

TABLE I: Individual, Technical and Organisational Factors and Their Impact on Anti-phishing Interventions

| No                              | Factors                              | Impact   | No of studies |
|---------------------------------|--------------------------------------|--|---------------|
| <b>Individual human factors</b> |                                      |  |               |
| D1                              | Age                                  | <ul style="list-style-type: none"> <li>Children aged 8-13 require specialized phishing educational intervention as they are biologically less attentive [P21, P35].</li> <li>Teenagers tend to make decisions quickly without considering the consequences, and are more susceptible to being persuaded by urgency and panic-inducing phishing emails [P35].</li> <li>Older employees have relatively bad training outcomes as they prioritize maintenance over growth [P40].</li> <li>Age 18-25 are vulnerable to phishing attacks [P6].</li> </ul>                   | 4             |
| D2                              | Complacency                          | <ul style="list-style-type: none"> <li>Users' overconfidence in the appealing web content leads them to disregard phishing warnings [P2, P5, P8, P11, P49].</li> <li>Users' prior experience with websites results in overconfidence, causing them to disregard phishing warnings [P1, P2, P5, P11, P13, P25, P44].</li> <li>Users over-rely on site reputation and trust the warning [P14].</li> <li>Users are overconfident about their ability to detect phishing [P43, P44, P45], over-trust on their organizational technical phishing solutions [P7].</li> </ul> | 14            |
| D3                              | Confusion                            | <ul style="list-style-type: none"> <li>User confusion arises due to similarity in domain names [P45], webhosting [P45, P49], distinct warning design patterns among vendors [P25, P49] and conflicting information present in the anti-phishing guidelines [P42].</li> <li>Users become confused about the purpose of a received training email [P5].</li> </ul>   | 5             |
| D4                              | Curiosity                            | <ul style="list-style-type: none"> <li>Users click on the phishing link out of curiosity [P2, P25].</li> </ul>   | 2             |
| D5                              | Distraction                          | <ul style="list-style-type: none"> <li>Users are distracted by other tasks as security is not their main concern [P13, P14, P41].</li> <li>Individuals are unable to focus on multiple things simultaneously (e.g., noticing on phishing warning while doing online shopping) [P13].</li> </ul>  | 3             |
| D6                              | Educational Qualification            | <ul style="list-style-type: none"> <li>Phishing stories from a peer is an effective method of training for college students [P48].</li> <li>University staffs learn better from facts from an expert-based training method [P48].</li> <li>Compared to bachelor's degree, users having master's and PhD degrees are more confident in detecting phishing [P52].</li> </ul>   | 2             |
| D7                              | Knowledge decay                      | <ul style="list-style-type: none"> <li>The knowledge gained by users during phishing training tends to dissipate over time [P7, P13, P21, P31, P34].</li> </ul>  | 5             |
| D8                              | Ignorance                            | <ul style="list-style-type: none"> <li>Users failed to look at anti-phishing interventions [P7, P13, P17, P28], ignored as web content looked legitimate [P2] and when received a high frequency of warnings [P4].</li> </ul>  | 6             |
| D9                              | Lack of communication                | <ul style="list-style-type: none"> <li>Before designing and implementing anti-phishing software, users' interests and needs are not well investigated [P16].</li> </ul>  | 1             |
| D10                             | Lack of motivation                   | <ul style="list-style-type: none"> <li>Users are not motivated enough to install anti-phishing software on their devices [P31, P37], show unwillingness to report phishing due to a complicated reporting process [P50, P58, P63] and do not find the training and educational material interesting [P10, P19, P28].</li> </ul>  | 8             |
| D11                             | Lack of trust                        | <ul style="list-style-type: none"> <li>Users do not trust anti-phishing warnings due to limited accuracy of anti-phishing tools [P1, P11].</li> </ul>  | 2             |
| D12                             | Optimism bias                        | <ul style="list-style-type: none"> <li>Optimistic users tend to be less conscious as they believe that negative events only happen to others [P13].</li> </ul>   | 1             |
| D13                             | Perceived vulnerability and severity | <ul style="list-style-type: none"> <li>An individual's heightened understanding of the consequences of phishing attacks enhances their resistance to these types of attacks [P40].</li> </ul>  | 1             |
| D14                             | Pressure                             | <ul style="list-style-type: none"> <li>Phishing incident response by IT staff gets delayed due to the reception of a high volume of phishing reports [P50].</li> <li>An individual receiving a high volume of emails is more susceptible to phishing attacks [P26].</li> </ul>   | 2             |
| D15                             | Fatigue                              | <ul style="list-style-type: none"> <li>Providing comprehensive instruction could result in overwhelming the user [P13].</li> <li>Frequent exposure to warning causes warning fatigue [P4, P13, P14, P17, P18, P26].</li> <li>Frequent risk notifications and excessive training result in training fatigue [P34, P53, P58, P60, P61, P62, P69].</li> </ul>   | 13            |
| <b>Technical factors</b>        |                                      |  |               |
| D16                             | Device type                          | <ul style="list-style-type: none"> <li>Individuals who rely on mobile devices are at a higher risk, as phishing signs are obscured or not fully visible on the small screens of mobile devices [P49].</li> </ul>   | 1             |
| D17                             | Gamer type                           | <ul style="list-style-type: none"> <li>A casual player is unsatisfied with playing a phishing game that is designed for serious gamers, and conversely, a serious gamer is unfulfilled playing a phishing game that is intended for casual players [P36].</li> </ul>   | 1             |
| D18                             | Lack of knowledge                    | <ul style="list-style-type: none"> <li>Users do not understand anti-phishing warnings due to lack of knowledge about security and security indicators [P1, P4, P5, P6, P7, P8, P9, P10, P11, P13, P14, P17, P20, P21, P28, P35, P39, P46, P47, P49].</li> </ul>  | 20            |
| D19                             | Lack of resource                     | <ul style="list-style-type: none"> <li>User do not have enough infrastructure support when they work from home [P6].</li> <li>Absence of abstractness in the anti-phishing recommendations and lack of advanced anti-phishing tools reduces users' self-efficacy [P42].</li> <li>Users do not receive training emails due to emails being in the spam folder [P28].</li> </ul>   | 3             |
| <b>Organizational factors</b>   |                                      |  |               |
| D20                             | Organizational position              | <ul style="list-style-type: none"> <li>Employees in a higher position in an organization are more vulnerable regardless of the phishing training or punishment [P40].</li> </ul>   | 1             |
| D21                             | Social influence                     | <ul style="list-style-type: none"> <li>People trust others' phishing stories as they perceive this information as trustworthy [P15].</li> <li>Observing others share information results in heightened levels of disclosure [P13].</li> <li>The motivation, self-efficacy, and cognitive ability of employees are impacted by the social relationships within and surrounding the organization [P26, P40].</li> </ul>  | 4             |
| D22                             | Norms                                | <ul style="list-style-type: none"> <li>Organization's procedural measures (e.g., security policies, standards and guidelines) have a beneficial effect on raising security consciousness [P38].</li> </ul>   | 1             |