# Convex Optimization 10-725, Lecture 13: Hessian Matrix and Preconditioned Gradient Descent

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Today

## Last lecture

• We learned proximal algorithm. This was the last lecture where we focus on the optimization foundations.

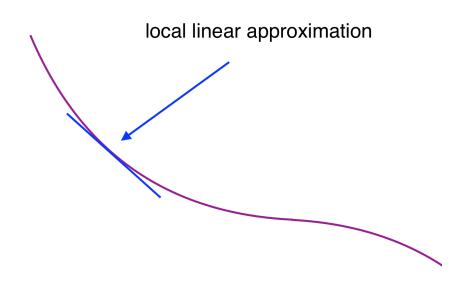
## This lecture

- We are going to move to the "geometry" side of convex optimization, which focus on the shape of the convex functions.
- These are the "second order methods" using the Hessian information of the convex function.

• Gradient Descent: Looking at the first order taylor expansion of the objective function *f*:

$$f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + O(\|y - x\|_2^2)$$

• \*Local linear approximation\* of the original function f.

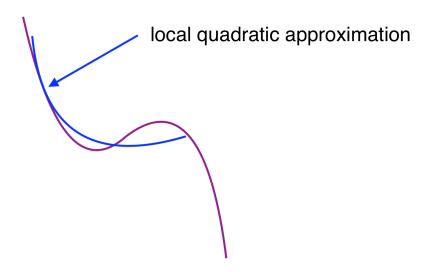


• This suggests us to move along the negative gradient direction  $-\eta \nabla f(x)$  to decrease the objective.

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• What if we actually look at the second order taylor expansion of the objective function f?

$$f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + \frac{1}{2} (y - x)^{\mathsf{T}} \nabla^2 f(x) (y - x) + O(\|y - x\|_2^3)$$



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• \*Optimal\* descent direction  $\delta$ :

$$\min_{\delta} \{ \langle \nabla f(x), \delta \rangle + \frac{1}{2} \delta^{\mathsf{T}} \nabla^{2} f(x) \delta \}$$

• When f is strictly convex at x, i.e.  $\nabla^2 f(x) > 0$  (positive definite), there is an optimal solution for  $\delta$ :

$$\delta = -\lceil \nabla^2 f(x) \rceil^{-1} \nabla f(x)$$

• What if we actually look at the second order taylor expansion of the objective function f?

$$f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + \frac{1}{2} (y - x)^{\mathsf{T}} \nabla^2 f(x) (y - x) + O(\|y - x\|_2^3)$$

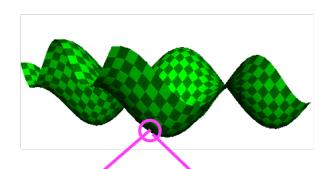
- $\nabla^2 f(x)$  gives more information about the shape of the function f around x.
- Intuitively, we have the optimal descent direction:

$$y = x - \eta [\nabla^2 f(x)]^{-1} \nabla f(x)$$

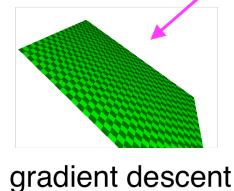
How would an algorithm like this work?

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- Intuitively, we have the optimal descent direction:

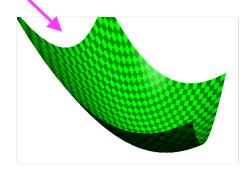
$$y = x - \eta [\nabla^2 f(x)]^{-1} \nabla f(x)$$



local linear



local quadratic



irntdgae descent?

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### The newton's method

- Given a (second order differentiable) function f, the Newton's method is defined as:
- At every iteration t, update (typically choose  $\eta = 1$ ):

$$x_{t+1} = x_t - \eta [\nabla^2 f(x_t)]^{-1} \nabla f(x_t)$$

- Warning: Computing  $[\nabla^2 f(x_t)]^{-1}$  is typically very inefficient. Newton's method only runs fast in certain special cases.
- But first of all, does it even converge at all?

## The newton's method



#### Gradient Descent v.s. Newton

Gradient Descent:

$$f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + O(\|y - x\|_2^2)$$

• So when  $y = x - \eta \nabla f(x)$ ,

$$f(y) \le f(x) - \eta \|\nabla f(x)\|_{2}^{2} + \eta^{2} O(\|\nabla f(x)\|_{2}^{2})$$

• So when  $*\eta \le 1/smoothness*$ , Gradient Descent decreases the objective value.

#### Gradient Descent v.s. Newton

Newton's Method:

$$f(y) \le f(x) + \langle \nabla f(x), y - x \rangle + \frac{1}{2} (y - x)^{\mathsf{T}} \nabla^2 f(x) (y - x) + O(\|y - x\|_2^3)$$

• So when  $y = x - \eta [\nabla^2 f(x)]^{-1} \nabla f(x)$ ,

$$f(y) \le f(x) - (\eta - \eta^2/2) \nabla f(x)^{\top} [\nabla^2 f(x)]^{-1} \nabla f(x)$$
$$+ \eta^3 O(\|[\nabla^2 f(x)]^{-1} \nabla f(x)\|_2^3)$$

•  $\nabla f(x)^{\mathsf{T}} [\nabla^2 f(x)]^{-1} \nabla f(x)$  and  $\|[\nabla^2 f(x)]^{-1} \nabla f(x)\|_2^3$  are not directly comparable! Unclear how to choose  $\eta$  globally.

- Newton's Method only has a local convergence guarantee.
- Theorem: Assuming  $x^*$  is a strict local minima of f(x), i.e.  $\nabla f(x^*) = 0$  and  $\nabla^2 f(x^*) \ge \sigma I$  for some  $\sigma > 0$ .
- Assuming (Lipschitz Hessian) of f: for every x, y:

$$\|\nabla^2 f(x) - \nabla^2 f(y)\|_{spectral\ norm} \le L\|x - y\|_2$$

• Then as long as  $||x_0 - x^*||_2 \le \frac{\sigma}{2L}$ , with  $\eta = 1$ :

$$||x_{t+1} - x^*||_2 \le \frac{2L}{\sigma} ||x_t - x^*||_2^2$$

Which is equivalent to

$$\frac{\|x_{t+1} - x^*\|_2}{\sigma/(2L)} \le \left(\frac{\|x_t - x^*\|_2}{\sigma/(2L)}\right)^2$$

This is known as the quadratic convergence rate of Newton's method.

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- Newton's Method only has a local convergence guarantee.
- As long as  $||x_0 x^*||_2 \le \frac{\sigma}{2L}$ ,

$$\frac{\|x_{t+1} - x^*\|_2}{\sigma/(2L)} \le \left(\frac{\|x_t - x^*\|_2}{\sigma/(2L)}\right)^2$$

- This is known as the quadratic convergence rate of Newton's method.
- $0.9 \rightarrow 0.81 \rightarrow 0.6561 \rightarrow 0.43046721 \rightarrow 0.1853020189 \rightarrow 0.0343368382 \rightarrow 0.001179018458 \rightarrow 0.000013900845237714508 \rightarrow 0.00000000019323349832289015$  in only 9 iterations.
- Local convergence rate of Netwon's Method is much faster than Gradient Descent, since Netwon's method uses more fine-grind \*local geometry\* information of the function: The Hessian.

• Proof: Observe that by  $\nabla f(x^*) = 0$ ,

$$\nabla f(x_t) = \int_0^1 \nabla^2 f(x^* + s(x_t - x^*))(x_t - x^*) ds$$

• With  $\eta = 1$ , we can calculate that

$$x_{t+1} - x^* = x_t - x^* - \left[\nabla^2 f(x_t)\right]^{-1} \nabla f(x_t)$$

$$= x_t - x^* - \left[\nabla^2 f(x_t)\right]^{-1} \int_0^1 \nabla^2 f(x^* + s(x_t - x^*))(x_t - x^*) ds$$

$$= \left[\nabla^2 f(x_t)\right]^{-1} \int_0^1 (\nabla^2 f(x_t) - \nabla^2 f(x^* + s(x_t - x^*)))(x_t - x^*) ds$$

- Now we have:  $x_{t+1} x^* = [\nabla^2 f(x_t)]^{-1} \int_0^1 (\nabla^2 f(x_t) \nabla^2 f(x^* + s(x_t x^*)))(x_t x^*) ds$
- By Lipschitzness of the Hessian, for every  $s \in [0,1]$

$$\|\nabla^2 f(x_t) - \nabla^2 f(x^* + s(x_t - x^*))\|_{spectral\ norm} \le L\|x_t - x^*\|_2$$
 (1)

- When  $\nabla^2 f(x^*) \ge \sigma I$ , and  $||x_t x^*||_2 \le \frac{\sigma}{2L}$ , we have that  $\nabla^2 f(x_t) \ge \frac{\sigma}{2} I$ .
- Therefore, we conclude that

$$\|x_{t+1} - x^*\|_2 \le (\sigma/2)^{-1} L \|x_t - x^*\|_2 \|x_t - x^*\|_2$$

Which is

$$||x_{t+1} - x^*||_2 \le \frac{2L}{\sigma} ||x_t - x^*||_2^2$$

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- Now we learnt the local convergence of Newton's method, what about the global convergence?
- Unclear for general functions.
- But for a special type of function, it has very fast global convergence rate as well.

- The \*sandwich\* functions: a function f such that:
- There exists a positive definite matrix A and a value a ≥ 1 such that for every x:

$$A \leq \nabla^2 f(x) \leq aA$$

- Example: Quadratic function  $f(x) = x^T A x + \langle x, w \rangle + c$ , then a = 1.
- The \*sandwich\* functions are functions like quadratic functions.

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 $\bullet$  For this function f, suppose we update at every iteration:

$$x_{t+1} = x_t - \eta [\nabla^2 f(x_t)]^{-1} \nabla f(x_t)$$

We can repeat the same calculation

$$x_{t+1} - x^* = x_t - x^* - \eta [\nabla^2 f(x_t)]^{-1} \nabla f(x_t)$$

$$= x_t - x^* - \eta [\nabla^2 f(x_t)]^{-1} \int_0^1 \nabla^2 f(x^* + s(x_t - x^*))(x_t - x^*) ds$$

• Denote the matrix  $B_t = [\nabla^2 f(x_t)]^{-1} \int_0^1 \nabla^2 f(x^* + s(x_t - x^*)) ds$ , then we have:

$$x_{t+1} - x^* = (I - \eta B_t)(x_t - x^*)$$

• Denote the matrix  $B_t = [\nabla^2 f(x_t)]^{-1} \int_0^1 \nabla^2 f(x^* + s(x_t - x^*)) ds$ , then we have:

$$x_{t+1} - x^* = (I - \eta B_t)(x_t - x^*)$$

• Note that  $A \leq \nabla^2 f(x) \leq aA$  for every x, so

$$\frac{I}{a^2} \le B_t B_t^{\top} \le a^2 I$$

• If we pick  $\eta \leq \frac{1}{a}$ , we have that  $\|I - \eta B_t\|_{spectral\ norm} \leq 1 - \eta/a$ , this implies:

$$||x_{t+1} - x^*||_2 \le (1 - \eta/a)||x_t - x^*||_2$$

- The \*sandwich\* functions: a function f such that:
- There exists a positive definite matrix A and a value  $a \ge 1$  such that for every x:

$$A \leq \nabla^2 f(x) \leq aA$$

• We have that for every  $\eta \leq \frac{1}{a}$ , the update

$$x_{t+1} = x_t - \eta [\nabla^2 f(x_t)]^{-1} \nabla f(x_t)$$

Converges at a linear rate

$$||x_{t+1} - x^*||_2 \le (1 - \eta/a)||x_t - x^*||_2$$

This algorithm is also known as the pre-conditioned gradient descent.

## Preconditioned Gradient Descent

• We have that for every  $\eta \leq \frac{1}{a}$ , update

$$x_{t+1} = x_t - \eta [\nabla^2 f(x_t)]^{-1} \nabla f(x_t)$$

• Actually, it doesn't matter if we use  $[\nabla^2 f(x_t)]^{-1}$  or any matrix M such that

$$\frac{M}{a} \le \nabla^2 f(x) \le aM$$

• The update  $x_{t+1} = x_t - \eta M^{-1} \nabla f(x_t)$  has the same convergence rate

$$||x_{t+1} - x^*||_2 \le (1 - \eta/a)||x_t - x^*||_2$$

• M is called the pre-condition matrix, and  $x_{t+1} = x_t - \eta M^{-1} \nabla f(x_t)$  is called the pre-conditioned gradient descent algorithm

#### Preconditioned Gradient Descent

• Example: 
$$x \in \mathbb{R}^d$$
,  $f(x) = x^T \begin{pmatrix} 100 & 0 & \dots & 0 & 0 \\ 0 & 1 & \dots & 0 & 0 \\ \dots & & & & \\ 0 & 0 & \dots & 1 & 0 \\ 0 & 0 & \dots & 0 & 1 \end{pmatrix} x = x^T A x.$ 

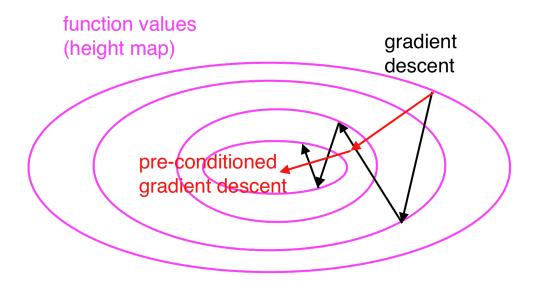
- Gradient Descent  $x_{t+1} = x_t \eta(200[x_t]_1, 2[x_t]_2, 2[x_t]_3, \dots, 2[x_t]_d)$ : Can not use learning rate  $\eta \ge \frac{1}{100}$  — Slow convergence.
- Pre-conditioned Gradient Descent using M = A:

$$x_{t+1} = x_t - 2\eta([x_t]_1, [x_t]_2, [x_t]_3, \dots, [x_t]_d)$$

• Using any learning rate  $\eta \le 1/2$ , we have a linear convergence rate  $x_{t+1} = x_t(1-2\eta)$ .

### Preconditioned Gradient Descent

• The update  $x_{t+1} = x_t - \eta M^{-1} \nabla f(x_t)$  changes the \*geometry\* to achieve a better convergence rate:



- 0
- The spirit of the update is extremely important, as we will see in adaptive algorithms how to design algorithms that finds this pre-condition *M* automatically to significantly improve the convergence rate.
- Adaptivity: Adapt to the \*geometry\* of  $\nabla^2 f(x)$ .