is Anna's job?

- a) A teacher
- b) A helper at home
- c) A student

2. Who is worried about Peter?

- a) Anna
- b) Mrs. Green
- c) Peter

3. What does Mrs. Green worry about?

- a) Peter does not clean his room

- b) Peter does not play with toys
- c) Peter does not eat enough

4. What does Anna suggest to Mrs. Green?

- a) Peter should clean the room once a week
- b) Peter should clean the room after playing
- c) Peter should clean the room with his friends

5. How does Mrs. Green feel after talking to Anna?

- a) She is unhappy b) She is excited c) She is happy

Activity 4 : You are applying for a job as a home care assistant. Describe your skills and why you are the best choice.

MODULE 2: At the supermarket (au supermarché)

Activity 1

Match the supermarket items with their correct categories.

- Bread, milk, apples, cheese, carrots, orange juice
- Dairy, Fruits, Vegetables, Drinks, Bakery

Activity 2

Fill in the blanks with the correct words from the list below.

List of Words: bread, vegetables, eggs, cereal, fish

1. I need to buy some _____ for breakfast.
2. We are out of _____ at home. Can you pick some up?
3. My mom loves to eat _____ with butter.
4. We also need to buy some _____ for dinner tonight.
5. Don't forget to get some _____ for the cake recipe.

Activity 3

Supermarket Dialogue

Read the dialogue and answer the questions below.

Customer: Excuse me, where can I find the eggs?

Shop Assistant: The eggs are in aisle 3, next to the milk.

Customer: Thank you! And do you have any apples?

Shop Assistant: Yes, the apples are in the fruit section, right at the end of the aisle.

Customer: Great! I'll also take a loaf of bread. Is it in the bakery?

Shop Assistant: Yes, the bread is in the bakery section, near the back of the store.

Questions:

1. Where can the customer find the eggs?
2. Where are the apples?

3. Where is the bread?

Activity 3

1. The eggs are in aisle 3, next to the milk.
2. The apples are in the fruit section, at the end of the aisle.
3. The bread is in the bakery section, near the back of the store.

MODULE 3: Expressions with elevator

Activity 1

Match the words to their correct definitions.

- 1- Elevator
- 2- Button
- 3- Floor
- 4- Door
- 5- Up

- A place where you press to go up/down
- A machine used to move people up and down in buildings.
- The opening that lets people enter or exit.
- A level of a building.
- To go from a lower to a higher position.

Activity 2

Fill in the blanks with the correct words from the list below.

List of Words: button, up, down, floor, elevator

1. To go to the 3rd ___, press the button with the number 3.
2. When you enter the ___, wait for the door to close before pressing the button.
3. If you want to go ___, press the button for the ground floor.
4. The ___ opened, and people entered the building.
5. I pressed the ___ to go to the top floor.

Activity 3

Dialogue (Elevator)

Read the dialogue and answer the questions below

Customer: Excuse me, which floor is the grocery store on?

Lift Operator: It's on the second floor. You can take the elevator.

Customer: Thank you! How do I use the elevator?

Lift Operator: Just press the button for the second floor, and the door will open. When you get in, press the button again to go up.

Questions:

1. Which floor is the grocery store on?
2. How does the customer use the elevator?
3. What should the customer press to go up?

MODULE4: AT THE PHARMACY

Activity 1

Simple Dialogue (Pharmacy)

Read the dialogue and answer the questions below.

Customer: Hello, I have a headache. Can you recommend something?

Pharmacist: Yes, we have some over-the-counter painkillers. Would you like that?

Customer: Yes, please. How should I take them?

Pharmacist: You should take one tablet every four hours, but no more than four a day.

Questions:

1. What is the customer's problem?
2. What does the pharmacist recommend?
3. How often should the customer take the painkillers?

Activity 2: True or False?

1. You need a prescription to buy over-the-counter medicine. (True/False)
2. A pharmacist can give you advice on what medicine to take. (True/False)
3. If you have a headache, you can buy painkillers at a pharmacy. (True/False)
4. You can only buy medicine with a prescription from the doctor. (True/False)

Activity 3:

Fill in the Dialogue

Complete the dialogue by filling in the missing words.

Words to Use: medicine, prescription, headache, pharmacist, painkiller

Customer: Hello, I have a bad _____. Can you help me?

Pharmacist: Of course. We have some over-the-counter _____ for headaches. Customer:
Do I need a _____ for this medicine?

Pharmacist: No, you don't need a prescription. You can buy this medicine directly.

Customer: Thank you! I'll take the _____.

SECTION 2 : FIRST AID' S TRAINING

MODULE 1: HUMAN BODY

Activity 1

Fill in the blanks with the correct body part from the list below.

List of Body Parts: head, mouth, hands, feet, stomach

1. You use your _____ to eat food.
2. You walk with your _____.
3. You use your _____ to hold things.
4. The _____ is where you feel hungry.
5. You think with your _____.

Activity 2

Read the statements and write True or False.

1. The eyes help you smell. (True/False)
2. You use your ears to listen to music. (True/False)
3. Your legs are for walking. (True/False)
4. Your mouth helps you see. (True/False)
5. The heart helps you breathe. (True/False)

Activity 3

Read the dialogue and answer the questions below.

Anna: Hi! How are you today?

Ben: I feel a little sick. My head hurts, and my stomach is upset.

Anna: Oh no! Do you need some water or medicine?

Ben: Yes, please. I also feel tired, and I want to rest.

Questions:

1. How does Ben feel?
2. What hurts Ben?
3. What does Ben want to do?

MODULE 2 : EMERGENCY (urgence)

Reading Comprehension

First Aid Basics

First aid is the help you give to someone who is hurt or feeling sick before they see a doctor. If someone falls and gets hurt, you can help them. The first thing to do is stay calm and check if the person is breathing. If they are not breathing, you should call for help. In some cases, you can give them CPR to help them breathe.

If the person has a cut or a wound, you can clean it with water and put a bandage on it. If someone has a burn, put cold water on the burn to cool it. It is important to know how to help people quickly when they need you.

Comprehension Questions:

1. What is first aid?
2. What should you do first if someone is hurt?
3. What can you do if someone is not breathing?
4. What should you do if someone has a cut or wound?
5. What should you do if someone has a burn?
6. Why is first aid important?

MODULE 3: ACTIONS and INSTRUCTIONS (Actions and Instructions)

Activity 1

Translate the following sentences from French to English.

1. French: Si une personne ne respire pas, vous devez appeler de l'aide immédiatement.
English: _____

2. French: Nettoyez la plaie avec de l'eau propre avant de mettre un pansement. English:

3. French: En cas de brûlure, mettez de l'eau froide sur la brûlure. English:

4. French: Si une personne saigne beaucoup, vous devez appuyer sur la plaie pour arrêter le saignement. English: _____

5. French: Vous devez toujours garder votre calme lorsqu'une personne est blessée.
English: _____

Activity 2

Complete the translation with the correct words.

1. French: Si quelqu'un est _____ (unconscious), vous devez vérifier sa _____ (breathing). English: If someone is _____, you need to check their _____.

2. French: Si une personne a une _____ (cut), vous devez la _____ (clean) et mettre un _____ (bandage). English: If someone has a _____, you should _____ it and put on a _____. 3. French: En cas de _____ (burn), placez la zone touchée sous

_____ (cold)
_____ (water). English: In the case of a _____ place the affected area under
_____.

Activity 3

Translate the following first aid instructions from French to English.

1. Si la personne est consciente, asseyez-la

2. Si la personne ne réagit pas, commencez la réanimation cardiorespiratoire (RCP) et continuez jusqu'à l'arrivée des secours.

et donnez-lui de l'eau.

3. Appliquez une compresse froide sur la blessure pour réduire l'enflure.

4. Si quelqu'un a une fracture, ne le déplacez pas avant l'arrivée de l'ambulance.