Please use this diagram to explain

https://npu85.npu.edu/~henry/npu/classes/mastering_bitcoin/mining_and_consensus/slide/Blockchain_Forks.html

Q1: Diverge vs. Reconverge
Note: Less than 5 lines
Q2: How to select blockchain?
Note: Less than 3 lines

Ans:

Q1.

Diverge means separate
Step 2 graph is an example for Diverge
Reconverge means combine or organize
Step 5 graph is an example for Reconverge

Q2.

Select by the block's layer and sequence. In step 3, we choose the first one on each chain list In step 5, we choose the top one