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Remove the watchOS 8 Beta Software Profile

To stop receiving the watchOS developer betas, go to the Apple Watch app on your paired iPhone, tap the **My Watch tab**, then go to **General > Profiles** and tap the **watchOS 8 Beta Software Profile** that appears. Tap **Remove Profile**. If asked, enter your device passcode, then tap **Remove**. Once the profile is deleted, your Apple Watch device will no longer receive watchOS developer betas.

2

Wait for next watchOS release

When the next commercial version of watchOS is released, it will automatically install if you have **Automatic Software Update turned on**. Or, you can manually check for updates by going to the Apple Watch app on your paired iPhone, tapping the **My Watch tab**, then going to **General > Software Update**.