

ADL Chart Dirty Diana - 2024-02

ADL Activity	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
First Shift SP																											OS	OS	OS
Second Shift SP																													OS
First Shift Activity 1																													
First Shift Activity 2																													
First Shift Activity 3																													
Second Shift Activity 4																													
First Shift BM																													
Second Shift BM																													
Shower																											OS	OS	OS
Shampoo																													
Sponge Bath																													
Peri Care AM																													
Peri Care PM																													
Oral Care AM																													
Oral Care PM																													
Nail Care																													
Skin Care																													
Shave																													
Breakfast																													100
Lunch																													
Dinner																													
Snack AM																													
Snack PM																													
Water Intake																													

1. Movie & Snack or TV2. Exercise/Walking3. Games/Puzzles4. Outside/Patio5. Arts & Crafts
6. Music Therapy7. Gardening8. Listen to Music9. Social Hour10. Cooking/Baking
11. Birdwatching12. Outing/Excursion13. Hospice Visit14. Other as Listed on the Service Plan15. Social Media