

# Project 6

- One channel EEG sleep staging with open source and open hardware NeuroOn sleep mask

- Project Leader:

Franciszek Rakowski PhD

- Participants:

Andrey Alekseenko, Charlie Sexton, Michał Narbutt

# Goal

Detect sleep stages from single channel differential EEG  $\Delta(\text{FP1}, \text{FP2})$



# Method

- **Preprocessing**
- Features
- Classification
- Jitter removal

# Preprocessing

- 11 sleep recordings
  - Each divided into 30s epochs
- Removal of corrupt epochs – NaN
- Removal of one recording with >40% corrupt epochs
- Butterworth Filter, Bandpass 0.5-25 Hz
- Power Spectral Density – Welch

# Method

- Preprocessing
- **Features**
- Classification
- Jitter removal

# Feature Engineering

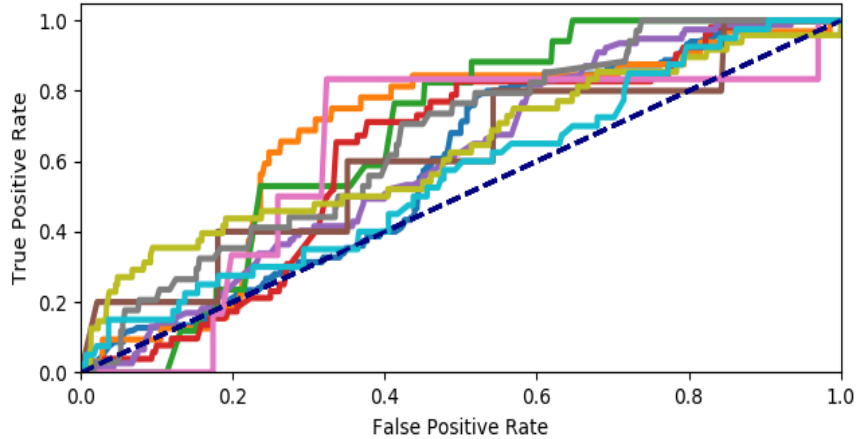
- Power spectrum of different waves (alpha, beta, delta, theta, mu, SMR, K-complexes)
  - Also their logarithms
- Signal mean, stdev, skew, and kurtosis
- Hjorth parameters
- SEF50, SEF90

# Method

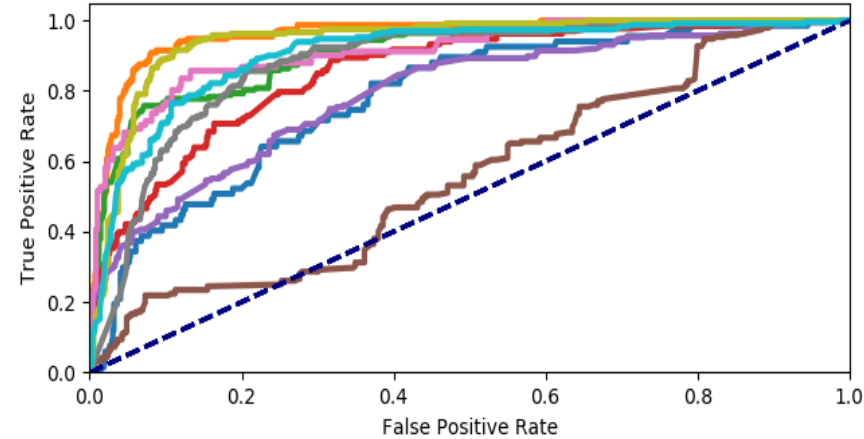
- Preprocessing
- Features
- Classification
  - Linear SVM
  - Not worked: Random Forest, CNN ￣\\_(\ツ)\\_/￣
- Jitter removal

# ROC Curves

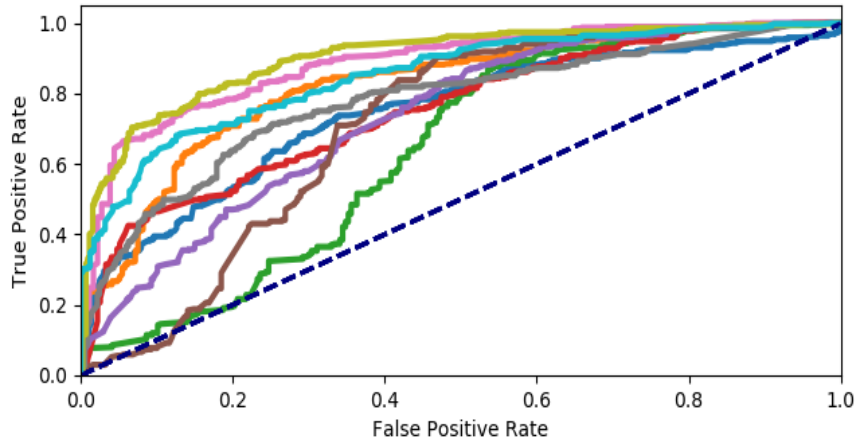
Awake



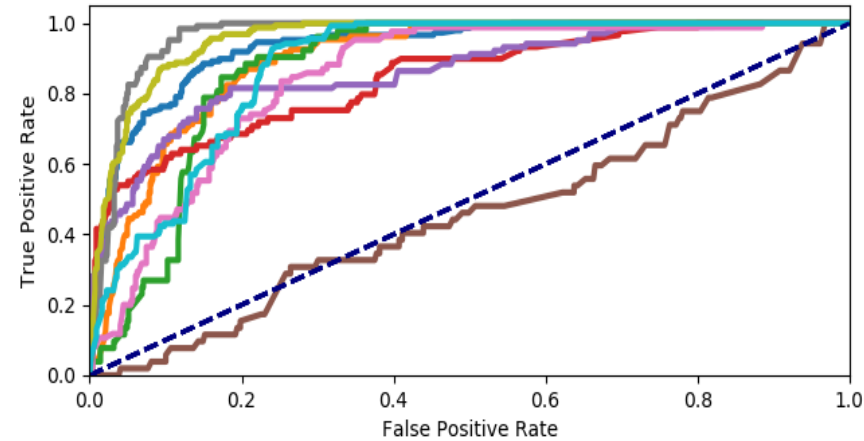
REM



Light Sleep

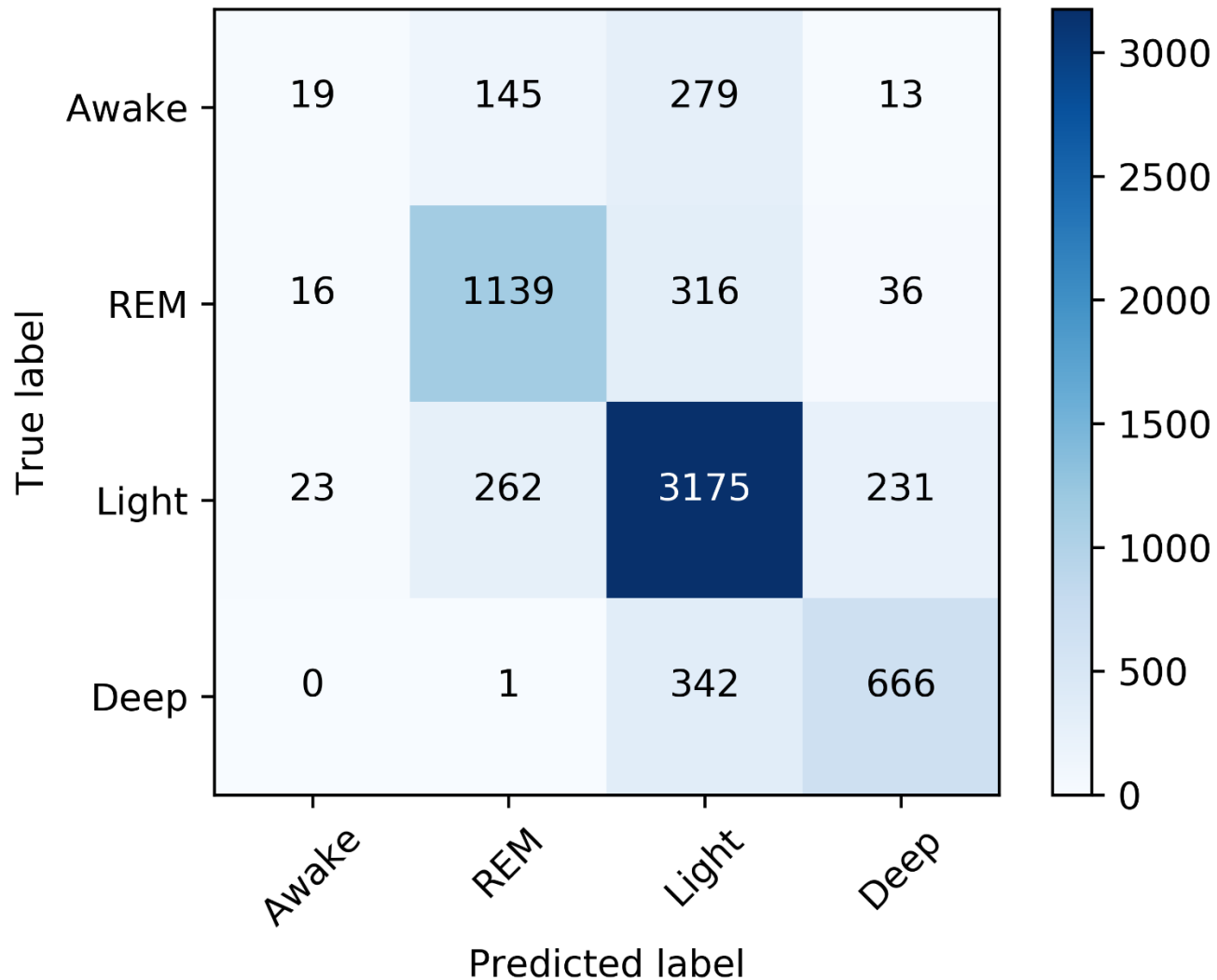


Deep Sleep



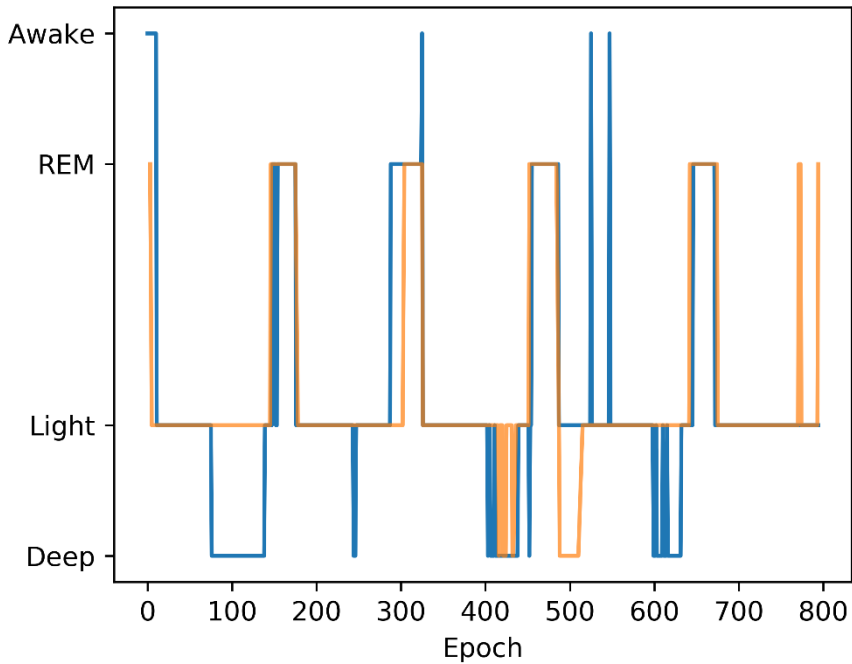


# Confusion Matrix

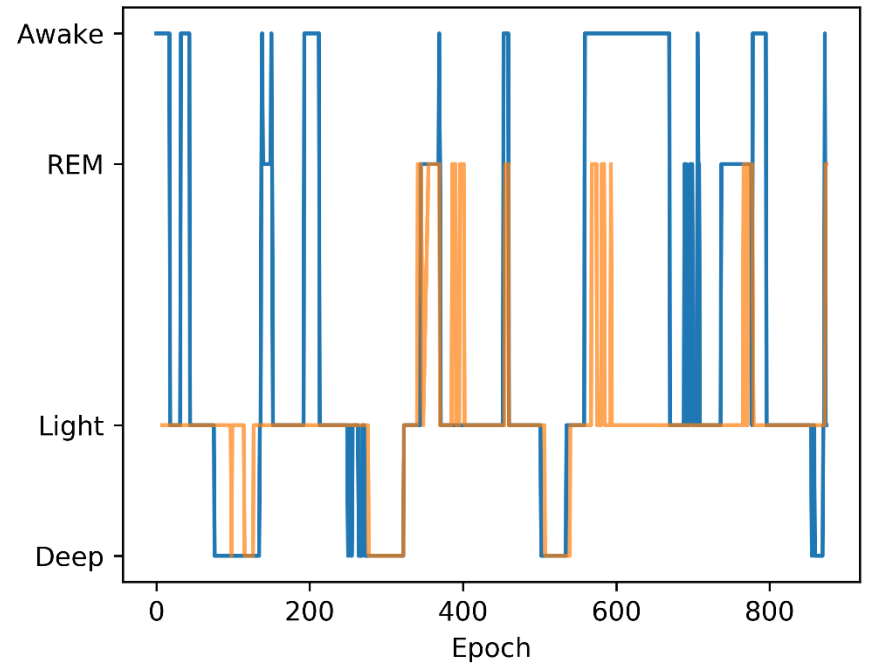


# Classification results

Testing on KD\_060616.h5, accuracy 0.80



Testing on AP\_210516.h5, accuracy 0.61



Reference, Classification

# Conclusion

- Accuracy  $75 \pm 6$  % on  $\Delta(\text{FP1}, \text{FP2})$ 
  - State of the art:
    - 90% on Pz-Oz [1]
    - $77 \pm 4$  % on FP1, FP2 [2]
- Does not detect wakefulness well

[1] da Silveira, Kozakevicius, Rodrigues, 2017.

[2] Huang, Lin, Ko, Liu, Su, Lin, 2014.

# THANK YOU FOR YOUR ATTENTION

