Please create Set Goal page

Please explain point system or eliminate the pts from Monthly Competition page

A close-up of a blue and white card

Description automatically generated

In Log Workout page:

* + 1. Exercise Name

NO, there is no user feedback to ensure that data entered is of the correct type and is an actual exercise (i.e. Sit-ups could be entered but so could exercise A). – maybe add a drop down menu?

* + 1. Sets

NO, there is no feedback to the user to ensure that data entered is of the correct type (i.e. did user enter in a number or a string). – Is it possible to add something like “Please enter Integer”?

* + 1. Reps
       1. Will User understand feedback?

NO, there is no feedback to the user to ensure that data entered is of the correct type (i.e. did user enter in a number or a string). Is it possible to add something like “Please enter Integer”?

* + 1. Duration

NO, there is no feedback to the user to ensure that data entered is of the correct type (i.e. did user enter in a number or a string). Is it possible to add something like “Please enter Integer”?

User clicks Log Workout button when ready

* + 1. Will User recognize the action as the correct one?

NO, Log Workout button is used for two separate purposes.

* + 1. Will User understand feedback?

NO, as aforementioned the Log Workout button is used for two things making it a little confusing as to whether the user will understand what is happening.

Maybe change the button, “Submit” or “Done” instead of “Log Workout” below the information the user entered and go back to Home page?

A blue and white rectangular object

Description automatically generated

When user clicks Log Workout button, then previous logs will display

* + 1. Will User recognize the action as the correct one?

NO, Log Workout button is used for two separate purposes.

* + 1. Will User understand feedback?

NO, as aforementioned the Log Workout button is used for two things making it a little confusing as to whether the user will understand what is happening.

Maybe adding another button saying “View Previous Workout” then go to Previous Log page?