

USUARIO

POST

```
Invoke-RestMethod -Method Post -Uri 'http://localhost:8080/api/usuarios' -ContentType 'application/json; charset=utf-8' -Body '{
  "nombre": "Nuevo",
  "apellido": "Usuario",
  "correo": "nuevo.usuario@example.com",
  "password": "contraseñaSegura",
  "sexo": "Masculino",
  "peso_actual": 70.0,
  "altura": 180,
  "descripcion": "Descripción del nuevo usuario",
  "redes_sociales": "nuevoUsuarioSocial",
  "tiempo_entrenamiento": "01:00:00"
}'
```

GET

```
Invoke-RestMethod -Method Get -Uri 'http://localhost:8080/api/usuarios'
```

\$id = 1

```
Invoke-RestMethod -Method Get -Uri "http://localhost:8080/api/usuarios/$id"
```

PUT

\$id = 1

```
Invoke-RestMethod -Method Put -Uri "http://localhost:8080/api/usuarios/$id" -ContentType 'application/json; charset=utf-8' -Body '{
  "nombre": "Juan Actualizado",
  "apellido": "Pérez",
  "correo": "juan.perez@example.com",
  "password": "unaContrasenaSeguraActualizada",
  "sexo": "Masculino",
  "peso_actual": 71.5,
  "altura": 175,
  "descripcion": "Una descripción actualizada del usuario",
  "redes_sociales": "juanperezActualizado",
  "tiempo_entrenamiento": "00:50:00"
}'
```

DELETE

\$id = 2

```
Invoke-RestMethod -Method Delete -Uri "http://localhost:8080/api/usuarios/$id"
```

RUTINA_EJERCICIO

POST

```
Invoke-RestMethod -Method Post -Uri 'http://localhost:8080/api/rutina_ejercicios'  
-ContentType 'application/json' -Body '{  
  "rutinaId": 2,  
  "ejercicioId": 1,  
  "orden": 121  
'
```

GET

```
Invoke-RestMethod -Method Get -Uri http://localhost:8080/api/rutina\_ejercicios
```

\$id = 5

```
Invoke-RestMethod -Method Get -Uri "http://localhost:8080/api/rutina_ejercicios/$id"
```

PUT

\$id = 5

```
Invoke-RestMethod -Method Put -Uri "http://localhost:8080/api/rutina_ejercicios/$id"  
-ContentType 'application/json' -Body '{  
  "rutinaId": 2,  
  "ejercicioId": 1,  
  "orden": 122  
'
```

DELETE

\$id = 5

```
Invoke-RestMethod -Method Delete -Uri "http://localhost:8080/api/rutina_ejercicios/$id"
```

RUTINA_COMPARTIDA

POST

```
Invoke-RestMethod -Method Post -Uri 'http://localhost:8080/api/rutinaCompartida'  
-ContentType 'application/json; charset=utf-8' -Body '{  
  "id": {  
    "rutinaID": 2,  
    "userID": 1  
  }  
'
```

GET

```
Invoke-RestMethod -Method Get -Uri 'http://localhost:8080/api/rutinaCompartida'
```

```
$rutinaID = 2
```

```
$userID = 1
```

```
Invoke-RestMethod -Method Get -Uri
```

```
"http://localhost:8080/api/rutinaCompartida/$rutinaID/$userID"
```

PUT

Primero hacer delete y luego insert, ya que los atributos son claves foráneas

DELETE

```
$rutinaID = 2
```

```
$userID = 1
```

```
Invoke-RestMethod -Method Delete -Uri
```

```
"http://localhost:8080/api/rutinaCompartida/\$rutinaID/\$userID"
```

USUARIOS_SEGUIDOS

POST

\$usuariold = 1
\$seguidold = 3

Invoke-RestMethod -Method Post -Uri
"http://localhost:8080/api/usuarios/\$usuariold/seguir/\$seguidold" -ContentType
'application/json; charset=utf-8'

GET (VER SEGUIDORES Y SEGUIDOS)

VER SEGUIDOS:

\$usuariold = 1

Invoke-RestMethod -Method Get -Uri
["http://localhost:8080/api/usuarios/\\$usuariold/seguidos"](http://localhost:8080/api/usuarios/$usuariold/seguidos)

VER SEGUIDORES:

\$usuariold = 1

Invoke-RestMethod -Method Get -Uri
"http://localhost:8080/api/usuarios/\$usuariold/seguidores"

PUT

no hace falta para esta tabla

DELETE (UNFOLLOW)

\$usuariold = 1
\$seguidold = 3

Invoke-RestMethod -Method Delete -Uri
"http://localhost:8080/api/usuarios/\$usuariold/dejarSeguir/\$seguidold" -ContentType
'application/json; charset=utf-8'

RUTINA

POST

```
Invoke-RestMethod -Method Post -Uri 'http://localhost:8080/api/rutinas' -ContentType  
'application/json; charset=utf-8' -Body '{  
  "nombre": "Nueva Rutina",  
  "descripcion": "Descripción de la nueva rutina",  
  "userID": 1,  
  "publico": true  
'
```

GET

```
Invoke-RestMethod -Method Get -Uri 'http://localhost:8080/api/rutinas'
```

\$id = 2

```
Invoke-RestMethod -Method Get -Uri "http://localhost:8080/api/rutinas/$id"
```

PUT

\$id = 2

```
Invoke-RestMethod -Method Put -Uri "http://localhost:8080/api/rutinas/$id" -ContentType  
'application/json; charset=utf-8' -Body '{  
  "nombre": "Rutina Actualizada",  
  "descripcion": "Descripción de la rutina actualizada",  
  "userID": 1,  
  "publico": false  
'
```

DELETE

\$id = 1

```
Invoke-RestMethod -Method Delete -Uri "http://localhost:8080/api/rutinas/$id"
```

Objetivo

POST

```
Invoke-RestMethod -Method Post -Uri 'http://localhost:8080/api/objetivos' -ContentType  
'application/json; charset=utf-8' -Body '{  
  "pesoObjetivo": 75.0,  
  "descripcion": "Nuevo objetivo de pérdida de peso"  
}'
```

GET

```
Invoke-RestMethod -Method Get -Uri 'http://localhost:8080/api/objetivos'
```

\$id = 1

```
Invoke-RestMethod -Method Get -Uri "http://localhost:8080/api/objetivos/$id"
```

PUT

\$id = 1

```
Invoke-RestMethod -Method Put -Uri "http://localhost:8080/api/objetivos/$id" -ContentType  
'application/json; charset=utf-8' -Body '{  
  "pesoObjetivo": 80.0,  
  "descripcion": "Objetivo actualizado de pérdida de peso"  
}'
```

DELETE

\$id = 1

```
Invoke-RestMethod -Method Delete -Uri "http://localhost:8080/api/objetivos/$id"
```

EJERCICIO

POST

```
Invoke-RestMethod -Method Post -Uri 'http://localhost:8080/api/ejercicios' -ContentType 'application/json; charset=utf-8' -Body '{
  "rutinaID": 1,
  "tipo": "normal",
  "descripcion": "Nueva descripción de ejercicio",
  "nombre": "Nuevo Ejercicio",
  "valoracion": 4.5,
  "grupoMuscular": "Piernas",
  "video": null
}'
```

GET

```
Invoke-RestMethod -Method Get -Uri 'http://localhost:8080/api/ejercicios'
```

\$id = 1

```
Invoke-RestMethod -Method Get -Uri "http://localhost:8080/api/ejercicios/\$id"
```

PUT

\$id = 1

```
Invoke-RestMethod -Method Put -Uri "http://localhost:8080/api/ejercicios/$id" -ContentType 'application/json; charset=utf-8' -Body '{
  "rutinaID": 1,
  "tipo": "normal",
  "descripcion": "Descripción de ejercicio actualizada",
  "nombre": "Ejercicio Actualizado",
  "valoracion": 4.7,
  "grupoMuscular": "Piernas",
  "video": null
}'
```

DELETE

\$id = 1

```
Invoke-RestMethod -Method Delete -Uri "http://localhost:8080/api/ejercicios/$id"
```

SERIE

POST

```
Invoke-RestMethod -Method Post -Uri 'http://localhost:8080/api/serie' -ContentType  
'application/json; charset=utf-8' -Body '{  
  "ejercicioID": 3,  
  "nRepeticiones": 10,  
  "peso": 20.0,  
  "comentarioSerie": "Comentario de la serie",  
  "tipo": "normal"  
}'
```

GET

```
Invoke-RestMethod -Method Get -Uri 'http://localhost:8080/api/serie'
```

\$id = 2

```
Invoke-RestMethod -Method Get -Uri "http://localhost:8080/api/serie/\$id"
```

PUT

\$id = 2

```
Invoke-RestMethod -Method Put -Uri "http://localhost:8080/api/serie/$id" -ContentType  
'application/json; charset=utf-8' -Body '{  
  "ejercicioID": 3,  
  "nRepeticiones": 12,  
  "peso": 25.0,  
  "comentarioSerie": "Comentario actualizado",  
  "tipo": "modificado"  
}'
```

DELETE

\$id = 2

```
Invoke-RestMethod -Method Delete -Uri "http://localhost:8080/api/serie/$id"
```


VALORACION_EJERCICIO

POST

```
Invoke-RestMethod -Method Post -Uri 'http://localhost:8080/api/valoracion_ejercicio'  
-ContentType 'application/json; charset=utf-8' -Body '{  
  "userID": 1,  
  "ejercicioID": 2,  
  "valoracion": 5,  
  "comentario": "Buena sesión de ejercicio."  
}'
```

GET

```
Invoke-RestMethod -Method Get -Uri 'http://localhost:8080/api/valoracion_ejercicio'  
  
$id = 1  
Invoke-RestMethod -Method Get -Uri "http://localhost:8080/api/valoracion_ejercicio/$id"
```

PUT

```
$id = 1  
Invoke-RestMethod -Method Put -Uri "http://localhost:8080/api/valoracion_ejercicio/$id"  
-ContentType 'application/json; charset=utf-8' -Body '{  
  "userID": 1,  
  "ejercicioID": 1,  
  "valoracion": 4,  
  "comentario": "La sesión de ejercicio fue satisfactoria."  
}'
```

DELETE

```
$id = 1  
Invoke-RestMethod -Method Delete -Uri "http://localhost:8080/api/valoracion_ejercicio/$id"
```