

**WINTER MENU – 4 WEEK ROTATION**

	<b>Meal</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Week 1	<b>Breakfast</b>	WG Muffins Pears Milk	Yogurt Peaches Milk	Pancake Applesauce Milk	Baked Egg Cups Tropical Fruit Milk	WG Cheerios Pineapple Milk
	<b>Lunch</b>	Teriyaki Chicken & Rice Broccoli Mandarin Oranges Milk	Chicken Alfredo Peas Pears Milk	Cheese Quesadilla Corn Peaches Milk	Tomato Soup & WG Grilled Cheese Sandwich Pineapple Milk	Mushroom Pizza Mixed Vegetables Mixed Fruit Milk
	<b>Snack</b>	Hummus Saltines	WG Baked Oatmeal Bars Apples	WG Banana Bread Milk	Yogurt Graham Crackers	Cheese Stick Round Crackers
Week 2	<b>Breakfast</b>	WG Banana Bread Pineapple Milk	Cottage Cheese Peaches Milk	Waffle Applesauce Milk	WG Baked Oatmeal Bars Bananas Milk	Cornflakes Pears Milk
	<b>Lunch</b>	Spanish Rice Corn Tropical Fruit Milk	Eggs & WG Toast Pineapple Carrots Milk	Hot Dog Green Beans Peaches Milk	Chicken Pot Pie Soup With Peas and Corn Pears Milk	Cheese Pizza Mixed Vegetables Mixed Fruit Milk
	<b>Snack</b>	Bananas Graham Cracker	Trail Mix (WG Cheerios, Oyster Crackers, Turtles) Apples	WG Cereal Bar Milk	Cottage Cheese Round Crackers	WG Muffins Milk
Week 3	<b>Breakfast</b>	WG Muffins Pears Milk	Yogurt Tropical Fruit Milk	Crumpet Applesauce Milk	Egg Cups Peaches Milk	WG Cheerios Mandarin Oranges Milk
	<b>Lunch</b>	Chicken Broccoli Rice Mandarin Oranges Milk	Macaroni & Cheese Peas Pears Milk	Taco Corn Tropical Fruit Milk	Mediterranean Bean Soup with diced tomatoes and potatoes WG Bread & Butter Pineapple Milk	Hawaiian BBQ Pizza Mixed Vegetables Mixed Fruit Milk
	<b>Snack</b>	Hummus Saltines	WG Baked Oatmeal Bars Apples	WG Applesauce Bread Milk	Yogurt Graham Crackers	Cheese Stick Round Crackers
Week 4	<b>Breakfast</b>	WG Applesauce Bread Pineapple Milk	Cottage Cheese Bananas Milk	Waffle Applesauce Milk	WG Baked Oatmeal Bars Peaches Milk	Cornflakes Pears Milk
	<b>Lunch</b>	Chicken Cordon Bleu Rice Green Beans Tropical Fruit Milk	Eggs & WG Toast Carrots Pineapple Milk	Meatball Sub Peas Peaches Milk	Chicken Taco Soup with beans and corn Pears Milk	Turkey Sausage Pizza Mixed Vegetables Mixed Fruit Milk
	<b>Snack</b>	Bananas Graham Crackers	Trail Mix (WG Cheerios, Oyster Crackers, Turtles) Apples	WG Cereal Bar Milk	Cottage Cheese Round Crackers	WG Muffins Milk