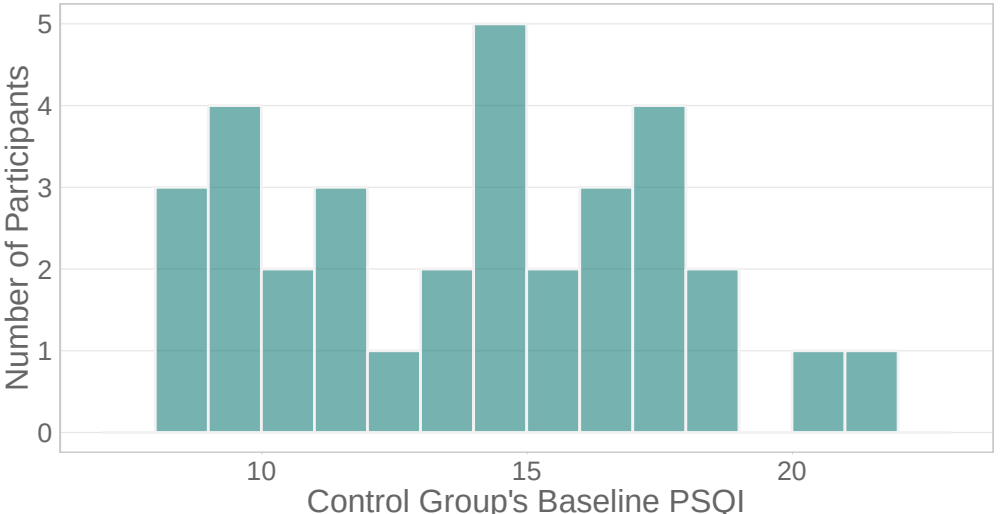
Number of Participants
0
1
2
3
4
5
10
15
20
Control Group's Baseline PSQI