

RESUME

TEHREEM SAJJAD

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EDUCATION

Pharm D (2016)	Riphah Institute of Pharmaceutical Science, Islamabad CGPA: 3.0
Intermediate (2000)	F.G Inter College, Jhelum Cantt Pre Medical Marks: 62.58%
Matriculation (2006)	F.G Girls Public School, Jhelum Cantt Science Subjects Marks: 60.80%

ACHIEVEMENTS

Participation in different Seminars, Conferences and Workshops.

- "Master class in RESPIRATORY DISEASES 2014" at Awan-e-Quaid Nazriya Pakistan council, F-9 Islamabad. This event has been approved for a total of 6 credits by Shifa tamer-e-millat university Islamabad.
- "Master Class in RHEUMATOLOGY AND ORTHOPEDIC DISEASES 2014" at Shifa international hospital Ltd Islamabad. This event has been approved for a total of 6 credit hours by shifa tamer-e-millat university Islamabad.
- "Master Class in EMERGENCY MANAGEMENT2015" at shifa international hospital Ltd Islamabad. Event Approved for total of 2 credit hours by Shifa international hospital Ltd., PGME, CME/STMU Islamabad.
- Seminar: "Future of CLINICAL AND COMMUNITY PHARMACIST IN PAKISTAN 2015" at Riphah institute of pharmaceutical sciences Islamabad. This event was organized by SHAUKAT KHANUM MEMORIAL HOSPITAL AND RESEARH CENTRE.
- Workshop on "ANTIBIOTICS: A special therapeutic class 2015" at Riphah institute of pharmaceutical sciences Islamabad.

OBJECTIVES

"I am seeking a challenging position as a pharmacist utilizing strong communication, counseling, interpersonal and research skills.

To do work as a pharmacist to get experience, to improve health system and also to explore career options in available setup.

Aim of providing best services."

COMPUTER SKILLS

MS Word	● ● ● ● ●
MS Excel	● ● ● ● ●
MS PowerPoint	● ● ● ● ●

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RESEARCH

- Evaluate the anti-Tumour activity of Cocoa powder

Description: Potato disc test have been done by using the;

- ✓ Bacteria called *Agrobacterium Tumour-facieum*
- ✓ Antibiotic sensitivity testing
- ✓ Rational prescription of drug
- ✓ Community pharmacy setup and design

WORK EXPERIENCE

- Hospital pharmacist
Shifa Pharmacy OGDCL medical center
F.8 Islamabad
- Clinical Pharmacist
(2014-2016)
Railway Hospital Rawalpindi
Responsibilities:
 - Take history of patients
 - Check biochemical test
 - Comparison with standards like BNF
- Internships
Shaheen Pharmacy
(Duration 1 month)
Shifa pharmacy (Jhelum cantt)
(JHELM CANTT)
(Duration 1 month)

REFERENCES

Available on demand

INTEREST & ACTIVITIES

- Book Reading
- Internet Surfing

LANGUAGES

- Urdu
- English

INHERENT SKILLS

- Leadership and communication skills
- Responsibility
- Able to work in team
- Hardworking
- flexible
- Punctual

