

# ZAIRA RASHID

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Citizenship: Pakistan  
Marital status: Single  
Date of Birth: 05-jan-1990

## **OBJECTIVE:**

Seeking a suitable pharmacist vacancy in a modern organization where I can utilize my expertise for performing in professional environment.

## **EDUCATION:**

Pharm-D	Jinnah University For Women (4 GPA in 9 <sup>th</sup> semester)	2015
Pharm-D	Dow university of Health sciences (1 <sup>st</sup> & 2 <sup>nd</sup> semester with 3 Gp)	2009
HSC(Premedical)	Govt. Degree college for women block-M	2008
SSC(Biology)	Govt.Farhana Girls Sec School.Block-M	2006

## **SKILLS:**

### **Professional Skills**

1. Familiar with operation of instruments routinely use in industrial pharmacy laboratory.
2. Hand on experience in pharmaceutical preparation.
3. Expert in animal handling.
4. Expert in handling laboratory equipment i.e. spectrophotometer, laminar flow hood, dissolution apparatus, Mixers etc.

### **Computer Skills**

1. Proficient in working with Microsoft office including word, excel, PowerPoint.
2. Familiar with Adobe Photoshop & SPSS.

### **Teaching Skills**

1. Ability to create a sense of community and belonging in the classroom.
2. Able to create a vibrant and effective learning environment.
3. Familiar with a variety of approaches i.e audio visual and computer aids to enhance the learning & understanding among students.
4. Having the ability to motivate and earn the respect of students

## **EXPERIENCE:**

1. Internship at Ziauddin Hospital Clifton from june2013-july 2013.
2. Internship at Abbasi Shaheed hospital from January 2015- February 2015.
3. Research experience from November 2014 –till today.
4. tuition teaching experience of 3 years.

## **PUBLICATIONS:**

1. Somia Gul, **Zaira Rashid**, Ghulam Sarwer, 2014, Citrullus Lanatus (Watermelon) as Diuretic Agent: An in vivo Investigation on Mice,American Journal of Drug Delivery and Therapeutics vol 1,No 4 2014.
2. Dr.Somia Gul, **Zaira Rashid**, & Ramsha Rabbani, Ghulam Sarwer (2015), Antidepressant activity of grape vinegar, (submitted).
3. Dr.Somia Gul, **Zaira Rashid**, Ghulam Sarwer (2015), Tree man disease, a role of pharmacist in prevention of rare diseases” (Submitted).

### **CONFERENCE ABSTRACT:**

1. **Zaira Rashid**, Sarwat Rizvi, Maha Asad & Ramsha Rabbani (2012) appreciated for presenting a scientific poster entitled “ASSESSMENT OF CEFOPERAZONE INDUCED COAGULOPATHY IN CRITICALLY ILL PATIENTS” at 1<sup>st</sup> national conference on Pharmacy profession –A success tool for health care system held at Dow College of pharmacy, Dow University of health sciences 2012.
2. **Zaira Rashid**, Dr.Somia Gul & Ramsha Rabbani (2015) appreciated for presenting a research poster entitled “ANTIDEPRESSANT ACTIVITY OF GRAPE VINEGAR” in 6th annual research day 2015 office of research, innovation & commercialization department of research, Dow university of Health science 2015.

### **ACHIEVEMENTS & AWARDS:**

1. **Zaira Rashid** (2015), is awarded with a certificate for organizing & contributing in symposium on overview of “new trends in clinical pharmacy practice” for “EXCEPTIONAL GRAPHIC DESIGN WORK AND COMPUTER SKILLS”.
2. **Zaira Rashid** (2014), awarded with a certificate for organizing “INDUSTRIAL MANUFACTURING MODEL EXHIBITION” at Jinnah University for women 2014.
3. **Zaira Rashid** (2014), awarded with certificate for presenting a dynamic model of “SILVERSON MIXER”
4. **Zaira Rashid** (2015), awarded with certificate for presenting a model on “TREE MAN DISEASE, A ROLE OF PHARMACIST IN PREVENTION OF RARE DISEASES”.

### **ACTIVITIES AND INTERESTS:**

1. Chess Winner of chess in sports week 2014 at Jinnah University for women.
2. Teaching.
3. Online internet business.
4. Article Writing.

### **REFERENCE:**

Will be furnished upon request.