

Lab Book - Basic

Steps

Step 1	
Step 2	
Step 3	
Step 4	
Step 5	

images

Lab sheet

<u>Date I made it</u>	04/10/2021			
<u>Recipe link</u>	Easy Pancakes			
<u>Made by</u>	Cassie Best			
<u>Ingredients in my Breakfast</u>	Plain flour	Milk (oat)	Eggs	Water
	100 g	300 ml	2 eggs	50 ml
<u>Where did you buy it?</u>	Supermarket basic brand	Homemade	Farmers market	Thames water
Time taken to mix batter	Time taken to make	Hob/stove temperature	Temperature of mixture	
10 minutes to mix	15 minutes	low heat		
What does it look like before?				
What does it look like during?				
What does it look like after?				
Other notes				

Distributed Design

Toolkit

Lab Book - Detailed

Method

Step 1		image per step
Step 2		image per step
Step 3		image per step
Step 4		image per step
Step 5		image per step

Lab sheet

Date of experiment	04/10/2021									
Recipe source	Easy Pancakes https://www.bbcgoodfood.com/recipes/easy-pancakes					Recipe Author		Cassie Best https://www.bbcgoodfood.com/author/cassiebest		
Ingredient no.	1	2	3	4	5	6				
Ingredient name	Plain flour	Milk (oat)	Eggs (large)	Water (tap/filtered)	Bicarbonate of soda	Blueberries (frozen)				
Measuring unit	grams (g)	millilitres (ml)	units	millilitres (ml)	grams (g)	grams (g)				
Highest quantity	100	300		100	5	20				
Mid quantity		250	2	50	3	15				
Lowest quantity		200		0	1	10				
Source	Supermarket basic (bought Tues 01/10/2021)	Homemade (made Thursday 25/09/2021)	Farmers market	Thames unfiltered tap water	Supermarket basic (bought Tues 01/10/2021)	Supermarket basic (bought Tues 01/10/2021)				
Experiment no.	Plain flour	Milk (oat)	Eggs (large)	Water (tap/filtered)	Bicarbonate of soda	Blueberries (frozen)	Time taken to mix batter	Time taken to make	Hob/stove temperature	Temperature of mixture
001 - Pancake original	100	300	2	0	0		10 minutes to mix	15 minutes	low heat	
002 - Pancake blueberries	100	200	2	100	1	20	15 minutes to mix	20 minutes	low heat	
003 - American Pancakes	100	250	2	50	5	0	15 minutes to mix	15 minutes		
Experiment no.	Observations before			Observations during experiment			Observations after experiment			
001 - Pancake original										
002 - Pancake blueberries										
003 - American Pancakes										
Other notes										

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